

SALTO EASTERN
EUROPE &
CAUCASUS

SALTO INCLUSION &
DIVERSITY



VOLUNTEERING FOR

ALL

An international training course on how you can organise volunteering activities for inclusion in the European Solidarity Corps

INFO PACK

**9-13 JUNE 2026,
YEREVAN, ARMENIA**





DEAR PARTICIPANTS

We are looking forward to welcoming you on the training course “Volunteering for ALL”, coordinated by SALTO Eastern Europe & Caucasus and SALTO Inclusion & Diversity.

About the training course (a quick reminder)


An international training course on how you can organise volunteering activities for inclusion in the European Solidarity Corps

In 3 training days, we show you the possibilities that volunteering (within the European Solidarity Corps) has to offer for young people from disadvantaged or underprivileged backgrounds. A volunteering project might just be the life-changing opportunity for the disadvantaged young people you are working with: e.g. those from minority backgrounds, with access needs, with socio-economic difficulties, discriminated groups, in difficult situations, with limited opportunities, geographical disadvantage, health issues...

Volunteering is a rewarding methodology to reach your organisation’s inclusion aims. Come and experience the benefits that international cooperation can have for your organisation and young people with fewer opportunities. Explore the funding possibilities of the European Solidarity Corps and specific inclusion support. Learn to design a volunteering project step-by-step (sending or hosting, individual or in group, international or in-country). Discover the various resources available for volunteering and inclusion. Get inspired by local examples and fellow participants.

At the end of the course, you will be ready to start organising a volunteering project with/by/for the young people with fewer opportunities in your organisation.

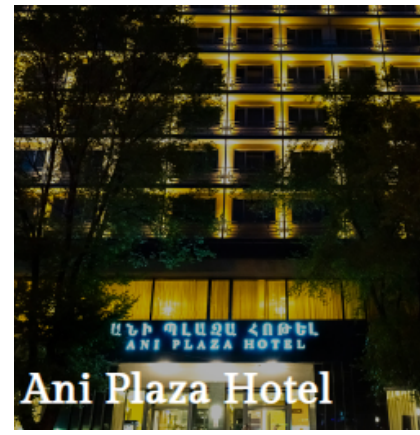
OUR VENUE

We will be working and sleeping at the **Ani Plaza Hotel**  in the centre of Yerevan

Address: 19 Sayat-Nova Ave, Yerevan, Armenia

- Location: <https://maps.app.goo.gl/qG6aRAJK1Znm4aYM6>
- Phone (Reception): WhatsApp/Viber/Telegram +374 43 589 500
- Web page: <https://anihotel.com/>

SALTO Eastern Europe & Caucasus will provide **full board and accommodation** for the duration of the event. The programme starts at 18h on 9 June 2026 (first meal: dinner) and ends after breakfast on 13 June 2026. All participants will be accommodated in **single rooms**, towels and soap are provided. Bring your own personal toiletries.



ARRIVAL

We would like to start the course with a common dinner and welcome session at 18h on Tuesday, 9 June 2026, so please make sure you have transport that arrives early enough!

The closest airport to the venue is Yerevan Airport (airport code EVN) and should be preferred when booking your flights. Calculate 1 hour to get from the airport to our course venue.

In case of a nightly arrival in Yerevan (in the night from 8 to 9 June), we can offer early check-in on 9 June but you'll have to organise/pay for your lunch yourself. Make sure you indicate in that you need an early check-in in the confirmation form!

Additional days and meals are at your own expense and need to be arranged independently.

- The hotel is accessible to wheelchair users and adapted for visitors with physical disabilities.
- But please contact tony@salto-youth.net to discuss specific accessibility issues.

DEPARTURE

On Saturday 13 June, you can depart any time.

ARRANGE YOUR TRAVEL

Please check with your sending Erasmus+/European Solidarity Corps National Agency or SALTO EECA to clarify whether your travel will be pre-booked for you by NA or if you should book it yourself and request reimbursement.

- Keep all documents that prove your travel costs, as you will need them in case you request travel reimbursement.

Participants from Georgia are asked to travel by land.

IMPORTANT WHEN BOOKING YOUR TRAVEL


- Arrival: we start the course with a common dinner and welcome evening at **18:00** on **Monday 9th June 2025**, so please book transport that arrives in time! It's nice for the group dynamics if we can all start together, so nobody is left out.
- Departure: on **Friday 13th June 2025**, you can depart anytime.
- Meals and lodging are foreseen from dinner on 9th June until breakfast on 13th June 2025.

There is only one international airport in Yerevan.

TRAINING COURSES

The training programme is intense and there will be **one free evening only**. If you want to visit the country, you should check with your sending National Agency or SALTO EECA about the rules they apply in case you plan to come earlier or leave the hosting country later. Bear in mind that the costs and organisation of extra nights outside the official dates of the programme are **your responsibility**.

Submit ASAP your arrival/departure and any needs

Let us know your travel details AS SOON AS YOU KNOW THEM (preferably by end of April) by filling in the  **'confirmation form'**. You can access it with the same login & password you used for your course application.

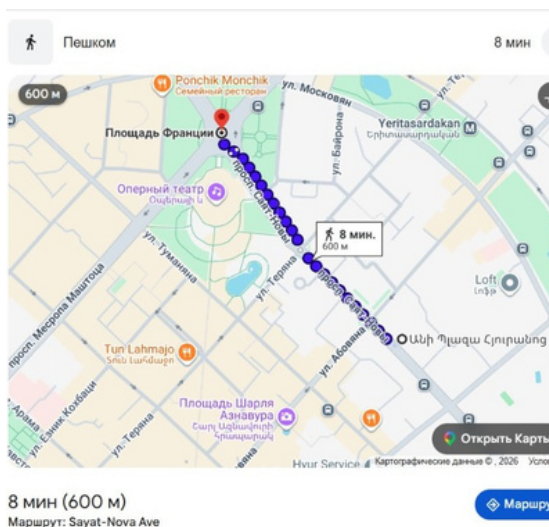
In this confirmation form you can also specify any food or other needs that we should cater for.

If you have reduced mobility, please indicate this in the confirmation form so that we can arrange an airport transfer for you. Travel instructions on how to reach the hotel are provided below.



Please fill in this confirmation form asap so we can start preparing the practicalities.

Getting to the hotel



After landing at Zvartnots Airport in Yerevan, take Airport Express Bus (Yerevan Bus N 100) to the France Square in Yerevan. From there, it's approximately a 8-minute walk to the Hotel.

Key Information:

- Travel time: 30 – 40 minutes
- Tickets cost 300 AMD
- Frequency: Depart every 30 – 40 minutes
- Best for: Budget travelers and solo visitors

The bus is managed by Elitebus and operates throughout the day.

If you are arriving at night, consider taking a taxi. Approximate maximum price up to 20 euros.

The most popular taxi services are **GG**, **Yandex Go** or **Eco Taxi**.

PLEASE DON'T TAKE RANDOM TAXI FROM AIRPORT!

Transfers by the organisers

We can arrange airport transfer for the participants with reduced mobility, regardless of your time of arrival. Please add this as a comment in the 'confirmation form'.



LET'S GET STARTED: JOIN THE ONLINE INTRO SESSION ON 28 MAY 12H-13H30 CEST

To start the process already before the course, there will be a **90-minute introductory meeting online** in Zoom. That way, we already get to know each other a bit already and you get a sneak preview of the course, the organisers and the team. We will also explain a bit more the preparation tasks for the course, so that we can get the most out of our 3 days together in Yerevan.

Put this zoom session on **Thursday 28/05/2026 from 12h to 13h30 CEST** (Brussels time zone) in your agenda.

> *If you are not in the Central European Summer Time zone (UTC+2) you can calculate at what time we meet in your time zone at*

[https://www.timeanddate.com/worldclock/fixedtime.html?](https://www.timeanddate.com/worldclock/fixedtime.html?msg=Youth+Exchanges+for+ALL+MD+Onboarding&iso=20250526T12&p1=3904)

[msg=Youth+Exchanges+for+ALL+MD+Onboarding&iso=20250526T12&p1=3904](https://www.timeanddate.com/worldclock/fixedtime.html?msg=Youth+Exchanges+for+ALL+MD+Onboarding&iso=20250526T12&p1=3904)

Please join the Zoom meeting a few minutes before the start (either in a web browser or in Zoom if you have downloaded it), so we can quickly check if everything works.

Use this Zoom link to access the meeting:

<https://us02web.zoom.us/j/82383616785?pwd=5Go6msLChEoXXVAO3exNxkr2KYOUR2.1>

Meeting ID: 823 8361 6785

Passcode: hello (in case the system asks)

>> **If you really cannot join the online meeting**, please let the trainers know (ayeghoyan@yahoo.com & alenka.oblak@gmail.com) but please do try ;-)

ABOUT ARMENIA

Yerevan is the capital and largest city of Armenia, as well as one of the world's oldest continuously inhabited cities. Situated along the Hrazdan River, Yerevan is the administrative, cultural, and industrial center of the country, as its primate city.

YEREVAN

[🔗 General information about Armenia](#)

[🔗 Things to do in Yerevan](#)



Weather in Yerevan is at its perfect in June. Highs reach 27°C, while nights settle around 14°C. During June, you'll experience the summer season. This kind of day-to-night contrast is typical for this time of year. Nights cool down to 14°C, so a light jacket or extra layer is useful once the sun goes down. On the plus side, the cooler nights make for comfortable sleeping conditions.



In Armenia, the official currency is the Armenian dram (AMD). 1 Euro is approximately 430 AMD. While shopping or dining out, payments are usually made in the national currency. In Yerevan, payment is accepted by cash or card. In the regions, card payments will be accepted in a limited number of places. You'll find ATM machines and currency exchange offices conveniently located in most urban areas.

VISA

You should get your e-visa via this [website](#). 
Please use only the official government website mentioned here. Check your visa status first. For the majority of European countries, a visa for Armenia is not required. **Each participant is responsible for his/her own visa !!!**



Where to buy an Armenian SIM card?

There will be free WiFi available in our hotel and working rooms. Please note that Armenia might not be part of your regular mobile phone/data plan and roaming costs for mobile phone use can be very expensive (check with your provider). An option is to buy and activate an eSim for Armenia before you arrive. That way, you can use maps, messaging apps, social media etc. while 'on the road'.

There are three mobile operators in Armenia:

[VIVA MTS](#)

[Team Telecom Armenia](#)

[Ucom](#)



You can also consider getting your SIM card right after arrival at the airport, especially if you are flying into Zvartnots International Airport in Yerevan.

All three operators have their stands at the airport, making it easy for you to choose one, get your SIM card, and have the assistant set it up and activate it. Additionally, you can buy a SIM card at one of the many service centers in Armenia.

The eSIM with limited internet costs approximately €10 per week. There are many other tariff options to choose from.

AGENDA

	Arrival day 9 June Tuesday	Day 1 10 June Wednesday	Day 2 11 June Thursday	Day 3 12 June Friday	Departure day 13 June Saturday	
	ARRIVAL	OPENING	EXPERIENCE	HARVESTING	DEPARTURE	
9.30 – 11.00	arrivals	Official opening Introduction	Intro to the Q-LAB experience	Learned, learnt, will learn Unpacking learning needs	<i>departures</i>	
11.00 – 11.30		Coffee break				
11.30 – 13.00		Team experience with a twist	Q-LAB Group work on Quality Label	Parallel workshops		
13.00 – 14.30		Lunch				
14.30 – 16.00		Facts & Figures Basics of ESC	Q-LAB & Feedback	Back to your reality How to step forward?		
16.00 – 16.30		Coffee break				
16.30 – 18.00		Welcome and connecting	Connecting to your reality	Glimpse at the local reality		Evaluation & Closing
19.00 – 20.30		Dinner	Dinner	Dinner out		Dinner
20.30 -	Organisation fair	Movie night	Free evening	Goodbye party		

THINGS TO BRING



Info about your organisation

During the training course, everyone will get the opportunity to present their own organisation in a visual way, through an interactive activity. Please be aware that there will be no time within the organised programme of the training course to present your organisation in front of the whole group, or to show videos. Do, however, bring relevant materials about your (youth) organisation and its activities, this can be posters, flyers/leaflets, photos, etc. that can stay in the working room in 'exhibition style'.

Intercultural coffee breaks

We invite you **to bring some typical sweet or savoury snack from your country/region** to share with others during one of the coffee breaks during the course. Be mindful of people who might have allergies or are vegan.

Please bring something that **doesn't require preparation or cooling**. We won't have the possibility to heat, cook or cool your snacks.

Comfortable clothes:

There is no formal dress code for our course, so just dress comfortably. The weather will be 25°C- 27°C warm, so you may want to bring sandals.

PRACTICALITIES

Time Zone

Armenia is 2 hours ahead of Paris.
UTC/GMT +2 hours

Electricity

In Armenia, **the standard electricity supply is 220V voltage and 50Hz frequency.** Power sockets (outlets) are types C, E and F which are standard European plugs with two round, parallel pins. If you have devices with other plugs, you will need a travel adapter.

Insurance

You are required **to have your own health insurance.** You might want to think about taking out travel insurance, for specific risks linked to travelling (damage to luggage, cancellations etc). Please contact your health insurance provider or travel agency for more details. And please get in touch with your National Agency to find out if they can cover your insurance costs.

General emergency number in Armenia is

112 or 911

Tap water

You can drink it, but it's generally **not recommended**, especially for visitors. Some sources say the tap water is treated and can be relatively good by local standards.

However, more cautious guidance (including recent travel advice) says it's better to avoid drinking it untreated due to possible microbial contamination or inconsistent quality.

Safe: showering, washing hands

Better avoid: drinking straight from the tap

Recommended: bottled, boiled, or filtered water

Even for brushing teeth or ice cubes, many guides suggest using safe water to avoid stomach issues



ACCESSIBILITY AND SUSTAINABILITY

Our activities are accessible to people with **different abilities**. If you need a support person, accessible room and transport or other kind of support, we will do our best to provide it for you. Please tell us about your individual needs beforehand in the confirmation form (or via email to tony@salto-youth.net) so we can support you in your participation.

We avoid giveaways or useless printed materials to respect our environment. We encourage everyone taking part to travel and act as green as possible during the event. We also invite you **to bring your own water bottle to refill**.

SAFETY

In this training, we follow the principles of **a safer space**. We strive to ensure that everyone is met as their own self and that no one has to fear discrimination or harassment. We want you to respect the same principle.

If you witness a situation that you feel is not ok, please inform the team immediately.



SEE YOU SOON!



ANNA YEGHOYAN
Trainer during the event
ayeghoyan@yahoo.com



ALENKA OBLAK
Trainer during the event
alenka.oblak@gmail.com



TONY GEUDENS
SALTO Inclusion & Diversity
tony@salto-youth.net
www.salto-youth.net/inclusion/
for all questions about participant
selection and inclusion



DARYNA SKALATSKA
SALTO EECA Officer
daryna.skalatska@frse.org.pl
<https://www.salto-youth.net/rc/eeca/>
for all questions regarding
SALTO EECA participants



ANNA HRYSHKEVICH
SALTO EECA Officer
anna.hryshkevich@frse.org.pl
<https://www.salto-youth.net/rc/eeca/>
for all questions regarding
SALTO EECA participants



MARIAM GHARAGYOZYAN
Logistic support from Armenia
mariam.gharagyozyan@yic.am
for all questions regarding logistics

This course has been made possible through the support of the European Commission, the National Agencies of Erasmus+/Solidarity Corps and in particular SALTO Inclusion & Diversity, SALTO Eastern Europe and Caucasus, SALTO European Solidarity Corps and the Dutch and Polish national agencies.