

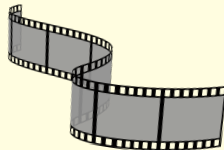


# EUROPE'S LENS CINEMA AGAINST DISCRIMINATION

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PIŃCZÓW, POLAND, 18TH-25TH AUGUST 2025

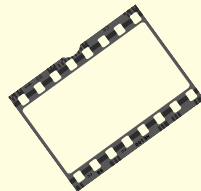
# WHO CAN PARTICIPATE?



This training course is designed for youth workers, trainers, educators, teachers and other people connected with working. The participants need to be connected with the cinematic or visual worlds in various ways: whether the films are their hobby, movie making as their academic education or cinema is an important tool in working with youth.

The training course is for you if you would like to:

- use the cinema as a tool to raise awareness on the boiling topics of discrimination, prejudice, stereotypes and social inclusion;
- increase your competencies in a youthwork;
- learn more about non-formal education.



# FORMAL REQUIREMENTS

We are looking for participants in age of 18+ coming from:

- Cyprus
- Estonia,
- Italy,
- Poland,
- Portugal.



# LEARNING OBJECTIVES



## LEARN

To explore how film and visual storytelling can serve as educational tools to address discrimination, foster empathy, and inspire dialogue by combining diverse perspectives and creative approaches.



## GAIN AWARENESS

To raise awareness on the topics of discrimination, prejudice, stereotypes, and social inclusion by increasing competencies of youth workers



## GAIN FILMMAKING SKILLS

To equip youth workers with tools and filmmaking materials to gain more trust and competence in using different multimedia tools especially cinema to promote important values in societies

# TRAINERS

**Michał Bisiorek** is a filmmaker, video editor, content creator and social media specialist working in a polish radio station 'Radio 357'. He was a participant of many Erasmus projects, such as Erasmus Student Network, Erasmus+ Youth Exchange and European Solidarity Corps (volunteering in a local TV station 'Offener Kanal' in Magdeburg). He records a music and culture related podcast "BeKwadrat" (in polish) available on Spotify and Apple Music.

**Jerry Jachowicz** is a filmmaker, psychology graduate, and trainer with a diverse range of experiences. He has directed several short films and participated in film festivals, as well as numerous filmmaking workshops across Poland. He has worked as a filmmaking instructor at a camp in the USA and is currently involved in mental health development workshops for youth in schools, drawing on his background in clinical psychology. His international experience includes participating in Erasmus + projects in Spain, France, and Portugal, along with volunteering and attending thematic workshops while studying abroad.



# TRAINERS

**Franek Porayski-Pomsta** took part in many Erasmus projects among which university exchange, training courses and volunteering projects. In area of education, he gives tutoring lessons in English, polish culture, literature and history. In the past he worked in alternative education organization CEMEA in south of France. After finishing his bachelor in liberal arts, he studies master in interdisciplinary humanities studies on Warsaw University. He focuses on cultural studies, as his thesis depicts cities in polish romcoms.

**Katka Schrager** is an experienced trainer and a teacher working on a daily basis in Non- Formal Education environment. She holds MA in general education along with other diplomas in the areas such as biology, natural science, didactics of English language and pedagogical therapy. At the moment she works in an alternative school in Warsaw, Poland where the main goal is set on Non Formal education methods. She wrote and implemented many Erasmus+ projects around Europe. PhD candidate writing her dissertation on Non-Formal Education projects raising awareness against discrimination.



# HOST ORGANISATION



**CreActive** is a non-governmental and non-profit organization that was established in order to meet the needs of youth and youth workers and help them participate actively in local communities, bring them closer to the ideas of local, regional, national and international youth initiatives. It was established to help teachers, trainers, youth workers to understand the importance and benefits of non formal learning, to benefit through learning and teaching through non-conventional methods such as arts, music, photography etc.

The organization aims to widen youth interest in democracy, culture, healthy living, intercultural communication, volunteering and wide understood arts in order to help them becoming conscious European citizens.

**Come and visit us on our Facebook site!**



# ACCOMMODATION

We will be staying, eating and learning at Sabat Bełk Agrotouristic Guest House (at Bełk 101, 28-313 Imielno), close to Pińczów, in the heart of świętokrzyskie region in Poland.

<https://www.facebook.com/profil.e.php?id=100070853804119>

The accommodation provided **is not** a hotel but an agrotouristic guest house. Participants will be accommodated in rooms for 2-3 people, some of which have shared bathrooms, or in huts designed for 4-5 people.





# TRAVEL

The participants will be reimbursed for their travel expenses **TO** and **FROM** Poland according to the Erasmus+ funding rules:



**25 euro** - POLAND (green travel)  
**395 euro** - CYPRUS  
**309 euro** - ESTONIA  
**309 euro** - ITALY  
**395 euro** - PORTUGAL

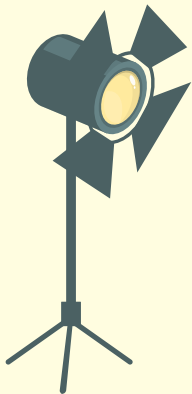


All participants will be picked up from the **Main Bus Station in Pińczów** (Legionistów 26 street) **at 6 pm on 18/08/2025.**

On the last day of the training course **25/08/2025** all the participants will be brought back to the Main Bus Station in Pińczów around **9:00-9:30 am.**

**PLEASE MAKE SURE YOUR TRAVEL PLANS ARE ACCORDING TO THOSE HOURS!**

Traveling on your own to our accommodation is not possible because there is no public transportation there!



# TRAVEL

Your travel to and from Poland should be done in the most economic way!!!

Before purchasing your flight/bus/train tickets please consult your travel plans with us!

**DO NOT PURCHASE YOUR TICKETS before we accept them!!!**

Katka - [creactive.online@gmail.com](mailto:creactive.online@gmail.com)

Jerry - [jachowiczjeremiasz@gmail.com](mailto:jachowiczjeremiasz@gmail.com)

Franek - [f.porayski.pomsta@gmail.com](mailto:f.porayski.pomsta@gmail.com)

Michał - [bisiorm@gmail.com](mailto:bisiorm@gmail.com)

**KEEP ALL THE TICKETS, BOARDING PASSES, INVOICES AND  
BRING THEM WITH YOU IN ORDER TO GET REIMBURSED !!!**

## PIŃCZÓW

You get down on the Minibus Main Station in Pińczów which is located on Legionistów 26 street (right next to the lake). The MAIN BUS STATION is right there.

We will come to pick you up at 6.00 pm





# TRAVEL



## Traveling from WARSAW

You catch the train from the Central Train Station to KIELCE station with PKP Intercity. From Kielce PKP Station you catch a mini-bus to Pińczów. The schedule for buses you can find here: <https://www.mat-bus.pl/index.php/en/>

## Traveling from KRAKÓW

From Kraków MDA (main bus station on Bosacka 18 street) you catch a mini-bus to Pińczów. The schedule for buses you can find here: <https://www.mat-bus.pl/index.php/en/>

## Traveling from KATOWICE

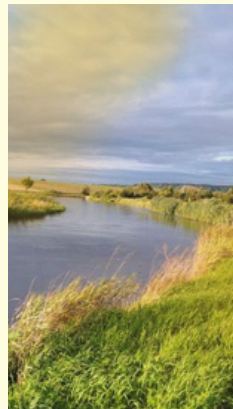
From Katowice DA Sądowa (International bus station on Sądowa 5 street) you catch a mini-bus to Pińczów. The schedule for buses you can find here: <https://www.mat-bus.pl/index.php/en/>



# PIŃCZÓW



Pronounced ['pjɨntuf] is a town in southern Poland, in Swietokrzyskie Voivodeship. The town was given the city rights in 1428. Pińczów belongs to the historic Polish province of Lesser Poland, and lies in the valley of the Nida river. The town has a station on a narrow-gauge line, called Holy Cross Mountains Rail.



The town's attractions include the 18th-century palace of the Wielopolski family, several churches and monasteries (some dating back to 15th century), the Renaissance St. Anne's Chapel, the recently restored synagogue, and ruins of the 13th-century castle. In Pińczów's district of Mirów there also was a Franciscan monastery, founded in 1587 by Bishop Piotr Myszkowski. In Mirów there is a house which once was a Calvinist printing shop. Now it houses a branch of the National Archive of Poland.





# INTERCULTURAL NIGHT



Do you think your country is amazing? Prove it to all of us! Do you have great mountains, amazing countryside fields with rivers or crystal water beaches? Show us a video or some pictures where you enjoyed, perhaps something different that you can't find in every tourist guide. Do you have great cities or historical sites?

We know you have at least one funny anecdote/picture/video connected with your country, so bring them along! If you are even more creative or artistic, you can also make a play/create a song, dance or even mime the most important historical monuments.

**Bring then your food specialities, photos, stories, postcards, songs or anything that will let us admire your country!**





# WHAT TO BRING?



It is mandatory to have a valid travel and **medical insurance** (i.e. European Health Insurance Card) during your travel. The host organization will not cover any personal health costs. If you need help with this, please contact your sending organization.

## Don't forget about:

- ID/Passport,
- at least one **laptop** for national team with **editing program** installed,
- towel,
- boarding passes,
- travel tickets/invoices,
- goods for intercultural night,
- info about your sending organization,
- pen/pencil and notebook,
- something warm and good boots.



# POLISH YOUR POLISH

Polish is a Slavic language close to Czech or Slovak. There are around 55 million Polish speakers across the world.

12 PHRASES IN POLISH FOR BEGINNERS	
<b>Cześć</b> Hello!	<b>Dzień dobry</b> Good morning!
<b>Do widzenia</b> Bye	<b>Przepraszam</b> Excuse me.
<b>Jak się masz?</b> How are you?	<b>Dziękuję</b> Thank you.
<b>Kocham cię</b> I love you.	<b>Proszę</b> Please.
<b>Przepraszam</b> I'm sorry.	<b>Miło mi cię poznać</b> Nice to meet you.
<b>Dobrze, dziękuję</b> Fine, thank you.	<b>Dziękuję Ci bardzo</b> Thank you very much.



# PARTNER ORGANISATIONS



Poland



Estonia



Portugal



Cyprus



Italy



# EMERGENCIES

**International emergency number: 112**

**Police: 997**

**Fire fighters: 998**

**Ambulance: 999**



Host organisation: CREACTIVE

Contact us for any questions:

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Katka Schrager

