

“DemoCr8: Democracy and youth participation in EU”

- About the project 1
- Location 2
- Travel 3
- Reimbursement 4
- Contacts & Partners 5

ZADAR, CROATIA
15.7 - 21.7.2025



Co-funded by
the European Union

TRAINING COURSE

By the end of the training, participants will have enhanced their personal and professional understanding of youth participation and European citizenship, developed practical tools for promoting democratic engagement, and gained valuable skills for empowering young people to connect with the EU and take part in shaping their communities.

What will the tc look like?

This training course provides an opportunity to explore youth participation and democratic engagement in youth work settings, equipping youth workers with the knowledge and tools to support young people's connection to democratic life and European citizenship. Through non-formal education methods and experiential learning, the training will introduce participants to key concepts such as youth participation, democracy, co-management, and connections between youth participation and decision-making processes. Training will also focus on the facilitation and design of educational processes that empower young people to become active citizens and democratic contributors in their communities and beyond.

The training goes beyond theoretical input by engaging participants in interactive exercises, workshops, structured reflections, and collaborative learning experiences aimed at building practical skills for supporting youth participation. Special attention will be given to the development of local-level follow-up activities that promote youth engagement, connect young people with European-level opportunities such as Erasmus+ and the Youth Dialogue, and foster democratic values. By the end of the course, participants will have developed concrete action plans, deepened their knowledge of democratic youth work practices, and strengthened their ability to support youth-led participation processes.

The training course is developed in line with Youth Goal 1: Connecting EU with Youth and contributes to:

- Supporting youth workers in strengthening young people's sense of belonging to the European project and democratic values.
- Empowering young people to engage in shaping Europe and democratic life through youth-friendly educational tools and participatory processes.
- Enhancing cooperation among youth organizations at European and international levels for promoting democratic engagement and citizenship education.

The training course will be based on non-formal education methods and experiential learning principles. The program is designed to provide youth workers with the knowledge, skills, and strategies necessary to foster youth participation, promote civic engagement, and link local-level youth work to wider European democratic frameworks.

The first days of the training will be dedicated to building a safe and collaborative learning environment, fostering group trust, and aligning expectations. These initial sessions will focus on understanding participation, exploring its relationship with youth work, and presenting the Erasmus+ Program and Youthpass as key tools for engagement. As the training continues, participants will examine youth realities across Europe, reflect on democratic principles and co-management, and explore the links between citizenship, participation, and education.

In the later stages of the training, participants will work in groups to develop concrete local follow-up activities aimed at engaging young people in democratic processes. They will receive feedback on their draft ideas, explore challenges and solutions, and finalize youth-friendly strategies to support participation within their own contexts.

On the final day, participants will present their follow-up plans, evaluate their learning outcomes, and reflect on their professional growth. The course will conclude with a structured evaluation process and the Youthpass certificates ceremony to acknowledge and celebrate participants' achievements.

Objectives

- To explore concepts of democracy, youth participation, and European citizenship, and raise knowledge of participants about Youth Goal #1: Connecting EU with Youth.
- To develop understanding and knowledge of participants about the role of youth work in fostering democratic engagement and participation of young people in decision-making.
- To develop participants' competences for facilitating non-formal learning activities related to youth participation, co-management, and civic education.
- -To improve skills of participants in developing and implementing local-level follow-up activities that empower youth to participate in democratic life and connect with EU opportunities.

Participants are expected to attend the full duration of the TC
(15th - 21st July 2025)

All participants will be accommodated at **HI Hostel Zadar**

Obala kneza Trpimira 76, 23 000 | Zadar

Tel. +385 23 331 145

Email: hostelzadar@hicroatia.com

WEB: <https://www.hicroatia.com/en/hostel/hi-hostel-zadar/>



We are expecting you on the 13th of July 2025 in the afternoon (between 17:00 and 19:00 o'clock).

The Welcome Program start will be arranged with the trainers based on arrival time of the participants, and dinner will be served between 19:00 - 20:00h. The departure is envisioned for the morning of 21st of July 2025 after breakfast.

All participants will be accommodated in Youth Hostel Zadar, situated 5 km from the bus terminal (take bus line no. 5) in the famous Borik tourist zone. In hostel there are terrace with a bar & restaurant, seminar hall, sports ground (basketball, football), baggage room, internet access, tourist info point, and a beach just across from the hostel. Participants will be placed in 3/4-bed rooms (bunk beds) with shared bathrooms. Please note that you should bring your own towels.

Breakfast, lunch and dinner will be served daily at the residence.
The Training Course will be held at the residence .



For all information about booking your tickets and coming to **Zadar**, you should be in contact with Veronica Braccacini – in charge of project logistics, by using the official project e-mail (you can find all contacts below). We are kindly asking you to choose the ecologically and economically friendly means of transport, if possible.*

Travel costs will be reimbursed **only for the cheapest way of transport** and for the return tickets. Travel expenses are covered by the organisers 100% up to the maximum of unit cost per distance calculator and means of travel, including bank transfer and other appropriate fees (for all the original tickets and ways of travel that are plane, bus, train, ferry, carpooling, NOT taxi).

For distances, less than 500 km one way (by Distance Calculator | Erasmus+), the preferable means of transport are land transportations, such as train and/or bus. If other mean of transport is selected for such travels, e.g. airplane, those will be reimbursed 60% of airfare, in accordance with the principle of environmental awareness and protection.

Please don't buy your tickets before we approve them! When you will plan your trip and BEFORE buying your tickets (especially if your planned travel itineraries are different than 13th - 21st July, please inform us in advance, so we can approve your tickets and travel costs.

P.S. AT PURCHASING YOUR TRAVEL TICKET, PLEASE ASK FOR THE INVOICE!

Participants must keep all travel documents (tickets, travel agency invoices and boarding passes) as organizers are able to make any reimbursement only on the bases of presented documents! A detailed guide to reimbursement will be provided.

***Sustainable means of transport (green travel) is defined as the travel that uses low emissions means of transport for the main part of the travel, such as bus, train or carpooling.**



Travel budget calculation is based on the distance between your starting point and the venue of the Program:

10 -99	km	28€ / 56€ green option
100 - 499	km	211€ / 285€ green option
500 - 1999	km	309€ / 417€ green option
2000 - 2999	km	395€ / 535€ green option
3000 - 3999	km	580€ / 785€ green option
4000 - 7999	km	1.188€
8000 - more	km	1.735€

The distance must be calculated according to the official Erasmus+ distance Calculator, which you can find at the following link:

<https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator>

Further Rules regarding the booking of the tickets and reimbursement:

- Only the cheapest tickets will be reimbursed. We will not cover tickets with the deviation from the direct route (A - B - A), extra unnecessary stops and layovers. We don't cover seat reservation fees, leisure plus tickets, flexible tariff tickets, extra travel insurances, priority boarding fees, local bus baggage, handwritten tickets or bianco nota bills.
- Extra hand luggage can be covered if within budget (make sure you send a plan before purchasing, as some extra fees might be applied by some airlines).
- We can't cover travel agencies' fees. Travel agencies invoices for the tickets won't be accepted for reimbursement.
- We can't reimburse taxi; only public transport and carpooling will be covered.
- You can arrive maximum 1 day before the activity and depart maximum 1 day after if you want to spend more time in Zadar on your own. In that case, travel expenses must stay within the agreed budget, while accommodation on the extra days is not covered. For green travels, participants can have up to 4 additional travel days.

The travel reimbursement will be done by bank transfers only, after you return home and send us the ORIGINAL boarding passes and tickets (and after you submit/send us the filled in evaluation forms of the training course).



For planning your travel you are directed to contact the project team by using the mail address.

Veronica Braccacini is the person in charge of logistics of the project.

In case of any problem during your travel or if you need any further information please don't hesitate to contact us!

PROJECT E-MAIL

project08@yp-de.org

LOGISTIC COORDINATOR

Veronica Braccacini

Partners



Youth Power Austria



Alternator



EPEKA



POENTA



**Idee in
Movimento**



IDEE IN MOVIMENTO



**Co-funded by
the European Union**