



Development of Key Skills and Values for Youth through Music
Project No: 2019 – 2 – PT02 - KA205 - 006055

Guide of Best Practices for the provision and acquisition of Key Skills through Music

Co-funded by the
Erasmus+ Programme
of the European Union



SPACE ENSEMBLE

Tomino
CONCELLO



FONDAZIONE
MARIA IDA VIGILINO
PER LA CULTURA
MUSICALE

eosa
estrategia y
organización, s.a.

INTRODUCTION

The following document contains key relevant information on different practices / experiences implemented for the provision of different skills and values that have music as the main theme and that are addressed to youngsters. These Best Practices have been identified and analysed under the Play2Grow project, an ERASMUS+ initiative led by the Municipality of Paredes de Coura whose aim is to create innovative training resources for provision and acquisition of key skills through music.

Structure

This Best Practices compilation is structured in 4 main areas:

- Music Methods
- Music Bootcamps
- Bands acceleration, entrepreneurship and management
- Music and Community

Each best practice contains the following information, in order to facilitate its analysis and transferability:

- Synopsis (brief summary)
- Target audience
- Goals
- Skills to be improved
- Training Team
- Description and workplan
- Duration proposed
- Promoting Organisation
- Starting Year
- Links to get more detailed information

More information

All the information contained in this document can be accessed through the Play2Grow project [website](https://play2grow.eu/case-studies/) in the section **Project Outputs: Case Studies** (<https://play2grow.eu/case-studies/>)

This document reflects the views only of the author and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Proj No: 2019-2-PT02-KA205-006055

MUSIC METHODS



DIDACTIC CONCERTS IN TOMIÑO

<https://play2grow.eu/project-outputs/didactic-concerts-in-tomino/>



Synopsis

Since 2016, Goian's Music School has been organizing educational concerts for the galician school community.

With the purpose of awakening children and young people(between six and sixteen years old), to the world of music, increasing their cultural and musical awareness, and filling the lack of musical education in the school curriculum, Goian's Music School visits schools and performs concerts.

Target Audience

Audience school children, between the ages of 3 and 16, and of course, school community in general.

Goals

Bringing the world of music to school children with the intention of awakening their interest in it, because in Galicia there is no musical education regulated in the educational curriculum.

All the concerts are designed for an audience from 3 years old, and they seek to motivate their lasting attention.

Skills to be improved

- Cultural awareness in children;
- Musical awareness in children;
- Show the work developed by Agrupación Musical de Goián;
- Take music to new places and to people of all ages.

Training Team

Teachers' team of Agrupación Musical de Goián.

Description and workplan

Agrupación Musical de Goián, and their band, visit study centers with pre-school, primary and secondary teaching, in Tomiño, and performing didactic concerts for school children and school community.

All the concerts have a common line that varies each year, but always using a narrator between the plays. The concerts are created and played by the band members and by the school teachers, and usually are held at the beginning or end of a new course, in order to attract new students to the school.

Duration proposed

Each concert takes about an hour.

Promoting Organisation

Goian's Music School and the schools visited in this project.

Starting Year

2016

You can follow them on...

Website: <http://bandadegoian.gal/>

Facebook: <https://pt-br.facebook.com/bandagoian>

Instagram: <https://www.instagram.com/bandagoian/>

MUSIC METHODS



DIRECTED IMPROVISATION WORKSHOP IN PAREDES DE COURA

<https://play2grow.eu/project-outputs/directed-improvisation-workshop-in-paredes-de-coura/>



Synopsis

Directed Improvisation Workshop is a workshop designed to musicians and music students, with different paths and levels, promoted by **Escola do Rock Paredes de Coura**.

It takes place in an informal musical learning context, in order to stimulate motivation, and active, creative and intuitive involvement in the student's musical process.

Target Audience

Musicians and music students, combining musicians with different academic backgrounds and trajectories, as well as musicians with different degrees of experience. It's not necessary being a student from Escola do Rock Paredes de Coura.

Goals

- Transformation of the musical power / experience accumulated by each of the participants in a collective musical torrent whose experience reverberates indelibly to their personal or group experience in other contexts;
- Rapport with the educational community of the places where it develops, patented both at the family level and in respect for the basic musical training of the students, experiencing great empathy for the personal effort of the

participants or attention to their personal expectations deposited in participation in the process. This integration enhances the appearance or reinforcement of synergies between institutions and people present in the territories;

- Development of valuable individual capacities applicable to multiple areas of human activity, once this initiative takes place in a context of informal musical learning, in order to stimulate intrinsic motivation, and active, intuitive and creative involvement in the musical process;
- This workshop aims, through collaborative methods, to develop a set of creative processes such as improvisation and musical composition / creation, where collaboration and interaction between the group is emphasized, and where communication plays a central role in the development of musical creativity.

Skills to be improved

- Creativity;
- Music composition;
- Intuitive and creative involvement;
- Motivation;
- Communication;
- Collaboration;
- Interaction between students.

Training Team

Created by musician, and Escola do Rock teacher, Samuel Martins Coelho-, this workshop involves one or two music teachers.

Description and workplan

The structuring of the workshop is simple but very effective. It follows this order:

- It always starts with round exercises, which aims to make each participant to be introduced to the group so that everyone knows each other and, from then on, start to build and strengthen group trust;

- Develop the rhythmic, concentration, choices, action, reaction exercises, so the trainer understand how the group works, and what are its weaknesses, and potentialities, so that throughout the workshop find the best solutions to resolve issues and assign tasks of leadership;
- Division of the group into small groups with specific tasks with an objective- to understand how the group behaves and how they interact in order to fulfill the objectives;
- After this division, each small group presents its material;
- Using **Soundpainting** Communication tools, improvisation exercises are performed so that an indication is given and the receiver has to make a decision based on that signal;

- What is **soundpainting**?

It's a sign language created by New York composer Walter Thompson for musicians, actors, dancers, poets and visual artists. The language consists of more than 1200 gestures that are indicated by the composer known as Soundpainter. This is what indicates the type of material that they want to be done by the performers. The direction of the composition is defined by the signaling given by the composer. Here are some examples of signs to register:

- Pointed indicator: Touch (PLAY);
 - Clenched Fist: Stop (STOP);
 - Left hand opening and closing, and indicator: Create the wave effect (FLASHING)- Only touch when the indicator is in the field of view. When the indicator does not point at anyone, it is not touched;
 - Left hand in V: Play too loud. (HIGH);
 - Two fingers pointing to the eyes: Pay attention and prepare for the next indication (ATTENTION);
 - Secure by hand: Free composition. They are currently the most important musicians in the group (SOLO);
- With the material developed by the different groups, the trainer asks for the interaction of the participants to start creating a possible structure, always making it clear that this structure is always changeable, so the participants can never lose focus because they are not used to a defined form;
 - Enhance the qualities of the participants both in technical or creative and leadership issues;
 - At the end of the workshop the participants have a good and relevant experience and know tools which are useful for their own projects;
- The result of this workshop is shown in a concert during the Escola do Rock Residency, in Paredes de Coura.

Duration proposed

This is a one-day workshop, during the Escola do Rock Residency, in Paredes de Coura, and lasts for three hours.

Promoting Organisation

Escola do Rock Paredes de Coura.

Starting Year

2019

You can follow them on...

Website: <https://escoladorock.paredesdecoura.pt/>

Facebook: <https://pt-pt.facebook.com/escoladorockparedesdecoura/>

Instagram: https://www.instagram.com/escoladorock_pdc/

Youtube: <https://www.youtube.com/channel/UCt16tuCXfZ2vJqnJwGofHOW>

MUSIC METHODS



SFOM POP&ROCK WORKSHOP IN AOSTA

<https://play2grow.eu/project-outputs/sfom-poprock-workshop-in-aosta/>



Synopsis

SFOM Pop&Rock Workshop is a workshop designed to internal and external students of different levels who want to learn in an informal but productive environment.

It's promoted by SFOM- Scuola di Formazione e Orientamento Musicale della Valle D'Aosta, and it happens during the school year. At the end, there is the production of a music show based on a specific subject.

Target Audience

Students from the school, and external students of any level who desire to grow either as musicians and as human beings in an informal but productive environment.

Goals

- Production of a music show based on a specific subject (for example the subject of the school year 2019-20 was the music of the movie 'The Commitments') to be played for the SFOM Music Festival 'Cambio Musica' and for any other occasion;
- Give the opportunity to the students involved to live the experience of making music together with their peers. This happens regardless of the level of competence of each, putting themselves to the test in a collective context where

the sense of collaboration, solidarity, empathy and a fair level of competition prevail;

- Create a solid relationship with the community through the constant realization of good musical projects, involving members of the community itself and that to this are offered, in the form of shows, at the end of each school year;
- Teach students a methodology for managing a band of their own that means selecting repertoire, preparing material, studying parts at home to get prepared at rehearsals, managing rehearsals efficiently, improving the stage presence on stage, being able to face basic technical aspects;
- Create a virtuous mechanism of spontaneous birth of new musical groups of young people, which are created as a result of the didactic experience and in the wake of the stimuli offered by this.

Skills to be improved

- Sense of responsibility;
- Respect;
- Empathy;
- Communication;
- Teamwork;
- Initiative;
- Problem solving;
- Organisation;
- Dedication;
- Creativity;
- Reliability;
- Listening (playing together presupposes a deep listening ability of the other members of the group);
- Patience (results come with hard work);
- Relaxation (physical and mental relaxation are both very important to playing and performing);
- Concentration and focus (the less the musician is concentrated, the more he'll make mistakes);
- Time feel (a band needs to develop a common sense of time to make a good performance);
- Ear training.

Training Team

A teacher is the principal director and head of the laboratory. At the same time all the instruments teacher of the students involved, collaborate in the preparation of the musical parts during the lectures with their students.

Description and workplan

The lab is structured as follows:

- At the first meeting students introduce themselves and get to know each other;
- The teacher describes in detail to the students the working methods and rules of behavior;
- The team proceed to listening to the repertoire and begin to discuss aspects related to sound, arrangement, instrumentation, etc;
- The group decides the first song from which to begin, listen and together describe the structure of the song;
- The singing teacher will be asked to establish the right tonality for the singers;
- From that moment on, the students will learn by ear their instrumental part with the help of their teacher. Possibly no musical parts will be provided to the students, because one of the specific objectives of this workshop is to develop in them the musical ear;
- Then at each new meeting, the group, coordinated by the teacher, will work on the construction of the song addressing one section at a time, starting first from the rhythm section and then adding the voices. Each section is rehearsed repeatedly until it works, then they move to the next section;
- If there is a wind section or bows, they will be summoned for separate section rehearsals and then progressively inserted into full-body rehearsals;
- From time to time, the instrument teachers will participate in the rehearsals to personally verify the performance of the students, to play alongside them, and to give advice and adjustments to the parts;
- During the school year, the participation of the band in essays or musical occasions outside the school is promoted, to begin to test the song ready, as break-in before the concerts at the end of the year.

Duration proposed

This workshop lasts a school year- about seven months from November until May.

Promoting Organisation

SFOM – Scuola di Formazione e Orientamento Musicale della Valle D'Aosta.

Starting Year

2005

Prizes / recognition received

The groups of the Pop&Rock Sfom workshop participated in:

- Aosta (Italy) music festival Sfom 'Cambiomusica' from 2005 to 2019;
- Aosta (Italy) musical review Sfom 'Giovani in musica' 2006;
- Aosta (Italy) project 'La scuola suona' 2010, 2011, 2012;
- Aosta (Italy) event 'SfomPride' 2012;
- Albertsville (France) 'Fête de la musique' 2011;
- Aosta (Italy) festival 'Aosta Classica' 2015.

You can follow them on...

Website: <https://www.fondazionemusicalevda.it/sfom>

Facebook: <https://it-it.facebook.com/sfomvda/>

Instagram: <https://www.instagram.com/sfom.vda/>

MUSIC METHODS



SUZUKI METHOD BY SFOM IN AOSTA

<https://play2grow.eu/suzuki-method-by-sfom-in-aosta/>



Synopsis

Since 1993, Suzuki School, in Aosta, teaches music according to the Suzuki Method. This method, created by the Japanese musician, philosopher, and educator Shinichi Suzuki, argues that imitation is a fundamental strategy to accelerate the processes of acquiring new knowledge, especially in the early stages of life. In SFOM, teachers encourage children to start as early as possible (at 3 years old, normally), with musical training and ensemble/orchestra classes.

Target Audience

Students and teachers from Sfom , Suzuki pupils and schools in Italy and Europe.

Goals

This is a long term project and experience from the Suzuki SFOM department. Education to music, by learning how to play a musical instrument, starting as early as possible (at 3 years old, normally), has always been the main goal. Many concerts and events have taken place during the years, and playing in an orchestra has given a strong signal to the students of common design, covering educational purpose under more than music aspects.

Skills to be improved

- Ear training by constant listening;
- Improving brain and body activity by learning how to play an instrument since early age;
- Improving young children natural imitation skills;
- Sharing music, tone, intonation and musicality through group lessons;
- Learning the discipline aspects that are necessary in the orchestra;
- General enrichment with the sharing of a project with other schools through summer courses, national and international workshops, concerts, events etc;
- Starting, in a natural way, children's contact with arts.

Training Team

Scuola di Formazione e Orientamento Musicale – Aosta: Adriano Coluccio, Fulvia Corazza, Sara Mangaretto, Antonello Peretto, Luca Taccardi, Stefania Ugolin.

Description and workplan

- **Musical training:** Pupils attending the school 2 classes per week:
 - Children Music Laboratory (CML)- Rhythm, reading and ear training skills. Starting age: 3-4 years old;
 - Instrument classes- They start at 4-5 years old, with 30 minutes, then, according to skills and programme, the lesson time increases up to 1 hour. Students are selected according to their skills and preferences for the practice and study of a particular musical instrument. They can learn how to play violin, viola, cello, double bass, flute and guitar;
- Ensemble/Orchestra classes: every fortnight, they meet to play together;
- Chamber Music is also added for teenagers.

Duration proposed

A school year- 27 weeks, plus summer camps and/or workshops.

Promoting Organization

Fondazione "M.I.Viglino per la cultura musicale".

Starting Year

1993

You can follow them on...

Website- <https://www.fondazionemusicalevda.it/suzuki>

Facebook- <https://www.facebook.com/sfomvda>

Instagram- <https://www.instagram.com/sfom.vda/>

BOOTCAMPS



CLUSTER SUMMER CAMP IN AOSTA

<https://play2grow.eu/cluster-summer-camp-in-aosta-2/>



Synopsis

Done since 1996, in Aosta-Italy, by **SFOM**, it takes place every year in the last week of august, and is designed for their and external students, always with the concern of including students with motor and cognitive difficulties.

SFOM teachers, external teachers and national and international artists, provide activities such as "Music in circle", rehearsals by Cluster Orchestra and individual instrument lessons.

Throughout the week there are also several concerts in the region of Aosta, and at the end, a concert by Cluster Orchestra at a well-known festival.

Target Audience

Students of SFOM and other local institutions, trainees from schools of music, Conservatories, Music High Schools and Secondary Schools with musical orientation. There are no age limits and musical/instrumental skills. Special attention is given to students with motor and/or cognitive disabilities, who are involved with an inclusive approach in all activities.

Goals

- Make students live different ways of making and thinking about music those known during the year.

- Bringing students closer to ethnic music, jazz, popular music, not only to ride a modernity trend, but to learn how to play their instrument in a thousand different ways and to learn about the variety of musical languages.
- Encourage the original composition by the teachers, specially packaged for the available instrumental group and student levels.
- Inspire musical practice with an unprecedented intensity and mode, thanks to the involvement in different activities, the social dimension and the full-immersion experience.
- Provide a cooperative learning opportunity among truly diverse people by background, age and training course.
- Provide a monographic thematic background, which frames most of the Campus's activities, combining imaginary, cultural data and movement experiences.
- Educate to intercultural.

Skills to be improved

- Cooperative learning / Peer to peer
- Socialization
- Immersive learning
- Ability to link music to other cultural items
- Life-long learning
- Intensive instrumental extra-training
- Improve musical reading ability
- Music listening skills (audition)
- Teamwork
- Study method
- Intergenerational relations
- Interaction with professional artists
- Intense practice of ensemble music
- Engagement

Training Team

The team consists of teachers of SFOM, external teachers and – whenever possible by project type and economic availability – national and international

artists as guests.

The selection of the team gives particular attention to the curriculum and the teaching skills of the musicians called to collaborate.

Description and workplan

Given the long-standing history of «Cluster», there has been a progressive evolution and transformation of the articulation of the course.

At the very beginning, twenty-four years ago, it was original and in a sense revolutionary the only proposal of a summer course that was not a “Specialization Course”, with teachers-gurus dispensing their knowledge in a way that recalled what was already experienced in the school year: rigid masterclasses, during which the students follow each other to make the Maestro listen to the pieces prepared for the occasion.

Its originality, therefore, was mainly in being a summer camp aimed at music students of all levels, ages and backgrounds, unlike the masterclasses of the time, aimed exclusively at students of the Conservatory, with professional goals.

The other absolute novelty was that the summer school was dedicated exclusively to the ensemble practice, with specially selected repertoires, written and/or arranged – often also during the camp – for the orchestral complement and students of the course.

These features have remained the hallmark of Cluster over the years, although fortunately the framework of the summer music courses in Italy has, at least partially, changed.

The experience of ensemble music is embodied in two main activities, involving all participants in the Summer Camp:

- *Music in Circle*, an activity of opening and closing the day, in which all the students are called to participate in a very engaging moment, of percussion, movement and sometimes singing.
- The orchestra rehearsal, the core of the campus, being the center of the annual thematic project and the point of convergence of all students. The Cluster Orchestra is a multi-level and inclusive ensemble. In this case, depending on the level and age of the students enrolled, there may be additional dedicated activity, usually small *chamber groups* or a *small orchestra* in parallel, with an appropriate repertoire. In any case, a couple of tunes in the large orchestra are guaranteed to participate.

Of course, there are rehearsals dedicated to instrumental sections, and individual – autonomous or assisted – training sessions.

The further originality of the course is given by its monographic nature, that is, the fact that it is organized around a central theme – different each year – which shapes most of the activities proposed.

Here are some examples of topics covered over the years:

- Symphonic Rock (2013)
- Musical Theater & Musical (2014)
- A cultural revolution: The Beatles (2015)

In recent editions, thanks to the inclusion of Cluster in the «Special Projects» – a package of initiatives with particular value for the territory, financed by the Autonomous Region Valle d'Aosta – it was possible to invite international guests, with whom an original educational project was articulated, which each time included the orchestral arrangement of some of the artist's pieces and the interaction with him in the live performances.

In particular, in recent years the following artists have been guests:

- *Ray Lema*, famous Congolese musician, known as a composer and performer, central figure of world music;
- *Cezariusz Gudzina*, Belgian saxophonist, great jazz player and musical experimenter;
- *Roberto Taufic*, Brazilian guitarist, singer and composer;
- Andrea Gargiulo, brilliant Italian teacher from Naples, promoter of the Abreu's Method "El Sistema" in Italy, for a social and inclusive teaching.

Various performances are included during the Summer Camp and in the closing of it, mainly in the Regional territory, in Aosta and in various villages of the Valley — Arvier, Morgex, Fénis, Saint-Vincent, Châtillon...

Typically these performances include an initial *marching band*, built with the performance material of «*Music in Circle*», and the actual concert, in which the orchestral pieces and the interventions of any smaller formations converge.

In recent years, when it was possible, a theme was chosen suitable to be further developed during the next year, becoming the framework of the work of the SFOMOrchestra – which is the largest ensemble of the school.

At the end of the annual project there is usually a two-to three-days campus with the guest artist, followed by a concert in an important festival, often the «Saison Culturelle» of the Valle d'Aosta Region, the main and most institutional concert season of the Region.

Duration proposed

The course usually takes place in the last week of August, possibly at the turn of September, from one Sunday to the following.

Promoting Organization

Cultural Association "Cluster": 1996 – 2005

Cultural Association "Tamtando" & SFOM: 2006 – 2013

SFOM in collaboration with other partners: 2014 – 2019

Partners over the years:

- Regione Autonoma Valle d'Aosta/Région Autonome Vallée d'Aoste
- Fondazione CRT (Cassa Rurale di Torino) – "Note e Sipari" call
- Cooperativa Sociale "NOI&GLIALTRI"
- Convitto Regionale "F.Chabod"
- Comune di Aosta, Comune di Saint-Vincent, Comune di Châtillon, Comune di Pont-Saint-Martin, Comune di Arvier, Comune di Morgex, Comune di Pré-Saint Didier, Comune di Courmayeur.

Starting Year

First edition in 1996

First edition with SFOM's partnership: 2006

For six years (since 2014) organized by SFOM as main partner

Prizes / recognition received

Ététrad Festival 2011 — Ray Lema's World Suite performance

Inclusion in the call «Note e Sipari» (*Notes & Curtains*) of the CRT Banking Foundation

Inclusion in the «Special Projects» of the Regione Autonoma Valle d'Aosta (Autonomous Region Aosta Valley)

Performance in Aosta, Arvier, Saint-Vincent, Châtillon, Courmayeur...

You can follow them on...

Website: <https://www.fondazionemusicaleda.it/sfom>

Facebook: <https://it-it.facebook.com/sfomvda/>

Instagram: <https://www.instagram.com/sfom.vda/>

BOOTCAMPS



ESCOLA DO ROCK RESIDENCY IN PAREDES DE COURA

<https://play2grow.eu/escola-do-rock-residency-in-paredes-de-coura/>



Synopsis

Since 2014, **Escola do Rock** Intensive Residency, takes place in Paredes de Coura, promoted by the Municipality of Paredes de Coura.

During the week, young people with basic musical training, have the possibility to acquire specific musical skills from the rock scene, and to perform live in a rock ensemble, with a team of teachers and one cultural producer.

At the end of each edition there is a concert, which is then presented on tour at festivals and theaters (venues).

Target Audience

Young people from 13 years old, with basic musical training. There's no geographic restriction, there are students from all over Portugal, and even from Spain and Finland.

Goals

This initiative has the following essential objectives:

- Ensuring the continuity of musical activity for young people with basic musical training, and who, in the evolution of their academic and/or professional path, would see their musical practice finished;
- Occupy young people's holidays in a educational, playful, and artistic way;
- Develop students' musical and creative skills, especially in the rock music area;

- Allow students to play in a band context;
- Develop interpersonal skills, essential for musical, professional and personal life;
- Transport the musical and creative atmosphere that takes place in august, at Festival Paredes de Coura, for the rest of the year, in the village.

Skills to be improved

- Specific musical skills of the rock scene;
- Specific skills related to playing live, in a band;
- Creativity;
- Responsibility;
- Discipline;
- Work intensity;
- Social Interaction.

Training Team

The training team involves around six music teachers. Each of them teaches one of these instruments: drums, guitar, bass, keyboards, wind instruments, and voice. In addition there is also a music programmer.

Description and workplan

Escola do Rock Paredes de Coura is an artistic residency, dedicated to rock, which takes place every year, for a week, during the christmas school holidays.

Students selection begins in the summer, with the communication of this initiative on social networks and at events such as Festival Paredes de Coura. Closer to the beginning of the residency, communication is made on media, like newspapers, radio and television, and with posters and outdoors placed in various cities in Portugal. The students registration is done online, and 50 vacancies are opened. If registrations exceeded the vacancies, there's a selection made by the training team and the municipality.

The repertoire is previously chosen by the training team, based on the number of enrolled students, their experience and instruments played by them.

The week is filled with rehearsals, training, cinema sessions, jam sessions, concerts, instrument demonstrations and workshops.

Students arrive at the beginning of the week, and those who are outside Paredes de Coura, stay in a residence in the village, during the week. In the first days, the rehearsals are divided by rooms, according to the instruments, and joining all students only at the end of the day. Throughout the week, the rehearsal time with all the members together, increases, and in the last 2/3 days, the rehearsals take place with all the class in the main room, during all day. Rehearsals end at 5pm.

In addition to rehearsals to prepare the repertoire to be presented at the final concert, students are also encouraged to create small band formations, which after may play at the daily concerts, at the final concert, or at the tour. In 2019 edition, the first concert of one of these formations was an itinerant concert, which covered several streets in the village, and where instruments and amplifiers were transported in a wheelbarrow adapted for this purpose. Thus, during one day, three emblematic places in the village of Paredes de Coura were visited by this band.

The workshops also take place during the residency week, some during school hours, and others at the end, when rehearsals are over. The themes are varied, but always focusing on rock, and on the career of musicians. So, there have already been workshops about the several instruments played at school, about directed improvisation, production, musician health and about how to promote and manage a band. The trainers are school teachers, or external trainers.

The nights are filled with cinema sessions or concerts. In cinema sessions, at Cultural Center of Paredes de Coura, films related to music, rock, and documentaries about Escola de Rock Paredes de Coura, are shown.

The concerts are given by the three resident bands of the "Residency for Rock Bands Program", as well by the small band formations that were formed during the rehearsal days. The concerts take place in various places in the municipality, including schools and associations in the parishes, in order to take the school, its bands, and music, to everyone.

The final concert of each edition takes place on the last day of the residency. Here, is presented the repertoire worked throughout the week by the class. There is also a small concert by each of the resident bands, as well of the small band formations.

After the residency week, throughout the year, Escola de Rock Paredes de Coura continues to work, with several residencies with music academies, choirs, and other schools, in Portugal and Galicia, Spain. Furthermore, the school goes on tour, having already the opportunity to play on large stages, such as: Vodafone Paredes de Coura Festival, Serralves em Festa, NOS Primavera Sound and

Summer at Casa- at Casa da Música, in Portugal, and Surfing The Lerez (Pontevedra) and A Escola Vira Fest (Vigo), in Galicia.

Duration proposed

One week, in december, during the christmas school holidays. Students who live far away(outside Paredes de Coura), stay in a residence during the week.

Promoting Organization

Escola do Rock Paredes de Coura is promoted by Municipality of Paredes de Coura, with training directed by Space Ensemble, an organisation with high expertise in the development of innovative approaches in the music training field.

Starting Year

2014

Prizes / recognition received

In 2015, with this initiative, Paredes de Coura council won the prize "Municipality of the Year Award", by Universidade of Minho.

You can follow them on...

WebSite: <http://escoladorock.paredesdecoura.pt>

Facebook: <https://www.facebook.com/escoladorockparedesdecoura>

Instagram: https://www.instagram.com/escoladorock_pdc/

Youtube: <https://www.youtube.com/channel/UCt16tuCXfZ2vJqnJwGofHOW>

BOOTCAMPS



MUSICAL CAMP IN TOMIÑO

<https://play2grow.eu/musical-camp-in-tomino/>



Synopsis

This musical camp lasts for 4 days, is promoted by Goian's Music School and was distinguished by Diputación de Pontevedra as a dynamic activity of culture. Held since 2017, with music classes, and sports and leisure activities, here is worked companionship, interaction, teamwork and respect among students from different schools.

Target Audience

Students, between 8 and 18 years old, and some adult students, from Tomiño music schools, who are in children's and youth bands.

Goals

Three music schools and their directors create two large band formations with the aim of creating groups and possibilities with great potential. The main goal is to motivate all students, concentrating their interest and taste in music and in group musical performance, and encouraging values such as responsibility, collaboration and respect.

At the end of the week, about 130 students show their work at the closing concert.

Skills to be improved

- Music skills- instruments skills, composition;
- Coexistence;
- Respect;
- Diversity;
- Gender equality- identify and correct gender violence and sexist attitudes and behaviors, and promote equality between men and women;
- Equality;
- Companionship and interaction between students from different schools;
- Teamwork;
- Responsibility;
- Collaboration;
- Cultural values – respect for the cultural heritage of the different schools.

Training Team

The training team involves three band directors, six monitors responsible for students and leisure activities, and between six and ten teachers, invited to give masterclasses and talks.

Description and workplan

In this musical camp, students, teachers and monitors, coexist for three days in suitable facilities with leisure and sports activities. During these days, students relate to each other, encompass a broader repertoire, and receive classes from different teachers and directors.

In past editions this musical camp received the visit of important Spanish soloists.

All the students will be able to commission original repertoire for this occasion and make the premiere of the work at the closing concert, as well as count on the collaboration of artists from other disciplines and writers, making music an opportunity for approach to other cultural expressions.

The plan of this musical camp is prepared based on three assumptions:

- Change in the methodology developed throughout the year:

Students from different schools will have the opportunity to get in touch with other teachers, (not the usual ones of their schools), as well as with other band directors and classmates. Furthermore, to remove students from the routine of the school year, all the three schools will look for an external location, with the capacity to house the students and teachers, during the three days of the musical camp. It's defined that during these three days:

- Students get out and learn outside the classroom. Limiting teaching practices to the physical space of the classroom is not enough to achieve the development of some skills and competences;
 - Be possible sharing music, learn about other repertoires and improve performances. Intensive string instrument classes, with new teachers from other schools, and collective rehearsals in which all participants play under the direction of the directors (so far, unknown to students from other schools) will enrich each participant;
- Take a musical journey through time:
 - The result of the work done during the musical camp, will culminate in a concert with all students, on the last day, open to public, in which the musical repertoire distinguishes:
 - PAST- Contributing to the dissemination of the Galician musical historical heritage. In 2019, this happened through the interpretation of the galician ballad "Negra Sombra", a composition made by master Juan Montes in 1892, for the well-known text by Rosalía de Castro;
 - PRESENT- Promoting the work by current galician composers. This is the case of the composition "Cavaleiros de Santiago" in 2003 by master José Luis Represas;
 - FUTURE- Debut of compositions by galician authors, interpreted by the new generations of galician musicians. In 2019, they have the collaboration of Andrés Álvarez, who wrote a work specifically for this occasion. He also participated in the camp for a morning, in order to explain to the students the structure and elements of a composition and, finally, he did a final rehearsal with all the students, before the debut of the work.
 - An opportunity to create synergies between music and literature:
 - In 2018 the director of the Goián Music Band, Pedro Villarroel, proposed to the composer Andrés Álvarez to write a musical work based on a literary work. He sought inspiration in a book known to the participants in the camp ("Escarlatina, A Cociñeira Defunta", usually recommended in Galician schools as reading for young people), and from a nearby writer, Leticia Costas, so that she could also explain her creation in the camp itself.

- Both authors summarize the experience as “very interesting” and “exciting” for several reasons:
 - It is an initiative that enhances the creation of Galician music literature by commissioning the composition of new works;
 - Joint and direct work with composer, director and writer is pedagogically attractive;
 - Allows music to bridge between different artistic disciplines.

Duration proposed

This musical camp lasts three days.

Promoting Organization

Goian's Music School.

Starting Year

2017

You can follow them on...

Website: <http://bandadegoian.gal/>

Facebook: <https://pt-br.facebook.com/bandagoian>

Instagram: <https://www.instagram.com/bandagoian/>

BOOTCAMPS



RACINES PROJECT 2019 IN AOSTA

<https://play2grow.eu/racines-project-2019/>



Synopsis

The Racines Project took place in 2019, for the first time, and was an artistic field dedicated to western percussions, their roots, and their evolution.

It involved students and professors of the Sfom, the Conservatoire de la Vallée d'Aoste, the G. Verdi Conservatory of Turin, in Italy, and the Ensemble Artistique de Bolomakoté, in Burkina Faso.

For 18 months, the four institutions collaborated and rehearsed, and at the end, for fifteen days, they met and shared rehearsals, seminars, conferences and concerts.

Target Audience

Students and teachers of the Sfom (Percussion ensemble Sfom), the Conservatoire de la Vallée d'Aoste, the G. Verdi Conservatory of Turin and the Ensemble Artistique de Bolomakoté (Burkina Faso).

Goals

With the concert Racines, the SFOM- Scuola di Formazione e Orientamento Musicale and the Conservatoire de la Vallée d'Aoste, wanted to give a strong signal of common design by providing skills and professionalism in the artistic and educational field.

Skills to be improved

- Professionalism;
- Knowledge of non-european cultures not only from the musical point of view;
- Comparison between African and European musical concepts;
- Parallel between sound and movement in the way balafon and marimba are played;
- General enrichment in the sharing of a project.

Training Team

- **Scuola di Formazione e Orientamento Musicale:** Marco Giovinazzo, Antonio Gigliotti, Lorenzo Guidolin, Gabriele Peretti, Andrea Severino;
- **Conservatoire de la Vallée d'Aoste:** Mauro Gino, Etienne Mangaretto, Fabio Saccavino, Riccardo Salvarani, Lorenzo Scanavino;
- **Conservatorio G. Verdi di Torino:** Riccardo Balbinutti, Paolo Bosa, Michel Chenuil, Giulia Giovinazzo, Francesco Parodi;
- **Ensemble Artistique de Bolomakoté:** Yaya Ouattara, Seydou Dembélé, Makan Dembélé, Lamoussa Sanou, Sénimi Koné, Brama Sanou, Bie Ahmed Traoré;
- **Arrangements:** Riccardo Balbinutti, Mauro Gino, Marco Giovinazzo;
- **Original music** from the Burkinabé tradition by Yaya Ouattara.

Description and workplan

Racines Project 2019 involved students and professors of the Sfom, the Conservatoire de la Vallée d'Aoste, the G. Verdi Conservatory of Turin, and the Ensemble Artistique de Bolomakoté (Burkina Faso), for 18 months. They were the protagonists of an artistic journey that brought to the stage the roots of our western percussions, their evolution and the interweaving of cultured and oral languages.

First, there is programming and collection of materials in Burkina Faso (in Bobo Dioulasso). At the same time, in Italy, there are arrangements and ensemble rehearsals for students from SFOM and from Conservatories in Valle D'Aosta. In Burkina Faso, the ensemble of Bolomakoté and the Project Manager also have rehearsals.

After this, there are general rehearsals in Italy, with concerts, seminars and conferences. A total of four concerts were held in three different cities: Aosta, Rivoli and Turin; two conferences, two seminars, and stages and rehearsal sessions, where all the boys had the opportunity to meet with musicians from other schools and with different cultures. A project that intended to bring to the stage the concept of sharing and meeting.

To underline the importance of this initiative and to demonstrate the interest of the two schools in creating networks and making their students live concert experiences also in festivals outside Valle, the Turin Conservatory has included this in its festival this concert, Friday 3 May 2019, at the auditorium of the G. Verdi Conservatory in Turin, one of the most prestigious halls in northern Italy.

Duration proposed

Fifteen days

Promoting Organization

Associazione Culturale Tamtando

Starting Year

2019

You can follow them on...

Website:

SFOM- <https://www.fondazionemusicaleda.it/sfom>

Conservatoire de la Vallée d'Aoste- <https://www.consaosta.it/>

G. Verdi Conservatory of Turin- <https://www.conservatoriotorino.gov.it/en/>

Ensemble Artistique de Bolomakoté- <http://association.boloarts.wordpress.com/>

BOOTCAMPS



SAN SIMÓN FIDDLE IN PONTEVEDRA

<https://play2grow.eu/san-simon-fiddle-in-pontevedra/>



Synopsis

Organized by **Galicja Fiddle**, since 2012, it's a one-week summer course for string instruments in traditional music, in Illa de San Simon, Pontevedra-Galicia.

It's aimed at children and young people- between seven and eighteen years old, with violin and cello formation.

The course propose is to promote the use of strings in traditional music, and to encourage students to have fun and improvise, regardless of their technical level.

Target Audience

Children and teenagers between seven and eighteen years, especially aimed at those students who have at least one year's knowledge of the string instruments (violin and cello).

Goals

SAN SIMÓN FIDDLE (SSFC) is a music summer course of 8 days specially designed for children, where musical activities are combined with other fun and free time activities. The course is aimed at those students who have at least one year's knowledge of the instrument.

The musical activity is mainly aimed at promoting the use of string instruments within traditional music, in order to discover another way of relating to their

instrument, which will allow them to enjoy making music regardless of their technical level.

To exploit to the maximum the capacity of improvisation of the participants is one of the main objectives pursued and that will make participants discover a new and fantastic musical world unknown to them until now.

In this summer course the music is transmitted orally, dispensing with sheet music and sharpening the children's capacity for musical retention, who, in a few days on the island will be able to learn a melody in just a few minutes.

The free time activities (coordinated by specialized monitors) are complemented by the musical ones, being the learning more entertaining and enjoyable, joining two fundamental objectives: the musical and human formation of its members.

Skills to be improved

- Musical retention;
- Capacity of improvisation;
- Creativity;
- Teamwork;
- Socialization.

Training Team

About classes, there is a group of eleven teachers specialised in string instruments, trained to give the course and the complementary activities.

About the group which takes care of the children comprises the teachers of the different subjects taught, both musical and others, coaches, a nurse and a lifeguard.

Description and workplan

Four level groups are established: beginners, elementary, intermediate and advanced, with a combination of training and leisure activities.

Training Activities:

- Instrument Classes

- Fiddle (several levels);
- Violoncello;
- Acoustic guitar;
- Introduction to the fiddle (no previous knowledge).
- Musical Activities for all participants:
 - Learning traditional songs;
 - Introduction to traditional percussion: tambourine, bones, seashells, etc;
 - Introduction to traditional dancing.
- Evening Workshops:
 - Rock&Roll and electric violin workshop;
 - Alexander technique workshop;
 - World Music Improvisation workshop;
 - Practical Luthier workshop.

Leisure Time

- Canoeing;
- Boat trip around the ria;
- Traditional games;
- Sports;
- Swimming and activities at the beach;
- Concerts;
- Fancy-dress ball and party;
- Outdoor cinema;

Duration proposed

This camp lasts one week (8 days), combining training and leisure activities. During this week, all the students live here, on the island's accommodation facilities.

Promoting Organization

GALICIA FIDDLE, a nonprofit cultural association, with the goal of encouraging the playing of string instruments in an alternative way.

Starting Year

2012

Prizes / recognition received

Erasmus +: Part of the programme has received support from the European Commission through the ERASMUS + Programme, which has enabled that 25 young people from other countries could participate in the 2019 training with scholarships.

You can follow them on...

Website: <https://www.galiciafiddle.com/es/>

Facebook: <https://pt-pt.facebook.com/galiciafiddle/>

Instagram: https://www.instagram.com/galiciafiddle_oficial/

Youtube:

<https://www.youtube.com/channel/UCsE0RYHaYTERwheF9ifeCnw/videos>

BOOTCAMPS



SUMMER MUSIC CAMP IN TOMIÑO

<https://play2grow.eu/summer-music-camp-in-tomino/>



Synopsis

Designed for children from 3 years of age, this summer camp, organized by Tomiño City Council with the **Goián Musical Group**, was created to help parents in the search for initial musical training that could be reconciled with their professional life.

Here, children have the opportunity to approach popular music for the first time, try out different instruments, perform different activities, and develop interpersonal skills.

Target Audience

Boys and girls from 3 to 14 years, belonging to Galicia municipalities and even from Portugal, such as Vila Nova de Cerveira.

Goals

Facilitate the conciliation of family and work life with children's activities of musical initiation and approach to popular music.

Skills to be improved

- Musical retention;
- Teamwork;
- Improvisation;
- Musical event;
- Social values (respect, empathy, tolerance, responsibility, cooperation, ecology, nature care, etc).

Training Team

The camps are conducted by three monitors from Agrupación Musical de Goián, to cater to all diversity of participants.

Description and workplan

The summer camp arises from the demand of families who are looking for conciliation offers with the possibility of musical training. In this camp boys and girls from 3 to 14 years, have the opportunity to experiment with different music instruments.

Most of the time, this summer camp is the children's first contact with the world of music, so monitors try to attract them through games and group dynamics, instrument creation workshops, working with an integrative methodology that allows them to learn to live in diversity and equality. In addition, trainers from the School of Music introduce the Goián Musical Group.

Since 2017, the theme of the music camp revolves around the concert that the Agrupación Musical de Goián develops in the summer in the Praza do Seixo.

Themes made in past editions;

- Galician – Portuguese Folklore
- Galician work "Lela"
- Our Band
- Others

Through playful activities there is an approach to the Galician, Portuguese and the folklore of the different regions of Spain. All are configured as "themed trips"

through different activities where the main purpose is the enjoyment of music by the participating children.

Different activities are carried out:

- Mini-concerts by solo musicians;
- Manipulative activities with natural elements;
- Musical instrument workshops with scrap material;
- Handling of instruments;
- Activities of abstraction through music among others.

Duration proposed

This summer camps lasts two weeks, and classes take place from Monday to Friday, from 10 am to 2 pm.

Promoting Organization

Tomiño City Council in collaboration with the Goián Musical Group.

Starting Year

2012

You can follow them on...

Website: <http://bandadegoian.gal/>

Facebook: <https://pt-pt.facebook.com/bandagoian/>

Instagram: <https://www.instagram.com/bandagoian/>

Youtube: https://www.youtube.com/channel/UCx3JfFWQr97nNi6HIsM_D0g

BUSINESS & ACCELERATORS



ESPACIO COWORKING “GO2WORK” IN A CORUÑA

<https://play2grow.eu/project-outputs/espacio-coworking-go2work-in-a-coruna/>



Synopsis

It's a music entrepreneurship course, created by **Paideia** Galiza Foundation and **EOI** – School of Industrial Organization, in 2019.

Designed to emerging artists, with musical projects at the beginning, the goal is to increase success in initial stages of their projects, and allow them to put themselves on the market in a short time.

Target Audience

This course is directed to emerging artists with early-stage music projects, and who want to launch themselves on the market.

Goals

Basically, this musical entrepreneurship initiative is a workspace for entrepreneurs and is designed to increase the chances of success of the participating projects, in the early stages of development.

The main issue of Espacio Coworking Go2Work is to define a business plan, with special emphasis on the management, production, promotion, distribution and financing phases.

It aims to offer specialized training so that students can identify all the agents working in the music industry, as well as learn about all its areas.

In fact, the business models of benchmark companies in the music sector, such as "Esmerarte", "Last Tour" and "Primavera Sound" are studied in depth. Students will also receive training in the Lean Startup methodology, which will be given by different experts in the field. The methodology is face-to-face, dynamic and practical, providing an atmosphere of reflection, dialogue and synergies in a unique learning environment, with renowned professionals in the field of musical entrepreneurship.

Skills to be improved

- Business-related skills: Entrepreneurship / Business skills through Lean Startup methodology (management, marketing, finances, etc.)
- Musical-related skills: music production, musical events, production, etc.

Training Team

Music industry professionals in a wide variety of areas, such as music production, marketing, law and finances, intervene as teachers and tutors. Almudena Heredero (Primavera Pro), Ángel Carmona (Radio 3), Patricia Gabeiras (Legal Music), Carlos Galán (Subterfuge), Carles Baena (El Segell del Primavera Sound) o Ivone Lesan (Sala Razzmatazz), are some examples.

Description and workplan

Coworking spaces for training and individual tutoring: classrooms equipped with the necessary infrastructure and services to facilitate the development of business plans for the selected music projects.

Main features:

- A workspace for innovative entrepreneurs.
- Designed to increase the chances of success of innovative projects in the early stages of development.
- With one objective: to enable entrepreneurs in a short time to put to get their projects up and running.

- A node of the entrepreneurial ecosystem promoted by EOI, with access to networking, training and investment opportunities

This initiative is structured through 3 main axes:

- **TRAINING**

Training programs and workshops are given, with the aim of providing emerging artists with the necessary tools to develop the business plan of their musical project. The best professionals in the music industry sector participate as teachers and tutors.

The School of Industrial Organisation (EOI), the European Social Fund and the Galician Agency for Cultural Industries (AGADIC) are partners of the Paideia Galiza Foundation in these actions.

- **PROMOTION**

Especially noteworthy is the emerging band contest "Sonidos Mans", which allows new bands to play at the most renowned Galician festivals, as well as to record in Estudios Mans.

- **RECORDING**

The recording of artists is done to facilitate their promotion on digital platforms. The Residence program, in agreement with Radio 3, has allowed groups and artists of international stature such as Love of Lesbian, Iván Ferreiro, Coque Malla, Viva Suecia, Morgan or Rufus T. Firefly to develop and record new songs in our studio.

Duration proposed

5 months, during 100 training hours, structured in the following way:

- Group training of 60 hours
- Individualized training of 40 hours:
 - 10 hours of resident mentor,
 - 15 hours of project mentor,
 - 15 hours of specialist mentor

Promoting Organisation

- ***Paideia Galiza Foundation***, established in 1986 as an open space for debate and reflection on issues, especially in the human and social sciences. It was born,

and was built with the contributions of professionals from psychiatry, education, medicine, philosophy, law, psychology... with a methodological approach, which allowed us to work intensely on the intersection of disciplines, practices, and discourses.

- **EOI – School of Industrial Organisation.** Established in 1955, Spain's School of Industrial Organisation was the first business school in Spain and is one of the oldest in Europe. It was a pioneer in developing specialised training programs on business skills and improving companies.

Starting Year

2019

Prizes / recognition received

Wide dissemination in Spanish National Radio channel (Radio 3), which has allowed internationally renowned bands and artists such as Love of Lesbian, Iván Ferreiro, Coque Malla, Viva Suecia, Morgan or Rufus T. Firefly to develop and record new songs in the studio (Residence Program).

You can follow them on...

Website:

<https://www.paideia.es/estudios-mans/>

<https://www.eoi.es/es/espacios-coworking/padron-8a-edicion>

Facebook:

<https://www.facebook.com/fundacionpaideia/>

<https://pt-pt.facebook.com/eoi.edu/>

Instagram: <https://www.instagram.com/fundacionpaideia/?hl=es>

<https://www.instagram.com/eoischool/?hl=pt>

Youtube:

<https://www.youtube.com/channel/UC2kOJSC8HZnGTf0leFoJa-Q>

<https://www.youtube.com/channel/UCQ-cLpwRZtQlkwMMmJC6uqw>

BUSINESS & ACCELERATORS



RESIDENCY FOR ROCK BANDS IN PAREDES DE COURA

<https://play2grow.eu/residency-for-rock-bands-in-paredes-de-coura/>



Synopsis

Taking place in parallel with **Escola do Rock** residency week, in 2018 appeared the residency program for rock bands, promoted by Escola do Rock Paredes de Coura.

Here, musicians integrated in a band without professional production and editing, have the possibility of having a theme produced.

Target Audience

Musicians, integrated in a rock band, without professional production and editing. There's no geographic or age restriction.

Goals

- Produce, edit and promote a phonographic record of a band's theme;
- Produce, edit and promote a videographic record of a band's theme;
- Induce behaviors and attitudes that contribute to the band's resilience;
- Monitor and guide the career of resident rock bands in a long term;
- Serve as a motivational reference for participants in other related initiatives.

Skills to be improved

- Professionalism;
- Concision in studio environment;
- Communication;
- Creativity;
- Team building.

Training Team

The training team involves a musical producer, a sound technician, an audiovisual director and a cultural producer.

Description and workplan

This residency takes place in parallel with the **Escola do Rock** Residency week, in december, despite being born in 2018, four years after the school's first edition. It arose when it was noticed the difficulty that the bands feel, in the initial phase, to launch themselves on the market, and to produce and edit a phonographic and videographic record.

Any band, without professional production and editing can subscribe. The registration period opens in september, online, and each band must send a presentation text, a presentation of their band(musicians and instruments), the technical requirements, two themes in audio or video, and photographs. The registration period closes between november and december, and a few weeks later the three selected bands are announced. The bands are selected by the jury composed by members of the Municipality of Paredes de Coura and by the Escola do Rock musicians and trainers.

The three selected bands then have the opportunity to spend a week in Paredes de Coura, with guaranteed accommodation and food, and where they can produce a phonographic and videographic record, and give some concerts. The phonographic record is produced under the direction of a music producer and a sound technician, who do the production during the week. The bands also make a video recording, with an audiovisual director. A cultural programmer ensures the concerts of the bands, one from each band during the week, at emblematic places of Paredes de Coura, and another that happens at the opening of Escola do Rock final concert.

After the residency week, during the year, the bands have more concerts, ensured by the cultural programmer and by Escola do Rock.

In the first edition of this initiative, in 2018, four bands were selected: "Wicked Youth", from Paredes de Coura, "Dream People", and "Cuckoo Let Us", from Lisbon, and "DOWN 4 U", with elements from Paredes de Coura, Porto and Castelo de Paiva. Throughout the year they played at several venues such as the Vodafone Paredes de Coura Festival, Surfing the Lerez in Pontevedra, at Sala Radar in Vigo- within the scope of "A Escola Vira Fest"-, and many other stages.

In the second edition, in 2019, three bands were selected, "The Fekks", by Malveira da Serra-Cascais, "Gaspea", by Caldas das Taipas-Guimarães, and "Catarina", by Paredes de Coura. All these bands will have several concerts throughout this year.

Duration proposed

One week, which takes place in parallel with the Escola do Rock Residency week.

Promoting Organization

Like Escola do Rock Paredes de Coura, this Residency for Rock Bands is promoted by Municipality of Paredes de Coura, and by Space Ensemble, an organisation with high expertise in the development of innovative approaches in the music training field.

Starting Year

2018

You can follow them on...

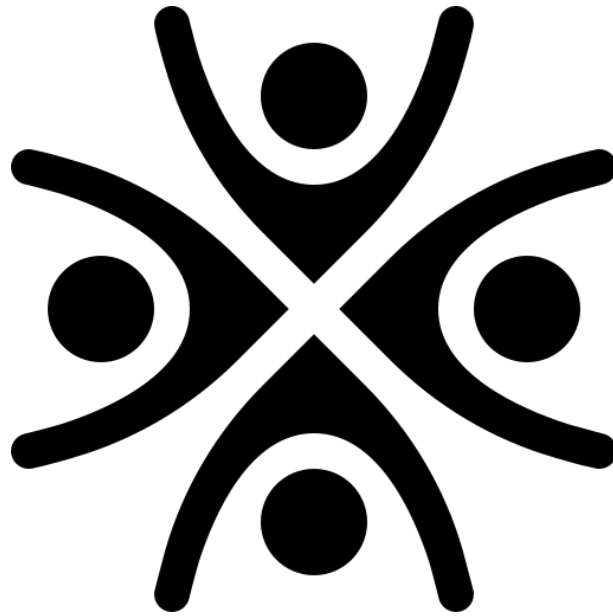
Website: <https://escoladorock.paredesdecoura.pt/>

Facebook: <https://pt.pt.facebook.com/escoladorockparedesdecoura/>

Instagram: https://www.instagram.com/escoladorock_pdc/

Youtube: <https://www.youtube.com/channel/UCt16tuCXfZ2vJqnJwGofHOW>

MUSIC & COMMUNITY



RECYCLED ORCHESTRA OF CATEURA

<https://play2grow.eu/project-outputs/recycled-orchestra-of-cateura/>



Synopsis

In this **orchestra**, from Asunción- Paraguay, created in 2012 by the musician and environmental technician, Favio Chávez, music is done with instruments made from recycled materials picked up at the Cateura landfill.

The instruments are created by Favio and by the garbage collector and former carpenter, Don Cola Gomez. The members of the orchestra are children and young people from the community of Cateura, who live in vulnerability and social exclusion conditions.

The success of this orchestra is huge, having played in several countries around the world, and with artists like Stevie Wonder, Metallica and Megadeth.

Target Audience

Children from Asunción, Paraguay who play musical instruments made from scrap materials collected from Asunción's Cateura landfill / dump.

A music group formed by young people and children who live in the community installed around the Cateura dump, the main and largest dump in Asunción, the capital of Paraguay, as well as some young people from other nearby communities, interested in living the experience of forming this Orchestra.

Goals

The Orchestra seeks to educate, through music, children and young people who

live in the community of Cateura in conditions of vulnerability and social exclusion, creating opportunities in favour of its members, so that they can have options that allow them to project their future towards better living conditions that allow them to forge a better future.

THEIR MOTTO

“The world sends us garbage. We send music back.”

Skills to be improved

- Social inclusion,
- Empathy,
- Practical improvisation skills,
- Environmental and humanitarian responsibility
- Responsibility,
- Creativity,
- Self-motivation,
- ...

Training Team

Not available in the case of the “Recycled Orchestra of Cateura”.

However, taking into account the Spanish initiative “La música del reciclaje” (*the music of recycling*) led by ECOEMBES – the organization that cares for the environment through recycling and the eco-design of packaging in Spain – based on the Recycled Orchestra of Cateura, the project’s training team is composed of qualified professionals with extensive experience in teaching children with special needs.

Description and workplan

Instruments used in the orchestra made of all garbage picked up from landfills in

Cateura. This area has been carrying garbage of 1500 tons daily. When Favio started teaching music to children, it was very difficult to get the real instruments. Because a real violin is more expensive than a house. At one point, he would come up to make a musical instrument from the garbage. A skilled craftsman just lived in this district. Favio has created a variety of the miraculous musical instruments with him.

- Violin: paint cans, aluminum pot, wooden pallets
- Cello: olive oil cans, tenderizer, wooden pallets
- Saxophone: water pipes, coins, buttons, keys, tops of the beer bottles, cutlery handles
- Drums: wooden pallets, radiograph, angles and pins of metal for windows
- Guitar: wooden pallets, cans for sweets

Children came to be able to learn music with these musical instruments.

In the case of the ECOEMBES initiative the participants of the social project «*The Music of Recycling*» are children and young people, between 7 and 16 years old, at risk of social exclusion. Currently, three centres and a total of 76 children are participating in the project.

The training is divided in 2 main sections:

- **Musical training:** Participants at each center receive five hours of classes per week. Students are selected according to their skills and preferences for the practice and study of a particular musical instrument. In this way they can learn to play the violin, cello, double bass, flute, saxophone, guitar and percussion. In addition, all of them attend solfege classes, given in a practical way.
- **Lutherie Workshop:** On the other hand, several children actively participate in a lutherie workshop, which consists of 10 hours per month, where they learn to make and repair different instruments that are used by the project's members, in addition to training as stage technicians.

Duration proposed

Taking into consideration some of the experiences replicated in other areas, as it is the Ecoembes initiative "*The Music of Recycling*" the children attend, two days a week, classes of stringed instruments, wind and percussion. In these classes they learn both musical knowledge (5 hours per week) and how to make their own instruments from recycled materials (10 hours per month).

Promoting Organisation

- **Recycled Orchestra of Cateura:**

- Favio Chávez: Environmental technician, guitarist and clarinetist
- Don Cola Gomez: Garbage collector and former carpenter.

Starting Year

2012

Prizes / recognition received

- **Invitations / Visibility:** The history of the Orchestra has transcended to the end of 2012 and has called the attention of people all over the world, including recognized figures of music and culture. Since then the group has received invitations to visit and perform in countries such as: Colombia, Brazil, Chile, Argentina, Ecuador, Peru, Panama, United States, Canada, Norway, Germany, France, Holland, Belgium, Spain, Switzerland, Palestine and Japan.
- **Replicability:** Similar musical organizations have been formed in Brazil, Burundi, Ecuador, Mexico, Panama, and Spain.
 - **Spain – ECOEMBES:**
- **Other recognitions:**
 - The orchestra has performed internationally with Stevie Wonder and the American heavy-metal bands Metallica and Megadeth.
 - At the request of the MIM (Musical Instruments Museum) in Phoenix (Arizona, USA) some of the recycled instruments of the Orquesta de Cateura are on display in the permanent exhibition of that museum.

You can follow them on...

Website: <https://www.recycledorchestracateura.com/>

Facebook: <https://pt-br.facebook.com/Orquesta-de-Instrumentos-Reciclad-os-Cateura-391360090949650/>

Instagram: <https://www.instagram.com/orquestadecateura/?hl=pt-br>

Youtube:

https://www.youtube.com/channel/UCXF0WLHjz_VG6D5Sj6G_d2g/videos

MUSIC & COMMUNITY



EXCHANGE OF INSTRUMENTS IN TOMIÑO

<https://play2grow.eu/project-outputs/exchange-of-instruments-in-tomino/>



Synopsis

In Goian's Music School, it's ensured that everyone can study music, regardless of income.

So, to ensure there is no initial investment in the instrument, this school brings together several instruments, with the help of their alumni community and other centers, to lend to new students.

Target Audience

Music School Students.

Goals

Ensure that the study of music can be available to all economies.

Skills to be improved

- Solidarity;
- Sharing;
- Self-help;
- Equality;

- Inclusion.

Training Team

School community of Agrupación Musical de Goián, and other centers, such as Tui Music Conservatory.

Description and workplan

Agrupación Musical de Goián try to provide the necessary instruments for students who start the study of an instrument, have the possibility of accessing it, without an economic outlay initial.

The School tries to collect instruments, through your instrument bank, and makes agreements with other centers, like Tui Music Conservatory, with which they can exchange in the form of a temporary loan the instruments, in relation to the supply and demand that each have.

Students stay with the instrument throughout all the training or until they decide to buy their own instrument.

Duration proposed

This initiative takes place throughout the school year.

Promoting Organisation

Agrupación Musical de Goián with Tui Music Conservatory.

Starting Year

The exchange of instruments within the band has been happening since its foundation, in 1994. In 2019, this exchange extended to the Tui Music Conservatory.

You can follow them on...

Website: <http://bandadegoian.gal/>

Facebook: <https://pt-br.facebook.com/bandagoian>

Instagram: <https://www.instagram.com/bandagoian/>

MUSIC & COMMUNITY



‘¡TÚ CUENTAS! ¿ME CUENTAS?’ IN VALLADOLID

<https://play2grow.eu/project-outputs/tu-cuentas-me-cuentas-in-valladolid/>



Synopsis

“**Tú Cuentas ¿Me Cuentas?**” it’s a project born in 2018, and promoted by Colegio San José, in Valladolid and by the non-profit association REA, in Castilla y León. This project focuses on the school community, with the purpose of combating bullying, reinforcing respect, tolerance, empathy and responsibility, through music. For this, the Spanish music “Tú Cuentas” (You Count), from the folk / rock band “Celtas Cortos”, is used, creating several activities according to the students ages and courses, to reflect and discuss the issue.

Target Audience

All the school community including teachers, training staff and students from all ages.

Goals

- To face bullying at schools by making visible and reflect on the respect, tolerance and responsibility through a tool as powerful as music;
- Reflect on school bullying: people involved (victims, aggressors and observers), forms of bullying, consequences, etc;
- To promote empathy with the people who suffer from school bullying and the need to act immediately, by the whole educational community, in order to solve the situation;

- Highlight the important role of the observers in the detection and action against school bullying (direct support to the person who suffers it, indirect support through the notification of the facts, to show our rejection to this kind of violence, etc.);
- To debate about the alternative solutions that can be developed from different groups (students, teachers, families) in order to solve this situation.

Skills to be improved

- Respect;
- Empathy;
- Tolerance;
- Inclusion;
- Responsibility;
- Teamwork and cooperation;

Training Team

Colegio San José Valladolid teachers, school group: “Mags+” teachers, and staff from educational centres working with children.

Description and workplan

This is an awareness raising campaign against bullying, based on, and whose main resource is the song “TÚ CUENTAS” (*You Count*), from the Spanish folk / rock music group “Celtas Cortos”. The idea came due to the awareness of the power that music has in children and young people, making them more receptive to the themes presented in them.

Colegio San Jose and the REA Association, in Valladolid, took on the challenge of creating the lyrics for a song that would be a hymn against bullying and the soundtrack for the School Day of Peace and Nonviolence. Thus, the school group- “Grupo Mag+s”, under the leadership of Álvaro Fernández del Palacio, a

young music teacher at college, and with the support of the band Celtas Cortos that gave the soundtrack, created this song.

After that, this song became extremely well-known, also passing through various sports venues and clubs in the city of Valladolid.

The motto “Tú cuentas”, “¿me cuentas?” is aimed at children who suffer from bullying, but also at their colleagues, friends, teachers and families. With this motto, the importance of communication without stigmas, is reinforced, where the priority is students, giving voice to all who are in a position of fragility.

Furthermore, with this song, a series of different activities are proposed, depending on the age / course of the students.

Duration proposed

This initiative takes place throughout the school year.

Promoting Organisation

- **Colegio San José Valladolid:** Catholic school in Valladolid (Spain). It teaches from nursery school to high school;
- **REA**, non-profit association from Castilla y León (Spain) for the defense of children and young people.

Starting Year

2018

Prizes / recognition received

- Winner of the category ‘Coexistence and Inclusion Initiatives’ in the ‘Great Teachers, Great Initiatives’ Awards 2018-2019, promoted by the Atresmedia

Foundation, together with Samsung and the International University of Valencia (VIU) and in collaboration with the Orange Foundation

- **Impact:** This project has received support from other educational centres, as well as from the world of sport and numerous personalities from the city of Valladolid. The song and video clip created within the framework of the project were used in more than 150 schools, multiplying its impact.

You can follow them on...

Website: <https://tucuentascontraelacoso.wordpress.com/>

Instagram: <https://www.instagram.com/csjava/>

Youtube: <https://www.youtube.com/channel/UCOf9oyHFOAOndkqq0W604TA>

All the information contained in this document can be accessed through the Play2Grow project [website](https://play2grow.eu/case-studies/) in the section **Project Outputs: Case Studies** (<https://play2grow.eu/case-studies/>).



SPACE ENSEMBLE

Tomino
CONCELLO



FONDAZIONE
MARIA IDA VIGLINO
PER LA CULTURA
MUSICALE

eosa
estrategia y
organización, s.a.

This document reflects the views only of the author and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Proj No: 2019-2-PT02-KA205-006055