



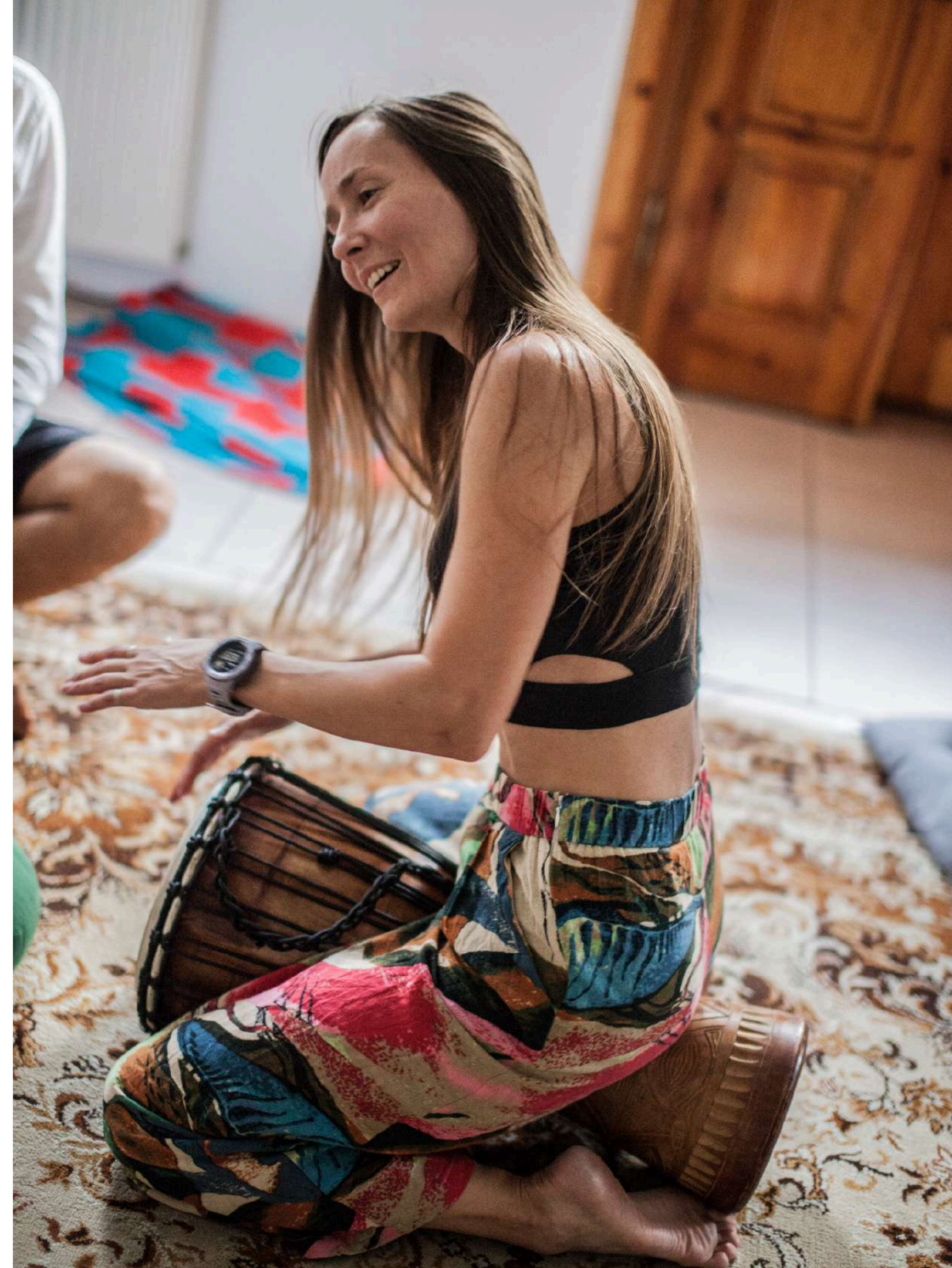
THE SOUND ATLAS: SONIC STORYTELLING

1.08-10.08.2025

KAMIEŃ, POLAND

THE MAIN AIM

to create and recod a library of sounds
that can be used by others for creating
moods, emotions, and experiences in
their videos, stories, animations





CONTEXT

The idea is to research how music and audio elements can be used to tell a story, evoke emotions.

Instead of relying on words or visuals, we are going to create stories through tones, rhythms and ambient sounds



FEEL THE STORY. HEAR THE EMOTION



DRAFT OF THE PROGRAM

- Ice-breaking activities & team-building games
- Exploring emotions through sound
- Introduction to improvisational basics
- Movement and physical theatre workshops - working with space, body language, and emotions
- Improvised performances in mixed groups
- Group reflections
- Sound impressions and improvisations
- Work in recording studio

**This is a draft program which will be adapted
to the group's skills and abilities.**

**Additionally, the project is designed
as an open space for
participants
to actively engage and take initiative**



DATES

ARRIVAL DAY : 01 OF AUGUST

DEPARTURE DAY : 10 OF AUGUST

NUMBER OF PARTICIPANTS

30

AGE LIMITS OF PARTICIPANTS

- PARTICIPANTS: 20+ YEARS OLD (NO UPPER AGE LIMIT)**



!!! Before applying, please **double-check your availability
for the full project dates.**

Participation in the entire duration of the training is mandatory
– **late arrivals or early departures will not be possible.**

Thank you for understanding!



!!! The project venue and the entire duration of the group stay is an
alcohol-free zone

Alcohol consumption is not permitted during workshops, after workshops,
or at any time in the evenings



!!! The workshop space and all common areas are
phone-free zones

Phones will only be used during specific activities when necessary for safety reasons — e.g. during nature trips or occasionally by facilitators, for example, to play background music.

We invite you to embrace a social media detox and be fully present throughout the experience



!!! The project takes place in a village area,
so be prepared to get around on foot and by local transport like trains

PARTICIPANTS PROFILE

☐

20+ years old

☐

Connected to music – whether professionally or through personal passion

☐

Open-minded and flexible, ready to engage in dynamic and interactive activities

☐

Comfortable with physical proximity, as some exercises may involve touch and physical contact

☐

Willing to step out of their comfort zone, including participating in activities very early in the morning or late at night

Able to work in a team, with at least basic collaboration and communication skills

Communicative level of English, sufficient to actively participate in workshops and group activities





ACCOMODATION



Fundacja Numo

KAMIEŃ 23 , 59-630 MIRSK, POLAND

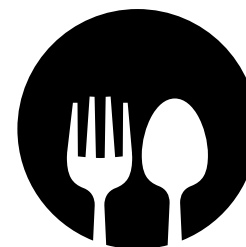
Kamień is a small village, located in the Iżera Foothills, on the Kwisza River, 370–400 meters above sea level

👉 Click the button



PARTICIPANTS WILL SLEEP IN ROOMS FOR 4-5 PERSONS

FOOD



ALL FOOD WILL BE ONLY VEGETARIAN /VEGAN

PARTICIPANTS WILL GET 3 MEALS PER DAY

👉 Click the button





Videos from previous music project

👉 Click the button
to watch the videos!



Video # 1



Video # 2



Video # 3

👉 All the photos used in this infopack
were taken during the previous
music projects
[@czapi.art](https://www.instagram.com/czapi.art)

How to Apply

To apply, please fill out the
online application form via
Google Forms

<https://forms.gle/QX3outba2hwhSDLn8>





In case of any
questions,
**FEEL FREE TO
CONTACT US!**



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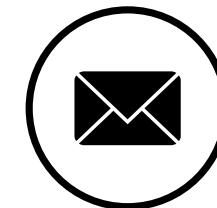
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PROJECT COORDINATOR



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