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365 dias à descoberta



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CR T L E + Y

TRANSFORMING DIGITAL SPACES IN
YOUTH WORK.

PARTICIPANTS INFOPACK...

27-02 July/August 2025

Fundão, Portugal



Erasmus+

Project Details

Title: CRTL+Y - Transforming Digital Spaces in Youth Work

Project Reference: 2025-1-PT02-KA151-YOU-000304922

Duration: 5 days

Dates: 27 July to 2 August 2025

Venue: Casas de Alpedrinha

Participants: 24 Youth Workers

Profile: Youth Workers of any age, interested in improving their digital skills and actively working with a community of young people

Coordinator: Municipality of Fundão



What's this project about?

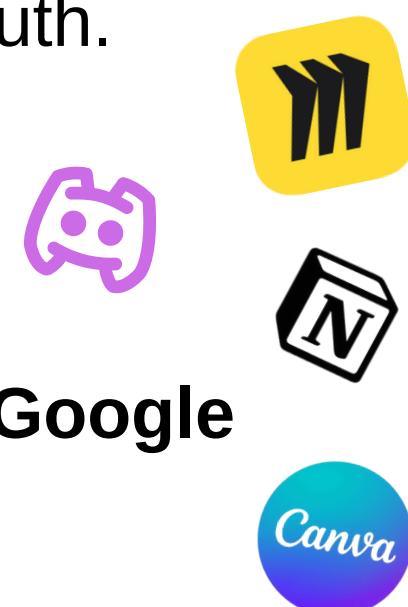
CTRL+Y – Transforming Digital Spaces in Youth Work is a Training Course happening in **Fundão, Portugal**, from **July 27 to August 2, 2025** at the beautiful “**Casas de Alpedrinha**”.

This project will bring together **24 youth workers** from across Europe for an immersive training focused on digital transformation in youth work.

Through **5-days** of activities encompassing **35 hours** of training, you'll explore how to make your youth work more relevant and innovative to today's youth.

During this training, you will:

- Learn to use digital tools like Miro, Discord, Loquiz, Google Workspace, AI tools, Notion, and Canva
- Discover modern digital and hibrid non-formal education methods
- Explore how to create and manage online communities where young people can participate, express themselves, and connect with youth work
- Discover how to apply gamification methods to increase youth engagement in your activities
- Collaborate with other Youth Workers to create digital non-formal education activities ready to be implemented in your community



Let's connect, and create the future of youth work together.

Project Objectives

- **Increase the Digital Skills** of 24 YWs through a 5-day TC on Digital tools for NFE, Social Media Management and organizational management tailored to the needs of youth organizations and young people;
- Increase Youth Work recognition by co-creating and publishing **6 new innovative digital NFE activities develop during the training course**, and disseminating them through at least 3 national and international platforms;
- Promote **healthy Digital Youth Participation** in the communities of 24 YW by **equipping them with new non-formal education and gamification techniques** that will be piloted in at least one local activity per participant within 3 months after the TC;
- Promote **best practices on digital tools use** (such as Miro, Discord, Loquiz, Google Workspace, AI tools, Notion, and Canva) by providing practical, need-based workshops during the training, evaluating their application in follow-up activities via participant reports and peer feedback;
- Prepare 24 youth workers to **create, design and manage engaged and safe online communities for young people** by the end of the project, with at least 50% of organisations launching or improving a digital youth space within 4 months after the TC.

Is this for you?

This project is made for youth workers and aspiring youth workers who want to grow, connect and create real impact in the youth field.

You're the right fit if you:

- Are involved in youth work, either through an organization or as a motivated aspiring youth worker
- Have **enough level of English** to interact with others and have a useful presence in the training course.
- Are **interested in the topic** at hand and maybe some background on it so that the exchange can be more interactive and productive.
- **Will contribute to the dissemination** of the Erasmus+ Programme and project results developed during the training course, improving the quality of European youth work
- Are interested in **getting to know new cultures** and sharing their **knowledge and experiences** through experiential education.
- Are a Youth Worker from fewer opportunities background

NOTE: ⚠ This is not a youth exchange-style project for passive participants or just travel lovers. ***We're looking for people who work in the field of youth or aspire to and are ready to engage, create and make things happen.***

Project Results and Dissemination Strategy

CTRL+Y isn't just a training, it's a launchpad for real change in youth work.

Throughout this course, you won't just learn about digital tools and non-formal education... **You'll apply them.**

Together, we'll explore how to reimagine youth work in the digital age, build inclusive online communities, and **co-create 6 innovative digital and hybrid non-formal education activities** to be used in your community.

By the end of the week, you will have new skills, practical tools, and a clear action plan to launch digital communities that engage young people in their local context.

And the impact doesn't stop there...

We're committed to make everything we build visible, shareable, and scalable:

 Each participant will host a dissemination session with other youth workers and youth in their community to share and test the newly created NFE Digital Activities developed during the TC.

 At least 50% of participating organizations will launch or strengthen their digital communities to become long-term platforms for digital youth participation and engagement.

 We will do (and ask our partners to also do it) daily social media posts reflecting the training experience of our participants

 Testimonies from participants will be shared on our socials to highlight the real-life impact of the training

 Our goal: to reach over 10,000 people, youth workers, young people, and organizations, with the results, tools, and energy of CTRL+Y.

Don't Forget To Bring

Here's your ultimate checklist to make sure you're fully prepared for the Training Course:

- ✓ All your travel documents (Passport or ID)
- ✓ Reimbursement-related documents in physical format or the ORIGINAL PDF (boarding passes, flight invoices, bus tickets, etc. If you bring them in physical format, the reimbursement process is easier.
- ✓ Comfortable clothes & shoes
- ✓ Personal hygiene items
- ✓ Personal Medication (If needed)
- ✓ Reusable water bottle
- ✓ Laptop or tablet
- ✓ Swimsuit
- ✓ Chargers for your devices
- ✓ Receipts and travel documents in PDF
- ✓ Your motivation & positive energy

Don't Forget To Bring

✓ European Health Insurance Card

The **European Health Insurance Card** is a free card that gives you access to medically necessary, state-provided healthcare during a temporary stay in any of the 27 EU countries.

Link to get it: <https://ec.europa.eu/social/main.jsp?catId=563&langId=en>



Travel Details

Regarding travel, **each participant/organisation is responsible for buying their own flights and bus tickets, considering that the amount of which will then be reimbursed by the Municipality of Fundão. Participants are therefore responsible for keeping all their documentation correctly documented in the ORIGINAL PDF format so that they can be reimbursed.** The Bus purchase must be made on the **Rede Expressos (our recommendation)** website or **physically at the bus station ticket office.** <https://rede-expressos.pt/pt>

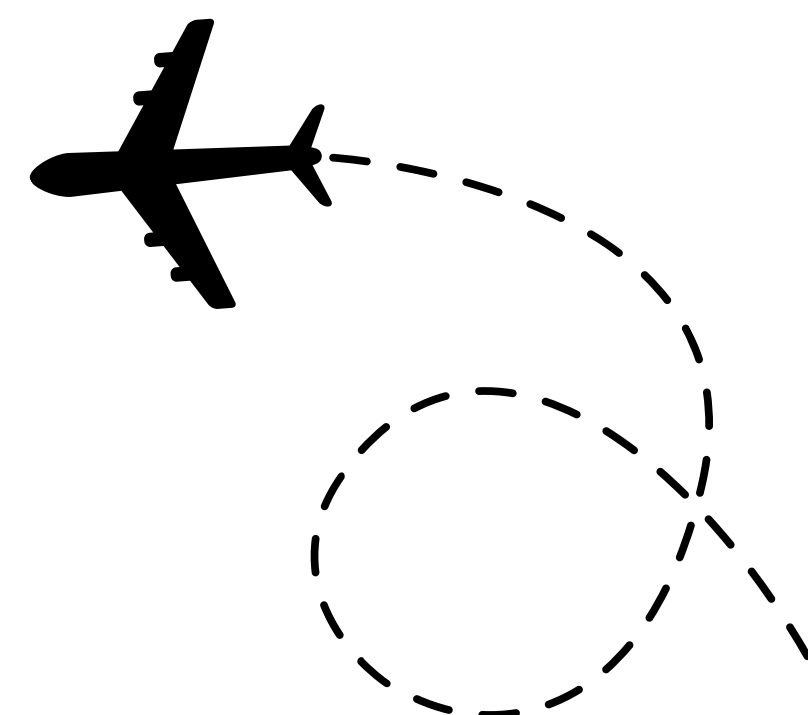
The travel should be planned so that **participants arrive in Fundão before 18:00.** The Casas de Alpedrinha venue does not have accessible public transport, so we booked a bus that will take us from Fundão to Casas de Alpedrinha.
The bus will depart from Fundão to Alpedrinha at 18:30

Note: ***Participants are allowed to arrive in and depart from Portugal up to 2 days before and 2 days after the official dates of the project (at their own expense, Fundão Municipality will not cover any costs for extra days that participants choose to stay in the country, except for their flights.)***

Travel Itinerary: Transport from the airport to Fundão is the responsibility of the participants. Regardless of what day your participants decide to land in Portugal, **make sure you are aware** you need to be in Fundão by **18 o'clock on the 27th.** If Participants land in Porto, we will prepare their itinerary and they will have to go to Fundão by **themselves.**

Travel Details

Travel distance	Green travel	Non-Green travel
10 – 99 km	56 EUR	28 EUR
100 – 499 km	285 EUR	211 EUR
500 – 1999 km	417 EUR	309 EUR
2000 – 2999 km	535 EUR	395 EUR
3000 – 3999 km	785 EUR	580 EUR
4000 – 7999 km	1188 EUR	1188 EUR
8000 km or more	1735 EUR	1735 EUR



**DONT FORGET TO NOTIFY US BEFORE BUYING ANY
TICKET!**

**CAR TRAVEL AND TAXI ARE NOT ELIGIBLE FOR REIMBURSEMENTS
ONLY PUBLIC TRANSPORT.**

Reimbursement Process

Your travel costs will be reimbursed! But there are a few important things to keep in mind 📌

Your group will be reimbursed as a team, after everyone sends in the required documents and completes their disseminations activities (a post, video and small session).

What documents do you need? (Have them ready in the ORIGINAL PDF FORMAT)

- All travel invoices & tickets
- Boarding passes
- Bus/train receipts (if any)
- Anything you paid for that is part of your travel

WE DO NOT ACCEPT ANY KIND OF SCREENSHOTS!!!

IMPORTANT: RYANAIR DOESN'T SEND INVOICES OR BOARDING PASSES BY EMAIL — DOWNLOAD IT FROM YOUR ACCOUNT BEFOREHAND ON THE PC BROWSER WEBSITE!

Where to upload everything?

👉 <https://drive.google.com/drive/folders/1qCGUMJjJqvyWjqbtaZeWKJv1jPcNCkiz?usp=sharing>

We'll take time on the final day of the project to collect your documents, let's make the process quick and smooth! We can only reimburse up to the official Erasmus+ limit. If you go over, the extra cost will not be covered.

If you can't afford to book your flight, let us or your organization know ASAP, **we can purchase it for you if you are a participant from fewer opportunities.**

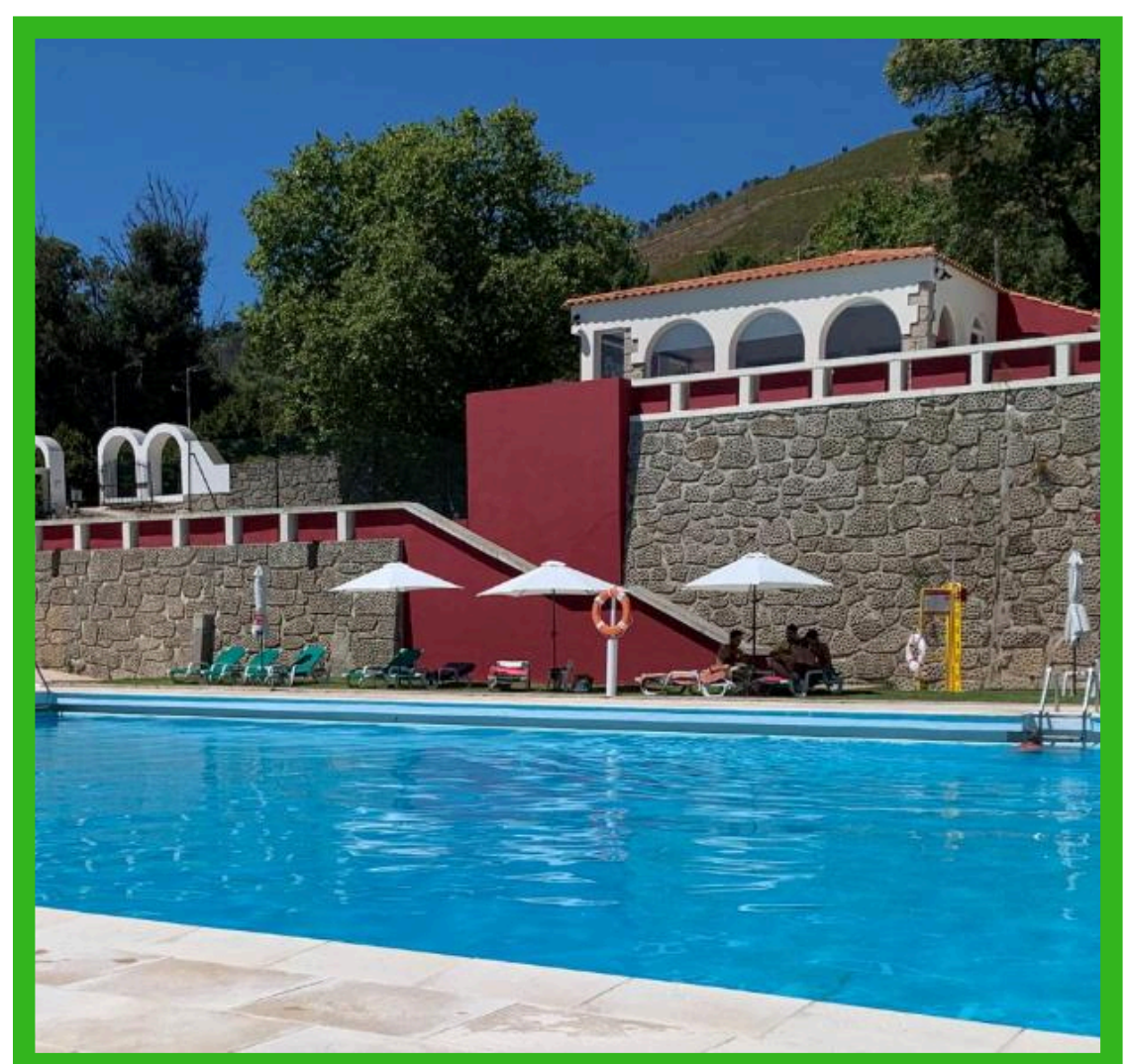
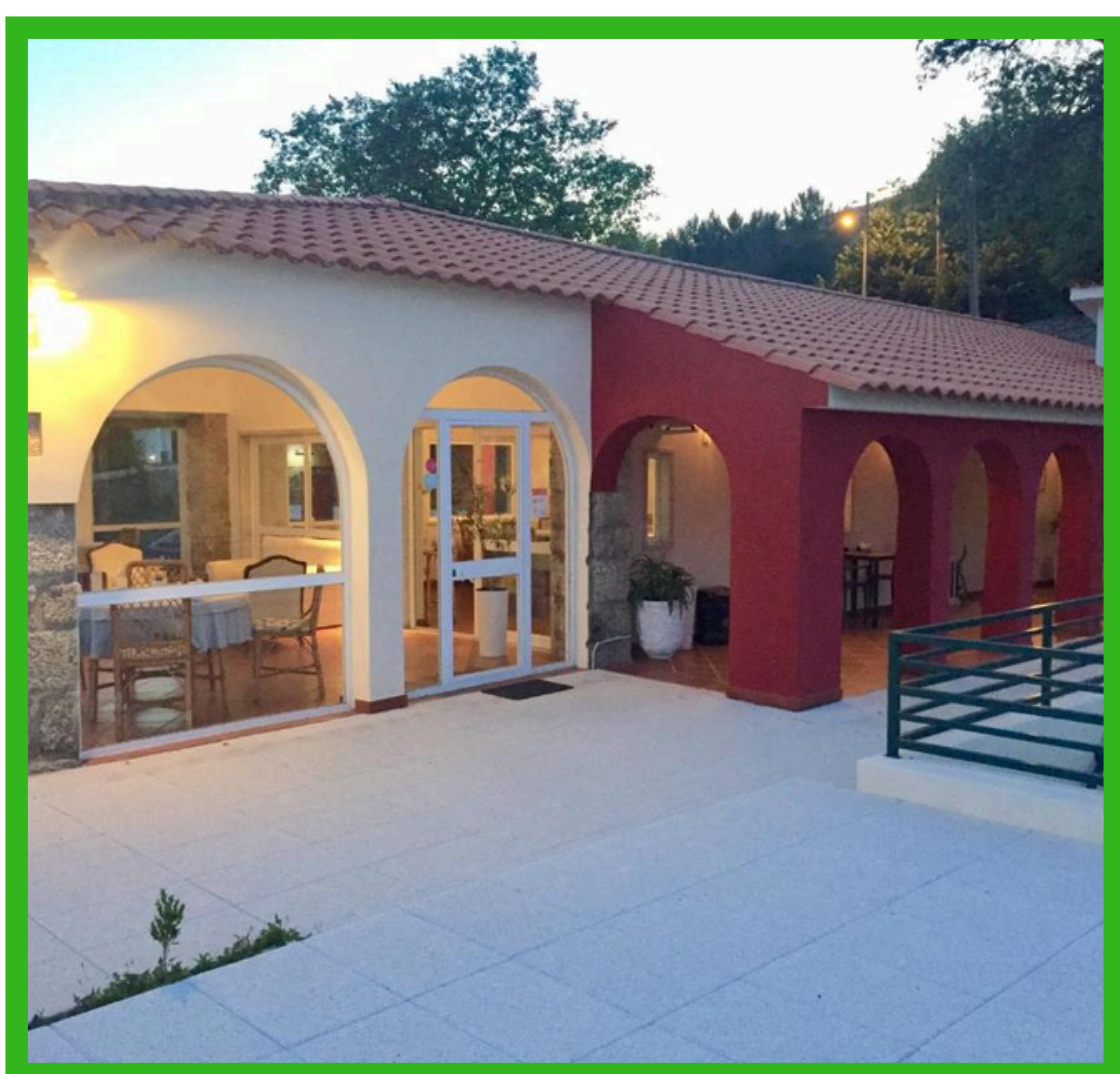
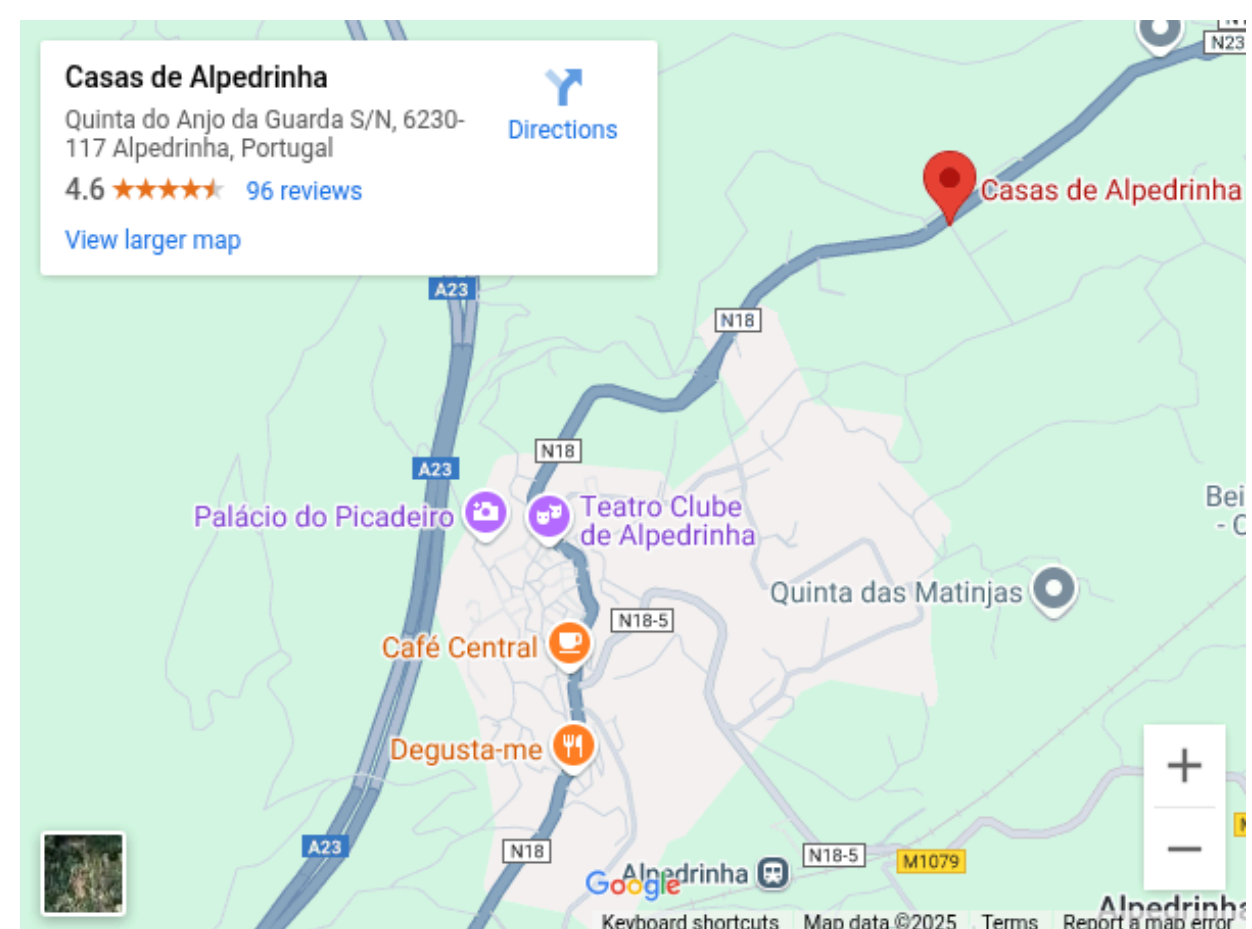
Once all documents are collected from your team, the reimbursement is sent to your sending organization, which will then forward the money to you.

Accommodation

The Training Course will take place in the **Casas de Alpedrinha**, Fundão.

We will meet in Fundão and take you to the beautiful village of Alpedrinha by bus

- 2 Separate Beds in each room
- Free Wifi
- Private Bathrooms
- Breakfast
- Tennis Court
- Games Room
- Lounge/ Bar
- Leisure room
- Swimming pool
- Restaurant



Contact Page

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