





# About the Training Course



Disinformation is serious problem at EU level, which increases hand-in-hand with development of technology and information flows in the online environment. Youngsters are among the most exposed to this phenomenon, at this age critical thinking and positioning in relation to society and community are formed. The significant amount of disinformation in the online environment often distorts young people's perception of the EU, European values and active citizenship.

Critical thinking, access to reliable information and the ability to engage in participatory and constructive dialogue are key areas for a prosperous development of youngsters across Europe. Young people often experience difficulties to verify the accuracy and reliability of information. They need to be more adequately equipped to navigate the information landscape and to participate in constructive dialogue.

"Disinformation Fighters Club" training course will carry the participants through various sides of critical thinking and correct information. During the training participants will have a clear understanding on reliable sources of information, facts vs. opinions, as well as the state of play in the participating countries.



critical thinking and avoiding disinformation;

Enhance digital communication skills among participants, who can take the initiatives in the areas of correct information and critical thinking among their local communities;

Increase the organizational capacity of the partner organizations in the fields of correct information and awareness about Europe.



## Profile of participants

- Participants coming from the following countries (citizens or residents): Czech Republic, Greece, Italy, Lithuania, North Macedonia, Poland, Spain and Romania;
- No maximum age limit for participants. Minimum 20 years old age is strongly recommended.
- Gender balance is strongly recommended
- Willing to improve skills in the field of critical thinking and correct information
- Minimum level of English B2
- Youth workers, members of NGOs, board members of different organizations, volunteers
- Being closely connected with the sending organization
- Experience of at least 2 international or local youth projects

Deadline for application: 03.06.2025



# Activities & Timetable

Daily activities will take place every day, between 10.00am and 19.00pm. Presence to the activities is compulsory on the full duration of the training course. Detailed activities schedule will be made available 14 days before the start of the training course.

A project Whatsapp group will be created to share information with participants about the training.

We will organize one trip to explore the surroundings of Vatra Dornei. Bring with you proper clothes and shoes.



08.45-9.45 breakfast

workshop 1

11.30-12.00 coffee break

12.00-13.30 workshop 2

10.00-11.30

13.30-15.30 lunch & free time

15.30-17.00 workshop 3

17.00-17.30 coffee break

17.30-19.00 workshop 4

19.30 dinner







**Arrival day: 18.06.2025**Working days: 19-25.06.2025 **Departure Day: 26.06.2025** 



Siady Guesthouse Vatra Dornei, Romania https://rb.gy/hvvx5x



The project will take place in in the outskirts of **Vatra Dornei** town, in the historical region of Bucovina, north part of Romania. Location is close to the mountain and nature, but also benefits fully from the comfort of modern life. Sauna and swimming pool are available at the venue.



The project venue is Siady Gueshouse (link: <a href="https://rb.gy/hvvx5x">https://rb.gy/hvvx5x</a>). We will accommodate 2-3 persons in one room, maybe some rooms will host a maximum of 4 persons. Each room has its own bathroom and toiletries. Some rooms are designed as matrimonial, thus two persons might share one bed, but rest assured that the beds are big enough and each of you will have his/ her own blanket. Towels and bedsheets are available. There is WiFi internet at the location.



Accommodation, travel and meals (breakfast, lunch and dinner) are covered by the organizers. Menu is standard for all participants. Be aware that meals mainly consist of eco traditional dishes (meat, cheese, eggs), with products from ecological farms and households in the area. We will surely have vegetarian / vegan options, but come with an open mind because vegan options are limited in this mountain area. Special diets need to be mentioned by participants in





### Journey and Tickets

**VERY IMPORTANT:** Selected participants can buy the plane tickets <u>**ONLY AFTER**</u> they confirm with us the proposed flight itineraries. For validation of travel proposals, selected participants <u>MUST upload their travel proposals</u> according to the instructions received from their sending organization.

The international travel for participants can be made either by plane, train or bus. Personal car or taxi travel cannot be reimbursed.

#### The arrival and departure days for the Training Course are:



18 June 2025 (arrival day)



26 June 2025 (departure day)

All participants should plan their travel to **Cluj-Napoca, Romania.** Most of you will use plane and arrive at the **Avram lancu Airport in Cluj (CLJ)**. For participants who will be using other means of transport for arrival to Cluj (e.g. bus or train), please inform us about your itinerary so we can further guide you.

#### Cluj-Napoca to Vatra Dornei (project venue)



You should be in Cluj-Napoca on <u>18 June, at 17.00pm the latest</u>. If for any reasons you cannot find tickets with arrival to Cluj in the morning/afternoon hours of 18 June, please contact us and we will find a solution for you.

Arrival hour is set this way because we will rent a bus to **travel from Cluj to Vatra Dornei on 18 June in the evening**, possibly arriving close to midnight. Trip takes around 4 and a half hours.

**The meeting point** (most probably at the airport) and exact **time of departure from** Cluj-Napoca to Vatra Dornei will be communicated after all trip details are settled.

You can also arrive 1 or 2 days earlier to visit Cluj-Napoca, on your own expense.

#### Vatra Dornei (project venue) to Cluj-Napoca



The departure from Vatra Dornei to Cluj-Napoca, by rented bus, will be on 25 June around midnight. Make sure you book flights that leave on 26 June at 6.00am the earliest. We will travel through the night to reach Cluj-Napoca early on 26 June. The cost of the bus Cluj-Vatra Dornei (round trip) is around 25 euro, will be covered initially by the host organization and will be deducted from your reimbursement.

You can stay in Cluj-Napoca 1-2 days after the project and visit it on your own expense.

If you have time and wish to visit Cluj, **express line A1E connects Cluj airport terminal to Cluj city center**. Bus station is just in front of arrival terminal. One way ticket costs 6 lei, you can pay in the bus by card. Here you can find the express line timetable: https://ctpcj.ro/index.php/en/timetables/express-line/a1e-line

The official currency is Romania is **leu (RON)**. Average exchange rate is 1 EUR=5 RON. In most places you can pay by card. We recommend you to exchange a small amount of lei, you may need for small expenses. Avoid changing too much money at the airport because the rates are bad compared to other exchange offices.

Here are some online resources to guide you if you wish to spend some additional time in Cluj-Napoca before/after the project:

https://www.romanianfriend.com/attractions/cluj-napoca-what-to-do-guide https://visitcluj.ro/

### Financial rules



#### Czech Republic

4 participants

travel budget: 309 euro/pax



#### Greece

3 participants

travel budget: 309 euro/pax



#### Italy

4 participants

travel budget: 309 euro/pax



#### Lithuania

3 participants

travel budget: 309 euro/pax



#### **North Macedonia**

3 participants

travel budget: 309 euro/pax



#### **Poland**

4 participants

travel budget: 309 euro/pax



#### **Spain**

4 participants

travel budget: 395 euro/pax

very IMPORTANT: Selected participants can buy the plane tickets ONLY AFTER they confirm with us the proposed flight itineraries. For validation of travel, follow the instructions of your sending organization.

For the plane transport, the mandatory documents are:

- 1. FLIGHT E-TICKET
- 2. **PROOF OF PAYMENT** (from online banking)
- 3. BOARDING PASSES

We will reimburse the travel expenses after the end of the mobility (takes around 2 months), only when all the travel documents presented above are provided.

We can only refund the actual travel costs for which original tickets/ invoices/ boarding passes are provided. We strongly recommend you to keep all travel documents with you, since we won't be able to refund them if we don't receive them.

Reimbursement will be made only by bank transfer to the sending organizations, which will distribute the money to participants.

Personal car or taxi travel cannot be reimbursed.



If possible, we recommend to use **green travel** (low-emission travel like bus, train, car pooling), where there is an increase in the travel budget:

211€ 285€

309€ → 417€

395€ → **535€** 

DO NOT BUY any tickets before our approval!

## What to bring?













- Typical food and drinks from your countries. During the training course we will organize cultural evenings. You can bring national costumes, decorations, leaflets, food, sweets, drinks and much more. You can show videos, photos, sing songs and dance traditional dances from your countries. Be creative!
- National research on critical thinking and correct information trends in your country. We encourage you to be familiar with the training topic before coming to Romania, as we will deepen it with practical examples from your countries.
- Each national team must bring at least 1 laptop and 1 good photo camera / phone.
- Weather in June is generally nice in Vatra Dornei, However, given the mountain area, there can be days with bit of rain, or chilly nights. Be prepared and take proper clothes. You should check the weather forecasts few days before the training, for accurate predictions.
- Good shoes and proper clothes for outdoor. The mountains of the area are very beautiful, so we might organize a light hike in the free day, so is important to have proper hiking equipment if you wish to take part. We will provide more details in the weeks before the training.
- Bed linen and towels are provided by the guesthouse, however we encourage you to bring your own **towels and whatever you need for personal hygiene**, so you feel comfortable.
- Your swimming suit. The venue has sauna and swimming pool, we will organize one spa afternoon, during the free time.
- We will provide water daily. Bring your own water recipients to avoid use of plastic glasses.
- We will have available the emergency medical kit. However we encourage you
  to bring the remedies you are used to for most common situations such as
  fever, headaches, stomach aches and more specific needs, if it is the case.
- It is mandatory to have a valid health insurance, although we can't reimburse the costs. We recommend European Health Card, which is free. As Romania is an EU member, an insurance should be cheap and easy to make.

### About the organizers



Youth for Sustainable Development (ATDD) is a dynamic youth NGO established in 2010 in Targu-Jiu, Romania. The organization has the mission to support the personal development

of youth, by gaining new key competences in areas such as creativity and entrepreneurship, communication, critical thinking, European cultural awareness and expression.

We organize activities targeting young people and offer a positive alternative for spending free time, as well as gaining relevant competences necessary for a smooth transition from school education to work life.

We provide a strong focus on activities that aim at enhancing critical thinking skills among young people, in the same time with providing tools for correct information.



### **CONTACTS**







facebook.com/ATDD.ro

projects@atdd.ro