



Addressing barriers of young people with fewer opportunities

Have you ever wondered why young people with fewer opportunities are underrepresented in international youth experiences? Before we start organising a project, **it is essential that we identify the barriers that might hinder their access to such opportunities.** By doing so, we can find ways to overcome these challenges.

Concrete tips and tricks on how to do that:

- Everyone has biases, and individuals who have grown up with significant privileges might struggle to recognise potential barriers for young people with fewer opportunities. **Thinking collectively** can be highly beneficial. Seek input from other youth workers, youth organisations and youngsters to review your project design and communication. You can also reach out to experts or self-representing organisations.
- Some participation barriers are invisible. Young people who've never had opportunities to participate in such projects might not feel that these experiences are meant for them. **Reach out to organisations working with young people with fewer opportunities for assistance in identifying, inviting, and preparing participants.**
- Information is crucial. Young people need assurance that their needs will be met during the programme. Make sure to **provide detailed information** not only about the activities's schedule and content but also about the logistics, the team and the setting. Also include contact details for follow-up questions.

"I think we need to relearn how we plan projects. So the process of making a project accessible or inclusive doesn't start when we have the project, when we host the project. It starts a long time before, and we need to relearn what we have to take into account, how to design an info pack for example."

Jessica Reinsch, Community garden, Die Villa Leipzig, Germany



Jessica Reinsch
Germany

Reach out to your national agency for support:

Find contact details on the [EU commission's webpage](#).

More resources about inclusion:

SALTO I&D Resource Centre and the Strategic Partnership for Inclusion have put together the [Inclusion A to Z](#) and the [Embracing Diversity](#) toolkits to support organisations in their inclusive journeys.

