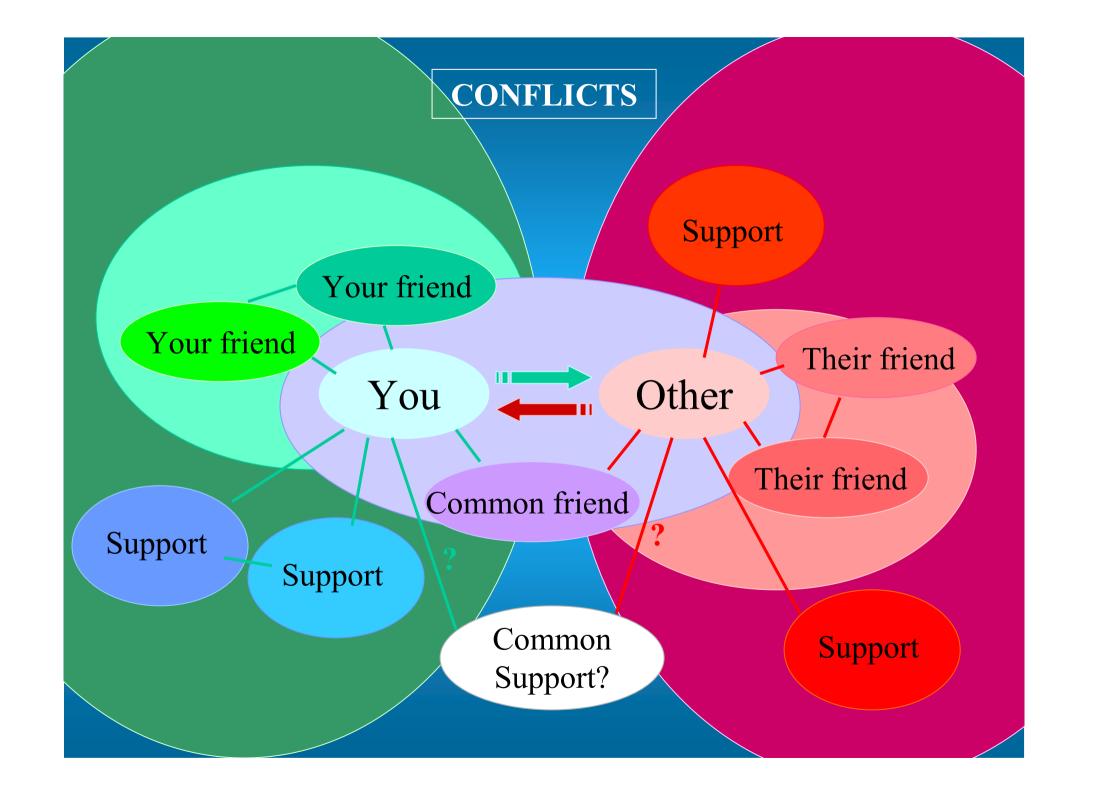
# TOOLS FOR A CONFLICT MANAGEMENT

# CONSOLIDATION SEMINAR LTTC DIVERSITY AND COHESION



# **REASONS FOR CONFLICTS**

Personal

Needs for confidence, trust, appreciation etc.challenged

Values

Personal, cultural, political values, which are worth dying for

•Interests

How to share ressources (money, space, things, time)

•Instrumental -

Disagreements on goals, methods, structures, and procedures

#### **DIVERSITY**

Putting differences together creates a potential for conflict

Bad aspects of conflicts: Conflicts based on

- Prejudice: Personal needs are not met and values not accepted
- Discrimination: No equal acces to ressources / power

Good aspects of conflicts: Conflicts based on

- Difference in values, knowledge, opinion, points of view, ways of working
- Difference acknowledged and used

Managed well conflicts has the potential of CREATIVITY

#### **POWER**

What happens when one part has more power than the other?

Inspired by the Danish Conflict Reolution, Copenhagen www.konfliktloesning.dk

CONFLICTS

Levels of the Conflict

Polarization

Open hostility

Creation of "enemy-images"

Giving up on dialogue

Extension of the problems

Personifying

Disagreement

Inspired by the Danish Conflict Reolution, Copenhagen www.konfliktloesning.dk **CONFLICTS** 

Manifestation of the Conflict All collaboration stops (conflict might continue)

Threats etc. Pendul mediation

Looking for allies: "You are with me or against us"

Don't talk with but about each other

Involve third party (mediator)

You never give positive feedback and you are irresponsible....

Dialogue (Active Listening)

"You are stupid"

Dialogue (Active Listening)

Argument about a joke

Separate case and person

What to do?

# REASONS FOR CONFLICTS

WORKSHEET

Discuss the conflicts you have encountered during the phase of your project

- -Which reasons do they have.
- -Note that conflicts often have a mix of reasons
  - Personal
  - Values
  - •Interests
  - •Instrumental
  - •Power

## Choose a real life conflict in your organization involving yourself, anything from small discomfort to a big crises

WORKSHEET

Disagreements

What was the specific incident / problem? (How did it start?)

What were the feelings you had in the situation? What were your thoughts about it?

Did you feel misunderstood? (feelings, motives or responsabilities misinterpreted)

Personifying

Which other persons were involved in the incident?

How did you feel about this / these person(s)

Extension of the problems

Which other things confirmed your negative attitude about this person? Did an escalation happen – a major argument / fight?

Giving up on dialogue

Did you stop talking to each other / start avoiding each other? What did you say about this / these person(s) to others?

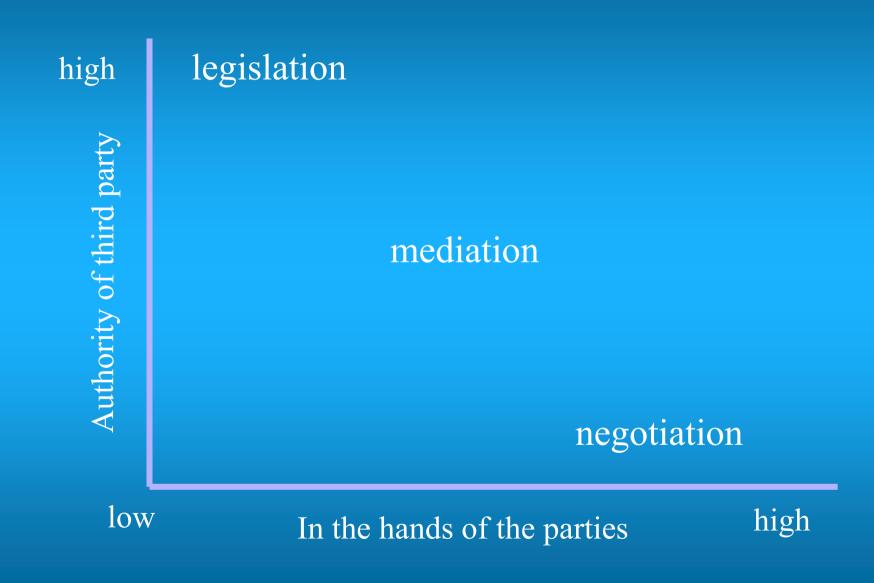
Creating enemy-images

Who did you try to get as your allies

Did conflicts with others occur because they did not agree with you on this issue

Open hostility / Polarization Were extreme actions taken?





Focus on the product

Legislation Negotiation

Mediation Mediation

Inspired by the Danish Conflict Reolution, Copenhagen Diversity **CONFLICTS Traditional** conflict resolution **♦** FORCE THROUGH TRANSCENDING "My way" **CREATIVE SOLUTIONS** "Our way" Conflict trasformation **COMPROMISE** on "Half way" Focus **AVOID** GIVE UP "No way" "Your way Focus on the Proces / Relation

#### **CLARYFYING THE CONFLICT**

Using communication strategies which make the parts

- •Open up the factual issues as well as
- •The emotional issues

#### LANGUAGE AND BEHAVIOUR THAT....

**Escalate the conflict** 

De-escalate the conflict

Interrupting

Listening

Asking closed questions

• Asking open questions

Ignoring

• Show interest

• Rejecting body language

Open body language

# CONFLICTS ACTIVE LISTENING

Silence

Using nonverbal signs of interest

Show acknowledgement

I understand that you...

•Encourage to tell more

Can you tell more about....

Repeat words or phrases

Angry!

He was shouting!

Summing up

Let me see if I understood you correctly...



#### LANGUAGE AND BEHAVIOUR THAT....

#### **Escalate the conflict**

• Focusing on the person (blaming)

Generalise

Focusing on the past

• Making "you"-statements

#### De-escalate the conflict

• Focusing on the problem (show understanding)

• Give specific/concrete examples

• Focusing on the future

• Making "I"-statements

# **I-Message**

#### **CONFLICTS**

When You told the joke about minorities this morning (describe the other persons behaviour objectively)

then *I felt dis-respected.*(describe what you feel)

Because <u>I need to feel acknowledged and appreciated</u>
for my competences regardless of my ethnicity

(describe which needs you have for...)

therefore I would like to ask you to <u>give me specific feed-back</u> on my performance and take care of how your jokes may be perceived of others in the future.

(forward your request)

# **ASKING QUESTIONS**

 Exploring the other person's situation and needs and how the parties' behaviour is related to each other

#### Examples:

"How would you feel if it was you?"

"How do you think she understands the conflict?

"What do you think his needs are?"

"Which impressions do you think he gets, when you...."

Asking about wishes and possibilities for the future

#### Examples:

"What would you like to happen?"

"What do you think he would like to happen?"

"What would happen if.....?"

#### **Learning Points:**

- The parts of a conflict can be individuals or groups
- There are different elements behind conflicts (e.g. personal needs, resources)
- There are different levels of conflicts and different suitable interventions for each level
- A conflict is neither positive nor negative
- Conflicts can escalate and conflict can be transformed into CREATIVITY

#### **Learning Points:**

- Good communication skills are essential both for parts of the conflict and third parties
- Active listening helps claryfying the situation, needs and wishes of the other part / the parties
- I-statements works against misunderstandings and blaming
- Asking about relations and the future further explores and starts transforming the conflict through finding a common understanding

#### **Learning Points:**

- Diversity increases the potential of conflits
- Diversity increases the potential of creativity
- ... if the conflicts are managed well and transformed into new ideas
- Stereotyping & prejudice should be delt with
- Discrmination based on certain groups low power position should be eliminated
- •It's importnat to work on how to release the creativity through democractic and participatory team work

# **Learning Points:**

• Can you think of any other learning points??