

Training Course SustainABLE! | 21th - 25th OCT 2025, Lithuania

number of the day		ARRIVAL	DAY 1: intro	DAY 2: exploring	DAY 3: planning	DEPARTURE
date		21st, Tuesday	22nd, Wednesday	23rd, Thursday	24th, Friday	25th, Saturday
8:30 - 9:30		Arrival of participants (hotel check-in starts at 15:00 local time)	breakfast			
morning session (4 hours)	9:30 - 11:00		check-in moment + intro to the day + announcements + energisers			
			Intro to the group	Climate crisis and young people with fewer opportunities	Reflection on youth work practices	
	11:00 - 11:30					
	11:30 - 13:00		Intro to the training program	Systemic change for a more sustainable future I	Implementing learning into youth work practice I	
13:00 - 15:00			lunch			
afternoon session (4 hours)	15:00 - 16:30		Building a baseline: sustainability	Systemic change for a more sustainable future II	Implementing learning into youth work practice II	
	16:30 - 17:00		coffee break			
	17:00 - 18:30		Building a baseline: inclusion	Inspirational Visit	Evaluation of the training	
	18:30 - 19:30		reflection of the personal/ professional learning process in small groups			
19:30 - 21:00		dinner				
	21:00 - ...	Quick welcome and basic info for tomorrow	Passion night	Free night	Farewell party	Departure after breakfast, check-out before 11:00

* this is a preliminary program of the training, it might change due to organisational details, participant needs and the nuances of the Erasmus+ program.