



Knowledge Sharing Workshop on How to Train Youth Workers for Inclusive Non- Formal Education?

29th September - 6th October 2025
(incl. travel days)
Matra mountains, Hungary



Joint



Co-funded by
the European Union

FOR APPLICATION



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1 Participants' recruitment and selection

Application deadline: 23rd June 2025

We'll select participants based on your profile and motivation.

Information about selection results by: 18th July, 2025

Please apply by filling in
this Application Form:
Application form



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About the course

This workshop is designed for experienced youth workers to learn from each other and to lay down together the basis of a model-training to enhance the competencies of youth workers to work with highly vulnerable young people and make non-formal learning activities more accessible to them.

In European youth work, many young people are considered "disadvantaged." But some face even greater challenges, making life much harder than it is for their peers. These young people could benefit greatly from national and international youth programs, yet they are often the hardest to reach and involve.

What do we mean by 'highly vulnerable youth'?

We define "highly vulnerable" youth as those facing at least two major life challenges, with at least one being chronic, systemic, or particularly difficult to overcome—such as extreme poverty, abuse, or family instability. Their struggles go beyond what most disadvantaged youth experience.

That's why including highly vulnerable young people in Erasmus+ programs is so important. It helps them build connections, improves their mental health, and creates opportunities for a brighter future. However, supporting them effectively requires tailored strategies, professional expertise, and long-term commitment.

This event is part of the [Ladder to Inclusion](#) Erasmus+ project co-funded by the European Union.



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Aims of the course

We believe that learning should be based on a dialogue between practice and research at the European level, strengthening the quality of youth work. That's why this course emphasizes sharing impactful learning experiences, challenges in youth work, and exchanging good practices.

This course is designed for professionals working with highly vulnerable young people. It builds on proven, experience-based practices, interdisciplinary approach, and valuable lessons from real-world experience.

Our objectives are to:

- Create a space for sharing and exchanging experiences in youth work with highly vulnerable young people.
- Share knowledge on training youth workers who aim to engage with highly vulnerable young people.
- Strengthen the competence of trainers who prepare youth workers to implement inclusive programmes.

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Participants profile

Profile of the participants:

- Professionals experienced in training youth workers or other professionals to work with vulnerable youth
- [Youth workers](#), social workers, and other professionals—whether paid or voluntary—who have an ongoing relationship with vulnerable young people.
- This includes those working in youth centers, foster homes, youth welfare services, out-of-school education programs, and similar initiatives.
- Participants should have a good level of English and be able to engage in discussions about the course topics.
- Available for the whole workshop.

Relevant Experience:

- This program includes topics such as training development, experiential pedagogy, trauma-informed care, violence prevention, child and youth safeguarding, psychological first aid, and crisis intervention.
- You don't need to be an expert in these areas to apply. However, if you have experience in any of these fields—it will be considered an asset during the selection process.

Pre-Condition for Participation:

While this activity includes professional reflection, it is not a therapy or counseling program, and it is not intended to help participants with their own mental health challenges. Instead, the focus is on developing professional skills for working with vulnerable youth.

Because of the sensitive topics covered, we encourage participation from professionals who feel emotionally and mentally stable enough to engage with these themes.

Eligible countries: Erasmus+ Programme countries / Italy, Hungary, Latvia, Spain.



5 Participation Costs

Participation fee, accomodation & food:

This course is part of the Ladder to Inclusion Erasmus+ strategic cooperation project and co-funded by the Erasmus+ programme of the European Union. Therefore, most of the costs will be covered by the organisers.

Board, lodging, travel and programme costs will be covered upon **full participation in the course**.

On the arrival day, dinner will be the 1st meal to be served. On the departure day, breakfast is your last meal.

Travel costs:

Travel costs will be reimbursed based on the real costs not exceeding below lump sums , in Euro:

- Participants from Hungary - max. 28 €
- Other participants - max. 309 €

Only justified costs will be eligible for reimbursement and based on pre-approved itineraty. Local transfer costs will be included in the overall travel costs. If your travel will exceed the lump sums above, the remaining costs shall be covered by the participant.

6 Training Venue

Venue: Fogadó a Táncoló Kecskékhez - Mátra Mountain, Hungary

Address: 3234 Galyatető, Madách u. 7. Hungary

Fogadó a Táncoló Kecskékhez

Rooms with 2-4 beds (single or double beds) are available with private bathrooms.



7 Facilitators



Árpád Bárnai

Árpád Bárnai is a trainer and youth worker at Élményakadémia. Since 2006, he has been working with disadvantaged youth, including those living in foster care and segregated communities. He has extensive experience in supporting highly vulnerable young people and, since 2012, has been training professionals to work effectively with them.

Daniel Gismera Casasola

Daniel Gismera Casasola is a youth worker at Las Niñas del Tul Association, with a degree in Social Education and over twenty years of experience in the youth sector. He began his journey as a volunteer and youth leader, later working as a youth worker for various organizations and public administrations. He has extensive experience in non-formal education as a trainer and facilitator, with a particular focus on inclusion and diversity in youth work.



LADDER to Inclusion

The LADDER to Inclusion project will open up opportunities for highly vulnerable young people to participate in Erasmus+ international mobilities, thereby increasing their personal development and improving their social position.

We are developing comprehensive and sustainable solutions to break down barriers, improve the quality and effectiveness of youth work, and make Erasmus+ mobility programmes more inclusive.

LADDER to Inclusion is a KA2 strategic partnership project of the EU.

Implementation period:
September 2024 – December 2026

Curious to learn more?
Keep up with us!



Creating opportunities step by step

- LADDER to Inclusion project is building the capacity and resources of youth organisations and youth workers.
- We develop their skills and prepare them to reach out to highly vulnerable young people.
- We build a professional knowledge base to make it accessible and safe for every young person to participate in international mobilities.
- We develop training materials that integrate the basic knowledge needed to work with highly vulnerable young people into the training of youth workers.
- We will connect youth organisations to deliver quality mobilities for highly vulnerable youth.
- We are making Erasmus+ mobility truly accessible to the most vulnerable young people.

We are building a ladder for marginalised young people to enter the inspiring and uplifting world of international experience.

Project partners:



Joint





Application Deadline:

23rd of June, 2025

Please apply by filling in this
Application Form: Application
form

In case of questions,
please feel free to
contact us.

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