

SPECIAL EFFECTS

15th – 23rd May 2015

Cascais | Praia Grande, Portugal

www.specialeffect.eu

Training course for trainers, youth workers, focalizers who like to work in connection with nature, who want to develop their facilitation competences and add some special effects to their trainer's body, mind, heart and spirit through nature based methods.



DESCRIPTION

'Special Effects' is an innovative 8-day **training course for trainers, facilitators and youth workers who already have some experience** in non-formal education and experiential learning. The programme is designed for people who are ready to learn, explore, discover and develop their skills, competences and know-how and will be able to use it later in their jobs and communities.

One of **the special effects of this course is the aspect of including activities focused on spirituality and nature based methods** in the modern, European non formal education. The methodology is based on approaches where nature plays an important role and is present as the environment, tool or content.

We will work on all the most important aspects of learning activities: programme structure, flow, methods, techniques, group dynamics, presentation skills, personality of the trainer, roles and balance in the training team and we will experience it all in a real life situation with school youngsters.

The programme will be very flexible and we will be ready to adapt it following very closely the participants' needs and expectations for the course; plus, a **space will always be open for participants who will want a more active role**, taking the initiative and practicing non formal education by actually doing it.

OBJECTIVES

- **To develop skills and get knowledge related to providing effective youth work and training activities** with special emphasis on nature-based and community-based approaches.
- **To experience topics relevant to the course in a variety of interactive methods** and participant-centred learning processes, such as Way of Council, Open Space, Threshold walk, reflection time and guided time in nature.
- **To challenge some of the current clichés in the field of non formal education** through examples and reflections on how concepts such as nature, open communication, spirituality, ceremonies and rites of passage can be included in contemporary educational and experiential activities.
- **To create a social experience of community** through sharing living and working spaces, participating in common tasks and daily practices, and to valorise this as an opportunity for learning and personal and social growth.
- **To practise themes of the course in workshops with school youngsters** and to reflect on this experience.



WHEN AND WHERE

The training course will take place in **Cascais and Praia Grande - Portugal**, about 40 Km from Lisbon.

Arrival day of participants: **Friday 15th of May 2015**

Departure day of participants: **Saturday 23rd of May 2015**

Participants will be hosted in a house in Praia Grande, in rooms with bunk beds. The house is in a quite isolated area, 10 minutes walking from the beach and with a lot of indoor and outdoor space for activities.

PROFILE OF PARTICIPANTS

Apply if you are

- Highly motivated trainer / facilitator / youth worker with previous experience in the field
- Interested in improving your training / youth work skills
- Interested in nature-based methods and challenges connected with it
- Ready to actively participate in the whole training and to contribute
- Able to work and communicate in English.
- Able to use the acquired skills in future activities

This course is for participants from:

Portugal, Italy, Poland, Czech Republic, Cyprus, Sweden, Slovakia, Romania, Ireland, UK.

COSTS

This project has been funded with the support of the Youth in Action Programme – Erasmus+.

Accommodation and food: costs will be covered by the project grants.

Travel costs: We will reimburse your travel costs up to the defined limit (check table). Travel costs will only be refunded after we receive all related tickets (including boarding passes). This means participants (or their sending organizations) will have to advance the money themselves and they will only be reimbursed after their return trip. This might take up to 8 weeks after the TC (and counting only from the day we get the tickets).

Note: For participants from Portugal, travel costs are only covered if travelling more than 100Km.

Portugal (if more than 100Km)	180€
Italy, Ireland	275€
Poland, Czech Republic, Sweden, Slovakia, Romania, UK	360€
Cyprus	530€

Participation fee:

Money shouldn't be the only obstacle against your participation - therefore we suggest a **sliding scale from 30 to 100€**. We want to give you the possibility to self-evaluate how much you can contribute financially, and how much you consider a fair fee for 8 days training programme.

TRAINERS TEAM

This training course will be facilitated by an experienced team of international trainers:

Carmine Rodi Falanga (Italy) - <http://trainers.salto-youth.net/CarmineRodi>
Bara Blahova (Czech Republic) - <http://trainers.salto-youth.net/BaraBlahova>
Honza Latal (Czech Republic) - <http://trainers.salto-youth.net/JanLatal/>

Additional pedagogical and logistic support will be offered by the **team of Vida+Viva**.

www.vidamaisviva.com / www.facebook.com/VidaMaisViva

APPLICATION PROCEDURE

Application form: <http://tinyurl.com/spfx2015> to be completed **before 8th of March**.

In case of any questions, please contact us at **specialeffects2015@gmail.com**
 More detailed information will be provided to the selected participants.

