



# 1. Understand Yourself, Understand Your Learners (Enneagram)

**LANGUAGE: English** 

## **DATES AND LOCATIONS:**

• 26 – 30 September 2016, Krakow, Poland

## FULL DESCRIPTION OF TRAINING CONTENT

## **Description:**

The seminar is based on personality typology called Enneagram. The system describes 9 basic personality types with their specific motivations, values, strong points and challenges. The aim of the seminar is to introduce Enneagram, which is a personality typology model, and to enable the participants to apply the model in an educational setting.

#### **Main Aims:**

- Career guidance and counselling
- Combating failure in education
- Fight against school failure & link school and work
- Inclusive approaches
- Pedagogy and didactics
- School improvement & quality evaluation







# PROGRAMME OF THE TRAINING ACTIVITIES (DAY BY DAY)

#### **Monday**

- Introduction and ice breaking
- Needs analysis and goal setting
- The value of diversity (discussion)
- Enneagram practical tool for understanding oneself and others
- 9 personality types
- 9 sets of values
- Strengths and challenges of various types

#### **Tuesday**

- How people are motivated in 9 different ways
- How different people react to stress
- How different people react to frustration
- Social styles assertiveness/dutifulness/withdrawal (exercises)
- Recognizing my own type. Self-assessment (questionnaire, group exercises)

#### Wednesday

- Verbal and nonverbal cues that help identify other people's type
- How can I motivate my learners? (group exercises)
- How to set a team that will optimally utilize interpersonal differences (group exercises and presentations)
- How to give feedback to different types of learners

## **Thursday**

- How can I help my learners overcome their challenges and grow
- The power of flexibility
- Seeing reality from the other person's perspective (group exercises)
- "Difficult students" how can we see deeper needs behind disruptive behaviour
- The power of self-awareness (exercises)
- Setting goals for personal and professional development
- How will I use Enneagram in educational setting and in my personal life future pace
- Closing rituals

#### **Friday**

Cultural excursion in local area



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## ACTIVITIES TO BE CARRIED OUT BY THE PARTICIPANT

#### **Before**

Participants will receive a list of study material prior to their arrival for the seminar along with the links for the websites which are relevant to the content of the course.

#### **During**

Presentations, exercises, group work and reflection, demonstrations, case studies, brain storming, peer support, games.

The participants will also receive study manuals and worksheets that will be used during the seminar.

#### **After**

The participants will be encouraged to form a network in order to continue exchange of ideas and support one another.

Up to 3 months after completion of the workshop, the participants will have opportunity to ask for advice (via email) if they face obstacles in using the new skills. They will also receive a questionnaire which will help identify what impact the skills learned on the course have on their professional and personal life.

## **COMPETENCES TO BE ACQUIRED BY THE PARTICIPANT**

The majority of educators have realized that one universal strategy for effective communication and motivating others does not exist. Something that works perfectly on one person seems to have poor effect on another one. Therefore it is essential to understand interpersonal differences and adjust our communication and motivational strategies to different "types" of people.

Specific objectives of the seminar are:

- Raise tolerance to human diversity
- Introduce and discuss 9 main sets of motivations, values and needs
- Enable participants to recognize their own type and be able to better utilize its strengths and deal with challenges
- Enhance the ability to communicate effectively with different types of people
- Enable participants to make optimal team decisions that enhance collaboration and ensure the best possible outcome
- Help the participants understand how different personality types react to stress



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- Enhance understanding of the three intelligences instinct, emotions and thinking
- Enable the participants to take to the next level understanding of the needs of their learners
- Enable the participants to help their learners to function at the highest level of their capacities
- Allow the participants to meet colleagues of different nationalities, exchange experiences and build network

#### TYPE OF CERTIFICATION OF ATTENDANCE AWARDED

- Certificate of attendance including description of training content and time input
- Europass mobility certificates to be issued by the applicant's NA



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