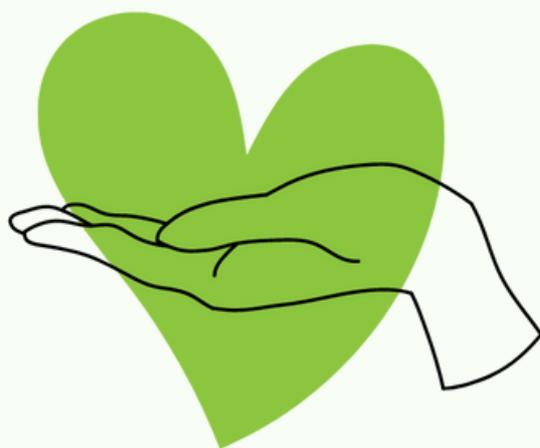


YOUTH HUMAN IMPACT ASSOCIATION

# Handbook



But first

**SOLIDARITY**

with project proposals



Youth Human Impact



Funded by  
the European Union

# Introduction

On August 12-20, the Youth Human Impact Association organized an international youth exchange "But first, solidarity!" which took place in Warsaw. The project involved 25 participants from five partner countries - Spain, the Czech Republic, Germany, Bulgaria and Poland (but in fact the participants also came from many other countries: Afghanistan, India, Canada, Italy, Romania, Azerbaijan and Turkey).

The main goal of the project was to learn about the concept of sustainable development and global solidarity, what the Sustainable Development Goals (SDGs) are, what their history and motives are, and how we, young people, can realize in our daily life. The participants discussed the implementation of SDGs within the framework of European policies (European New Green Deal, New European Bauhaus) and the importance of global solidarity. As part of the project, participants also visited the Representation of the European Commission in Poland. During the meeting, they learned more about the work of the European Commission, the objectives of the current EC policy led by Ursula von der Leyen, career opportunities for young people in the EU institutions and various aspects of work in EC representations in various Member States.

During the two days of the project, workshops using the design thinking method were held. Participants created ideas for their local initiatives implementing SDGs, learned to create project ideas and design innovations in response to the needs of previously identified audiences, project risk management and new technologies in project management. The project was financed by the European Union under the Erasmus + program

In this handbook, we provide you with project ideas created by participants during design thinking workshops. Each of them is related directly to one of SDGs.



## PROBLEM

People don't have access to education

## SOLUTION

Funding (investments, scholarships, free education)

## SUCCESS DEFINITION

At least 75-80% of people are able to write and read

## ACTION PLAN & 1ST STEP

- 1, Improve the quality of administration
2. Include:
  - psychological support
  - rural areas
3. Lower costs:
  - free transportation
  - scholarships
  - free education



## PROBLEM

Crowded, polluted cities

## SOLUTION

Enhancing public transport:

- expanding station network
- building bicycle lines
- substituting public transport and use of alternative means of transport
- educating citizens on the impact of carbon dioxide emissions
- paid car parks & creating P+R car parks

## SUCCESS DEFINITION

Less traffic CO2 measurments

## ACTION PLAN & 1ST STEP

Contacting transportation commitee in the city and gathering traffic data

2 ZERO HUNGER



## PROBLEM

Food waste in the supermarkets (throwing away food that is still edible)

## SOLUTION

Creating specified aisles in supermarkets for food that would have been thrown away, with reduced prices

## SUCCESS DEFINITION

Reducing the amount of food thrown away in supermarkets. Increasing the amount of food that is sold for lower prices because it is near or closely beyond the expiry date

## ACTION PLAN & 1ST STEP

1. Creating social media accounts - funding a youth movement against food waste in our daily lives
2. Spreading awareness about food waste
3. Approaching supermarket managers and supermarket chains
4. Taking the idea into effect (testing)

17 PARTNERSHIPS  
FOR THE GOALS



## PROBLEM

Current unawareness of the issues of sustainability

## SOLUTION

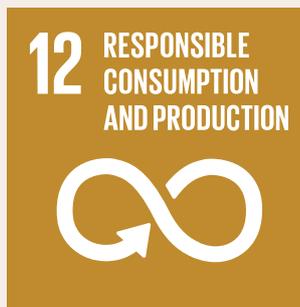
Learning by doing - spreading awareness by games

## SUCCESS DEFINITION

When the competition will be over, everyone can spread their knowledge to eliminate unawareness

## ACTION PLAN & 1ST STEP

Creating idea for the game



## PROBLEM

Irresponsible consumption  
Overproduction  
Unfair distribution

## SOLUTION

- Formal/non-formal education
- Reneable products
- Regulating delivery systems
- Eco-friendly methods and tools - reneable energy resources

## SUCCESS DEFINITION

- Less pollutions
- Less waste
- Recognasible habits
- More ecofriendly products
- Integrated institutions

The handbook was created as part of the "But first, solidarity!" project, financed by the European Union under the Erasmus + program.

The Youth Human Impact Association is solely responsible for the content of the publication.

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