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NÁRODNÝ INŠTITÚT VZDELÁVANIA A MLÁDEŽE

SALTO INCLUSION & DIVERSITY

EUROPEAN SOLIDARITY CORPS

Volunteering for ALL

Organised by NIVAM - National Institute for Education and Youth
Slovak National Agency for the European Solidarity Corps and the SALTO-YOUTH Inclusion & Diversity resource centre

7. - 11. December 2026
Senec, Slovakia

Infopack for selected participants

Dear participant,

We are looking forward to welcoming you on the training course "Volunteering for ALL" in Senec, Slovakia (www.salto-youth.net/volunteeringforall/), coordinated by SALTO Inclusion & Diversity and hosted by the Slovak National Agency for the field of youth and sport.

Thank you for reading this info pack, which provides essential information about the training, travel arangements, venue, preparation and other practical details.

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A quick reminder of what the course is about:

In 3 training days, we show you the possibilities that volunteering (within the European Solidarity Corps) has to offer for young people from disadvantaged or underprivileged backgrounds. A volunteering project might just be the life-changing opportunity for the disadvantaged young people you are working with: e.g. those from minority backgrounds, with access needs, with socio-economic difficulties, discriminated groups, in difficult situations, with limited opportunities, geographical disadvantage, health issues…

Why participate?

Volunteering is a rewarding methodology to reach your organisation's inclusion aims.
Come and experience the benefits that international cooperation can have for your organisation and young people with fewer opportunities. Explore the funding possibilities of the European Solidarity Corps and specific inclusion support. Learn to design a volunteering project step-by-step (sending or hosting, individual or in group, international or in-country). Discover the various resources available for volunteering and inclusion. Get inspired by local examples and fellow participants.
At the end of the course, you will be ready to start organising a volunteering project with/by/for the young people with fewer opportunities in your organisation.

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Join the online intro session (23rd of November at 12:30 - 14:00)

We invite you to participate in an online intro onboarding meeting (in Zoom) to get to know each other and give you already some basic information and preparation tasks. That way, we can make most of the 3 days we have together.

Use this link to access the Zoom meeting (download Zoom or open the link in a browser).

Here's the link to participate:
https://us02web.zoom.us/j/82884294287?pwd=neNs7y4iTLakFuMe8qgiaFKcmlkHPn.1

If you are not able to participate in this important meeting, please let the trainers know.

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Venue

We will be staying in Senec at Hotel Senec.
Adress: **Slnečné jazerá - sever, 903 01 Senec**

We would like to start the course with common dinner and welcome session at **19:00 on Monday, 7th of November 2026, so please make sure you have transport that arrives early enough.**





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How to get there

1. **You can get there from Airport Bratislava (duration 1h 15min)**

At the airport get on the bus number 61. Get off at stop "Bajkalská". Walk 2 minutes to bus stop "Bratislava Bajkalská" and get on bus number 620 heading to direction Senec, Žel. stanica and get off at stop "Senec, Gymnázium". From there it is a 10-15 min walk (1km) to the hotel. Unfortunately there is no bus stopping right in front of the hotel. If you dont want to walk you can get a taxi (Bolt, Uber). Fare form the airport to the hotel is around 25€.

2. **You can get there from the main bus station (duration 1h 15min)**

From bus station NIVY you get on bus number 620 heading to direction Senec, Žel. stanica and get off at stop "Senec, Gymnázium". From there it is a 10-15 min walk to the hotel. Unfortunately there is no bus stopping right in front of the hotel, but you can get a taxi (Bolt, Uber).

3. **You can get there from Vienna Airport/Schwechat (duration 2h 15min)**

The best way how to come to Bratislava from Vienna airport is to take a bus. Buses to Bratislava are leaving every half hour and you can take buses from this three companies: Slovak lines,Flix bus, Regio jet. Please get off at the station called "autobusová stanica" - Bus main station. Once you are at the bus station, you can follow the instructions given in recommendation number two.

4. **You can get there from Central railway station (duration 1h)**

From the train station get on bus number 61 heading to the direction Letisko/Airport and get off at stop "Bajkalská". Walk 2 minutes to bus stop "Bratislava Bajkalská" and get on bus number 620 heading to direction Senec, Žel. stanica and get off at stop "Senec, Gymnázium". From there it is a 10-15 min walk (1km) to the hotel.

How to get there

The best way to navigate public transport in Slovakia is through Google Maps.

Important stop you need to get to is “Senec, Gymnázium”, from there a 1km walk to the hotel, as shown on the map below.

In case of emergency, do not hesitate to contact dominika.kovacsova@nivam.sk (+421 917 402 508).



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How to buy public transport tickets

If you are travelling by car and need parking, please contact dominika.kovacsova@nivam.sk directly as soon as possible.

1. **Tickets for municipal transport - meaning within Bratislava city**
- Tickets for the municipal transport can be purchased in red ticket machines right next to the platforms at the bus station (debit cards accepted). You can also just tap your card on the ticket machine inside buses.

2. **Tickets for bus 620**
- Using the IDS BK mobile app: Download the IDS BK app, select your destination (Senec), choose the appropriate ticket and pay by card. Scan the QR ticket when you get on next to the driver.
- At the bus driver: You can usually buy a ticket directly from the driver when boarding. Tell them you need a ticket to Senec, Gymnázium and pay by card or cash, depending on the available payment options. To be safe better carry few euros.

3. **Tickets from Vienna airport for a bus to Bratislava**
- Online: Buy your ticket in advance on the website of the bus operator, such as FlixBus or Slovak Lines. Choose Vienna Airport as your departure point and Bratislava as your destination.
- At the airport: You can buy a ticket at the bus operator's ticket counter or, depending on the operator, directly from the driver.

What to bring

Organisation information
During the training course, everyone will get the opportunity to present their own organisation in a visual way, through an interactive activity. Please be aware that there will be no time within the organised programme of the training course to present your organisation in front of the whole group, or to show videos. Do, however, bring relevant materials about your (youth) organisation and its activities, this can be posters, flyers/leaflets, photos, etc. that can stay in the working room in ‘exhibition style’.

Cultural coffee breaks
We invite you to bring some typical sweet or savoury snack from your country/region to share with others during one of the coffee breaks during the course. Be mindful of people who might have allergies or are vegan. Please bring something that doesn’t require preparation or cooling. We won’t have the possibility to heat, cook or cool your snacks.

Dress code
We recommend wearing casual and comfortable clothing for the indoor sessions at the hotel, formal attire is not necessary. To fully enjoy the outdoor activities at the end of the day, we suggest bringing warm clothes. Also consider bringing a reusable water bottle/flask to stay hydrated.

Accomodation & Practicalities

1. **Accommodation and food**

Accommodation and food will be provided by the Slovak National Agency. All participants will be accommodated in single rooms. There will be breakfast, lunch and dinner served daily. On the arrival day, we only serve dinner starting at 19:00 and on the departure day only breakfast will be served. If you have declared a special diet or allergies in the confirmation form, we will organise food that suits your diet. Please fill the confirmation form as soon as possible and mention any needs and your (most likely) travel details = http://onlineform.salto-youth.net/2238

2. **Official Currency**

The official currency of Slovakia is the euro (€), abbreviated as EUR.
Credit and Debit Cards: Commonly accepted in shops, restaurants, hotels, and other businesses. Visa and Mastercard are widely recognized, while American Express may be less commonly accepted.
Contactless Payments: Increasingly popular, with many places accepting contactless cards and mobile payments.
Currency exchange rate: Exchange Services: Available at banks, currency exchange offices, airports, and some hotels.
Exchange Rates: Typically better at banks and official exchange offices compared to airports and hotels.
ATMs: Often offer competitive exchange rates compared to currency exchange services.

3. **Weather in Senec, Slovakia**

At the beginning of December, the weather in Senec is usually cold, with daytime temperatures around 3–5°C and nighttime temperatures often dropping to around 0°C or below. It can be cloudy, foggy, rainy or occasionally snowy, with only a few hours of sunshine. We recommend bringing a warm winter jacket and comfortable shoes.

4. **Electricity**

Standard voltage in Slovakia is 230 V (range 220–240 V), with a two-pin Europlug socket (types C and F). Please bring the appropriate adapters or chargers if necessary.

5. **Accessibility and sustainability**

Our activities are accessible to people with different abilities. If you need a support person, accessible room and transport or other kind of support, we will discuss the needs and possibilities with you. Please tell us about your individual needs beforehand in the confirmation form (or via email to tony@salto-youth.net) so we can support you in your participation.
We also respect the diets and food allergies of all participants. We avoid giveaways or useles printed materials to respect our environment. We encourage everyone taking part to travel and act as green as possible during the event. You can also bring your own water bottle to refill.

6. **Safe space**

In this training, we follow the principles of a safer space. We strive to ensure that everyone is met as their own self and that no one has to fear discrimination or harassment. We want you to respect the same principle.

7. **Phone and internet (data)**

There will be free WiFi available in our hotel and working rooms.

The team

- **Tony Geudens (tony@salto-youth.net), SALTO Inclusion & Diversity**

Tony has been working for SALTO ID for more than 20 years. He has been coordinating training course for different inclusion target groups and has written some of the SALTO inclusion publications.
You can contact him for all participant and course questions.

- **Dominika Kovácsová (dominika.kovacsova@nivam.sk), Adam Laták (adam.latak@nivam.sk) and Laura Belušková (laura.beluskova@nivam.sk), Slovak NA**

Dominika is in charge of solidarity projects and NET activities. She is also an inclusion officer.
Adam, together with Laura are coordinating the ESC volunteering in the NA.

- **Gabriella Nagy, trainer (nagy.gabka@gmail.com)**

Gabi is a freelance trainer and consultant, active in international youth work and training for more than 20 years. She was an EVS volunteer at Xena Association, Italy in 2001. After the voluntary service abroad, she started to work in Artemisszió Foundation, Hungary coordinating international youth mobility projects and realising related training activities. In 2010-2011 she lived in Torri Superiore ecovillage, Italy. Since 2010 she has been freelancing, realising training activities on EU funding opportunities, project management, volunteer management, mentoring, intercultural learning, inclusion, global education and sustainability.

- **Zora Csalagovits, trainer (zoracs@gmail.com)**

Zora is a senior trainer and consultant with a rich history of working in learning and development, especially in the field of international youth work. Gestalt therapist. Skilled in individual coaching and working with diverse target groups, non-formal educational methodology, diversity & inclusion management, graphic recording. Passionate about creativity and learning. When free, enjoys fun (board)games and outdoor gatherings with friends & family.

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Looking forward to seeing you in Senec, Slovakia!





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