



Erasmus+

TOOLKIT

NOW IS THE TIME PROJECT

2021-2-DE04-KA210-YOU-000049344



 **JUGEND
für Europa**



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TOOLKIT INFORMATION

Welcome to the Climate Change and Global Warming Awareness Toolkit! This toolkit has been designed to provide valuable resources and innovative methods for youth work with a focus on environmental themes. It aims to support youth organizations and youth workers in addressing climate change and global warming while promoting sustainable practices and empowering young people to take action.

HOW TO USE THE TOOLKIT

The toolkit is designed to be user-friendly and accessible for all. The e-book contains detailed descriptions and instructions for each of the 15 tools developed within the project. It offers practical guidance on implementing these tools in youth work settings, highlighting the expected outcomes and potential impact on climate change awareness. Additionally, the toolkit provides insights on non-formal and informal learning, digital implementations, and strategies for disadvantaged youth.

We hope that this toolkit serves as a valuable resource for youth workers and organizations, enabling them to create impactful experiences for young people and contribute to a more sustainable future. Together, let's inspire change and make a difference in the fight against climate change and global warming.

PROJECT OVERVIEW

The toolkit is a result of a project that aimed to draw attention to the pressing issues of climate change and global warming. Throughout the project, a series of activities were organized, including a Kick-Off Meeting, a Tool-Fair, and a Final Conference, in three countries involved in the project. The culmination of this project resulted in the production of 15 different tools specifically designed for use in youth work, all centered around environmental awareness and action. Additionally, an e-book was published, which contains detailed information about these tools, providing a comprehensive resource for youth workers and organizations.

For more information about the project:

<https://erasmus-plus.ec.europa.eu/projects/search/details/2021-2-DE04-KA210-YOU-000049344>



GOALS AND OBJECTIVES

The toolkit aligns with several overarching goals and objectives that were set within the project. These include:

- **Innovative Methods:** Introducing new and creative approaches to youth work, addressing climate change, and global warming.
- **Environmentally Friendly Mentality:** Designing youth work activities with a focus on sustainability and environmental consciousness.
- **Recognition of Non-Formal and Informal Learning:** Highlighting the importance of non-formal and informal learning in youth development.
- **Diversification of Youth Work Activities:** Offering a wide range of engaging and diverse activities for young people.
- **Youth Representation in Decision-Making:** Advocating for greater representation of young people and youth workers in decision-making processes.
- **Digital Implementations in Youth Work:** Promoting the use of digital tools and platforms to enhance youth work initiatives.
- **Institutional Capacity Building:** Strengthening the capacity of youth organizations to effectively address climate change and global warming.
- **Collaboration between Youth Organizations:** Encouraging cooperation and collaboration among youth organizations for collective impact.
- **Dissemination of Sustainable Environmental Practices:** Sharing successful strategies and practices in integrating sustainability into youth work.
- **Strategies for Disadvantaged Youth:** Developing inclusive strategies to ensure equitable access and participation of disadvantaged youth in youth work.
- **Promoting Youth Opportunities:** Raising awareness about various youth opportunities, such as the Erasmus+ and ESC programs, and supporting young people in benefiting from these initiatives.

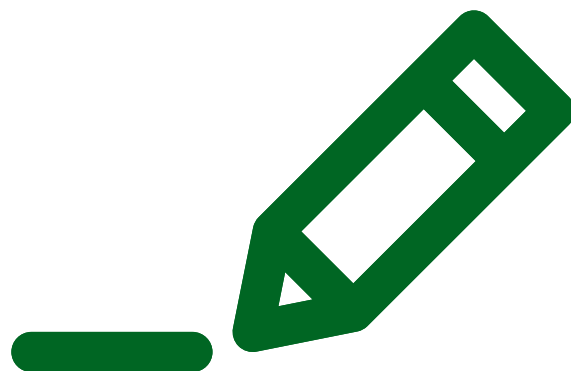
By providing access to these tools and resources, this toolkit aims to support youth workers, educators, and organizations in diversifying their activities, increasing environmental awareness, and fostering active participation of young people in combating climate change and global warming.



CONTENTS

Within the scope of the project, 17 tools have been developed. They are listed as follows:

- Green Island Workshop
- Finger Catcher Energizer
- Green Bingo
- Green Speed Dating
- Green Video Creators
- Green Energy Machine
- Green Word Association
- Sustainable Community Planning
- Sustainable Storytelling
- Trash to Treasure
- Green Quiz Show
- SDGs in Action
- Green Vision Board
- Sustainable Fashion Show
- Green Cooking Challenge
- Green Impact Challenge
- Green Haiku



These tools have been carefully crafted to promote sustainability, environmental consciousness, and community engagement. Each tool offers a unique approach to encourage individuals and groups to adopt green practices, think creatively, and work towards building a more sustainable future.

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Green Island Workshop



SUPPLIES NEEDED

Flipchart paper, markers, colored pencils, scissors, glue, and any other materials that participants may wish to use to create their island designs (such as pictures or maps of existing islands).

TIME

This workshop can take anywhere from 2 to 4 hours, depending on the group size and the level of detail that participants wish to include in their island design.

GROUP SIZE

This workshop is ideal for groups of 6 to 20 participants, although it can be adapted for larger or smaller groups.

TARGET

This workshop is designed for young people who are interested in learning about sustainability and green living. It is ideal for youth groups, environmental clubs, and other youth organizations that want to engage young people in creating positive change in their communities. The workshop is also suitable for educators and youth workers who want to incorporate sustainability topics into their programming.

PREPARATIONS

The facilitator should prepare flipchart paper and markers for each group, as well as any additional supplies that participants may wish to use to create their island designs. The facilitator should also provide a brief introduction to the workshop, explaining the goal of creating a green and sustainable island.

● Introduction

The facilitator should introduce the workshop and explain the goal of creating a green and sustainable island. Participants should be divided into small groups of 3 to 5 people, and each group should be given a piece of flipchart paper and markers, alternatively they can use laptops and Image creation programs to save on paper use.

● Brainstorming

Each group should begin by brainstorming ideas for their green island, considering factors such as geography, economics, and politics. Participants should work together to come up with a name for their island, as well as a brief description of its location, climate, and natural resources.

● Design

Once the group has a general idea of their island's characteristics, they should begin to design it in more detail. They can use markers, colored pencils, and any other materials provided to create maps, diagrams, or other visual representations of their island. They should also consider how their island will be powered, how waste will be managed, and how transportation will work.

● Presentation

Once the group has a general idea of their island's characteristics, they should begin to design it in more detail. They can use markers, colored pencils, and any other materials provided to create maps, diagrams, or other visual representations of their island. They should also consider how their island will be powered, how waste will be managed, and how transportation will work.

● Discussion

After all groups have presented, the larger group should have a discussion about the different island designs and what they can learn from each other. Participants should be encouraged to ask questions and offer feedback on each other's designs.



Reflection

The facilitator should lead a brief reflection at the end of the workshop, asking participants to share what they learned and how they can apply these ideas to their own work or personal lives. Participants should also be encouraged to take their island designs with them as a reminder of the workshop and a source of inspiration for future green initiatives.

Questions they should answer:



Geography

Participants should consider the location and physical characteristics of their island, such as its size, shape, and topography. They should also think about the climate and natural resources available on the island, such as water, land, and renewable energy sources.

Economics

Participants should consider the economic aspects of their island, such as how it will be financed and how goods and services will be produced and distributed. They should also consider how the island's economy will support sustainable practices, such as through the use of renewable energy and sustainable agriculture.

Politics

Participants should consider the political structure of their island, such as the form of government and the laws and regulations that will be in place. They should also consider how the island's political structure will support sustainability, such as through policies that promote green living and environmental protection.

Social and Cultural

Participants should consider the social and cultural aspects of their island, such as the values and beliefs of its inhabitants, as well as how they will be engaged and empowered to participate in sustainable practices. They should also consider how the island's social and cultural context will support sustainability, such as through education and awareness campaigns.

Infrastructure and Services

Participants should consider the infrastructure and services that will be needed to support a green and sustainable island, such as waste management systems, transportation infrastructure, and healthcare services. They should also consider how these systems will be designed and implemented to minimize environmental impact and promote sustainability.

Overall Sustainability

Participants should consider how all of these different factors come together to create a green and sustainable island. They should strive to create a holistic vision that promotes environmental, economic, and social sustainability, and that balances the needs of the present with the needs of future generations.



Finger Catcher Energizer

SUPPLIES NEEDED

None

TIME

5–10 minutes

GROUP SIZE

5–30 participants

TARGET

This energizer is ideal for groups of participants who need to get their energy up and build teamwork skills. It is also great for groups who need to break the ice and get to know each other better.

PREPARATIONS

The facilitator should make sure that there is enough space for the participants to stand in a circle without bumping into each other. It may also be helpful to remind participants to be gentle and respectful of each other during the activity.

ACTIVITY

- Participants stand in a circle and lift their left hand with their index finger extended. They then use their right hand to make a flat hand and connect their finger with the finger of the person to their right. The group should now be connected in a circle.
- The facilitator then gives the command for the participants to begin. The goal of the game is for each participant to try to catch the finger of the person to their left while also dodging the finger of the person to their right. Participants can move their bodies and arms to avoid being caught, but they must keep their left index finger extended and connected to the person to their right at all times.
- The game should continue for a few minutes or until everyone has had a chance to catch and dodge. The facilitator can then call the game to a close and the participants can lower their hands.
- This energizer is a fun and engaging way to get participants moving and build teamwork skills. It also promotes hand-eye coordination and quick reflexes.

Notes

Encourage participants to use their non-dominant hand for the game. This can help promote the use of both hands and reduce reliance on one hand, which can conserve energy and reduce strain on the dominant hand.

Ask participants to name one action they will take to be more sustainable in their daily lives before beginning the game. This can help promote awareness and action towards sustainability.

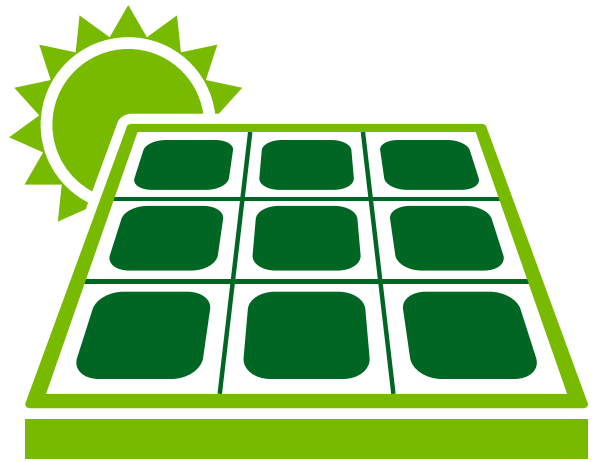
After the game, have participants discuss how the game relates to sustainability. For example, participants can discuss how they had to work together and be mindful of their actions to achieve a common goal, similar to how we need to work together to create a more sustainable future.

Alternatively, you can incorporate sustainability-themed questions into the game. For example, instead of simply catching and dodging fingers, participants can ask each other sustainability-related questions before they can try to catch each other's finger.

By incorporating sustainability messages or actions into the Finger Catcher Energizer, you can make the game more meaningful and help promote sustainability values and actions.

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Green Bingo

SUPPLIES NEEDED

Paper or online bingo sheets with 25 different green-themed things/traits/experiences, pens or digital devices for writing names

TIME

15–20 minutes

GROUP SIZE

10–30 participants

TARGET

This activity is ideal for groups of participants who need to get to know each other better and build a sense of community around green topics.

PREPARATIONS

The facilitator should create or find a pre-made Green Human Bingo sheet with 25 different green-themed things/traits/experiences. Examples are provided below. The facilitator should also make sure that there is enough space for participants to move around the room comfortably.

ACTIVITY

- Participants are given a Green Bingo sheet with 25 different green-themed things/traits/experiences. They must move around the room and find other participants who fit each of the 25 categories. The participants must write down the name of the person who fits the category in the corresponding square on their Green Human Bingo sheet.
- The first person to fill out their entire Green Bingo sheet and return to their seat wins.

*You can also do this activity fully digitally with using an array of different apps to give the participants the questions.



EXAMPLES OF GREEN HUMAN BINGO QUESTIONS:

Has planted a tree in the last year

Has gone vegan for at least a week

Has taken part in a community garden project

Has traveled by bicycle for at least 5 km

Has switched to renewable energy in their home

Has composted food scraps in the last month

Has participated in a beach or park cleanup

Has installed low-flow showerheads in their home

Has participated in a plastic-free challenge

Has reduced their meat consumption by at least 50%

Has participated in a clothing swap or thrift shopping

Has started a zero-waste lifestyle

Has built a birdhouse or bird feeder

Has started a community composting project

Has taken part in a renewable energy campaign

Has started a garden at home

Has used a reusable water bottle for at least a year

Has organized a green event in their community

Has installed a smart thermostat in their home

Has made their own cleaning products

Has participated in a tree planting campaign

Has started a local food co-op

Has participated in an environmental advocacy campaign

Has organized a carpooling system for their workplace or community

Has participated in a sustainable fashion project or campaign

By incorporating green-themed questions into the Human Bingo activity, participants can learn about each other's sustainability values and actions. It also promotes awareness and action towards sustainability.





Green Speed Dating

SUPPLIES NEEDED

Chairs arranged in two circles facing each other

TIME

20–30 minutes

GROUP SIZE

10–30 participants

TARGET

This activity is ideal for participants who need to get to know each other better and share good green practices while breaking the ice.

PREPARATIONS

The facilitator should create a list of green-themed questions for participants to discuss. The questions should be thought-provoking and encourage participants to share their thoughts and experiences about sustainability. The facilitator should also set a time limit for each conversation and make sure that there is enough space for participants to move between the two circles.



ACTIVITY

- Participants are seated in two circles facing each other. The inner circle rotates after a fixed amount of time (e.g. 1-2 minutes) so that each participant gets to talk to someone new. Participants are given green-themed questions to discuss with each other. These questions should encourage participants to share their experiences, thoughts and good green practices.
- After the conversation is over, participants rotate to the next person in the opposite circle. The activity continues until each participant has had the opportunity to talk to everyone in the other circle. When the talking starts it is advised to turn some music on, when the music is off it is time to switch partners.
- This energizer is a fun and engaging way to get participants moving and build teamwork skills. It also promotes hand-eye coordination and quick reflexes.



EXAMPLES OF GREEN-SPECIFIC QUESTIONS:

What is the most important green initiative you have been part of and why?

What are some practical things you do in your daily life to reduce your environmental footprint?

What is the biggest challenge you face in living a sustainable lifestyle?

How do you incorporate sustainability into your personal or professional life?

What is your favorite green product or solution?

How have you convinced others to adopt more sustainable practices?

What is one simple change you've made that has had a significant positive impact on the environment?

What green innovation are you most excited about?

How has your perspective on sustainability changed over the years?

How do you envision a sustainable future and what role do you see yourself playing in it?

What is the most sustainable habit you have developed?

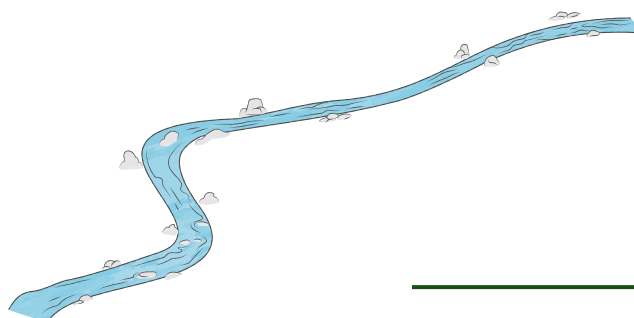
What is the most impactful environmental book, documentary or movie you have read or watched?

What is your biggest motivation to live sustainably?

What is your best green travel tip?

How do you balance convenience with sustainability in your daily life?

By incorporating green-themed questions into the speed dating activity, participants can learn from each other's sustainability practices and share their own experiences. It can be a fun and interactive way to break the ice and create a sense of community around sustainability.



Green Video Creators



SUPPLIES NEEDED

Smartphones

TIME

1-2 hours

GROUP SIZE

4-6 participants per group

TARGET

This activity is ideal for participants who are interested in creating short video content and want to explore how they can use it to promote sustainability.

PREPARATIONS

The facilitator should make sure that participants have smartphone fit to create short content. Participants should be given some guidelines on what type of content they should create (e.g. skits, informational videos, announcements) and should be encouraged to focus on green-themed topics.



ACTIVITY

Participants are divided into groups of 4–6 members. Each group is tasked with creating a set amount (e.g. 1–3) of short video content pieces (e.g. TikToks, Reels, etc.) that promote sustainability. They can work on any given topic or have a free choice. Participants are encouraged to be creative and think outside the box to come up with original content ideas.

Once the videos are created, each group presents their content to the hall group and explains the ideas behind their videos. After the presentations, there is a discussion on how to use social media and content like this to make a green change. The group can brainstorm ways to distribute the content to a wider audience and create a bigger impact.



EXAMPLES OF GREEN-SPECIFIC VIDEO CONTENT IDEAS:

A skit about the benefits of composting and how to get started

An informational video on the importance of reducing food waste

A short video showing the impact of plastic pollution on the environment and what individuals can do to reduce it

A fun and upbeat video about the benefits of biking or walking instead of driving

A parody of a popular song with lyrics changed to promote sustainability

An animated video explaining the concept of carbon footprint and how to reduce it

A short documentary-style video about a local community garden or farm

A video showcasing sustainable fashion tips and tricks

A time-lapse video of a plant growing from seed to maturity with information about the benefits of gardening

A video showing how to make your own natural cleaning products

By using creative video content, participants can learn how to effectively communicate sustainability messages and reach a wider audience. This activity encourages teamwork, creativity, and innovation, while also promoting green values and practices. med questions into the speed dating activity, participants can learn from each other's sustainability practices and share their own experiences. It can be a fun and interactive way to break the ice and create a sense of community around sustainability.



Green Energy Machine



SUPPLIES NEEDED

None

TIME

10–15 minutes

GROUP SIZE

10–30 participants

TARGET

To energize and engage participants in a fun way while promoting green-themed actions.

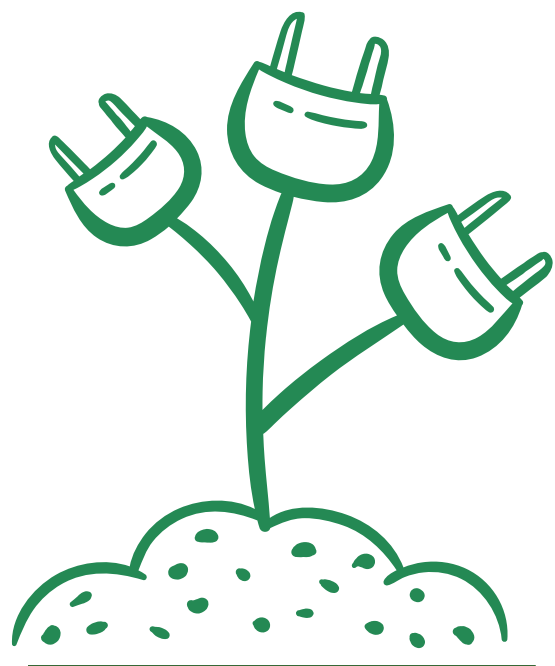
PREPARATIONS

Prepare a list of green-themed actions or movements that can be acted out by participants.



ACTIVITY

- The participants form a circle and one person is chosen as the leader and stands in the middle.
- The leader points to any person in the circle and gives them a command from the list of green-themed actions.
- The person pointed at and two people next to them have to act out the command.
- The game continues with the leader pointing at different people in the circle and giving them different green-themed actions to act out.
- After a few rounds, the leader can pass the role to someone else in the circle and they can continue with the game.



Examples of green-themed actions:

● Recycling: The person pointed at has to act like they're recycling while the two people on the side act like they're putting things in the recycling bin.

● Solar Panel: The person pointed at is the solar panel and the two people on the side act like the sun, shining light on them.

● Composting: The person pointed at is acting like they're composting while the two people on the side act like they're adding food scraps to the compost bin.

● Biking: The person pointed at is acting like they're riding a bike while the two people on the side are acting like they're pedaling the bike.

● Planting: The person pointed at is acting like they're planting a seed while the two people on the side are acting like they're watering the seed.

After the energizer, participants can be split into groups and brainstorm new green-themed actions or movements to add to the game. Then, another round can be played with all the new moves added.

Green Word Association



SUPPLIES NEEDED

None

TIME

15–20 minutes

GROUP SIZE

4–10 participants

TARGET

To encourage creative
thinking and green
awareness

PREPARATIONS

None



ACTIVITY

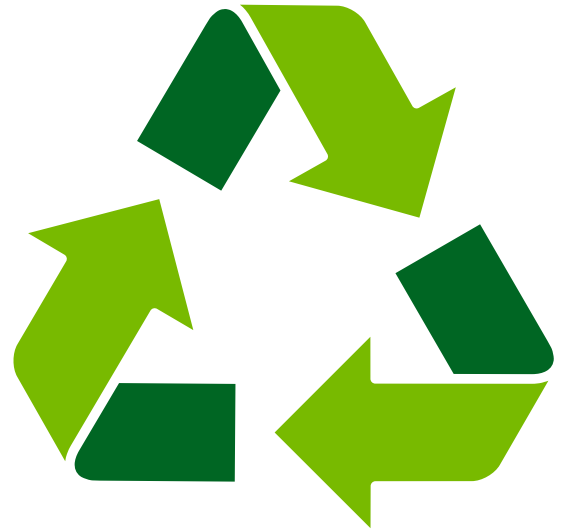
- Participants sit in a circle.
- The first person says a word related to a specific green topic, such as sustainability or environmentalism.
- The next person has to say a word that is associated with the previous word, and so on, until everyone in the group has had a turn.
- The goal is to keep the chain going as long as possible without repeating a word that has already been said.
- If a participant can't think of a word, they are out for the rest of the round.
- The game continues with a new green topic or theme for each round.
- The person who comes up with the most unique and creative green word associations wins.

This activity can be done without any materials and can be easily adapted to different green themes or topics. It encourages creativity and helps to expand participants' knowledge of green issues and solutions.

Examples of green topics/themes:

Sustainable agriculture, renewable energy, waste reduction
climate change, ecotourism, biodiversity conservation, green transportation,
water conservation, sustainable cities, environmental justice

Sustainable Community Planning



SUPPLIES NEEDED

None

TIME

2–3 hours

GROUP SIZE

10–30 participants

TARGET

The workshop is designed for community members, activists, and stakeholders who want to learn about sustainable community planning and how to develop a sustainable community plan.

PREPARATIONS

The facilitator should have a basic understanding of sustainable community planning principles and be able to lead a group discussion. It would also be helpful to have examples of sustainable community plans and planning tools to share with the group.



ACTIVITY

● Introduction

The facilitator introduces the topic of sustainable community planning and explains the goals of the workshop.

● Brainstorming

The participants are divided into small groups of 3–5 people. Each group is asked to brainstorm ideas for what they would like to see in a sustainable community plan. The facilitator can provide prompts such as "What are the most important environmental issues facing our community?" and "What are some ways to reduce our carbon footprint?"

● Prioritization

Each group shares their ideas with the larger group. The facilitator leads a discussion to prioritize the most important ideas and identify common themes.

● Planning

The participants are divided into new groups based on the common themes identified in the prioritization phase. Each group is asked to develop a plan for addressing the theme, including specific actions and timelines. The facilitator can provide planning tools such as SMART goal-setting and Gantt charts to help the groups develop their plans.

● Presentation

Each group presents their plan to the larger group. The facilitator leads a discussion to identify areas of overlap and potential partnerships between the different plans.

● Action

The facilitator leads a discussion on how the group can move forward with implementing the plans, including identifying resources and potential roadblocks. The group can also discuss how to measure progress and evaluate the success of the plans.



Examples of prompts:

- What are the most important environmental issues facing our community?
 - What are some ways to reduce our carbon footprint?
 - How can we increase access to sustainable transportation options?
 - What are some strategies for reducing waste in our community?
 - How can we promote sustainable agriculture and local food production?
 - What are some ways to increase the use of renewable energy in our community?
 - How can we improve access to green spaces and promote biodiversity in our community?
 - What are some ways to promote sustainable tourism in our community?
 - How can we engage and educate community members on sustainability issues?
 - What are some strategies for ensuring social equity in sustainable community planning?
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Sustainable Storytelling



SUPPLIES NEEDED

None

TIME

60–90 minutes

GROUP SIZE

10–30 participants

TARGET

Participants who are interested in learning about sustainability and want to develop their storytelling skills.

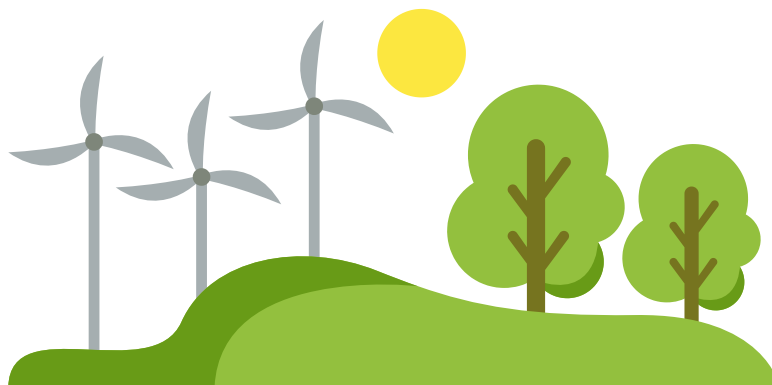
PREPARATIONS

None



ACTIVITY

- Begin by dividing participants into groups of 3–5.
- Each group is tasked with creating a story that showcases a sustainable practice or behavior. The story can be fictional or based on real-life experiences.
- Participants should focus on the structure and message of the story, making sure it highlights a sustainable behavior in an interesting and engaging way.
- Once the stories are completed, each group will present their story to the rest of the participants.
- After each story is presented, the group can discuss what they learned from the story and how it relates to sustainability.
- Encourage participants to think about how they can use storytelling in their own lives to promote sustainability.
- As a follow-up activity, participants can create short videos or social media posts based on their stories to share with a wider audience.

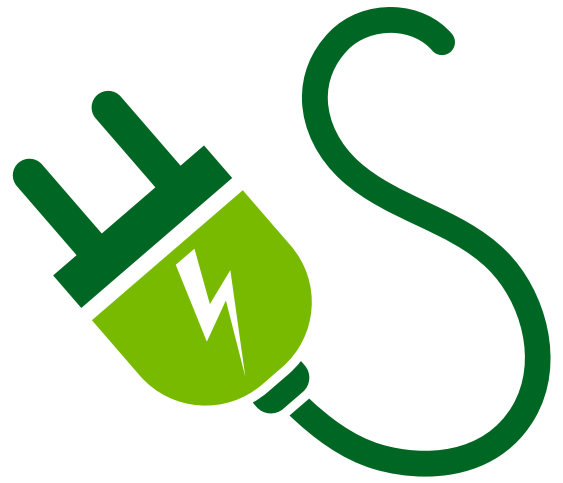


Examples of story prompts:

- A family decides to start composting and learns about the benefits of organic waste management.
- A community comes together to build a community garden and experiences the positive impact it has on the environment and their sense of community.
- A group of friends go on a hiking trip and learn about Leave No Trace principles, which they apply to their future outdoor adventures.
- A small business owner decides to switch to renewable energy sources and experiences the benefits of reduced energy costs and increased customer loyalty.
- A city implements a bike-sharing program and sees a decrease in traffic congestion and air pollution.
- A school decides to switch to eco-friendly cleaning products and notices a positive impact on student health and academic performance.



Trash to Treasure



SUPPLIES NEEDED

Gloves, trash bags, scissors, glue, markers, cardboard or other materials to make art pieces.

TIME

1–2 hours

GROUP SIZE

10–20 participants

TARGET

Participants interested in upcycling and environmentalism.

PREPARATIONS

Prior to the workshop, collect various types of trash such as plastic bottles, cardboard boxes, tin cans, and other recyclable materials. Make sure to provide gloves and trash bags for participants to use during the cleanup process.



ACTIVITY

- Start the activity by giving a brief presentation about the importance of upcycling and reducing waste.
- Divide participants into teams and provide them with gloves and trash bags. Instruct them to clean up a designated area and collect as much trash as possible.
- Once the teams have collected enough trash, bring them back to a designated workspace and begin the upcycling process.
- Provide materials such as scissors, glue, markers, and cardboard so that teams can turn their trash into something useful and creative.
- Encourage the teams to work collaboratively and share their ideas with each other.
- After a set amount of time, have each team present their upcycled creations to the group.
- End the activity with a group discussion about the importance of reducing waste and creative ways to upcycle trash in everyday life.
- Some possible examples of upcycling creations could be turning plastic bottles into planters, making pencil holders out of tin cans, or creating art pieces out of cardboard boxes.

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Green Quiz Show



SUPPLIES NEEDED

Computers or mobile devices with internet access, a quiz-making tool (such as Kahoot or Quizizz), and a projector or screen to display the quiz.

TIME

60–90 minutes

GROUP SIZE

10–20 participants

TARGET

Participants interested in testing their knowledge about environmental issues and learning new information about sustainability.

PREPARATIONS

Choose a quiz-making tool that you are familiar with and create a quiz with questions related to environmental issues, sustainability, and green practices.

Make sure to include questions at different levels of difficulty to accommodate participants with varying levels of knowledge about green topics.

Prepare discussion questions related to the quiz to facilitate a conversation after the quiz.

ACTIVITY

- Gather the participants in a room and explain the rules of the game: they will be divided into teams and compete against each other in a quiz show-style game.
- Divide the participants into teams and have them choose team names.
- Display the quiz on the projector or screen and have the participants access it on their devices.
- Start the quiz and have the participants answer the questions as a team. Make sure to set a time limit for each question.
- After the quiz, reveal the answers and keep track of each team's score.
- Facilitate a discussion about the quiz, asking questions such as:
What did you learn from the quiz?
Which questions were the most difficult/easiest?
What green practices are you already doing, and what new practices did you learn about from the quiz?
- Finally, challenge the participants to pick up trash around the area and create something useful out of it. It could be as simple as a decoration or a small accessory.

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Quiz Questions Examples:

- What percentage of plastic waste is currently recycled globally?
- Which of the following is NOT a renewable energy source: solar, wind, coal, or hydroelectric?
- What is the most polluting industry in the world?
- Which of the following is the most water-efficient type of irrigation system: drip irrigation, sprinklers, or flood irrigation?
- How many trees are cut down every year to produce paper?
- What is the main cause of deforestation?
- Which country has the largest carbon footprint per capita?
- Which of the following is the most effective way to reduce greenhouse gas emissions: recycling, using public transportation, or eating a plant-based diet?
- How many plastic bags are used globally each year?
What is the impact of plastic pollution on marine life?

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SDGs in Action



SUPPLIES NEEDED

Paper and pens for note-taking
Access to internet and digital
resources for research

TIME

2–3 hours

GROUP SIZE

4–6 participants per group

TARGET

Participants who are interested in learning more about SDGs and want to work together in a group to develop ideas and strategies for SDG-related projects.

PREPARATIONS

Prior to the workshop, the facilitator will prepare a brief introduction or a quiz to show the SDGs and their significance. The facilitator will divide the participants into groups of 4–6 and provide each group with a brief on one SDG to focus on. The facilitator will provide access to resources for research, such as official UN websites, reports and articles about the specific SDG assigned to each group.



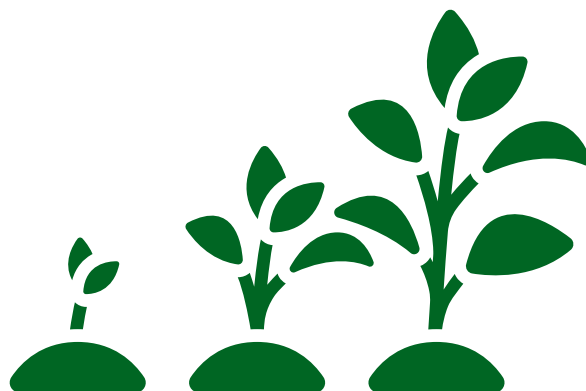
ACTIVITY

- Introduction to SDGs and explanation of the activity.
- Divide participants into groups of 4–6, and assign one SDG to each group.
- Participants in each group will conduct research on their assigned SDG and brainstorm ideas for projects that would support the specific SDG.
- Each group will develop a project proposal, including a detailed plan of action and any necessary resources, for their assigned SDG.
- Each group will present their project proposal to the rest of the participants.
- After all groups have presented, the facilitator will lead a discussion on how these projects can be implemented in the community and ways to encourage people to engage in SDG-related activities.



EXAMPLE QUESTIONS FOR THE QUIZ:

- What does the acronym SDGs stand for?
- How many SDGs were adopted by the UN in 2015?
- Which SDG aims to end poverty in all its forms?
- What is the full name of SDG 13?
- Which SDG aims to promote sustained, inclusive and sustainable economic growth?
- What is the name of the global partnership for sustainable development, which is SDG 17?
- Which SDG aims to ensure availability and sustainable management of water and sanitation for all?
- What is the name of the UN agency responsible for SDG 2, which aims to end hunger, achieve food security and improved nutrition, and promote sustainable agriculture?
- Which SDG aims to promote peaceful and inclusive societies for sustainable development?
- What is the target year for achieving the SDGs?



Green Vision Board



SUPPLIES NEEDED

Scissors, glue, old magazines,
large sheets of paper or
cardboard.

TIME

60–90 minutes

GROUP SIZE

4–10 participants

TARGET

Participants who want to set personal goals related to living a more sustainable lifestyle.

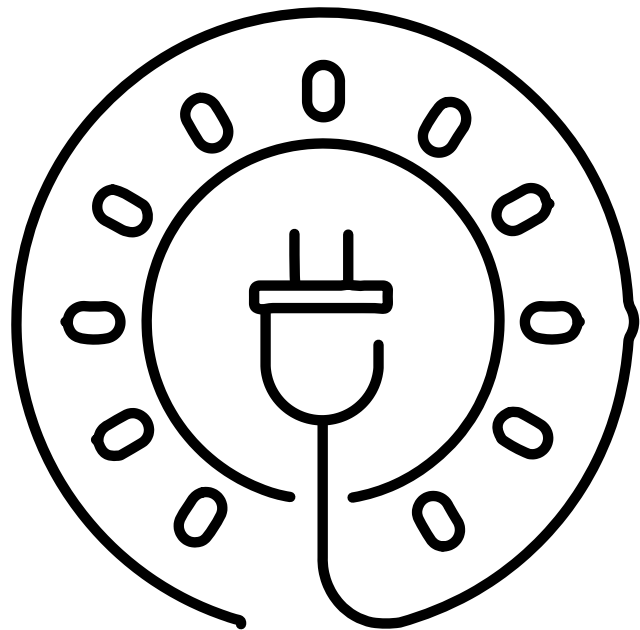
PREPARATIONS

Collect a variety of old magazines with images related to sustainability,
print out the SDGs for reference.

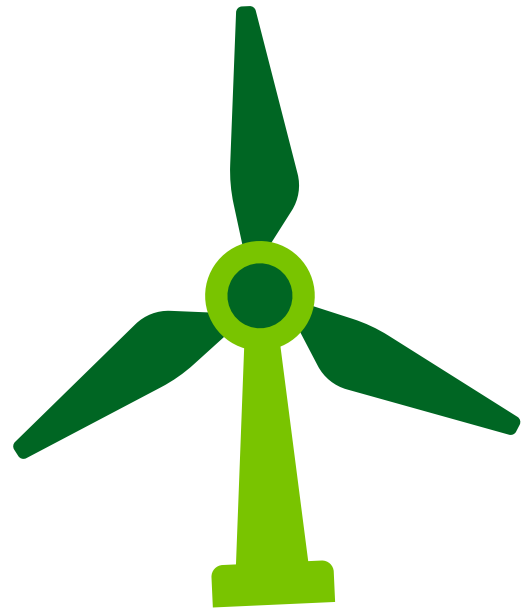


ACTIVITY

- Explain the concept of a vision board and how it can be used to set and visualize goals.
- Give each participant a large sheet of paper or cardboard, scissors, and glue.
- Provide a selection of old magazines and ask participants to cut out images and words related to sustainable living.
- Ask participants to use their cutouts to create a vision board of their ideal sustainable lifestyle, including images and words that represent their personal goals.
- After completing their vision boards, participants share with the group and discuss their goals and how they plan to achieve them.



Sustainable Fashion Show



SUPPLIES NEEDED

PClothing items and accessories, a runway or space to walk, music, camera/phone for taking photos, markers/paper for brainstorming.

TIME

2–3 hours

GROUP SIZE

10–20 participants

TARGET

To learn about sustainable fashion and showcase creative sustainable fashion ideas in a fun way.

PREPARATIONS

The facilitator should gather a variety of clothing items and accessories that are no longer needed, thrifted or made from sustainable materials. Participants can also bring their own clothes. The facilitator should also have a space for participants to walk or a runway.

ACTIVITY

● Introduction (10 minutes)

The facilitator will introduce the workshop and explain the importance of sustainable fashion.

● Brainstorming (15 minutes)

Participants will brainstorm sustainable fashion ideas and create sketches of their designs on paper.

● Creating sustainable fashion items (60 minutes)

Participants will use the items provided to create their sustainable fashion outfits.

● Rehearsal (30 minutes)

Participants will rehearse their walk on the runway and add any final touches to their outfits.

● Sustainable Fashion Show (45 minutes)

Participants will showcase their sustainable fashion outfits on the runway with music. Photos and videos can be taken to share on social media.

● Discussion (15 minutes)

The facilitator will lead a discussion on the importance of sustainable fashion and how participants can incorporate sustainable fashion practices in their daily lives.



EXAMPLE QUESTIONS FOR THE QUIZ:

- What is sustainable fashion?
- What materials can be used to create sustainable fashion?
- How can we make our fashion choices more sustainable?
- What are some challenges in creating sustainable fashion?
- How can we promote sustainable fashion to others?

The Sustainable Fashion Show workshop is a fun and creative way to learn about sustainable fashion and showcase sustainable fashion ideas. By using recycled or thrifted materials, participants can learn how to create fashionable items that are also environmentally friendly.

The discussion at the end of the workshop can help participants understand the importance of sustainable fashion and how they can make a difference in their own fashion choices.



Green Cooking Challenge

SUPPLIES NEEDED

Kitchen with basic cooking equipment and ingredients, recipe cards for sustainable and healthy dishes, judging criteria sheet, prizes for winners.

TIME

2-3 hours

GROUP SIZE

3-4 participants per group

TARGET

To promote sustainable and healthy cooking practices while raising awareness about the environmental impact of food choices.



ACTIVITY

- Divide participants into teams of 3–4 members.
- Provide each team with a recipe card for a sustainable and healthy dish (e.g. vegan stir fry, quinoa salad, lentil soup).
Instruct each team to plan, prepare and cook their dish within a given time frame (e.g. 30–45 minutes).
- Encourage teams to use local, seasonal, and organic ingredients as much as possible, and to minimize food waste by using all parts of the ingredients.
- After the cooking period, each team presents their dish to the judges and explains their sustainable cooking choices.
- Judges evaluate each dish based on the criteria sheet, which includes factors such as taste, presentation, use of sustainable ingredients and cooking practices.
- Winners are announced and prizes are awarded.

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DISCUSSION:

After the challenge, facilitate a group discussion to reflect on sustainable cooking practices and their environmental impact.

Some discussion questions can include:

- What did you learn about sustainable cooking practices from this challenge?
- How can you implement these practices in your daily life?
- What are some challenges you face when trying to cook sustainably?
- What are some ways we can raise awareness about the environmental impact of food choices?

How can we encourage more sustainable and healthy food options in our communities?

EXAMPLE RECIPE CARDS:

Vegan Stir Fry: Brown rice, mixed vegetables (e.g. broccoli, bell peppers, carrots, onions), tofu, soy sauce, sesame oil, garlic, ginger.

Quinoa Salad: Quinoa, mixed greens, cherry tomatoes, cucumber, red onion, avocado, olive oil, lemon juice, salt and pepper.

Lentil Soup: Lentils, vegetable broth, onion, carrot, celery, garlic, cumin, paprika, bay leaf, salt and pepper.



Green Impact Challenge



**SUPPLIES
NEEDED**

NONE

TIME

2 hours

**GROUP
SIZE**

10–30 participants

TARGET

The goal of this workshop is to challenge participants to come up with innovative and sustainable ideas that can make a positive impact on the environment.



ACTIVITY

● Introduction (10 minutes)

Briefly introduce the topic of sustainability and its importance. Explain the purpose of the workshop and the challenge

● Brainstorming (30 minutes)

Assign each group a sustainability topic (e.g. waste reduction, energy conservation, water conservation). Have each group brainstorm and come up with at least three innovative ideas that can help address their assigned topic.

● Idea Pitching Session (30 minutes)

Each group will present their ideas to the rest of the participants.

After each presentation, the group will have 5 minutes to answer questions and receive feedback from the other participants.

● Green Impact Challenge (60 minutes)

After all groups have presented, give participants 60 minutes to work on developing one of their ideas in more detail.

Encourage them to think about the potential impact of their idea, as well as any challenges they may face in implementing it.

● Final Presentations (20 minutes)

Each group will present their final idea to the rest of the participants.

After each presentation, the group will have 5 minutes to answer questions and receive feedback from the other participants.

● Conclusion (10 minutes)

Wrap up the workshop by thanking participants for their contributions and highlighting the importance of taking action towards sustainability.

Example questions for brainstorming session:

- Waste reduction: How can we reduce plastic waste in our daily lives?
- Energy conservation: What are some ways we can reduce our energy consumption at home or in the workplace?
- Water conservation: How can we reduce our water usage without sacrificing comfort or hygiene?

Example questions for idea pitching session:

- How will your idea help address the sustainability challenge you were assigned?
- What are some of the potential challenges or barriers to implementing your idea?
- How can your idea be scaled up or replicated in other contexts?

Example questions for final presentations:

- How have you refined your idea since the brainstorming session?
- What impact do you hope your idea will have?
- What steps would need to be taken to implement your idea?





Green Haiku



SUPPLIES NEEDED

NONE

TIME

10–30 minutes

GROUP SIZE

5–30 participants

TARGET

To encourage creativity and raise awareness about environmental issues through the creation of Haiku poems.



ACTIVITY

- Briefly explain what a Haiku poem is (a traditional form of Japanese poetry that consists of three lines. The first and last lines have five syllables, while the middle line has seven syllables).
- Introduce the theme of the workshop, which is environmental issues. Give a few examples such as climate change, pollution, deforestation, etc.
- Ask the participants to create their own Haiku poems related to the theme. Give them 5–10 minutes to write their poems.
- Ask for volunteers to share their poems with the group.
- After the poems are shared, have a group discussion on the environmental issues raised in the poems.

Example Haiku poems:

Melting glaciers weep,
Aching for their frozen peaks,
Lost in warm embrace.
Garbage chokes the sea,
Creatures struggle to survive,
Plastic tsunami.
Forests fall like rain,
Nature's gifts to greed and gain,
Silent world of pain.

TOOLKIT INFORMATION

We would like to express our sincere gratitude to all the individuals and organizations who contributed to the development and realization of this Climate Change and Global Warming Awareness Toolkit. Without your support and dedication, this project would not have been possible.

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Together, we can make a difference in the fight against climate change and global warming. Let us continue to work collaboratively and inspire change for a more sustainable and resilient world.

