

# **PAPAW**

## **Performing Arts Promoting Awareness and Wellbeing**

**17th- 24th OF NOVEMBER 2025**  
**Infopack**

**TRAINING COURSE**



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## BACKGROUND

**PAPAW is a training course designed to explore the use of performing arts in educational and creative settings to foster wellbeing. The course offers a variety of methods and techniques for using the theatre arts as a means of social intervention, with a focus on promoting emotional, physical mental, and social health. Aimed at educators, artists, youth workers, and other professionals, PAPAW equips participants with the skills to integrate creative practices into their work, empowering individuals and communities through artistic expression and collective experience.**







**Founded in 2009, JumBo is dedicated to youth mobility, non-formal education, intercultural exchange and social inclusion. We fight discrimination, promote equal opportunities and use culture as a tool for social change. The organization is based in Austria through its activities, Jumbo offers opportunities for non-formal education, mobility and intercultural exchange to young people, giving concrete answers to training needs.**

**ABOUT  
JUMBO**



## SHORT DESCRIPTION

**This training aims to empower participants from diverse backgrounds by equipping them with the knowledge and tools to effectively integrate performing arts into their local contexts. The program will take place at Mondsee Lake. Participants will take part in activities that may include energizers, performance, team-building exercises, physical theater. We are committed to creating a safe, inclusive, and supportive environment, ensuring that all physical interactions are respectful and promote mutual trust and collaboration.**

## OBJECTIVES

**Our objectives are to:**

- **Empower trainers and educators to learn new performing arts tools that promote wellbeing, teamwork, reflection, body awareness, trust-building, and creative inspiration.**
- **Support participants in building a comprehensive toolkit of resources for leading impactful training sessions and workshops, enhancing their ability to engage meaningfully with their communities.**
- **Explore the potential of performing arts, physical theatre, and movement as powerful tools for creating activities that foster social inclusion and connect individuals across differences.**







## PARTICIPANT'S PROFILE

**We are seeking trainers, educators, theatre makers, and youth leaders who are passionate about the performing arts and committed to making a positive impact in their communities. Ideal candidates will be enthusiastic individuals from program countries who:**

**Have at least three year of experience designing tools that incorporate performing arts. Are motivated to apply the knowledge and insights gained from the program to enhance their local initiatives. Possess strong proficiency in English to ensure effective communication and collaboration.**

**We are looking for individuals eager to deepen their skills and collaborate in creating transformative arts-based activities for their communities.**



## ACTIVITY SPACE



**Venue and location:**

**<https://www.myhostel.at/en/jugendherberge-detail/hid/3/haus/youth-hostel-mondsee>**



# THE TRAINERS

# PAPAW



**Riccardo Brunetti**

Riccardo Brunetti is a psychology professor and theatre maker, directing projectxx1 in Rome. His work explores the intersections of sound, art, and performance, aiming to capture the essence of soundscapes and craft immersive experiences.  
[projectxx1.org](http://projectxx1.org)



**Emanuele Nargi**

Emanuele Nargi holds an MA in Performance Making and has dedicated his professional life to the arts and education, with a background in movement and physical theatre. As a trainer, he consistently engages at the intersection of theatre and participation, bringing a unique blend of creativity to his work. Discover more about Emanuele at [emanuelenargi.com](http://emanuelenargi.com)



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## DISCLAIMERS

Bring a *notebook*

Some activities will  
be done without  
shoes

Some activities involve respectful physical  
contact, particularly during energisers,  
team-building, physical theatre, and dance.  
If you're uncomfortable with functional  
physical contact in these contexts, this  
project might not be the right fit for you. 😊

**COMFY CLOTHES:** you'll  
need comfortable clothes for  
physical activities (no heels,  
no skirts, etc.)

Feel free to bring a musical  
instrument, if you have one ;)





# PAPAW

## HOW TO APPLY

### CONTACTS

Do you want to apply? Fill out this form. For any question, please, don't hesitate to contact us:

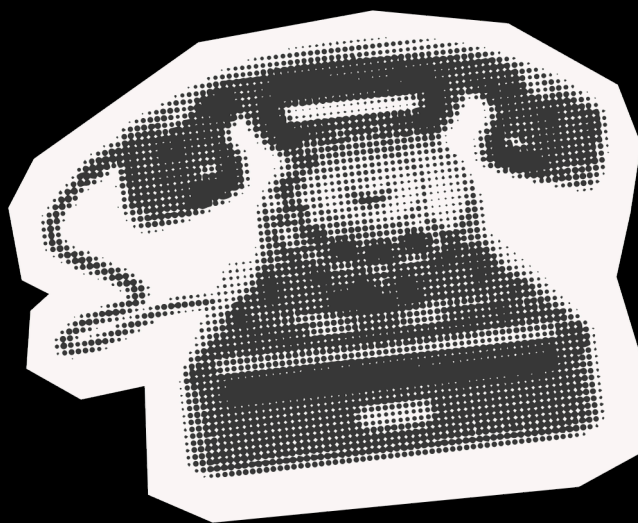
Emanuele:

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to apply  
here:

<https://forms.gle/fBeTEjYob9DCcAm39>



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