



Co-funded by
the European Union

Pragmatic Youth Work

Training Course

LITHUANIA, TRAKAI

9-17 DEC 2024



What is this training course about?

This training course is designed for newcomers in youth work who want to build practical skills and confidence, as well as for those wishing to refresh and update their knowledge.

Through hands-on activities, participants will discover how to work effectively with groups, use reflection to support young people's learning, and apply digital tools to strengthen teamwork and communication. The program also introduces easy-to-use co-design methods that empower young people to take an active role, with plenty of chances to practice new skills in real-life settings.

Aim

To equip youth workers with practical, adaptable tools that enhance group engagement, integrate digital solutions, and inspire the creation of meaningful initiatives. The hands-on programme will strengthen facilitation skills, introduce new approaches to teamwork and reflection, and build confidence in using creative and digital methods.

Objectives:

- Strengthen participants' understanding of group dynamics and non-formal education methodology to improve team building.
- Explore approaches for effective reflection processes that enhance learning and personal growth in youth work activities and understand their importance.
- Develop participants' competences in using digital tools to support teamwork, communication, and youth engagement.
- Introduce co-design approaches that empower young people to take an active role in creating and leading initiatives.
- Facilitate study visits to schools and youth centres to exchange good practices and inspire collaboration.
- Enhance youth workers' ability to increase visibility and outreach of youth work within their communities.

Methodology

The Training Course is built on the foundation of non-formal educational principles. The program is experiential and based on a holistic approach, putting emphasis on hands-on approach and practice in the field.

Timeline

Online On-board

19:00 CET time
2nd December 2025

The training

10-16 December 2025

Online Evaluation call

19:00 CET time
19th January 2026

Arrival Day

9th December 2025

Departure Day

17th December 2025



The program is co-funded by the Erasmus+ programme of the European Union. Thus, you are expected to take part in all of the activities, before, during and after the training course.

PROGRAMME

Pragmatic Youth Work

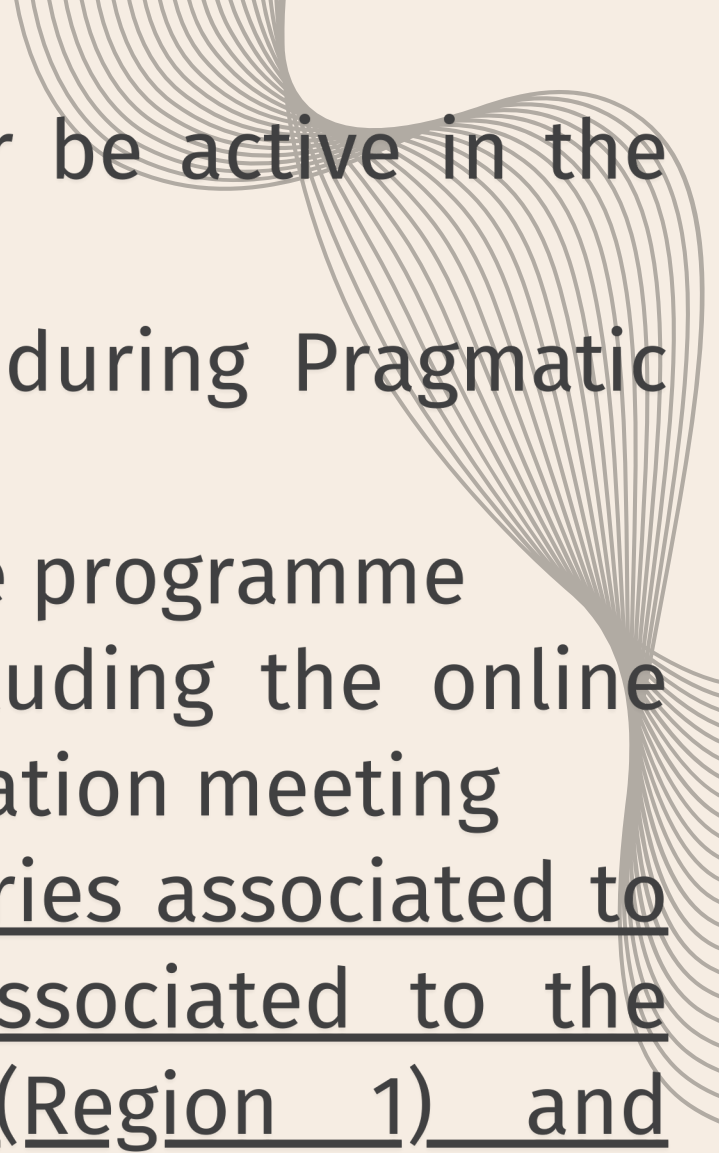
	Day 1 9 Dec	Day 2 10 Dec	Day 3 11 Dec	Day 4 12 Dec	Day 5 13 Dec	Day 6 14 Dec	Day 7 15 Dec	Day 8 16 Dec	Day 9 17 Dec
session 1	Arrival	Project opening	Group dynamics	Importance of reflection in NFE	Digital tools for teamwork	Process of co-design	School Jam	Follow up	Departure
session 2		Introduction to the project		Questions	Digital tools to support young people			Dissemination	
session 3		Team building	Communication styles	Tools and methodologies to explore	Intro to co-design	Preparation for the school jam	Visiting youth centers	Evaluation	
session 4	Conflict management		Let's put it in practise						

*there might be small changes in the timetable and sessions. You will be informed about any changes during the training



Who can participate?

Participants should:

- Be 18+
 - Work as youth workers, trainers, facilitators or be active in the youth work field
 - Have the motivation to apply what is learnt during Pragmatic Youth Work in their daily work
 - Have sufficient English to participate fully in the programme
 - Commit to the full programme duration, including the online onboarding, dissemination activities, and evaluation meeting
 - Come from EU Member States and third countries associated to the Programme as well as countries not associated to the programme from the Western Balkans (Region 1) and Neighbourhood East (Region 2).
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Financial costs



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This Training Course is co-funded by the Erasmus+ programme of the European Union.

Accommodation, food and materials are fully covered for the duration of the project for selected participants.

Travel expenses are reimbursed based on the distance between your home and the venue, in accordance with the Erasmus+ programme distance band regulations.

Once you are selected, you will be asked to arrange your trip.

Important: Before purchasing any tickets, you must receive confirmation by email at info@innovativegeneration.eu.

Please note:

We will prioritise green travel whenever possible.

Arrival time: A group pick-up will be organised from the Vilnius Central Bus Station on the evening of 7 April (exact time TBC).

Tickets purchased without prior approval may not be reimbursed.

Travel distance (KMs)	Green travel (bus, train, carpooling)	Non-Green travel (plane)
10 - 99	56	27
100 - 499	285	211
500 - 1999	417	309
2000 - 2999	535	395
3000 - 3999	785	580

A collage of travel-related items including a laptop, a map, a camera, a passport, and a hand with a watch.

REIMBURSEMENT OF THE TRAVEL COSTS

If you travel by plane:

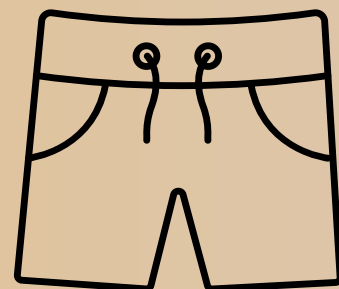
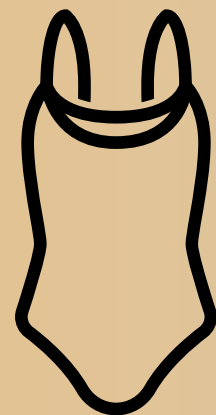
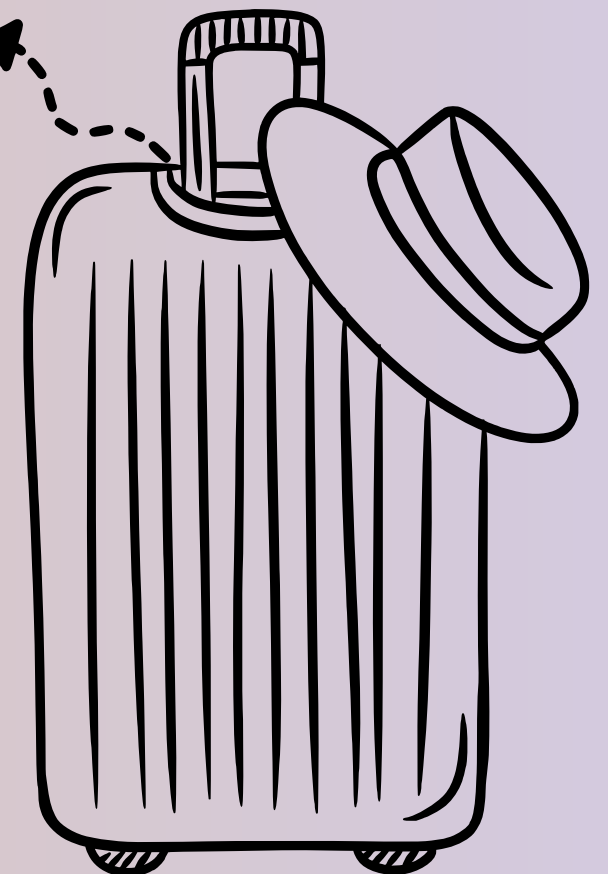
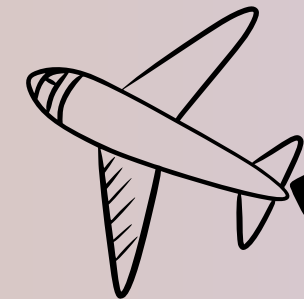
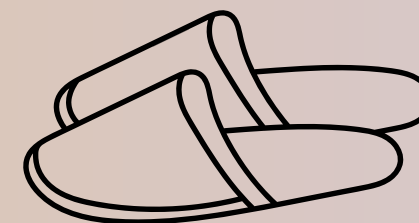
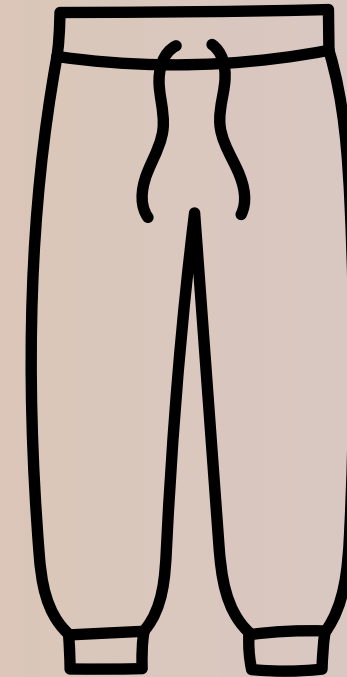
- BOARDING PASS is a must
- Confirmation of the bought tickets usually received by email (showing the price paid)
- Bank payment copy for the tickets or receipt if you paid by cash

If you travel by bus or train:

- Ticket
- Confirmation of the bought tickets (showing the price paid)
- Bank payment copy for the tickets or receipt if you paid by cash

What to bring

- Water Bottle
- Slippers and/or shoes only for inside use!
- Comfortable Pants
- Comfortable Shirt
- Warm clothes for outside
- Swimming suit for sauna night
- Board games if you want
- One small traditional musical instrument
- Any tools you want to share with others



How to arrive?

- You can fly to Vilnius or Kaunas (the largest cities in Lithuania).
- We encourage the greenest travel option possible. If feasible, please come by bus or train.
- A group pick-up from the Vilnius city centre will be organised on the evening of the arrival day (9 Dec). Exact time will be confirmed after tickets are purchased.
- Travel between the city and the project venue will be organised by the organisers. The costs for this trip will be covered from your travel budget.



Project venue

- Few kilometers from the city of Trakai
- 2-3 people per room (you will find towels, hairdryer, bathroom in each room)
- Working spaces
- Sauna
- 3 main meals and 2 coffee breaks a day (please inform us about any special needs regarding the food!)
- Keep in mind that there is no shop nearby



<https://www.lavillaroyle.lt>

Meet the team



Raminta Rusovičiūtė
Project manager

Find more information in LinkedIn profile:
<https://www.linkedin.com/in/gregorionuti>



Gvantsa Mezvrishvili
Trainer

Find more information in Salto TOY profile:
<https://www.salto-youth.net/tools/toy/gvantsa-mezvrishvili.5835/>



Vytautas Sliuburys
Trainer

Find more information in LinkedIn profile:
<https://www.linkedin.com/in/vytautas-sliuburys-490ba7288>



Ilias Giannopoulos
Trainer

Find more information in Salto TOY Profile:
<https://www.salto-youth.net/tools/toy/ilias-giannopoulos.5966/>

Partners of the project



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Monada

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Estonia

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Application & Contacts

You can apply by clicking below:

Apply now



Deadline to apply: 9th of October 2025.

*Applications fully generated by AI will be automatically rejected.

If you have any questions, feel free to contact us:



info@innovativegeneration.eu

Check our Social media



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