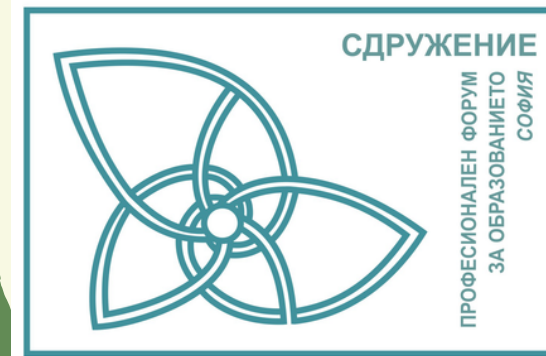


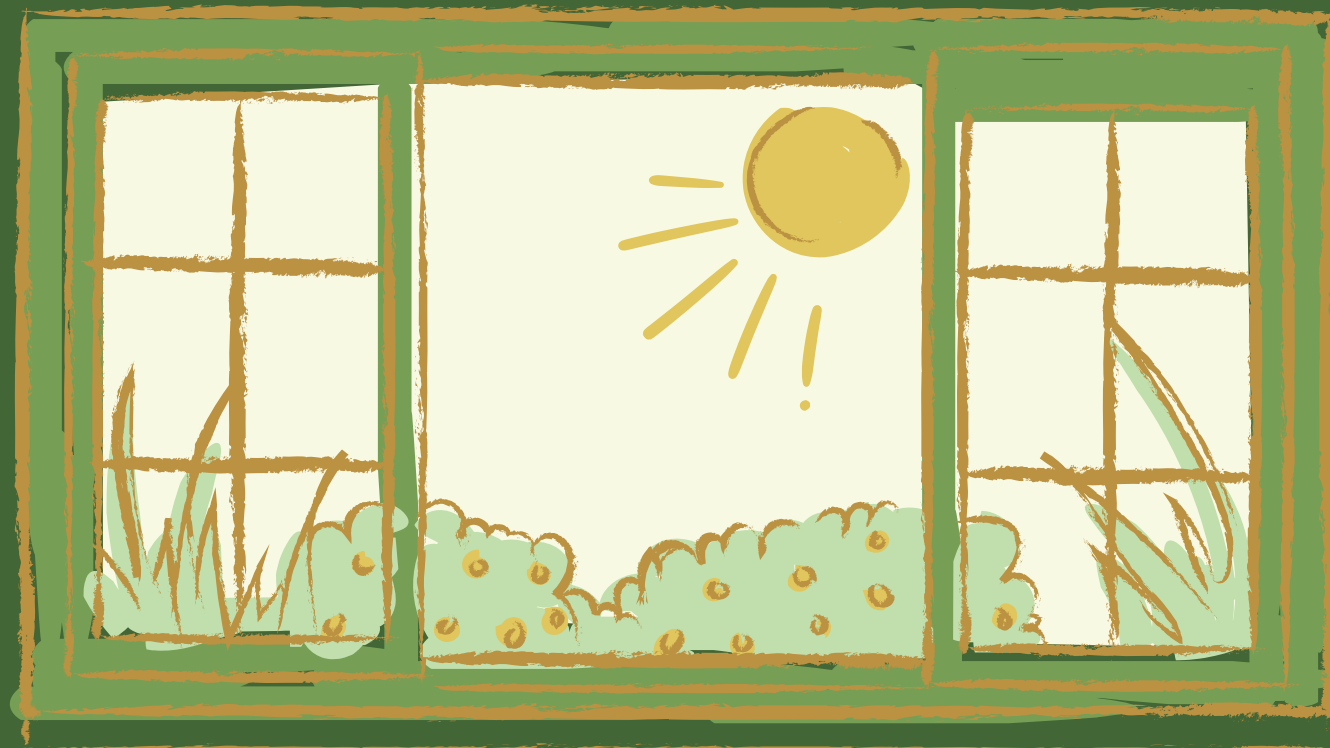


Funded by
the European Union



Sustainable Future

Connecting youth workers to
develop sustainable solutions



Erasmus+ Training Course
Petrohan, Bulgaria
20-27 June 2025

Objectives

- To raise awareness of the diverse realities and challenges that individuals and communities across Europe and beyond face due to climate change, fostering empathy and a deeper understanding of the issue's multifaceted nature by exploring it through multiple cultural and social perspectives.
- To build a strong network of youth workers committed to addressing climate change and sustainable development, encouraging the co-creation of innovative, creative, and community-based solutions to shared environmental challenges.
- To equip youth workers with practical competences and non-formal educational tools that empower them to engage young people in meaningful learning experiences around sustainability, climate action, and ecological responsibility.
- To develop participants' facilitation skills with a focus on designing and leading effective non-formal education sessions that promote active participation, critical thinking, and collaborative learning on topics related to sustainability.

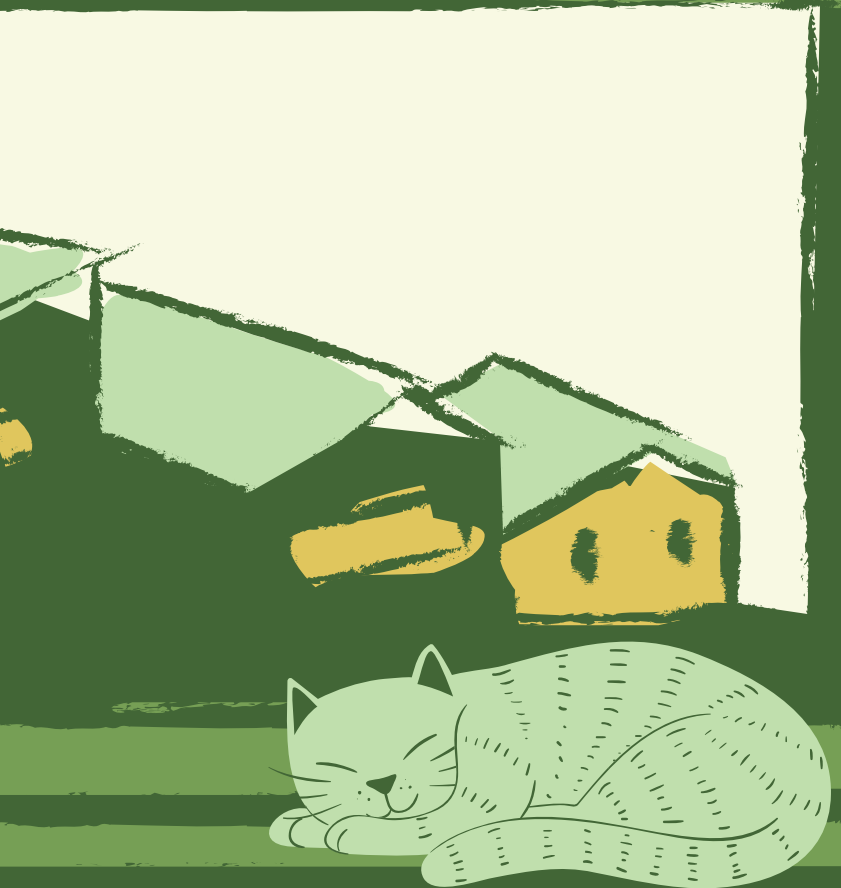


Who we are

Association “Professional Forum for Education” was established in 2002 as a non-profit organization which has a wide range of activities related to the youth work, education and culture.

Association PFE works both with young people aged 14-30 and with professionals in the field of education – teachers, youth workers, etc., and aims to build their capacity through non formal educational methods and approaches.

The main topics we work on are connected to sustainable development, mindful use of digital media, entrepreneurship, active citizenship, social inclusion and intercultural dialogue. We promote life skills education and innovations in education, youth mobilities and volunteering opportunities. We regularly organize interactive workshops, seminars, training courses, conferences, summer and winter trainings for teachers and youth workers, as well as youth activities on the local and national level.



Participants' profile

We are looking for youth workers to join the training who:

- Are aged 18+
- Are residents in one of the Erasmus+ programme or partner countries - all EU member states, North Macedonia, Serbia, Iceland, Norway, Liechtenstein, Türkiye, Albania, Bosnia and Herzegovina, Kosovo, Montenegro, Armenia, Azerbaijan, Georgia, Moldova, Ukraine, Algeria, Egypt, Israel, Jordan, Lebanon, Libya, Morocco, Palestine, Syria, Tunisia.
- Have the experience in working/volunteering with organizations on programs/projects for youth.
- Are available for the whole period of the training course.
- Are open to learning, developing new skills, acquiring knowledge related to non-formal educational methods and sustainable development.
- Are able to engage a group in an educational process, appreciate an interactive model of learning, create a comfortable environment, convey accurate information, mediate conflicts and understand group dynamics.



How to apply

Please apply through the following link:

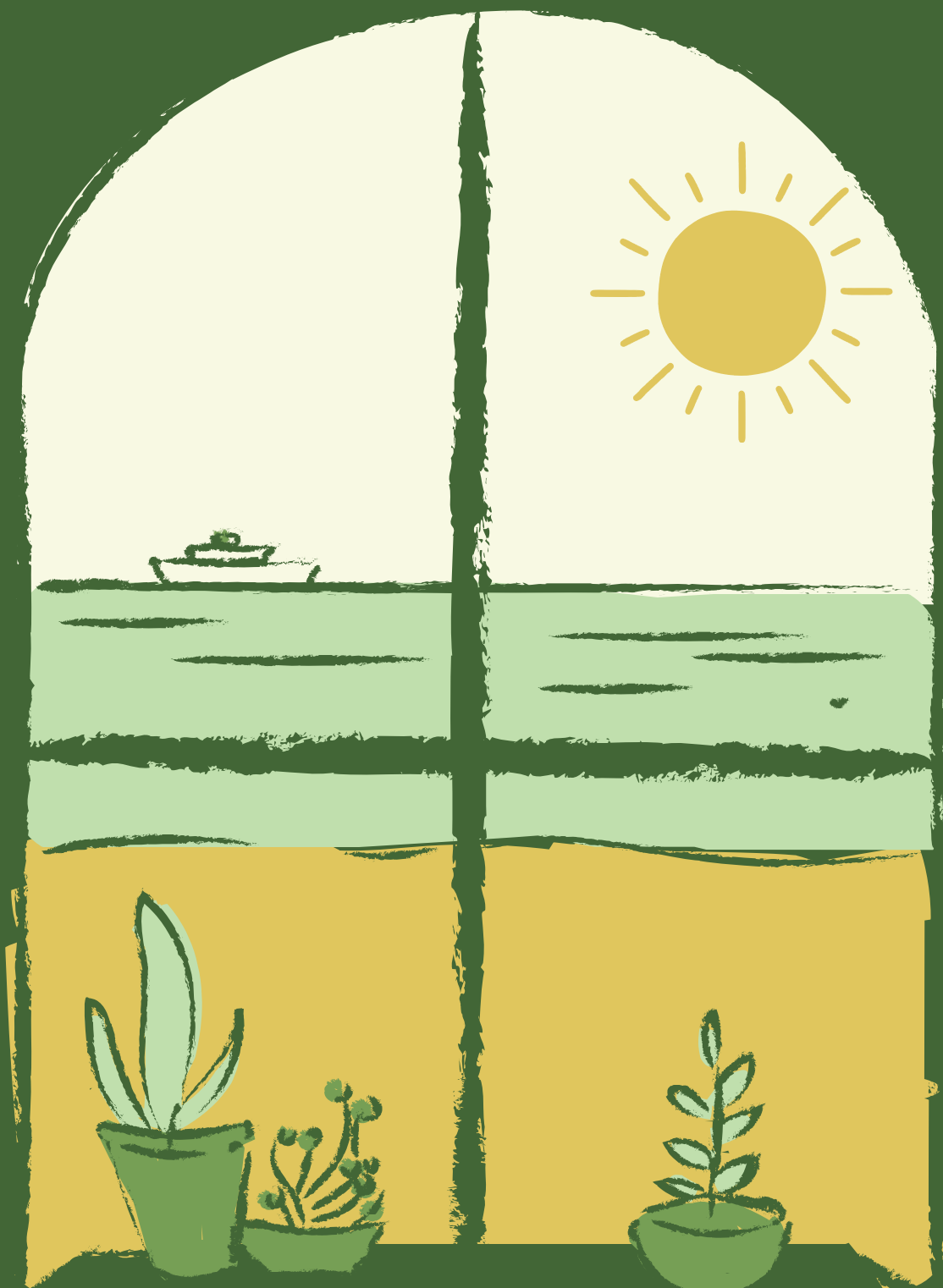
<https://forms.gle/zGUPr1veYdBG2ZKg8>

Please note that it is mandatory to fill in the application form, in order to take part in the training. The selected participants will be notified by email that their application has been accepted by 15 April 2025.

After we send you an email invitation, you will be kindly requested to book your flight/train/bus tickets to Sofia and back home (after our approval). Please note, the costs will be reimbursed to you by bank transfer after the project up to the Erasmus+ limits (please check them in the table on the next pages).

Please note that 20 June 2025 is the arrival day in Sofia and 27 June is the departure day from Sofia. You can stay up to 2 days before the project and 2 days after in Bulgaria on your own expenses.

The deadline to apply is 10 April 2025 midnight Sofia time!



Practical information

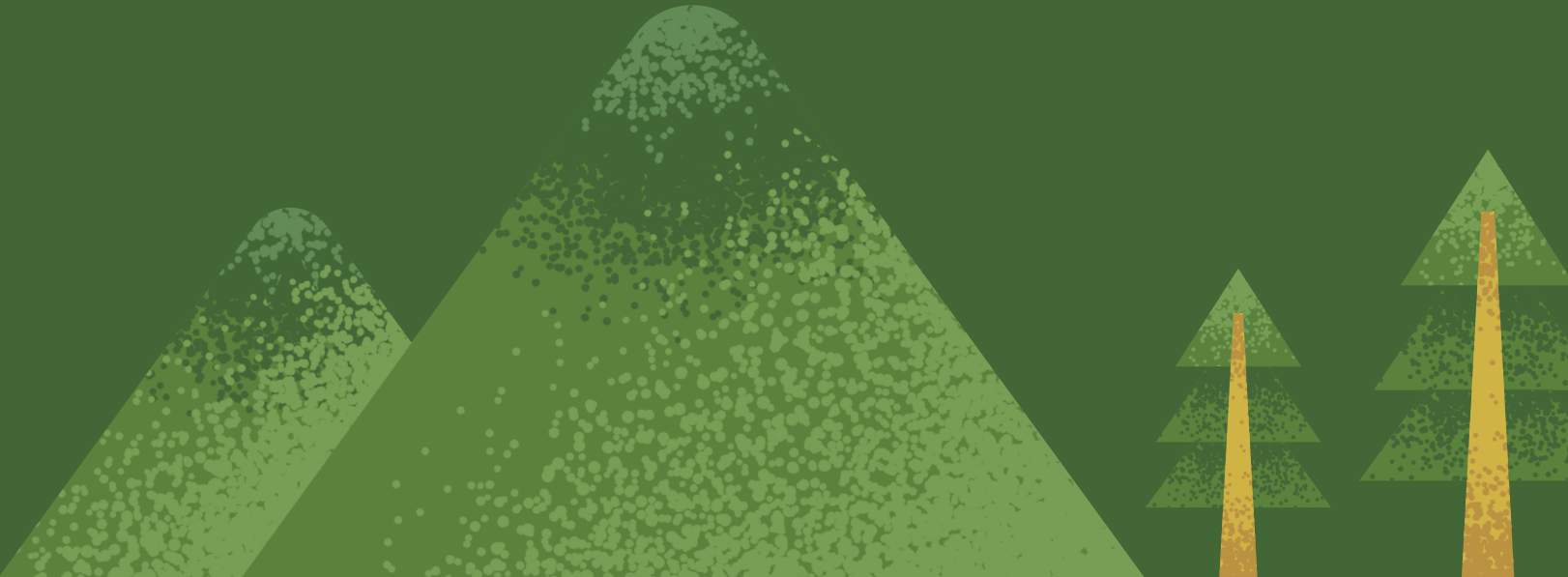
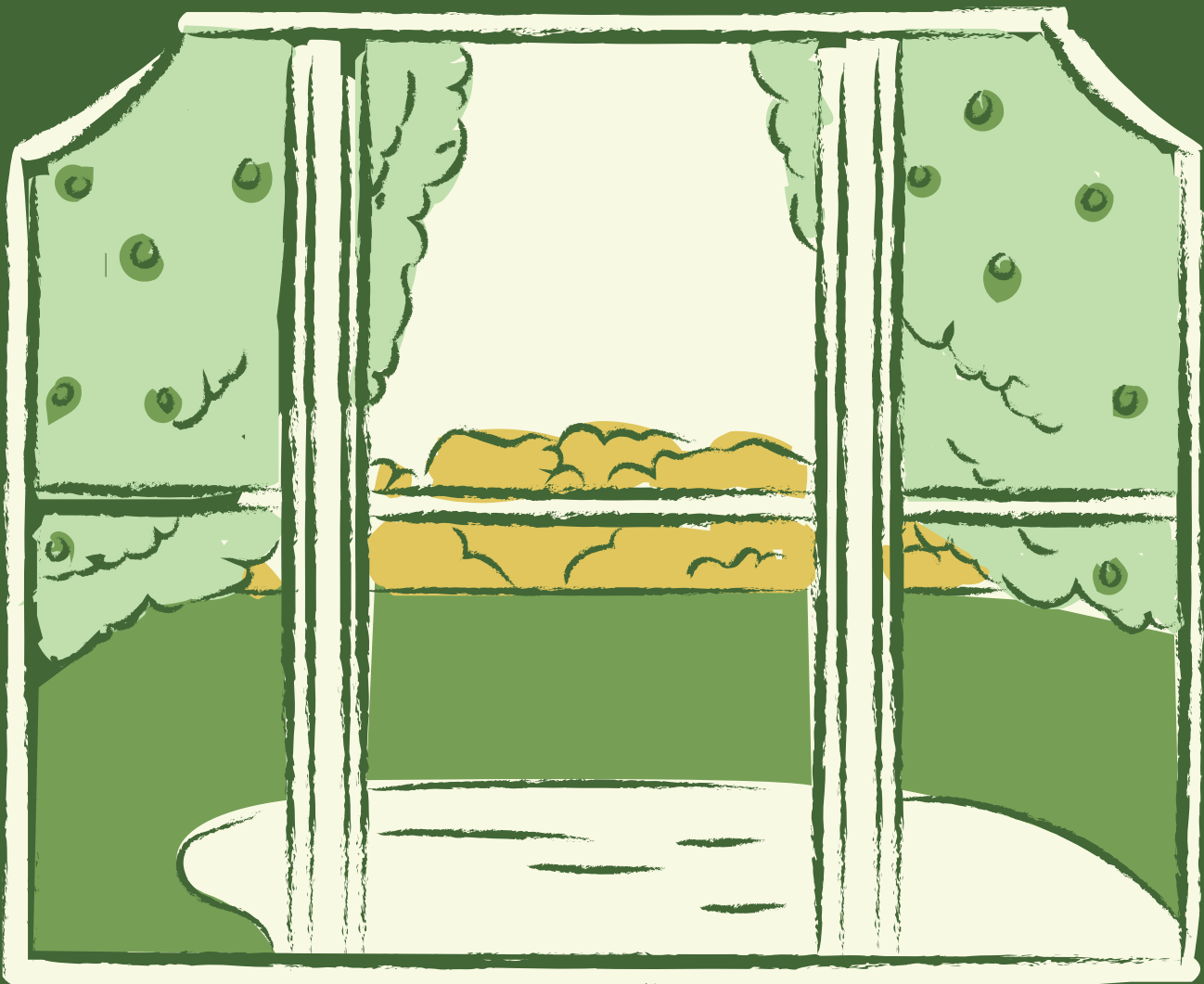
- The official language of the training course is English.
- Travel expenses from your home country to Sofia and back will be reimbursed within the limit that Erasmus+ programme foresees for participants from your country based on presented original tickets and boarding passes.
- The training course will take place in the Creative House Petrohan, 60 km from Sofia.
- Transfers from Sofia to Petrohan and back will be provided by Association PFE.
- During your stay in Petrohan, you will be provided with full board accommodation (breakfast, lunch, dinner and coffee breaks). Please keep in mind that you will be sharing a room with another person of the same gender (2-3 people per room). There will be Wi-Fi Internet available in the venue.
- A detailed agenda of the training course will be sent to you in the following weeks before the event.
- Visa costs will be reimbursed based on providing payment receipts.



Travel costs reimbursement

You can calculate the maximum amount of travel costs that we can reimburse based on the distance from your home to Sofia based on the Erasmus+ distance calculator. The distance ranges and the respective amounts are listed below:

Distance	Max travel costs when using a flight	Max travel costs when traveling by land
100 - 500 km	211 EUR	285 EUR
500 - 1999 km	309 EUR	417 EUR
2000 - 2999 km	395 EUR	535 EUR



About your stay

Creative House Petrohan is located in the mountains and is surrounded by forests. The altitude is around 1500 m above sea level. That is why, temperatures outside may vary from 10 to 20 degrees in June. The venue is not a hotel, it is a cozy house in the mountains, far away from city life and close to nature.

Food that will be served at the venue is typical Bulgarian, prepared with local products and following traditional recipes. On some days we will have vegetarian meals for all participants in order to adhere to our sustainability principles.

Please be prepared to bring with you some warm and comfortable clothes and shoes, as we will do some outdoor activities. More information about logistics will be shared with you closer to the dates of the training.



Health Insurance

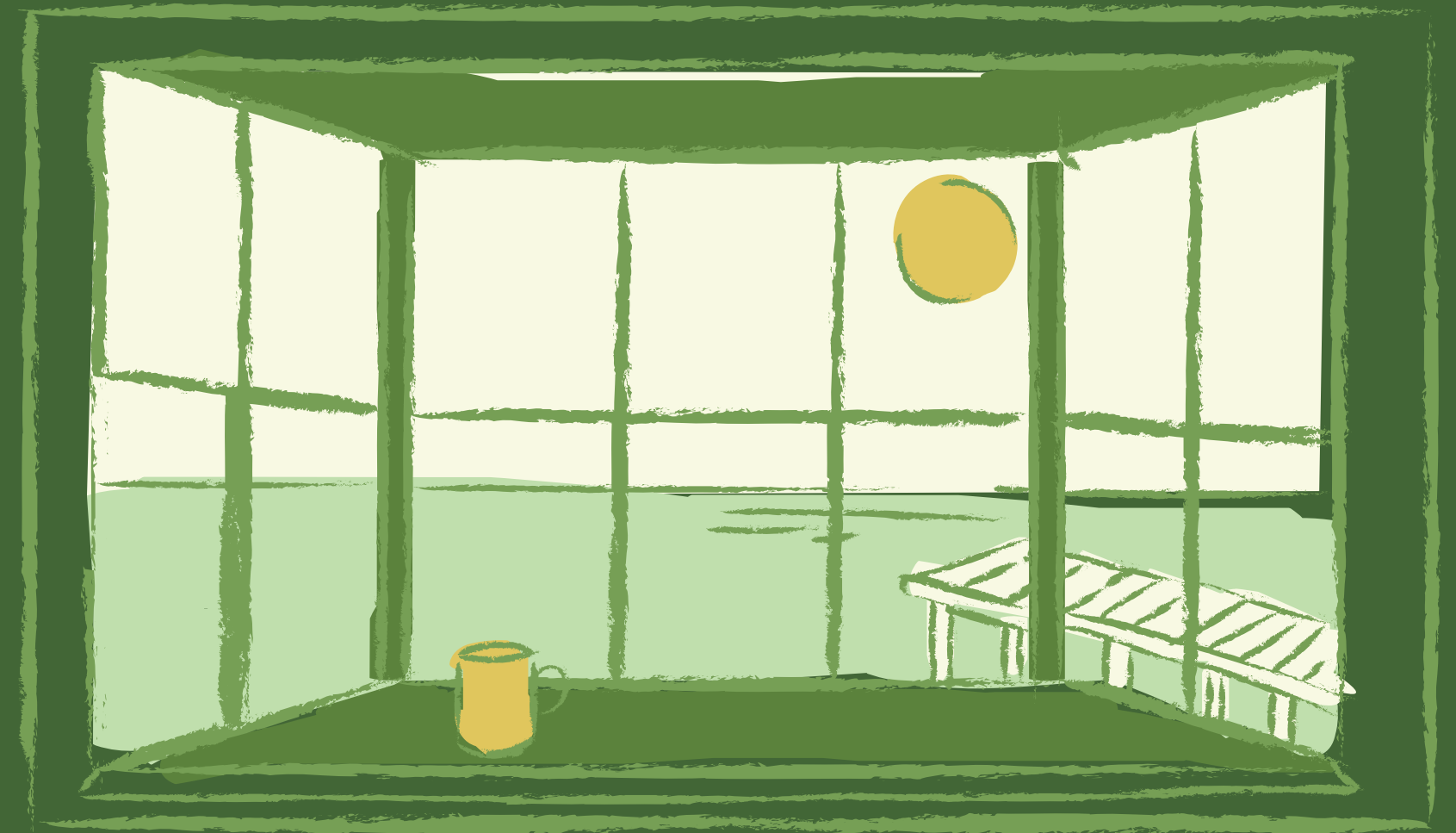
It is very important that the selected participants have their EU Health Card and/or make an additional health insurance.

Please take into account that the project budget does not cover health insurance costs but they are important for the safety and comfort of all participants.



Youthpass certificate

In the end of the raining course, you will be awarded with a YOUTHPASS certificate which is used in European youth projects and is an official recognition of the skills and knowledge you acquired. You can find more information about it [here](#).



Youthpass

Intercultural evening

During the training course there will be an intercultural evening. You will get the chance to present your country.

We will set up tables for your country and we would like to invite you to bring any promotional materials, products, videos, clothes, foods and drinks, in order to present your country and share what is special and unique about it with the rest of the participants. Videos, quiz games, songs and dances or any other creative expressions are encouraged!



Small presents from your country

Please bring a cool little souvenir from your country! It can be a mug, a magnet, a key chain or anything else that you think the other people will like and appreciate. It would be great if you could find something local and hand-made (by you or anyone else), so that we promote sustainability through these small details as well.

On day one, we'll swap them with each other, a fun way to make new friends, share your culture, and take home a unique memory.



Bring a piece of clothing to upcycle

As part of our commitment to sustainability and creative expression, we invite each participant to bring an old piece of clothing (a t-shirt, hoodie, tote bag, jeans—whatever you like!) that you no longer wear or would like to give a fresh new look.

During one of our sessions, we'll explore the power of upcycling by decorating these items using textile paint and other creative techniques.



Looking forward to meeting you soon!

For queries, please contact us:

exchangespfe@gmail.com

