

IMPROFUSION:

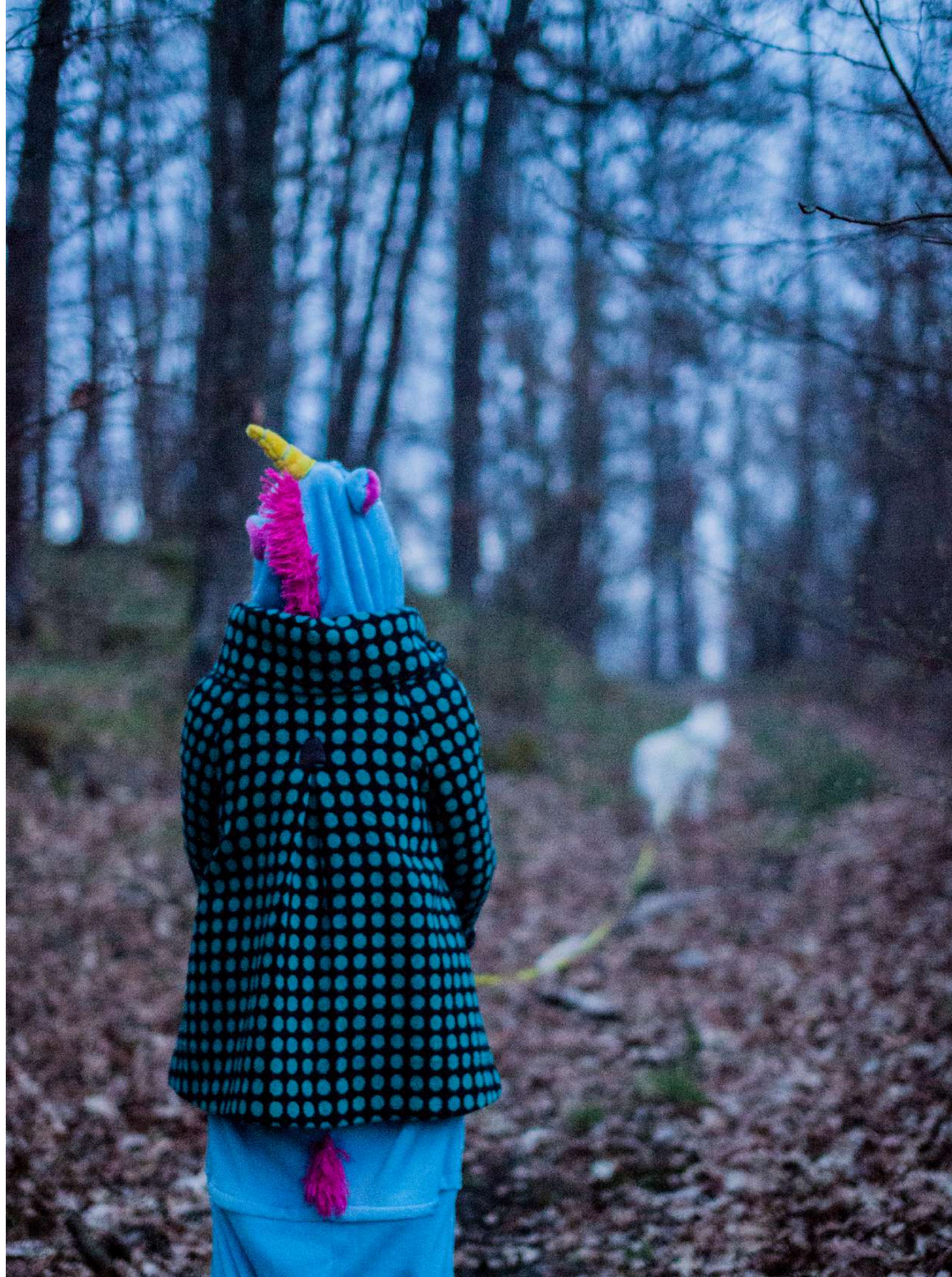
OBSERVE. RESPOND. CO-CREATE.

7.07-16.07.2025

Trzcińsko, POLAND

THE MAIN AIM

To bring together people who are connected to theatre — whether professionally or through passion — in a dynamic space where improvisational fusion happens both on and off stage, across cultures, personalities ...





CONTEXT

Improvisation is all about listening, hearing, seeing, and observing — being fully present in the moment. It’s about building on others’ ideas and working together to create something greater than any one person could achieve alone.

Performing without a script challenges you to trust your instincts, believe in your ideas, and embrace spontaneity



Push Limits, Find Freedom – Improvisation starts here - Are You ready?



DRAFT OF THE PROGRAM

- Ice-breaking activities & team-building games
- Workshops on active listening, observing, and reacting
- Introduction to improvisational basics
- Movement and physical theatre workshops - working with space, body language, and emotions
- Improvised performances in mixed groups
- Group reflections
- Developing mini-performances without scripts
- Final showcase of improvisational work (open for local community

This is a draft program which will be adapted

to the group's skills and abilities.

Additionally, the project is designed

as an open space for

participants

to actively engage and take initiative



DATES

ARRIVAL DAY : 07 OF JULY
DEPARTURE DAY : 16 OF JULY

NUMBER OF PARTICIPANTS

30

AGE LIMITS OF PARTICIPANTS

- 20+ YEARS OLD (NO UPPER AGE LIMIT)



‼️ ‼️ Before applying, please **double-check your availability for the full project dates.**

Participation in the entire duration of the training is mandatory – late arrivals or early departures will not be possible.

Thank you for understanding!



‼️ ‼️ The project venue and the entire duration of the group stay is an

alcohol-free zone

Alcohol consumption is not permitted during workshops, after workshops,

or at any time in the evenings



‼️ ‼️ The workshop space and all common areas are

phone-free zones

Phones will only be used during specific activities when necessary for safety reasons — e.g. during nature trips or occasionally by facilitators, for example, to play background music.

We invite you to embrace a social media detox and be fully present throughout the experience



‼️ ‼️ The project takes place in a village area, so be prepared to get around on foot and by local transport like trains.

‼️ ‼️ The venue is a charming old house — some windows don’t have shutters, so if you're sensitive to light while sleeping, consider bringing a sleep mask

PARTICIPANTS PROFILE

- [ ] 20+ years old
- [ ] Connected to theatre – whether professionally or through personal passion
- [ ] Open-minded and flexible, ready to engage in dynamic and interactive activities
- [ ] Comfortable with physical proximity, as some exercises may involve touch and physical contact
- [ ] Willing to step out of their comfort zone, including participating in activities very early in the morning or late at night
- [ ] Able to work in a team, with at least basic collaboration and communication skills
- [ ] Communicative level of English, sufficient to actively participate in workshops and group activities





ACCOMODATION

DOM SOKOLIK (Trzcińsko 21 , 58-520, Poland)

Dom Sokolik is located in a beautiful setting at the foot of the Karkonosze Mountains, within the Rudawy Landscape Park

👉 **Click the button** ▶

PARTICIPANTS WILL SLEEP IN ROOMS FOR 4-5 PERSONS

FOOD

ALL FOOD WILL BE ONLY VEGETARIAN /VEGAN

PARTICIPANTS WILL GET 3 MEALS PER DAY

👉 **Click the button** ▶

CHECKLIST –
WHAT YOU NEED
TO BRING WITH YOU

- **Clothing & Footwear**

- Comfortable, warm clothes and shoes – we will spend some time outdoors, in nature
- Indoor shoes or slippers – obligatory!
- Non-slip socks if possible or be prepared to go barefoot
(we'll be moving on wooden floors)

- **Personal Hygiene**

- Shampoo, shower gel, toothpaste, toothbrush ...
- Hairdryer – only if you really can't live without it
NO NEED TO BRING TOWELS OR BED SHEETS – THEY WILL BE PROVIDED!

- **Theatrical Extras**

- Strange costumes or fun items – anything unusual or playful is welcome!
- Face paints – if you have ones
- Facial cosmetics – like mascara, lipstick, etc
- Black clothing – plain, without prints or logos; comfortable and suitable for movement





REIMBURSEMENT OF TRAVEL COSTS

WE REIMBURSE YOUR TRAVEL COSTS
CALCULATE YOUR ROUTE **WITH THE DISTANCE CALCULATOR** AND THEN YOU WILL RECEIVE REFUNDS

THIS IS THE MAXIMUM AMOUNT OF TRAVEL REIMBURSEMENT:

10 AND 99 KM: 28 EUR
100 AND 499 KM: 211 EUR
500 AND 1999 KM: 309 EUR
2000 AND 2999 KM: 395 EUR

IF YOU WILL BE USING GREEN TRAVEL (NO PLANE), WHICH WE RECOMMEND :) CONTACT US INDIVIDUALLY YOUR BUDGET MAY INCREASE

WE WILL ALSO SEND YOU A TRAVEL GUIDE BY E-MAIL



Videos from previous Theater project

👉 Click the button
to watch the videos!

Video # 1

Video # 2

Video # 3

👉 All the photos used in this infopack were taken during the theatre project in April 2025
@czapi.art

How to Apply

To apply, please fill out the online application form via Google Forms

https://forms.gle/Ht5h9exc3K9DXzuP8





In case of any questions, FEEL FREE TO CONTACT US!

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