PROTECT YOU





education.

Photography: La Verdad

and how to create safer environments in formal and non-formal

THROUGH EXPERIENTIAL LEARNING, PRACTICAL WORKSHOPS AND COLLECTIVE REFLECTION, YOUTH WORKERS WILL STRENGTHEN THEIR CAPACITY TO SUPPORT QUEER YOUTH. QUEER HUB IS NOT ONLY A SPACE TO LEARN, IT'S A SPACE TO CONNECT AND TRANSFORM HOW WE WORK WITH YOUTH

## OBJECTIVES ©

To equip youth workers with inclusive tools and practical strategies to support LGBTQIA+ youth in safe, meaningful and empowering ways.

To promote accessibility in youth work, ensuring that activities, spaces, events and mobilities are welcoming and inclusive for people with diverse needs and backgrounds.

To encourage an intersectional approach that recognises the multiple and overlapping forms of discrimination that affect queer youth.

To create a space for mutual learning and peer exchange between youth workers, especially those in the early stages of their professional journey.

To support participants in transferring the methods learned into their communities, by designing local trainings, inclusive events or follow-up activities adapted to their context.

### PROJECT SCHEDULE



Each day will follow a rhythm designed to balance in-depth learning with rest and connection:

Morning sessions will be long and immersive workshops focused on inclusive youthwork, developing and improving existing tools or youth work material, and experiential methodologies. These sessions are designed for learning and collaborative creation (5 hours)

Afternoon breaks: during the afternoons youth workers will have time to work, to rest and to reflect. We encourage participants to co-create in this space and use it as a time to connect, share practices and build community.

Evening sessions will be lighter and mainly participatory. These will include debates, group reflections, storytelling, screenings, and sharing circles (maximum of 2 hours). We will also have some free evenings.

Sessions will be led by experienced facilitators and will include expert contributions in the fields of LGBTQIA+ diversity and inclusive youth work.

### YOUTH WORKERS

Priority will be given to participants:

- · With fewer opportunities,
- With no/little previous experience in LGBTQIA+ inclusion,
- Or people who have experience in working with LGBTQIA+ youth but want to structure their practice more consciously,
- From rural areas and/or working with rural queer youth,

YOUTH WORKERS AGED

22-35

WHO ARE ACTIVELY WORKING WITH YOUNG PEOPLE IN FORMAL OR NON-FORMAL EDUCATION SETTINGS

You might be a facilitator, educator, mentor, youth centre staff, or NGO worker, what matters most is your motivation to create more inclusive spaces and your openness to learn, share and grow together.

You will need a working level of English to participate in the training.

Please note: If you are an advanced facilitator or have extensive experience in LGBTQIA+ youth work and inclusion, this training might not match your current needs, as it is aimed at professionals in the early stages of their journey or those who want to solidify and rethink their tools and methods.

### **IMPORTANT**

# IT'S OKAY IF YOU ARE JUST STARTING OR HAVE NO EXPERIENCE IN WORKING WITH OUTER YOUTH AND IT'S ALSO OKAY IF YOU HAVE LITTLE EXPERIENCE AND YOU FEEL LIKE YOU WANT TO BETTER STRUCTURE YOUR KNOWLEDGE ABOUT THIS TOPIC

THIS COURSE IS ALSO DESIGNED FOR THOSE WHO ALREADY HAVE SOME EXPERIENCE WORKING WITH QUEER YOUTH BUT WANT TO DEEPEN THEIR UNDERSTANDING, REFLECT CRITICALLY ON THEIR PRACTICE, AND STRUCTURE THEIR KNOWLEDGE MORE INTENTIONALLY

## WHAT WILL YOU BE ASKED FOR?

Reading all the information carefully (this infopack and emails from organizers)

Participating fully in all activities for the entire duration of the training course, from the online meeting to the dissemination of results

Engaging in community life, taking responsibility for group dynamics, and supporting daily tasks (cleaning, tidying up, setting tables for meals...)

Providing all necessary travel documents on time (invoices, boarding passes, tickets) for reimbursement.

Engaging in follow-up activities once back from the learning experience (internal knowledge-sharing, workshops, publications, etc.)

Arranging your travel to and from the training venue, according to the guidelines from the organizers.

## ACCOMMODAT-ION AND MEALS

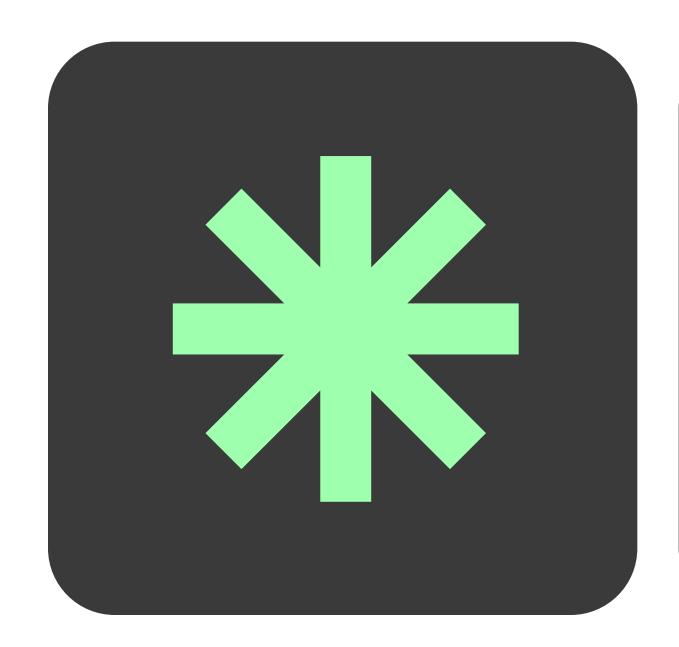
We will be hosted in "La Marisica" rural hostel, 5 min walk from the village of Obón (Teruel). Obón is part of the Cultural Park of Martin River, is 680 m.a.s.l. and has just 32 inhabitants. It is surrounded by nature and hiking trails and is far away from any other locality. The landscape is made up of wild life of canyons and clifts.

Youth workers will stay at the youth hostel of the village, where they will share rooms, bathrooms, and common areas. The accommodation provides a comfortable and welcoming space for community living. Youth workers will stay in rooms of 10 or 20 beds. Meals will be provided daily, including breakfast, lunch, dinner, and two coffee breaks.

THE MENU WILL BE VEGETARIAN AND IT WILL TAKE INTO ACCOUNT ANY POSSIBLE FOOD ALLERGIES, INTOLERANCES AND/OR DIET REQUESTS. VEGAN OPTIONS ARE GOING TO BE OFFERED



## ACCESSIBILITY OF THE ground floor of the venue (one of the do bathrooms) and all the working spaces are venue.



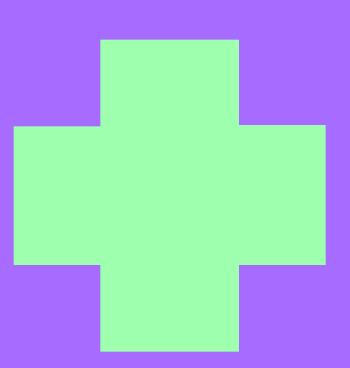
The project will take place in a youth rural hostel located in the rural village of Obón, which is surrounded by nature and has limited infrastructure. The accommodation includes shared dorms, bathrooms and all other spaces. None of the spaces are gender-segregated, we all share the entire space, and our group will be the only ones at the hostel.

The ground floor of the venue (one of the dorms and bathrooms) and all the working spaces are wheelchair-accessible. The path to arrive at the hostel has some uneven terrain that may present challenges for people with reduced mobility or specific physical needs, and we are ready to assist with this.

Verbena is committed to making the project as inclusive as possible, and the facilitators are ready to adapt the training and make accommodations in any way possible. If you have any accessibility needs (physical, sensory, etc) please let us know in the application. We'll do our best to offer support, adapt the environment and activities, and make you feel welcome and safe throughout the training, and this will not be a criteria during selection.

Our goal is to create a caring and respectful environment for everyone. Accessibility is not just about space, it's also about attitudes, language, and collective responsibility.

### HEALTH AND SECURITY



You must have the European Health Card or an equivalent insurance for your stay in Spain.

Obtaining a full insurance (travel risks, medical, injuries) is your responsibility.

Bring any personal medication you need, especially for allergies.

Youth workers are expected to act responsibly at all times, both towards themselves and others. Disruptive or harmful behaviour towards any of the participants, staff or environment will not be tolerated.

## WHAT ELSE SHOULD YOU BRING?

Layered clothing for all weather: it can be cold in October, but also sunny and warm during the day, so bring both warm layers and lighter clothes. (We encourage checking the weather forecast in the days before arriving.)

Layers for sleeping: It can get cold during the night, and there is one blanket per person. If you tend to get cold, we recommend bringing additional layers, a blanket or sleeping bag to stay warm at night.

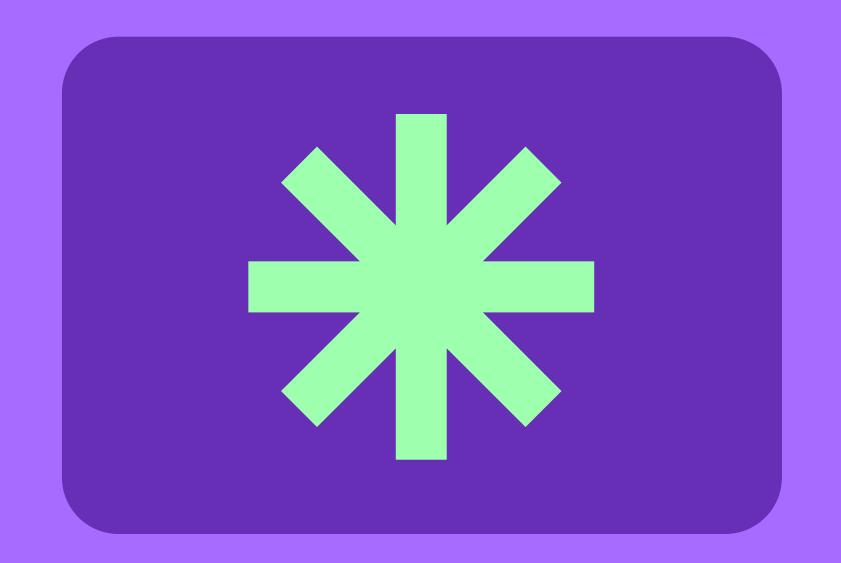
Reusable water bottle, hiking shoes or sturdy footwear for those who want to take time to explore the surroundings.

Towel, toiletries, personal hygiene products and Any personal medication you need

A laptop or tablet (at least one per national group) to work on youth work material.

Willingness to share and learn

## WHAT YOU CAN GET OUT OF THE PROJECT?



AT THE END OF THE PROJECT, YOU WILL ALSO RECEIVE THE YOUTHPASS
CERTIFICATE, WHICH RECOGNISES YOUR LEARNING AND COMPETENCES ACQUIRED DURING THE TRAINING COURSE

THROUGHOUT THE EXPERIENCE, YOU WILL:

Strengthen your capacity to work with LGBTQIA+ youth through inclusive and intersectional approach.

Gain new skills in non-formal education, feminist pedagogy and community-based approaches.

Reflect on your own practice, biases and privileges, and explore how to create safer spaces for all young people.

Learn from expert facilitators and fellow participants through peer exchange and collaborative learning, creating new connections and expanding your network.

Develop or improve tools and materials that can be directly applied in your organisation or local community.

Recharge your motivation and reconnect with the purpose behind your work with young people.

## LEARNING APPROACH ETHUSS

The training is based on non-formal education, using participatory, inclusive and experiential methods designed to engage both the mind and the body.

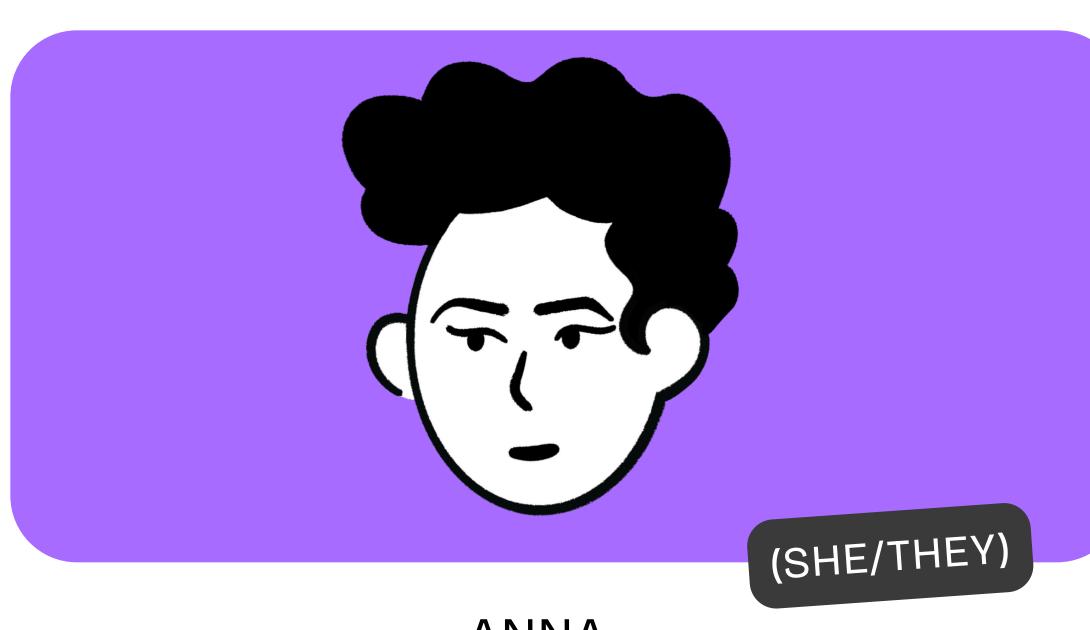
Additionally, there will be plenty of open space for you to facilitate and share some good practices, methodologies, tools or anything else other participants might find useful.

If you wish to share something during these times, please let us know in the dedicated question in the application form, so that we can prepare.

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The training course will be facilitated by 2 youth workers with strong experience in youth mobilities, inclusive non-formal education and community-based projects:

### MEET THE TEAM



### ANNA

ANNA IS A YOUTH WORKER, FACILITATOR AND PROJECT DESIGNER. SHE CO-FOUNDED VERBENA, A SOCIAL COOPERATIVE THAT PROMOTES CREATIVITY, CULTURAL EVENTS AND LEARNING PROGRAMS FOR YOUTH. SHE FOCUSES ON CREATING SAFE AND EMPOWERING SPACES FOR YOUNG PEOPLE, ESPECIALLY LGBTQIA+ YOUTH FROM RURAL AREAS.



### **MILICA**

MILICA IS A YOUTH WORKER AND ACTIVIST FROM SERBIA, SPECIALIZING IN INCLUSIVE YOUTH WORK. THEY HAVE EXTENSIVE INTERNATIONAL EXPERIENCE IN FACILITATING TRAININGS AND WORKSHOPS FOR YOUNG PEOPLE AND YOUTH WORKERS ALIKE, ON THE TOPICS OF QUEER INCLUSION, ACCESSIBILITY, GAMIFICATION AND HUMAN RIGHTS.

### TRAVEL INFORMATION AND BUDGET

In accordance with Erasmus+ guidelines, a fixed amount of travel funding is available to participants who engage in all phases and activities of the project. Reimbursement for travel expenses will be provided upon presentation of travel tickets after the training. The amount of reimbursement will vary based on the participant's country of residence.

### **SPAIN**

180€ only by train/bus
VERBENA ESPACIO CREATIVO
anna@verbenacoop.com

### SLOVENIA

309€ DRUŠTVO DIH ina.dalija@dih.si

### **ITALY**

309€ KLAP APS apsklap@gmail.com

### SERBIA

309€ KOLEKTIV MANA milica@kolektivmana.com

### **PORTUGAL**

309€ GRUPO POÉTICO DE AVEIRO grupopoeticoaveiro@gmail.com

### GREECE

395€ EM-PHILO emphilo.et@gmail.com

### **CROATIA**

309€ ZAKUM udrugazakum@gmail.com

### **BULGARIA**

395€
LESPECTRA
info@lespectra.org



## INSTRUCTIONS

Participants will have to arrive in Zaragoza (at Zaragoza Delicias' central station) on the 26th of September in time for the bus at 15:00 or at 17:45, the bus will bring you to the closest village (Cortés de Aragon) at 17:00 or 19:45 respectively.

At the closest village we will come and pick you up by car.

# AREYOUREADY TO JOIN?

APPLY HERE (-)

## MEET THE ORGANISATION

ORGANISED BY

verbena





