



# Lead the (ex)CHANGE

**All-round training program for young people, youth workers  
to plan, design, facilitate and deliver impactful  
international and local youth programs  
to their peers.**



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**ARE YOU A YOUNG PERSON  
WILLING TO ORGANISE LOCAL  
OR INTERNATIONAL YOUTH  
PROGRAMS?**

**STOP HERE AND READ!**

Lead the (ex)CHANGE international mobility program is a place to **inspire and empower** young people and youth workers to **lead, connect and create impact** through international and local youth work.





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# WHAT IS IT ABOUT?

**What is better way to engage young people than to provide them the opportunity to develop and learn together?**

We are offering this practical training series to pass on our experience and knowledge as youth workers and to empower young people to take up leadership positions in their communities.

If you want to deliver international youth exchanges or local youth-led programs, you are at the right place!



**To empower young people to become confident and skilled youth leaders by equipping them with practical tools, knowledge and real-life experience in youth work – both at the local and international level – so they can design, facilitate and lead impactful youth initiatives in their communities and beyond.**

- To equip participants with confidence, skills and readiness to take on leadership roles in their communities and initiate meaningful youth-lead programs.
- To develop participants' competencies in youth work practices, including non-formal education, facilitation and youth participatory tools
- To offer a practical learning journey, including real-life application through a youth exchange mobility project, allowing participants to practice their skills in a supported environment.
- To foster intercultural learning and cooperation among young people from diverse backgrounds, promoting inclusion, empathy and European citizenship.
- To support professional development of the youth sector in Europe.

**AIM**



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# FOR WHOM?



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This is a special opportunity for young people and youth workers who are active in their community and want facilitate youth-led programs.

## **The training course is for people who:**

- Have experience in youth exchanges or local youth participation programs
- Can communicate in English
- Are ready to facilitate youth activities\* within 3 months after the program
- Are between 18-25 years old (or older)

\*Youth activities refer to educational activities organized for groups of young people, such as youth exchanges, workshops, training courses, youth participation events, conferences.

# Selection

## Commitment

We select participants based on their motivation and their strong youth work connection on local level.

Priority is given to those willing to **commit to participate on both training courses** and be the member of the leaders' group of **one of the youth exchange** programs.

## Impact

For a greater impact, priority is given to those **coming from our partner organisation or are part of another youth organisation** where they can implement learning activities for young people in the future.

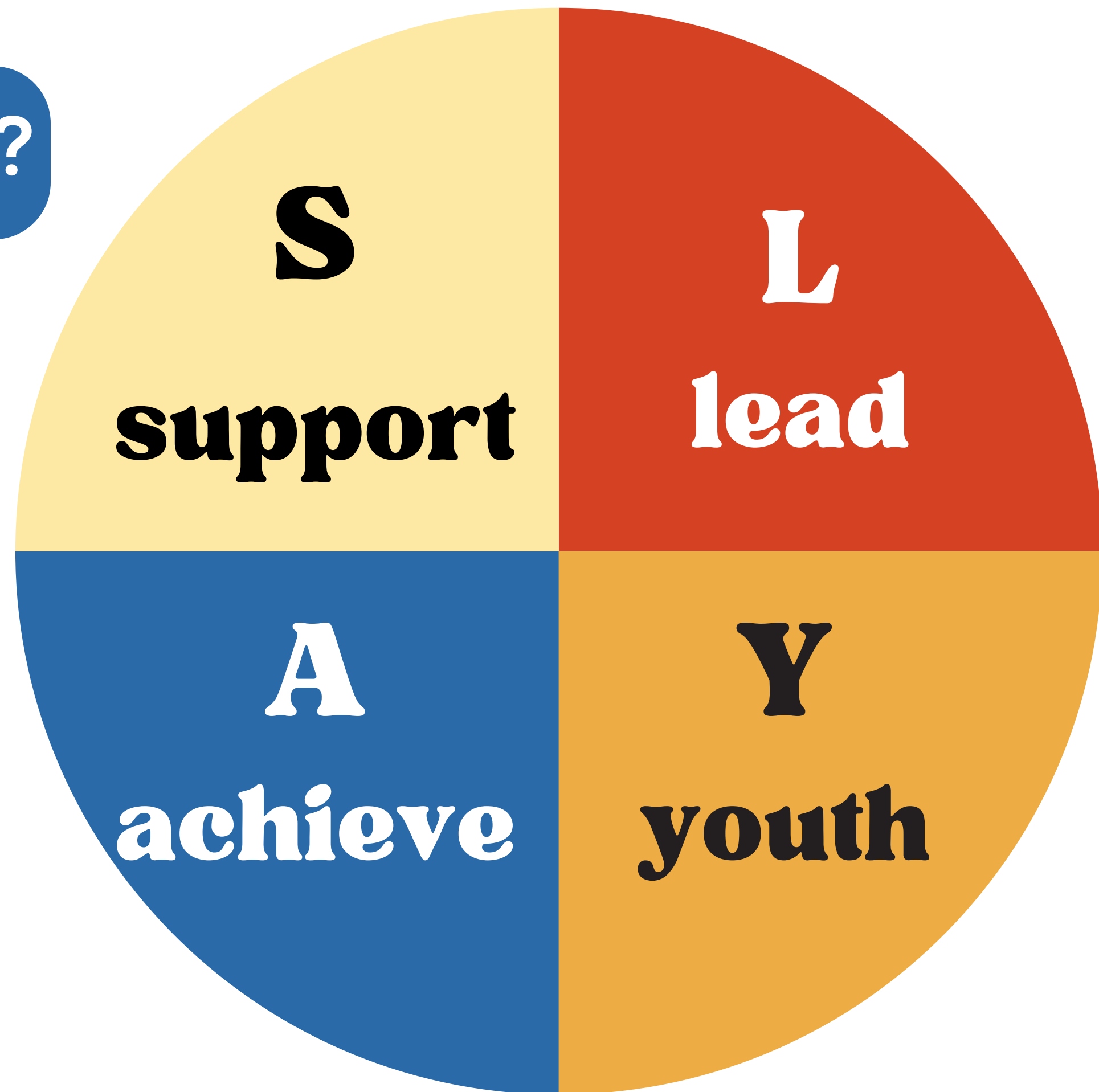


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# WHAT CAN YOU EXPECT?

The elements of this learning program are designed to facilitate young people's professional development in youth work.

The two training courses are built on each other to learn about designing and facilitating learning in mobility project and on local level, therefore a youth exchange mobility program is also part of the learning journey as a first-hand practice experience.



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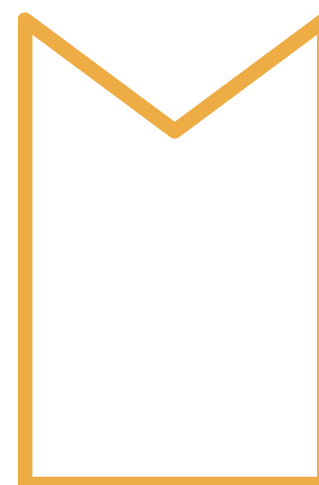
# YOUR JOURNEY



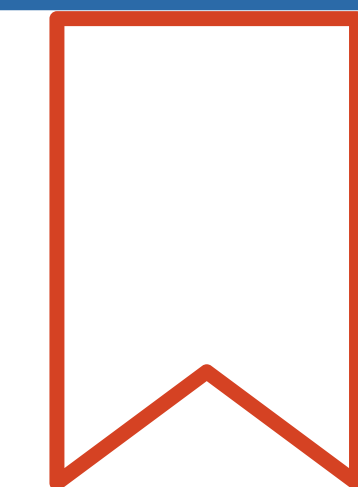
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APRIL 25 - MAY 2  
**Alicante, Spain**  
Training Course

PREPARATORY  
VISIT  
SPAIN



TBC JULY  
**Moraira, Spain**  
Youth exchange



PREPARATORY  
VISIT  
HUNGARY

18-25 JUNE  
**Hollókő, Hungary**  
Youth exchange

SEPTEMBER 28-OCTOBER 5  
**Hollókő, Hungary**  
Training course



# Training course

25 April – 2 May, Alicante Spain

- The importance and power of youth participatory methods
- Designing and facilitating a learning processes of young people
- Designing, implementing and evaluating both international youth exchanges and local youth programs.
- Tools, methods for participatory youth programmes
- The role of a youth leader

## Content

# Training course

28 September – 5 October, Hollókő/Budapest, Hungary

- Evaluation and reflection as tools for learning
- Competence model for youth workers
- Learning styles and facilitation skills for competence development
- Impact in youth work, impact of youth work
- Community work and practices



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## Preparatory visits

Dates TBC by the created groups

- How to organise an impactful Youth Exchange
- Role as a team leader
- Inclusivity in youth projects
- Experience in designing learning process

## Youth exchanges

18-25 June, Hollókő, Hungary  
(TBC) July – Moraira, Spain

- Practice project for participants in 2 groups
- Learning for young people age 13-17
- Experience in supporting and facilitating learning
- Creating an impactful experience for young people



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## Alicante, Spain

### YOUTH HOSTEL ALBERG JUVENIL LA FLORIDA

- Individual rooms with private facilities
- Huge meeting room and TV area

## Moraira, Spain

### YOUTH HOSTEL LA MARINA

- Youth camp style with shared rooms and private facilities
- Meeting room and garden to use

## Hollókő, Hungary

### CREATIVE SPACE YOUTH TRAINING CENTER

- Private building for the group to use with huge garden
- Shared rooms with private facilities
- World Heritage site - characteristic old village
- Nature/Forest for outdoor activities

# FINANCES



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**The project is co-financed by Erasmus+ Programme.**

## PROGRAM

Accommodation, food and program costs are fully covered by the organisers.

## TRAVEL

The travel costs of individuals will be reimbursed\*, according to the regulations given by Erasmus+. Travel is calculated according to the

## PARTICIPATION CONTRIBUTION

If you have the opportunity, we thank you for your contribution for a quality training series with 40 € / training course.

\*You will receive more information about this after selection.



# **APPLY NOW**

APPLICATION DEADLINE: 30. March  
We will send you detailed Infopack  
after selection by 3. April.

## **Contact us**

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