



Co-funded by the  
Erasmus+ Programme  
of the European Union



# LEARN BY ADVENTURE

**MOBILITY OF YOUTH WORKERS**

**(PROFESSIONAL DEVELOPMENT ACTIVITY).**

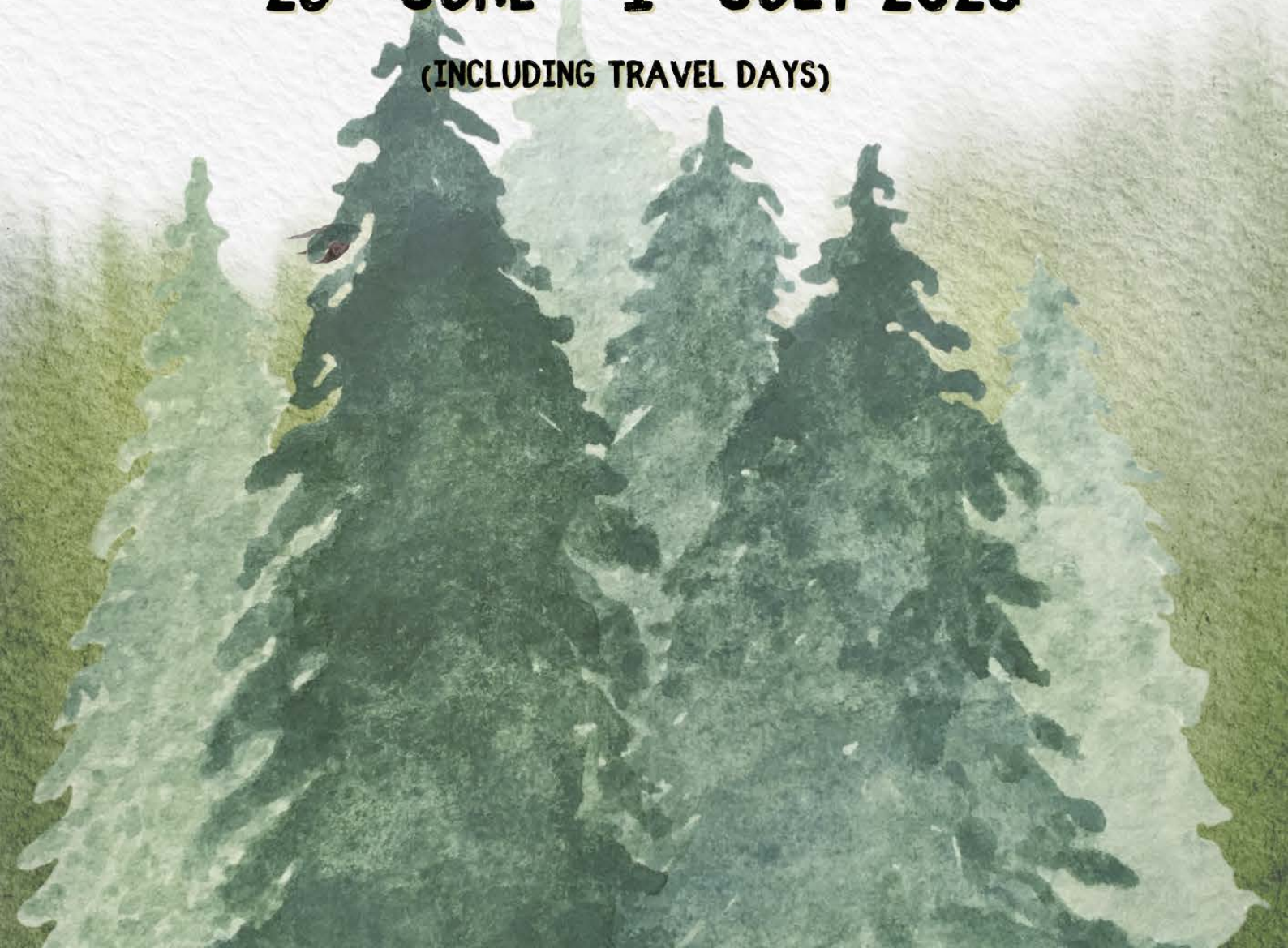
**2023-3-TR01-KA153-YOU-000183672**

**SAKARILICALARI, MIHALGAZI DISTRICT**

**ESKİŞEHİR, TÜRKİYE**

**23<sup>RD</sup> JUNE – 1<sup>ST</sup> JULY 2025**

**(INCLUDING TRAVEL DAYS)**







# ORGANIZATION MISSION



## ESKİŞEHİR ATA SPORT CLUB COORDINATOR ORGANIZATION

We are Eskişehir Ata Sport Club, a team united by our passion for sports and non-formal education, empowering young people—especially those from disadvantaged backgrounds—to grow through adventure, inclusion, and the transformative power of nature.

This project envisions:

- A future where outdoor education breaks down barriers, giving every young person—regardless of background—the tools to explore, learn, and lead.
- A movement where sports and adventure foster resilience, teamwork, and belonging, turning local actions into lifelong skills.
- A network of youth workers equipped with outdoor methodologies to create safe, inclusive spaces for growth in their communities.
- A society that sees nature and sport as catalysts for social change, where diversity strengthens collective progress.
- A legacy of international collaboration, where participants carry forward the spirit of adventure and inclusion long after the project ends.



### PARTNER ORGANIZATIONS

Our international consortium unites seven specialized organizations with proven expertise in training youth workers through innovative outdoor adventure education (OAE) methodologies. Each partner brings unique experience in using nature-based challenges and sports as powerful tools for youth development, particularly when working with disadvantaged groups. We've successfully designed programs where rock climbing becomes a lesson in trust, wilderness expeditions teach crisis management, and team sports transform into platforms for social inclusion. Our approach goes beyond typical classroom training - we equip youth workers with practical hard skills like risk assessment and first aid, while simultaneously developing crucial soft skills like group facilitation and intercultural communication. What makes this partnership exceptional is our shared commitment to creating transferable OAE modules that youth workers can immediately implement in their local contexts, whether working with urban youth in Portugal, refugees in Germany, or rural communities in Serbia. Together, we're redefining professional development for youth workers by combining the transformative power of nature with evidence-based non-formal education techniques, ultimately creating ripple effects that will benefit thousands of young people across Europe.





# ERASMUS+ PDA



**Professional Development Activity is an opportunity to equip youth workers with practical methodologies and cross-border collaboration tools through intensive non-formal learning programs, empowering them to implement innovative approaches like outdoor education and digital youth work in their local communities.**



## YOUTHPASS

### WHAT'S THE YOUTHPASS?

Youthpass is the recognition instrument developed for the projects realised in the European youth programmes. Through the Youthpass certificate, participation in such projects can be recognised as an educational experience and a period of non-formal and informal learning.

### WHY IS THE YOUTHPASS ADVANTAGEOUS?

You can attach the Youthpass to your CV, in order to show your future employer your commitment to a European project and the skills you developed.

The main difference with the Youthpass and a regular certificate is that you complete it yourself. That means you have the opportunity to create a very specific and individual report of what you've personally learned during the project!

### WHICH SKILLS DOES THE YOUTHPASS COVER?

- Multilingual competence
- Personal, social and learning to learn competence
- Citizenship competence
- Entrepreneurship competence
- Competence in cultural awareness and expression
- Digital competence
- Mathematical competence
- Literacy Competence

**WANT TO KNOW MORE  
ABOUT ERASMUS+?**

**CLICK HERE**



## CERTIFICATE



 <https://www.youthpass.eu>





# ABOUT THE PROJECT



**Project Duration:** 23/06/2025 - 01/07/2025 ( including the travel days)

**Location:** Mihalgazi, Eskişehir, Türkiye

**Hosting Organization:** Eskişehir Ata Spor Kulübü (Türkiye)

**Participating Countries:** Germany, Poland, Portugal, Serbia, Slovenia, Spain, The Netherlands.

**"Learn by Adventure"** is an innovative initiative aimed at enhancing the quality of youth work through the principles and practices of Outdoor Adventure Education (OAE). This project, funded by the Erasmus+ Programme under **KA153-YOU - Mobility of youth workers**, is designed to equip youth workers and youth leaders with the necessary skills and tools to effectively engage young people in meaningful, experiential learning activities within natural environments. This project is aimed at youth workers, youth leaders, trainers, and educators from partner organisations across Europe. It emphasises inclusivity, encouraging applications from individuals with fewer opportunities to ensure diverse and representative participation.

By empowering youth workers with the tools and knowledge of Outdoor Adventure Education, "Learn by Adventure" aspires to create a ripple effect, inspiring positive change in youth work practices and ultimately benefiting young people and communities across Europe.

**Outdoor Adventure Education** is a dynamic and inclusive approach that utilizes outdoor activities and adventures to promote personal growth, social skills, and educational development. It is particularly effective in engaging young people, including those from disadvantaged backgrounds, by providing hands-on experiences that foster resilience, teamwork, leadership, and a deeper connection with nature.

## AIMS

This project **aims** to enhance the quality and scope of youth work both locally and internationally by equipping youth workers and youth leaders with the competencies and tools of Outdoor Adventure Education (OAE).







# OBJECTIVES



- Advocate for Outdoor Education and experiential learning as inclusive, engaging methodologies in youth work.
- Understand the diverse realities of disadvantaged young people and explore the use of OAE to support them.
- Explore the role of youth workers and the potential of natural environments in facilitating youth learning and development.
- Foster understanding of group dynamics, personal awareness, and the role of facilitators.
- Deepen comprehension of inclusive youth work, outdoor and experiential learning.
- Expand networks and cooperation within Erasmus+ and beyond.
- Enhance participants soft and hard skills relevant to youth work.
- Share best practices, tools, and methods within the group.



## HOW TO APPLY

1

Contact with the organization of your country to learn how to apply being a participants in the YE.

2

If you are selected, you will receive and email with more information!

3

Contact with sending organisation and follow their instructions to reserve the flight tickets

**THEN, YOU'RE IN!**

**APPLY NOW**



**TR - Eskişehir Ata Spor Kulübü**

eskisehiratasporclub@gmail.com

**PT - Associação Ramifica**

associacaoramifica@gmail.com

**PL - Spring Mindset**

fundacjaspringmindset@gmail.com

**SI - DRUŠTVO AKADEMIJA ZA RAZVOJ MLADIH - ARM**

ardani.style@gmail.com

**RS - Eko-Mladenovac**

8124678@gmail.com

**ES - Terra Avanza**

terraavanza@gmail.com

**DE - Integrational e.V.**

integracionalev@gmail.com

**NL - Stichting Wave Education**

stichtingwaveducation@gmail.com



# ACTIVITIES AND WORKSHOPS

The core activity of "Learn by Adventure" is an 7-day training course held in Türkiye, combining both indoor and outdoor elements. Participants will engage in theoretical sessions, practical workshops, and a challenging 2-day outdoor expedition.



## THIS TRAINING INCLUDES:



### **Building Connections and Skills Through Adventure**

The program begins with ice-breaking, trust-building, and team-building activities to create a strong foundation of group cohesion. These initial exercises will help participants feel comfortable working together before tackling more challenging tasks.



### **Learning by Doing**

A key component is the 2-day outdoor expedition, where participants will design and lead their own adventure within set guidelines. This hands-on experience will be followed by structured reflection sessions to analyze group dynamics and extract key lessons.



### **Theory Meets Practice**

Participants will receive theoretical training on inclusive youth work and Outdoor Adventure Education (OAE) principles. They will explore how to adapt these methods for minority youth, designing activities that meet diverse needs.



### **From Learning to Action**

The program emphasizes practical application, with opportunities to practice facilitation skills in outdoor settings. Participants will also examine how natural environments can foster personal and social growth.



### **Planning for Impact**

The training will focus on action planning, helping participants develop strategies to implement OAE methods in their local youth work. This will ensure that the experience leads to real-world change in their communities.





# ACTIVITY TABLE

## 1ST DAY

1. Arrival and getting to know the venue
2. Dinner and Orientation

## 2ND DAY

1. Welcoming and formal opening/introduction
2. Creating context of the PDA linking to Youthpass & setting personal learning goals
3. Team building & Trust building workshops

## 3RD DAY

1. Principles of OAE & Learning Zones
2. Redefining Success - Setting the context & goals for going on the outdoor expedition;
3. Preparation for the outdoor expedition (Basics of going out, how to get prepared, Hard skills, information, etc.)

## 4TH DAY

1. Preparation for the outdoor expedition (Basics of going out, how to get prepared, Hard skills, information, etc.)
2. Outdoor Activity(Practise)
3. Activities prepared by the participants
4. Story Telling around the fire

## 5TH DAY

1. Outdoor Activity(Practise)
2. Activities prepared by the participants

## 6TH DAY

1. Outdoor Tool fair - NGO Fair
2. NFE Methods in Youth Work
3. Last Campfire Evening

## 7TH DAY

1. Scale of cooperation - between partners
2. Leadership and communication in the context of youth work
3. Exploring different realities of youth work
4. Needs Assessment in Youth Work
5. Preparing Follow up educational activities

## 8TH DAY

1. Preparing Follow up educational activities
2. Think forward (Working on follow up projects based on the experience of the week)
3. Final evaluation
4. Farewell Evening

## 9TH DAY

1. Breakfast and Departures



# SAFETY MEASURES



## **Safety is our top priority.**

The preparation phase involves all partner organizations, with Eskişehir ATA Sport Club leading logistics and Mihalgazi SYDV(District Governorate) and Mihalgazi Municipality providing expert outdoor event support. Their experience in managing over 15 outdoor projects ensures reliable risk management.

## **Comprehensive safety measures will be implemented:**

- All participants will receive detailed pre-departure information about potential risks and required medications.
- A fully stocked first aid kit will be available, with at least one trained first-aider on-site at all times.
- Printed/Digital Camp & Outdoor Rules will outline safety protocols and emergency contacts, reinforced through group discussions.

## **During the project:**

- Park rangers will be notified of our activities for emergency support.
- A team of two experienced trainers, a project manager, and support staff will supervise all activities.

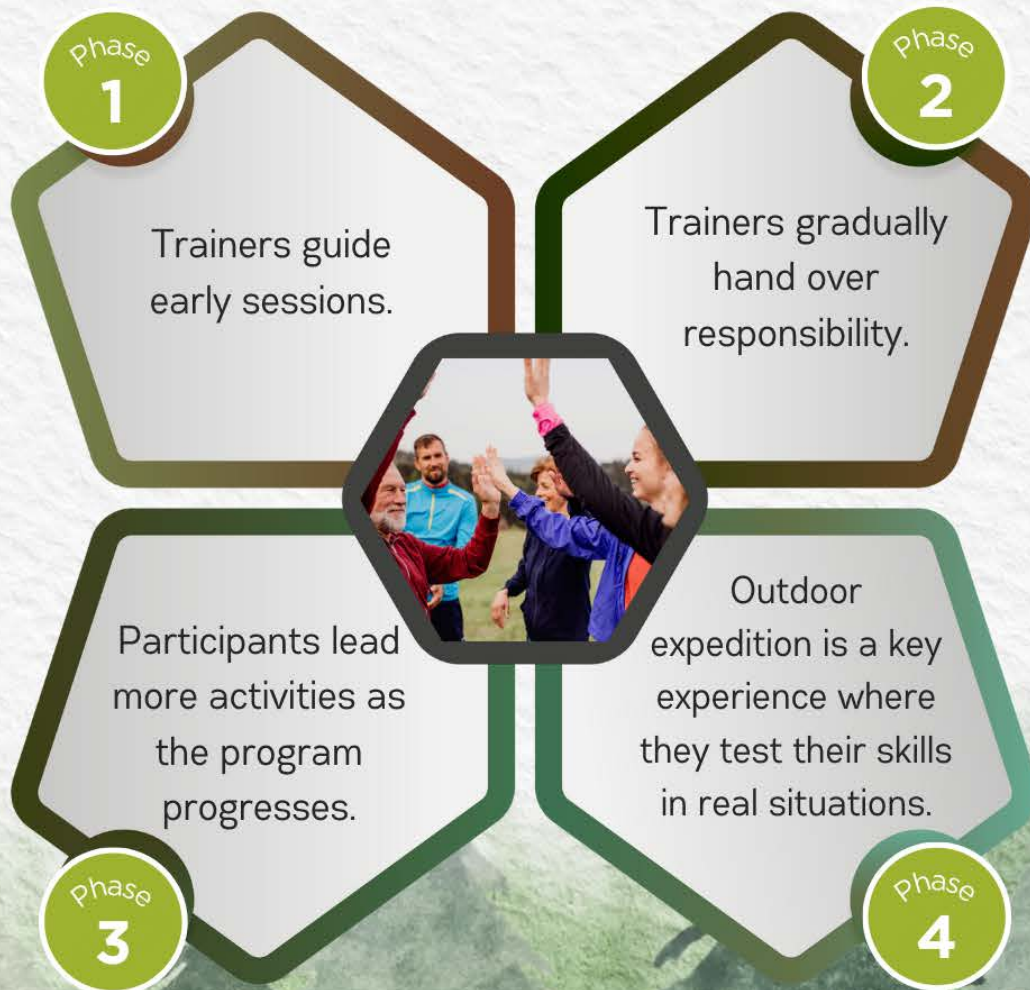




# METHODS

**"Learn by Adventure" uses Outdoor Adventure Education (OAE) and Non-Formal Education methods. The program follows the experiential learning cycle: do, reflect, learn, apply. This hands-on approach keeps participants actively engaged.**

## **The training has clear phases**



## **Feedback drives continuous improvement**

Daily reflection circles will help the process of learning. Anonymous boards and mid-term evaluations will allow participants to share honest input. Experienced outdoor educators will provide expert support throughout.

## **The mix of theory and practice works**

Participants will gain practical skills for youth work. They will learn by doing in a safe environment where mistakes become lessons. The goal is to create confident leaders who can use adventure activities with their local youth groups.





# **PARTICIPANTS PROFILE**



## **TARGET GROUP**

The "Learn by Adventure" project directly targets youth workers, educators, and organizational staff (aged 21+) with practical youth work experience especially with disadvantaged or marginalized groups. It's also important to have a background or strong interest in outdoor activities, adventure education, and non-formal learning. Additionally, participants should be able to work well in an international and intercultural team, as this project will involve collaboration with people from different countries and backgrounds.

## **REQUIREMENTS**

### **# OF PARTICIPANTS:**

Turkish team will be composed by 5 participants while the other teams will have 4 participants each.

### **PARTICIPANTS AGE**

Be at least 24 years old (to ensure some level of prior youth work experience); the upper age limit is not defined by the organizers.

### **GENDER BALANCE**

Will be strictly maintain the 50/50 gender balance through careful selection by all partner organizations.

### **LANGUAGE**

Ability to communicate and engage in discussions in the English language.

### **ELIGIBILITY CRITERIA**

- Be engaged in paid or volunteer work on a local or regional level with young people, preferably those facing fewer opportunities.
- Demonstrate a clear personal and organizational interest in this training course.
- Express willingness to continue collaboration following the training.
- Be fully available for the entire training course, which includes nine days of participation and travel, and commit to active engagement.
- Hold a position within their organization that allows them to apply the outcomes of the training.

## **FEWER OPPORTUNITIES**

This project will help youth workers with fewer opportunities to join and learn. The 2 trainers will guide them through all activities, from start to finish. Each country's group will include these youth workers, making sure they can participate fully. We provide special help with travel, language support, and personal growth activities. The goal is to give everyone equal chances to learn new skills, gain confidence, and share their ideas. After the project, they can use what they learned to help others in their communities.





# PARTICIPANTS ROLE



Youth workers are the driving force of "Learn by Adventure", actively shaping and benefiting from the project at every stage:



1

## **Co-Designers**

From the planning phase, youth workers from partner organizations defined the project's needs, objectives, and activities to ensure relevance to their daily challenges.

2

## **Preparatory Contributors**

Selected participants will refine the training content through a application form where they will provide input, raise questions, outline their requirements, and express more detailed needsshare, ensuring alignment with their local realities and youth work contexts.

3

## **Implementation phase**

During the 7-day training in Türkiye, participants will engage in a immersive learning experience, actively taking part in various activities such as presentations, sharing sessions, group work, and reflection exercises.

4

## **Project's follow-up**

Post-training, youth workers will:

- Conduct local workshops to share OAE tools with peers.
- Implement nature-based programs with their youth groups, expanding access to transformative outdoor education.

## **ROLE OF SENDING ORGANISATIONS**

- ✓ Help all participants, especially first-timers and those with fewer opportunities, by clearly explain the project's goals and what to expect.
- ✓ Encourage everyone to join in and help design activities together.
- ✓ Help create the program's sessions about self-discovery through fun, interactive learning.
- ✓ Check in regularly with your national team, listen to their concerns, and share their needs with organizers.





# PARTICIPANTS

## LEARNING OUTCOMES



Through "Learn by Adventure", participants will develop comprehensive competencies to transform their youth work practice using Outdoor Adventure Education (OAE).

### BEHAVIOR

1

- Action-Oriented: Apply OAE values (sustainability, inclusion) in daily work.
- Nature Connection: Prioritize outdoor learning over urban-centric approaches.



2

### ATTITUDES

- Empathy: Deepened understanding of youth realities.
- Confidence: Built through hands-on challenges like wilderness expeditions.
- Readiness: Courage to innovate and adapt OAE locally.

### SKILLS

3

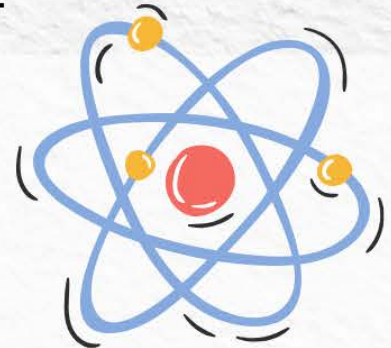
- Master OAE fundamentals: values, methodologies, and best practices for inclusive youth engagement.
- Understand group dynamics, leadership models, and facilitation techniques.
- Gain practical tools for organizing safe outdoor activities (risk management, logistics, weather adaptation).
- Explore Erasmus+ opportunities for future collaborations.



4

### KNOWLEDGE

- Soft Skills: Communication, crisis response, and cross-cultural teamwork.
- Hard Skills: Expedition planning, first aid, and risk assessment.
- Facilitation: Design and lead OAE activities tailored to disadvantaged youth.
- Reflection: Use self-evaluation tools to refine practice.







# INTERCULTURAL NIGHTS



Imagine this: A vibrant evening where **YOU** get to show your culture (yes, that means food 🍲, music 🎵, dances 💃, wild traditions 🐼—anything goes!).

## Show off your roots (or your favorite subculture!):

- Cook your grandma's iconic dish 🍲
- Teach that viral dance from your country 💃🕺
- Share wild festivals, slang, or even memes 🤪

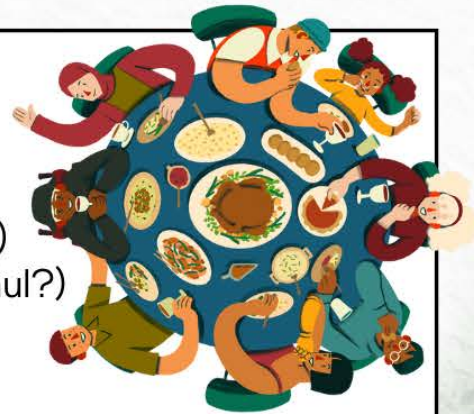


**Discover hidden gems:** Ever tried Spanish Flamenco dance? Or Danish Pakkeleg game? Now's your chance!

## 🎤 HOW TO OWN THE STAGE:

### 1st. Be creative! Mix and match:

- Food tasting 🍴 (homemade = extra love!)
- Mini language lessons 🗣️ (Teach us 3 killer phrases!)
- Music/Dance battles 🎵 (Who's winning: salsa or brâul?)
- Interactive games ♟️ (Like Turkish mangala)



### 2nd. Team up or go solo:

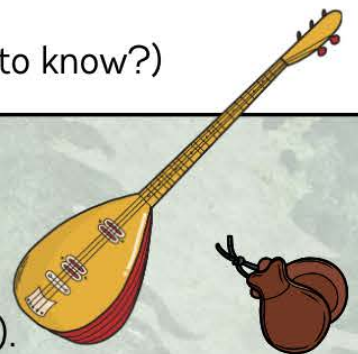
- Perform a folklore legend 🎭
- Host a quiz with fun facts ("Which country invented pizza?" Hint: Not Italy! 🇮🇹 ❌)

### 3rd. Bring the vibes:

- Wear traditional outfits 👗👔 (or DIY something iconic!)
- Share real stories (What's a cultural taboo people need to know?)

## ... Why It's Unmissable:

- Interesting global buffet (yes, actual homemade flavors 🍲).
- Laugh until your cheeks hurt (culture shocks = best stories 🤪).
- Find your "cultural twin" (Who else loves spicy in everything? 🌶️).



🎯 **Rule #1: No pressure!** Just bring your authentic self, whether that's a folk song, or a 2-minute comedy.



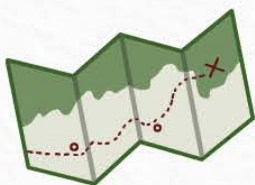
🌈 **Tagline: "Your culture. Your way. One unforgettable night."**

🗣️ **P.S. No boring PowerPoints! Bring ENERGY and just vibes. 😎**

🗣️ **P.S. Secret reward for the most original presentation... 👁️💎**







## WHAT'S COVERED?

 Accommodation +  3 meals (breakfast, lunch and dinner) +  2 coffee breaks

 **Travel costs will be refunded according to:**

**Erasmus+ Distance Calculator:**

<https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator>

**Erasmus+ Exchange Rate:**

[https://commission.europa.eu/funding-tenders/procedures-guidelines-tenders/information-contractors-and-beneficiaries/exchange-rate-infoeuro\\_en](https://commission.europa.eu/funding-tenders/procedures-guidelines-tenders/information-contractors-and-beneficiaries/exchange-rate-infoeuro_en)



## PARTNERS AND TRAVEL BUDGET

ORGANIZATION	COUNTRY	BUDGET
ESKISEHIR ATA SPOR KULÜBÜ COORDINATOR ORGANIZATION	• TURKIYE •	23€
ASSOCIACÃO RAMIFICA	• PORTUGAL •	530€
SPRING MINDSET	• POLAND •	275€
DRUŠTVO AKADEMIJA ZA RAZVOJ MLADIH – ARM	• SLOVENIA •	275€
EKO-MLADENOVAC	• SERBIA •	275€
TERRA AVANZA	• SPAIN •	530€
INTEGRATIONAL E.V.	• GERMANY •	360€
STICHTING WAVE EDUCATION	• NETHERLANDS •	360€





# REIMBURSEMENT RULES




## **ASK FIRST! Never book alone! → NO "Oops, I booked!"**

- Your organization **MUST** approve tickets **BEFORE** you buy
- We'll help you to find cheapest/safest options



## **Only these count for refunds:**

- Public transport **ONLY** ( trains 🚆 / buses 🚌 / eco flights ✈️ )
- Economy class tickets
- **NO** taxis/Ubbers
- **NO** business/first class

## **KEEP EVERYTHING!**

- Original digital tickets/boarding passes 📄 (no screenshots!)
- All physical tickets/boarding passes 📄 (even bus/metro tickets!)
-  **ALSO** scan everything and save it in the phone (backup!)

## **HOW TO SUBMIT/DELIVER THE TRAVEL TICKETS**

-  Digital tickets: upload them in the Google Drive
-  Physical tickets: Scan and upload them as a pdf in the Google Drive  
Give to your group leader during the exchange

*\* Google Drive will be shared with selected participants*

## **PATIENCE = REIMBURSEMENT**






- Refund come **AFTER** you:
  - ✓ Attend **ALL** activities <sup>100</sup>
  - ✓ Do local follow-up events 🗣️
  - ✓ Post on social media 📱
  - ✓ Submit surveys 📝
  - ✓ Give physical tickets to leader and upload everything in the Drive 📄

**IMPORTANT**




## **WATCH OUT! (Not covered ❌)**

-  Lost cash/passports
-  Medical bills (get insurance!)
-  Flight delays (blame airlines!)
-  Currency exchange losses
- If you book alone → **NO** refund

## **PRO TIPS FROM VETERANS**

-  Book early = cheaper tickets
-  Save 2+ extra days for travel issues
-  Bring emergency cash
-  Get travel insurance (ask your group leader!)
-  Photo **EVERYTHING** as backup

## **REMEMBER**

-  Mark your calendar: Money comes 2 months after the project ends
-  Save approval emails (for proof)
-  Be patient! Paperwork takes time







The training will take place in the Mihalgazi district of Eskişehir, Türkiye. Known for its natural hot springs, the area is surrounded by forests and hills, providing a quiet and rural environment ideal for focused group work and outdoor activities. Sakarılıcaları is located near the Sakarya River and is approximately 40 km from the city center of Eskişehir. The region is popular with local visitors for its thermal facilities and natural setting, offering a calm atmosphere away from the busyness of urban life.

The Sakarya River is one of Turkey's major rivers, and it flows through several provinces, including Eskişehir. It provides vital irrigation for the fertile lands, supporting the cultivation of fruits and vegetables, and contributes to the mild local climate. The river enhances the area's natural beauty and supports local wildlife, while also serving as a spot for fishing and relaxation. Despite its benefits, it faces environmental challenges like pollution from upstream sources.



Participants will be accommodated at Sakarılıca Kaplıcaları, a thermal facility situated in Mihalgazi. Rooms will be shared among three individuals. The facility offers thermal amenities, including hamams and family baths, utilizing mineral-rich waters with temperatures ranging from 18°C to 56°C. These thermal waters are known for their therapeutic properties, benefiting conditions such as rheumatism, digestive disorders, and post-operative recovery. The establishment operates year-round, providing a comfortable environment conducive to both relaxation and focused training sessions.

Accommodation and food (breakfast, 2 coffee breaks, lunch, and dinner) are %100 covered by Erasmus+ Programme, between 24th-30th June 2025.

Additionally, on arrival day (23rd June) there will be only dinner, and on departure day (1st July) there will be only breakfast.



It is possible for participants to stay longer in Turkey (2 extra days maximum) being all costs (for food, accommodation, transportation, or other types of costs not related to project) must be covered by the participant.







# PRATICAL INFORMATION



## 1 TRAVEL DETAILS

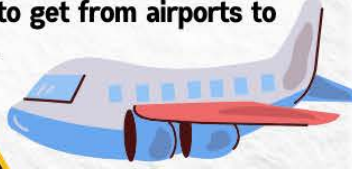
The best option for airports are in:

- **Istanbul**
  - Istanbul Airport (IST)
  - Sabiha Gökçen Airport (SAW)
- **Ankara**
  - Esenboğa Airport (ESB)

From the airports is possible to take a bus to:

- bus station where you can find another bus to the venue.
- train station where you can find a fast train to the venue.

**We will explain the easiest ways to get from airports to the venue to selected participants.**



**ALL PARTICIPANTS NEEDS TO ARRIVE ESKISEHIR BEFORE 6PM.**

**Transportation from city center of Eskisehir until accommodation will be organized by coordinator.  
Meeting point will be shared with selected participants.**

## 2 WEATHER

During the time of the training, daytime temperatures range between 28-33°C, while evenings can be cooler, around 15-18°C please have it in mind to pack appropriately.

## 3 BASIC WORDS

Hello - **Merhaba**

How are you? - **Nasılsın?**

Thank you - **Teşekkürler**

Where? - **Nerede?**

How much? - **Ne kadar?**

Here/There - **Burda/Orda**

This - **Bu**

Yes - **Evet**

No - **Hayır**



Clothes suitable for the weather

You may also like to pack swimsuits given the fact that the facility offers thermal pools and hamams as well as outdoor sport clothes for activities

Your cup for avoiding plastic waste

Materials for the intercultural night: food, any kind of traditional clothes or national speciality...

**WHAT  
TO  
BRING?**

Your digital devices  
(phone, camera,  
tablet...)

Personal hygiene  
supplies (shampoo,  
toothbrush, etc.)

Medicines  
according to your  
health and needs





## OTHER CONDITIONS

**IT IS A TRAINING COURSE, NOT A TRIP OR TOURISTIC EVENT.**

**Participants cannot come later or go before the activity days (from 23rd of June and 1st of July 2025).**

We would like to see optimistic and active participants in the activities!

Participants should take **their own responsibility** for attending the activities **on time** and **being respectful** to the rest of the mates.

**Adaptability is very important**, you are coming to a **different country** and **meeting people from other cultures**: food, conditions, or behaviors may be different but **enjoyed and respected**. **Moreover, the venue of the project is rural place so that please keep in mind that it will be not in the center of Eskisehir.**

**Dissemination actions and sharing about the experience are requested** to participants and very appreciated accomplishing some of the aims of the program.

## TO KEEP IN MIND...

1.



We will like to promote respect for the environment and its resources: bring your mug, try to turn off lights when not using them, avoid the use of paper in the workshop if possible, etc.

2.



There will be NGO Fair that partners needs to share their activities and all countries will take responsibility during the project.

3.



Pack the digital devices useful for the development of the activities: laptop, iPad, phone, camera... They are a good tool to develop art and informal learning!. **Please be aware that, internet connection only will be available in common areas as place will be outdoor sport facility.**

## HEALTH INSURANCE



**Since the project involves outdoor activities, having valid health insurance is strictly mandatory.**

**Participants who do not provide proof of insurance before departure will not be allowed to join the project.**



It is **mandatory** to have **health insurance valid in Turkiye** during the period of stay, for any emergency, accident, or civil responsibility.



We would like **participants** to **take care** of **their own health insurance** and purchase the one suitable for the number of days of the stay (the **health insurance cost is not subject to refund**, there are many options in each country, you can consult with your medical center).



**Bring** always your **own medicines** as our team cannot prescribe any medical treatment, only supplies from the first aid kit.



# LIABILITY AND LEARNING AGREEMENTS



## OUR PROMISE TO YOU:

We'll provide a safe, fun, and inclusive space where you can:

- ✓ **Share** cultural stories through creative workshops.
- ✓ **Build** friendships across borders.
- ✓ **Grow** leadership and teamwork skills.
- ✓ **Expand** Your Toolkit
- ✓ **Solve** Real Youth Work Challenges

## LEARNING OUTCOMES:

By joining, you'll gain:

-  **Outdoor Leadership Skills**  
Facilitate adventure-based learning in nature.
-  **Inclusive Communication Tools**  
Engage diverse youth through non-formal methods.
-  **Group Dynamics Mastery**  
Lead team-building activities in challenging environments.
-  **Experiential Learning Techniques**  
Design impactful OAE (Outdoor Adventure Education) programs.
-  **Resilience & Adaptability**  
Turn obstacles into teachable moments for youth.
-  **Erasmus+ Network Expansion**  
Connect with European partners for future collaborations.

## MEDIA CONSENT

By participating in this mobility, **you agree** that **photos/videos** taken during activities may be **used by the organizers** for social media, reports, and promotional materials.  
**If you prefer not to be featured, please inform the team before the project starts.**

## YOUR COMMITMENTS:

### 1. RESPECT

- Treat everyone with kindness, no bullying, discrimination, or offensive language.
- Listen actively and value diverse opinions.
- Honor cultural differences (beliefs, traditions, identities).

### 2. RESPONSIBILITY

- Be on time for all activities.
- Inform organisers immediately if you're sick or can't attend.
- Care for project materials, accommodations, and nature.
- Follow all safety rules (e.g., during outdoor activities).

### 3. COOPERATION

- Work as a team, everyone's voice matters!
- Stay open-minded and share your culture proudly.
- Keep energy positive (even during challenges).



# IMPORTANT

**Before traveling, participants will digitally sign the Liability/Learning Agreement (covering safety and participation rules) and Media Consent (for photo/video usage). Your sending organization will handle this process.**



Co-funded by the  
Erasmus+ Programme  
of the European Union



This Mobility of Youth Workers project has been co-funded by the Erasmus+ Program.

If you would like to find out more about the program, please visit

<http://eacea.ec.europa.eu/erasmus-plus>

## NATIONAL AGENCY

TR01 – THE CENTRE FOR EUROPEAN UNION EDUCATION AND YOUTH  
PROGRAMMES (TURKISH NATIONAL AGENCY)



PROJECT NUMBER

2023-3-TR01-KA153-YOU-000183672

### COORDINATOR ORGANIZATION

Yasin ÖZKAYA

eskisehiratasporclub@gmail.com

+905056668030



**APPLY NOW**

**IF YOU HAVE ANY QUESTIONS  
PLEASE CONTACT:**

### CO-TRAINER

Bilge Aksoy

bilgeaksoy95@gmail.com

+905417390028

### CO-TRAINER

Emre Hüseyin Yiğit

emrehuseyin@gmail.com

+905343380195

### CONTACT HOSTING

Elif Su Özkaya

eskisehiratasporclub@gmail.com

+905324961863