

# "BE AWARE OF YOUR RIGHTS!"

Training for Facilitators in Human Rights Education  
20th -29th June 2025 (Busteni, Romania)

## Call for participants



# WHY THIS TRAINING COURSE?

Human rights cannot be defended and promoted by legal instruments alone. Human rights education – learning about, learning through and learning for human rights – is essential to make sure that they are understood, upheld and promoted by everyone. Human rights reflect basic human needs; they establish the basic standards without which people cannot live in dignity. Human rights are about equality, dignity, respect, freedom and justice.

The groups that are the most vulnerable to human rights violations are women, girls, LGBTQI+, migrants, refugees, asylum seekers, ethnic/racial/religious minorities, people with disabilities, children, youth, older people, people with various (mental) health conditions, homeless, living in poverty, activists, journalist, workers, etc.



# HUMAN RIGHTS EDUCATION

Human rights education aims to create a world with a culture of human rights. This is a culture where everyone's rights are respected and rights themselves are respected; a culture where people understand their rights and responsibilities, recognise human rights violations and take action to protect the rights of others.

Through this project, we want to enable a new generation of Human Rights Educators across Europe to act as Facilitators of Human Rights Education for various groups in their communities that are affected by human rights abuses and violations.



# LEARNING OBJECTIVES

The main goal of this training is to raise the capacity of youth workers from different European countries to prepare, deliver and evaluate Human Rights Education Activities for young people.

## Learning Objectives:

- To increase the knowledge level in topics like: Human Rights (history, principles, generations, legal protections, actors etc.) and Human Rights Education (definitions, methodology, experiential learning cycle, etc.)
- To increase the practical facilitation skills in Human Rights Education using various non-formal education methods
- To develop practical skills in designing and implementing Human Rights Education sessions on various important Human Rights Topics
- To motivate the participants to be more vocal and stronger Human Rights Activists in their communities
- To encourage the youth workers to cultivate a culture of human rights in their day-to-day personal and professional lives.





# LEARNING PRINCIPLES & FACILITATORS

**The course is strongly based on experiential learning principles** and philosophy, with adequate time allocated for debriefing and reflection throughout the whole program. The working methods used are chosen to offer the possibility of equal involvement of each participant, every person would to be engaged actively in the process. The training has a proposed structure (based on previous work in the field), but, the activities are flexible and adaptable to group needs taking into account the reactions of participants, their feedback, their expressed needs, their experience and the way they will work as a group.

**The training will include human rights education sessions prepared and delivered by the participants**, with coaching from the trainers' team and feedback sessions from the entire group.

**The learning process will be guided and facilitated by Andreea-Loredana Tudorache and Monica Tudorache** who share the same surname (*coincidentally*) but also a strong passion for promoting diversity, tolerance and a deep exploration of various human rights issues. They both have been trained in Human Rights Education programs by the Council of Europe and have a long track record of training educators, activists and facilitators on human rights-related issues. At the same time, they bring to life powerful projects which embed a human rights culture and address various important issues using methods such as theatre of the oppressed, living library, street campaigning and non-formal education methods in general.



# WHO CAN PARTICIPATE?

Do you want to take part in this learning opportunity? This is what we are looking for:

- **Members or close collaborators of active Youth Organization** (*staff or active member, paid or not*). **The organization should have a valid OID number** (we will sign partnership agreements with the sending organization).
- **Willingness and motivation** to be involved in the partner organization for at least one more year after the project.
- **Enthusiastic youth workers** who are motivated towards taking a strong lead in designing and/or facilitating meaningful learning experiences for young people on current relevant human rights issues
- **Are beginners or at the beginning of their journeys as Facilitators in non-formal learning processes.** More experienced facilitators are welcomed if they feel the need to advance their competencies specifically in the Human Rights Education field.
- **Good command of the English language;**
- **People older than 18 years and with a legal residence** (proven by valid documents) in the country they are currently residing in.



# OTHER ASPECTS

Important to have in mind before deciding to apply:

- If you do not provide an OLD number your application will be considered ineligible.
- Your organization should be based in the same country as you are currently residing in. If your situation is different you might not be eligible to participate in the course.
- Double-check the eligible countries from which we can accept participants. Do not apply if you do not currently reside in one of them.

The process of the training prioritizes a quality and intensive learning process. There will be 6 hours of learning sessions every day and 1 half a day free from sessions in the entire training. There will be no trips or organized excursions offered – each participant will organize their free time as they wish.



# EXPENSES

- **The board and lodging** for the training course are fully covered by the local organizers during the period mentioned in shared rooms and no exceptions will be made (2 to 3 people in one room). Food will be served as a buffet and it will provide only vegan and vegetarian options.
- **Visa and visa-related expenses** are covered 100% based on the financial documentation provided.
- Each participant is free to choose the preferred way of travelling. Due to the organizers' policies, **we strongly encourage the use of green travel, especially from the neighbouring countries to Romania.** If flights are used for more than 50% of the total travel distance (roundway) the maximum budget allocated available will be from the Non-Green travel category!
- Use this website (<https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator>) to find out your distance. This is the official (*and only*) website to be used in order to determine the distance. Write at the START, your location, from where you will start your travel and at the END, Busteni, Prahova, Romania. You will get a km number as a result which will correspond to financial support which you may get for your travel costs.





## THE INDIVIDUAL MAXIMUM BUDGET FOR TRAVEL, PER PERSON, IS THE FOLLOWING:

10 – 99 km	56 EUR (Green Travel)/ 28 EUR (Non-Green Travel)
100 – 499 km	285 EUR (Green Travel)/ 211 EUR (Non-Green Travel)
500 – 1999 km	417 EUR (Green Travel)/ 309 EUR (Non-Green Travel)
2000 – 2999 km	535 EUR (Green Travel)/ 395 EUR (Non-Green Travel)
3000 – 3999 km	785 EUR (Green Travel)/ 580 EUR (Non-Green Travel)
4000 – 7999 km	1188 EUR (Green Travel) 1188 EUR (Non-Green Travel)
8000 km or more	1735 EUR (Green Travel)/ 1735 EUR (Non-Green Travel)

