

Training Course for Youth Workers The Purpose Project

28. September–7. October 2025 Postojna, Slovenia

Objectives

The project addresses the youth workers' need for competencies to support young people in finding their **interests** and the related **career paths**, helping them **reach their own potential**.

Supporting the youth workers in addressing the needs of youth with **fewer opportunities** will lead to better social cohesion and success for young people in their careers. Better support for young people will contribute to reducing dropout rates from educational programs.

During the training course, the 24 youth workers will:

- Develop the knowledge and skills needed to more effectively support young people in recognizing and pursuing their interests and **finding a sense of purpose in life.**

- Gain tools to support young people in building **a successful career** and achieving **personal fulfillment**.

- Learn new methods for promoting **reflection**, **communication**, **and career development**.

- Gain a better understanding of the **connections** between **vocational training**, the **labor market**, and young people's **life goals**.

- Learn to better address the needs of young people with **fewer opportunities**, particularly those from rural areas, marginalized groups, or financially disadvantaged backgrounds.

Training course

Location: Postojna, Slovenia Arrival and departure: 28. September and 7. October 2025 Training dates: 29. September–6. October 2025 Duration: 8 days + 2 travel days Eligible countries: Slovenia, Croatia, Serbia, Greece, Poland, North Macedonia

Participants per country: 4

Accommodation

YH Proteus, Tržaška cesta 36, Postojna, Slovenia

You will be accomodated at **Youth Hostel Proteus Postojna** in shared rooms of two people. **Shared bathrooms** are located on the floor hallway. Bedding and towels are provided. There is free wifi in the hostel.

The hostel is located in the center of Postojna and just a 10 minute walk away from the **Youth center Postojna (Vilharjeva 14, Postojna)** where the training course will take place.

Meals

Breakfast will be served at Youth Hostel. We will have catering at Youth center for **lunch**. For **dinner** we will walk approx. 15 minutes to the restaurant.

Weather

The temperatures in Postojna at the time of the training course are expected to be between 10°C and 20°C. It is possible it will be windy and/or rainy, so be sure to pack some warm and waterproof clothes.





Getting here

By air

The only airport in Slovenia offering commercial flights is Letališče Jožeta Pučnika Ljubljana (LJU). The Venice airports offer good low cost connections. Trieste and Zagreb are worth checking out too. Milan is quite far, but has the most connections, so it is sometimes the best option.

Airport	Distance from Postojna
Ljubljana (LJU)	73 km
Trieste – TRS (IT)	74 km
Venice Treviso – TSF (IT)	178 km
Venice Marco Polo - VCE (IT)	183 km
Zagreb - ZAG (CRO)	198 km
Milan Bergamo - BGY (IT)	405 km
Milan Malpensa - MXP (IT)	489 km

Airport transfer

GoOpti offers shared transfers from all of the mentioned airports. To book, go to <u>www.goopti.com/en/</u>. Book as soon as you have the flight tickets to get the lowest prices, as they can get pretty high later on.

By land

It's possible to travel to Postojna by car, bus or train. It might be neccessary to book two separate tickets – one to Ljubljana train/bus station and another from Ljubljana to Postojna.

The main train and bus stations in Ljubljana are in the same location, so transfering shouldn't be a problem. For local schedules see:

Slovenian Railways: <u>potniski.sz.si/en/timetable-finder/</u> Bus: <u>www.ap-ljubljana.si/en</u>

Reimbursement of travel costs

Travel costs of covered by the project per person:

- up to 28 € (up to 56 € in case of green travel*) from Slovenia,
- up to 211 € (up to 285 € in case of green travel*) from Croatia,
- up to 211 € (up to 285 € in case of green travel*) from Serbia,
- up to **309 €** from North Macedonia,
- up to 309 € from Greece,
- up to **309** € from Poland.

* Green travel is defined as the travel that uses low-emissions means of transport for the main part of the travel, such as bike, bus, train, or car-pooling.

Keep in mind that this amount covers all travel costs, including the transport to and from airports.

In order to reimburse you, we will need a **request for payment** (<u>click</u> <u>for template</u>) and all the **original travel documents** (receipts, tickets, boarding passes etc.), so make sure to **keep all your original tickets** and/or **boarding passes** during travel.



Participating organizations



Mladinski center Postojna, Postojna, Slovenia contact: tatjana.rant@mcp.si www.mcp.si



Carpe Diem udruga za poticanje i razvoj kreativnih i socijalnih potencijala djece, mladih i odraslih, Karlovac, Croatia contact: katarina.curilovic@carpediem.hr www.carpediem.hr







contact: aleksandra.szmurlik@gmail.com <u>krokdoprzodu.org</u> Association for Youth Activism and Growth –

Fundacja Krok do Przodu, Zgierz, Poland

Excel Skopje, Skopje, North Macedonia contact: yagexcel@gmail.com www.facebook.com/yagexcel



KINITRO AMKE, Moschato, Greece contact: erasmus@kinitro.org kinitro.org

If you have any questions, feel free to contact us at <u>tatjana.rant@mcp.si</u>!

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