

ID TALKS!

This series of the ID Talks will take you on a journey across Europe to hear experiences from youth workers who create inclusive international youth projects.



ID Talks:

INCLUSIVE PARTNERSHIPS
INCLUSIVE PREPARATION
INCLUSIVE ADMINISTRATION
INCLUSIVE LEARNING
INCLUSIVE PROGRAMMES

Download this and other SALTO Inclusion & Diversity booklets for free at www.SALTO-YOUTH.net/Inclusion/. This document does not necessarily reflect the official views of the European Commission, the SALTO Inclusion & Diversity Resource Centre or the organisation co-operating with them.

ABOUT SALTO

...‘Support and **A**dvanced **L**earning and **T**raining **O**pportunities within the Erasmus+: Youth in Action and European Solidarity Corps programmes’. The European Commission has created a network of seven SALTO-YOUTH Resource Centres to enhance the implementation of the EU Erasmus+: Youth in Action and European Solidarity Corps programmes, which provide young people with valuable non-formal learning experiences.

SALTO’s aim is to support the implementation of the European Erasmus+: Youth in Action and European Solidarity Corps Programmes with regard to priorities such as Social Inclusion, Diversity, Participation, and Solidarity. SALTO also supports co-operation with regions such as EuroMed, South-East Europe, or Eastern Europe and The Caucasus and coordinates all training and co-operation activities, as well as information tools for National Agencies.

In these European priority areas, SALTO-YOUTH provides resources, information, and training for National Agencies and European youth workers. Most of these resources are offered and disseminated at www.SALTO-YOUTH.net. Find online the [European Training Calendar](#), the [Toolbox for Training and Youth Work](#), the database of youth field trainers active at the European level ([Trainers Online for Youth or TOY](#)), links to online resources, and much more.

SALTO-YOUTH actively co-operates with other actors in the European youth field, among them the National Agencies of the Erasmus+ and European Solidarity Corps programmes, the Council of Europe, the European Youth Forum, European youth workers and trainers, and training organisers.

THE SALTO-YOUTH INCLUSION AND DIVERSITY RESOURCE CENTRE WWW.SALTO-YOUTH.NET/INCLUSION/

The SALTO-YOUTH Inclusion and Diversity Resource Centre (based in Belgium Flanders) works together with the European Commission to support the inclusion of young people with fewer opportunities in the Erasmus+: Youth in Action and European Solidarity Corps programmes. Through that, it works to contribute to social cohesion in society at large. SALTO Inclusion and Diversity also supports the National Agencies and youth workers in their inclusion work by providing training, developing youth work methods, disseminating information via the newsletter, etc. By offering opportunities for training, exchange, and reflection on inclusion practice and diversity management, SALTO Inclusion & Diversity works towards the visibility, accessibility, and transparency of its inclusion & diversity work and resources, and towards making ‘inclusion of young people with fewer opportunities’ and ‘positive diversity management’ a widely supported priority.

For more information and resources, have a look at the Inclusion & Diversity pages at www.SALTO-YOUTH.net/Inclusion/



DISCLAIMER

This magazine contains pictures as a result of the Graphic Recording which is an integral part of all the ID Talks events. There are four types of styles throughout the whole magazine.

- **General Cover Picture.** It is used for promotional reasons throughout the social media channels and the dissemination materials and it depicts the logo of SALTO Inclusion & Diversity, the title, and the graphic elements of each version of the ID Talks events. It is displayed as a cover picture of each ID Talks version.
- **Portrait of Speaker.** It depicts each speaker and a few graphic recording elements such as written parts of their "speech" and/or any other graphics according to the style of each ID Talks version. It is displayed on top of the speaker's description page.
- **Main Graphic Recording Card.** It is used for promotional reasons throughout the social media channels and the dissemination materials and it depicts the logo of SALTO Inclusion & Diversity, the title, and the graphic elements of each version of the ID Talks events, including the specific name of the event, the portrait of the speaker, written quotes of their "speech" and/or any other graphics. It is displayed on top of the first page of each article.
- **Graphic Recording Elements.** Throughout each article, the graphic recording elements complement the text with essential parts of each speaker's "talk".

I & D Talks

“Inclusion & Diversity Travels”

What is it all about?

“ID Talks” is a series of 5 online workshops on 5 major topics to promote inclusion & diversity (ID) and quality youth work. It features youth workers, professionals and volunteers, from all over the world to share insights, research findings, food for thought, good practices or inspirational stories. They will guide participants through the pressing matters and challenges affecting Inclusion & Diversity and inspire them to make their programmes and organisations more inclusive, embrace human differences, look ahead and picture how the future of youth work and Inclusion & Diversity might be.

Each workshop begins with an input from a guest speaker. Afterwards, participants have the opportunity to engage in the discussion, ask questions and share about their own realities and experiences.

For whom?

- Youth workers, youth leaders, professionals and volunteers involved in ID in the EU youth programmes, as well as all those interested in youth work and inclusion & diversity topics.

Why should you join?

- Get food for thought and learn from inspirational ID stories.
- Learn about ID topics from the youth work sector and beyond.
- Get information, inspiration, methods to help the youth sector address ID.
- Put some more quality in your (international) youth work.
- Identify and learn how to tackle existing and future challenges within ID.



Event Dates:

- 11 September (13h CET) > **ID Talks Inclusive Partnerships (and project initiation)** - The beauty of international youth projects is that we can learn from and with other organisations about inclusion and diversity. And finding the right partners is important to organise quality projects: partnerships that are build around common values and that help us achieve our inclusion goals. How and where do we find partner organisations and build strong partnerships? What is the key to successful project initiation? This ID Talk brings you first-hand experience and practical tips on how to give your inclusive international youth projects a quality start. Guest speaker: **Morgaine Green**, Otra Escuela, Spain
- 25 September (13h CET) > **ID Talks Inclusive Preparation (of participants and teams)** - Inclusion is a process that takes time and thought. In every activity, you can learn something new with and from the experts, team and participants involved. Though there is no one uniform model for all-inclusive and diversity-sensitive projects, one thing is uncompromisable: proper preparation of everyone involved in the project, from participants to experts, teams and local community. How to maintain inclusion as a core value when preparing our participants and teams? What can help us translate our values into practice? In this ID Talk, we will equip you with knowledge and tools to support participants and team members in developing their inclusion skills and working together for inclusive international youth projects. Guest speaker: **Abderrahman Assorhani**, Föreningen Framtidståget, Sweden
- 9 October (13h CET) > **ID Talks Inclusive Administration (from budget to logistics)** - When we plan an international youth experience in an inclusive and diversity-sensitive manner, we are sometimes worried that this could mean extra costs, administrative burden and impossible logistics requirements. So what special funding exists to support inclusive Erasmus+ youth and European Solidarity Corps projects? And what are the rules to follow? Have you considered making your projects more inclusive, but are you worried about the financial implications, managing logistics and bureaucracy? Do you want to make the best use of the available inclusion support? This ID Talk explores project administration through procedures and real-life examples. Guest speakers: **Elzbieta Kosek**, **Kreisau-Initiative & Hanna Schuessler**, JEUGEND fur Europa, Germany

Event Dates:

- 23 October (13h CET) > **ID Talks Inclusive Learning (and programme design)** - Getting in contact with other people and sharing experiences is a powerful way of learning. However, for this learning to happen, we need to plan it conscientiously. When organising inclusive international youth experiences, we should we create the space and give tools for young people and team members to develop knowledge, skills and attitudes. But we also need to support them to identify the learning and change they went through. How can we make sure that all participants of youth project have meaningful learning experiences? This ID Talk focuses on different ways to approach learning in inclusive international youth projects. Guest speaker: **Aleksa Savic**, Grupa Izadji, Serbia
- 6 November (13h CET) > **ID Talks Inclusive Programmes (for youth from the European Union)** - To conclude the autumn 2024 series of ID Talks, let's connect the dots and draw some conclusions. How inclusive are the Erasmus+ youth programme & the European Solidarity Corps? How well have we been doing since the launch of the ID Strategy and throughout the current cycle of the EU youth programmes? This ID Talk identifies the programmes' strengths and weaknesses, and shares important ID lessons learnt for the future European youth programmes beyond 2027. It is based on the SALTO ID interim evaluation of the inclusiveness of the Erasmus+ youth programme and European Solidarity Corps and the contribution of the Inclusion and Diversity Strategy in enhancing inclusion in the youth field, in the period 2021-2023 ([January 2024 Making EU youth programmes more inclusive - research report.pdf](#)). Guest speaker: **Gisele Evrard**, Belgium

ID Talks: Inclusive Preparation (of participants and teams)

What can help us translate our values into practice?



GUEST SPEAKER: ABDERRAHMAN ASSORHANI

Project Coordinator and Manager at Föreningen Framtidståget, where he brings over eight years of expertise in managing and coordinating international projects. His extensive experience encompasses a diverse range of social, cultural, and artistic initiatives, including Erasmus+ training courses, youth exchanges, and European Solidarity Corps volunteering projects. With a solid foundation in project management in both Sweden and internationally, Abderrahman, in collaboration with a diverse team, currently oversees the coordination of Framtidståget's international activities, with a particular focus on empowering young people with fewer opportunities. Additionally, he is responsible for capacity-building initiatives designed to strengthen youth NGOs and support young volunteers with fewer opportunities to become actively engaged in their local civil society.



In this article, we explore the creative ways in which the Swedish organization Framtidståget works closely with young people, particularly those facing social or economic challenges, to empower and integrate them into local and international projects. Framtidståget goes beyond involving these young individuals—it fosters their growth, encourages their talents, and provides them with the skills and confidence needed to take on leadership roles within the organization's project management team.



To fully understand the success of Framtidståget's methods, it is essential to understand the organization's foundational identity, which has been shaped over 2 decades of experience. Combining academic, and psycho-social insights with hands-on practice, Framtidståget has developed a unique and inclusive approach to engaging young people, especially those who feel the most discriminated. Through coherent mentorship, skill-building workshops, and a focus on collaboration, the organization has built an international community of former participants, many of whom now work as mentors and project leaders themselves with Framtidståget.

Framtidståget's model demonstrates the power of inclusion, showing that with the right support, young people from all backgrounds can thrive, contribute, and lead.



Empowering Futures: The Journey of Föreningen Framtidståget



FRAMTIDSTÅGET

Since **1997** by **YOUSSEF YEBARI**
AN NGO WITH SEVERAL DEPARTMENTS:

- > FAMILY TREATMENT
- > FOSTER CARE
- > PROJECTS (E+, ESC, EYE, ESF)

"A DIVERSE FAMILY ON THE SAME TRAIN FOR A BETTER FUTURE"

For over 27 years, Föreningen Framtidståget (Future Train Association), founded by Yousef Yebari in Sweden, back then a newly arrived Moroccan migrant trying to integrate into the Swedish society and job market, has been a space of hope and transformation. Based in the innovative Scandinavian capital of Stockholm, this diverse organization has dedicated itself to social work, collaborating closely with regional social services to address the needs of families, children, and communities. With three main areas of focus—family treatment, foster care, and a wide range of local and international projects—Framtidståget continues to inspire positive change and foster inclusion and diversity among those it works with.

Supporting Families and Children

At the heart of Framtidståget's work are its two primary departments. First, the Family Treatment Department offers essential support and guidance to families who have experienced domestic abuse, helping them rebuild their lives. Second, the Foster Care Department provides a welcoming space for children, both in short and long-term placements, acting as a crucial mediator between social services and host families. These departments are the foundation of the organization's mission to create safe and supportive environments for vulnerable individuals.

Empowering Communities through Practical Skills

In addition to its family services, Framtidståget has a strong focus on local community integration. Its local projects are designed to newly arrived migrants, asylum seekers, and young people facing social and economic challenges. Through a variety of practical workshops, participants gain valuable skills in areas such as mobile phone repair, barbering, hairdressing, web development, emotional support, etc. By offering these hands-on trainings, Framtidståget ensures that participants are equipped with not only practical skills but also the confidence and independence to thrive in their new environment and integrate into the Swedish society and job market.

The organization has welcomed individuals from diverse regions, including Asia, Eastern Europe, the Middle East, Africa, and South America, enriching Sweden's multicultural society while fostering solidarity and understanding across different backgrounds.

Framtidståget: A Celebration of Diversity and Unity

Framtidståget is more than just a workplace—it is a community where diverse cultures, traditions, and beliefs come together in a spirit of inclusion and mutual respect. One of the ways this is experienced is through its Ramadan Friday Iftar organized for Muslim staff and members and shared with their non-Muslim colleagues. These events offer everyone the opportunity to experience the spiritual significance of Ramadan, fostering understanding and connection across faiths. Similarly, the organization hosts Christmas celebrations, creating an environment where all staff, regardless of background, can share in the joy of this festive season by decorating the office and sharing a Christmas lunch table all together.

Beyond religious ceremonies, Framtidståget has also become a crucial support platform for the Ukrainian refugee community in Stockholm. Over the past two years, since the beginning of the war in Ukraine, the organization has hosted more than 20 workshops, offering practical and emotional support to over 2,000 Ukrainian beneficiaries. For many, Framtidståget has become a second home—a place where they can rebuild, connect, and thrive during challenging times. The project was called Future Meeting Point, and it has ultimately been coordinated and managed by former students from the same project workshops.

By creating spaces for cultural exchange and solidarity, Framtidståget demonstrates the power of community, making it a social and cultural hub of unity for people from all walks of life.



YOUTH ATTRACT
youth!

Global Reach: International Partnerships and Projects

Since 2007, Framtidståget has expanded its impact through international collaboration, starting with creating its branch organization in Larache, Morocco. With funding from programs such as Erasmus+, the European Solidarity Corps, and other programs and institutions, the organization has led over 200 projects across 30 countries, impacting thousands of young people, women, and disadvantaged communities. These projects address common global challenges, from education to social inclusion, and Framtidståget's diverse team based in Sweden, speaking over 16 languages and believing in multiple faiths, ensures a truly inclusive approach to social change and sustainable development.

At the heart of Framtidståget's success lies a clear commitment to its core values, vision, and mission—empowering young people to become agents of change and inspiration for their peers. The organization's inclusive approach to youth engagement is deeply rooted in practical, hands-on experiences. These methods are creatively designed to ensure that young participants are not only prepared to contribute but also fully take part in the process of creating positive change.

By fostering an environment where every individual feels valued and supported, Framtidståget equips young people with the skills and confidence needed to lead. Their practical approach transforms participants into empowered individuals who inspire others to follow in their footsteps, driving both personal growth and sustainable social impact. Here are some hands-on activities and practices that Framtidståget conducts to reach that.



1- Empowering Youth Potential

A core aspect of Framtidståget's mission is to empower young people, particularly those from marginalized backgrounds and with fewer opportunities compared to their peers in different social and economical classes. The organization runs between 8 to 10 youth mobility projects annually, creating opportunities for young people with fewer opportunities (YPFO) to travel, learn, and connect with peers across Europe and MENA region. Through these programs, participants are not only supported in their personal and professional growth but also encouraged to remain engaged with Framtidståget long after their initial involvement.

Framtidståget's commitment to inclusivity is evident in its approach to preparing participants. Before each project, young people are invited to the Stockholm office for personal meetings, fostering a sense of belonging and ownership. The organization's team, many of whom come from backgrounds in social work and therapy, ensures that every individual feels empowered, valued, and ready to contribute.



COME, AS YOU ARE ...

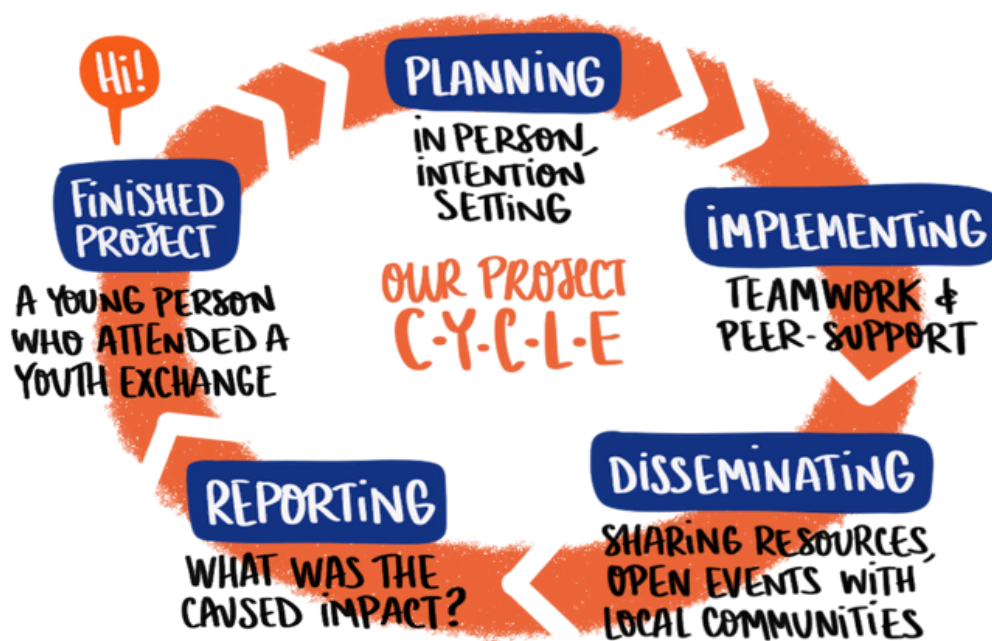
WE INVITE YOUTH TO
COME TO A PROJECT
WITH A PERSON
THAT THEY TRUST
A FRIEND, SIBLING,
SOCIAL/YOUTH WORKER...

The graphic features two blue musical notes at the top left. The text is written in a hand-drawn style, with 'COME, AS YOU ARE ...' in orange and the rest in black and orange. A vertical orange line is to the left of the second paragraph.

2- A Process of Learning and Leadership

Framtidståget's comprehensive project cycle is designed to ensure that participants are fully engaged and supported throughout their journey. From planning and implementation to dissemination and reporting, each phase provides opportunities for young people to learn, grow, and reflect on their experiences. Clear checklists, task assignments, and a supportive network of mentors and project coordinators guide participants through every step, ensuring their involvement is both meaningful and rewarding to their learning process.

The organization's recent Erasmus+ accreditation 2021-2027 has enhanced its operational efficiency, allowing for greater flexibility in project topics, long-term partnerships, and a stronger focus on young people with fewer opportunities. This new framework encourages innovation and creativity and ensures that Framtidståget's projects address current local and international needs.



3- Building Lifelong Connections

At Framtidståget, the focus extends beyond the completion of a single mobility project. The organization prioritizes long-term engagement, inviting former participants to stay connected, share their experiences, and even lead new projects. By fostering this sense of community, Framtidståget helps young people become ambassadors for social change, encouraging others from fewer opportunities and similar challenges to get involved and contribute.

Notably, many of Framtidståget's current project managers began their journey as participants. For example, two former European Solidarity Corps volunteers—Abderrahman Assorhani from Morocco and Sebastian Sjöström from Sweden—are now responsible for leading the organization's international and local projects, showcasing the transformative power of these programs.

4- Celebrating Diversity, Encouraging Potential

One of Framtidståget's key learnings is the importance of language and identity in empowering young people. While the term "fewer opportunities" is commonly used in EU Commission programmes, the organization has adopted a more empowering term: "Young People with Full Potential (YFPF)". This shift reflects Framtidståget's belief in the authentic abilities and strengths of the young people they work with, encouraging them to embrace their unique skills and overcome challenges with confidence.

By providing platforms for creativity, collaboration, and leadership, Framtidståget helps young people develop the tools they need to succeed. The organization's commitment to psychosocial support ensures that participants feel safe and supported throughout their journey, enabling them to fully engage in the process and realize their potential.



5- A Global Impact

With a growing international network of partners, youth organizations, and project coordinators, Framtidståget has established itself as a leader in youth development and social inclusion, especially in Swedish and Moroccan communities. Beyond the borders of Sweden, the organization's projects have impacted numerous profiles, empowering communities and fostering intercultural understanding. By involving local communities in project activities—such as cultural dinners, storytelling sessions, and intercultural nights—Framtidståget creates positive and lasting interaction between participants and the local communities where projects are hosted, enriching the learning experience and outcome for all.



6- Lifting Others, Rising Together

Framtidståget leads by the belief “We rise by lifting others”. Through its wide range of projects and programs, the organization has created a space where young people from diverse backgrounds can find their voice, unlock their potential, and contribute to a more inclusive world, starting from themselves. With over two decades of experience, Framtidståget continues to inspire positive change, one project, one individual, and one community at a time.

As the future awaits, Framtidståget (Future Train) remains committed to its mission of empowering young people, fostering inclusivity, and building an international network of changemakers who believe in the power of collective action. Together, we can create a brighter future for all.



References:

- [ESF Project for Ukrainians](#)
- [Erasmus+ Mobilities](#)
- [TIA Activities for Asylum Seekers](#)
- [European Solidarity Corps Projects](#)
- [Family Treatment](#)
- [Family Foster Care](#)
- [Unga Insatser](#)
- [Larache: Rich History & Promising Future](#)
- [Larache: Rich Memory & Promising Future](#)
- www.framtidstaget.se
- www.instagram.com/futuretraininternational
- <https://www.facebook.com/framtidstaget>
- <https://www.youtube.com/@futuretrainstockholm/videos>
- <https://www.mucf.se/erasmusplus>
- <https://www.mucf.se/europeiskasolidaritetskaren>

OUR TEAM



YOUNG PEOPLE WHO EXPERIENCED
IN FIRST PERSON A FULL PARTICIPATION CYCLE:
FROM VOLUNTEERS TO MENTORS + MANAGERS!

EDITORIAL INFORMATION

Published in October 2024 by SALTO-YOUTH Inclusion and Diversity Resource Centre (Support & Advanced Learning and Training Opportunities within The Erasmus+: Youth in Action and European Solidarity Corps programmes)

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On behalf of the SALTO Inclusion & Diversity!

