

# ImprovWise

training course



11<sup>th</sup>–17<sup>th</sup> of February, 2017 in  
Creative Space Training Centre, Hollókő

*Improvisational theatre is like an exciting game, where everything is spontaneously built on the stage. We playfully experiment, we are not alone, our creativity can soar and mistakes are welcomed.*

## ABOUT THE TRAINING

### Who is this course for?

ImprovWise is a training course for trainers, facilitators, youth workers, youth leaders, educators and teachers, who actively work with groups of young people, and intend to apply improvisational theatre and use improvisation techniques in a more conscious way.

### What will you do for 5 days?

5 full working days will be devoted to training improvisation techniques and experiencing impro scenes focusing on specific topics in each session, e.g. presence, connection, trust, spontaneity, flexibility, risk, mistakes, creativity, characters and storytelling. The sessions will be adapted to the needs of the group.

## OUR APPROACH

Impro exercises are often perceived as fun games and energisers. Improvisational theatre is a more complex non-formal educational methodology than a series of joyful exercises. It teaches us a high level of cooperation, offers a wide range of opportunities for skills and personal development and is entertaining at the same time. Positive attitude is the way how we approach this method, because it creates a comfortable, safe environment and solid grounds for collective creativity. We are encouraged to take risks and often bravely make mistakes.

## OUTCOME

### During the training you will explore

- the principles of improvisational theatre
- inspiration and trust in the partner in scenes
- active presence and high level of attention
- positive attitude and acceptance
- balancing between flexibility and decisiveness
- spontaneity and thinking „inside the box“
- developing characters
- storytelling & improvisation

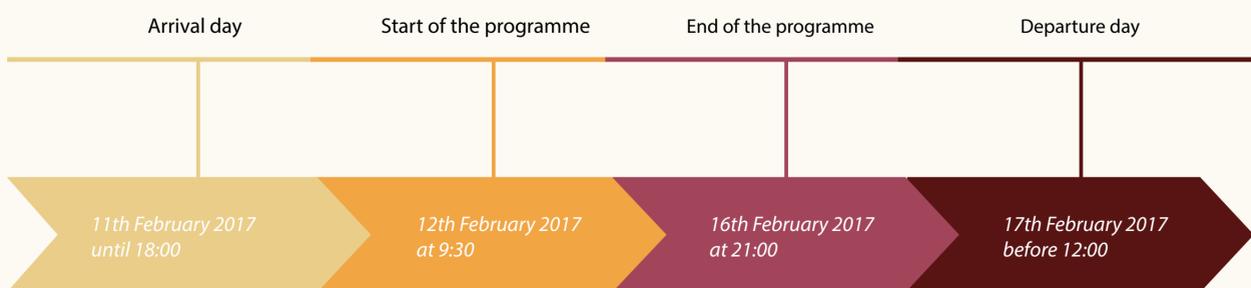
### What can you get out of it?

- taking risks and welcoming mistakes as crucial elements of one's learning cycle
- reducing anxiety and increasing your self-confidence
- unlocking your creativity
- developing soft skills e.g. active listening, problem solving
- improvisation techniques, games and exercises in youth work and training for e.g. group dynamics, community building
- how to apply improvisational theatre as a performing art with youth

## PRACTICAL INFORMATION

### Course Details

The ImproWise training consists of 5 working days, 7 to 9 hours of activities and practice each day, which it is adapted to the needs of the group.



### Accommodation

During the training you are hosted in Creative Space Training Centre [www.kreativ-ter.hu](http://www.kreativ-ter.hu). The hosting accommodation is in UNESCO World Heritage village Hollókő. ([www.holloko.hu](http://www.holloko.hu)) Hosting and catering will be provided within this accommodation. There is a wireless internet connection in the house that you can use. There are 4 bedded sleeping rooms, each room has its shower and toilet.



### Language

The training is given in simple and easy-to-understand English.

### The Trainer

Gergő Kiss – has been a Trainer in both profit and non-profit sectors for 8 years. He has trained improvisational theatre with Andrew Hefler and Grund Theatre in Budapest, attended Impro Master Class with Keith Johnstone. He uses improvisational theatre and applied improvisation as main methods in his work. His special fields are improvisation, creativity, interpersonal and cross-sectorial communication.

### Training fee is

340 € for people with paid jobs

290 € for students and people with no paid jobs.

The fee covers the following costs:

- accommodation in an UNESCO World Heritage site for 6 nights
- food according to your dietary needs
- rental of a training room with high quality equipment
- training materials

It does not cover the travel costs, visa and insurance.

This training is not funded by Erasmus+ or any other grant.



### Registration

If you wish to apply, fill in the online registration form: <https://www.surveymonkey.com/r/improvise4youth>

Please note that only complete registration forms are taken into consideration. Please wait for confirmation before you book your tickets. After confirmation 150 € has to be paid by bank transfer until the 20th December 2016 to confirm your placement.

If you are still deciding whether now is the right time to attend the training, or you have specific questions about it, you are welcome to write to [improvise4youth@gmail.com](mailto:improvise4youth@gmail.com) e-mail address. We are looking forward to seeing you in Hungary!

ImprovWise Team

