



EUROPEAN UNION



TRAINING OF **TRAINERS**

21-24 NOVEMBER, SLOVENIA



AGENCY FOR
MOBILITY AND
EU PROGRAMMES

SALTO
SOUTH-EAST
EUROPE



REPUBLIC OF SLOVENIA
MINISTRY OF EDUCATION
OFFICE OF THE REPUBLIC OF
SLOVENIA FOR YOUTH

Erasmus+
Enriching lives, opening minds.



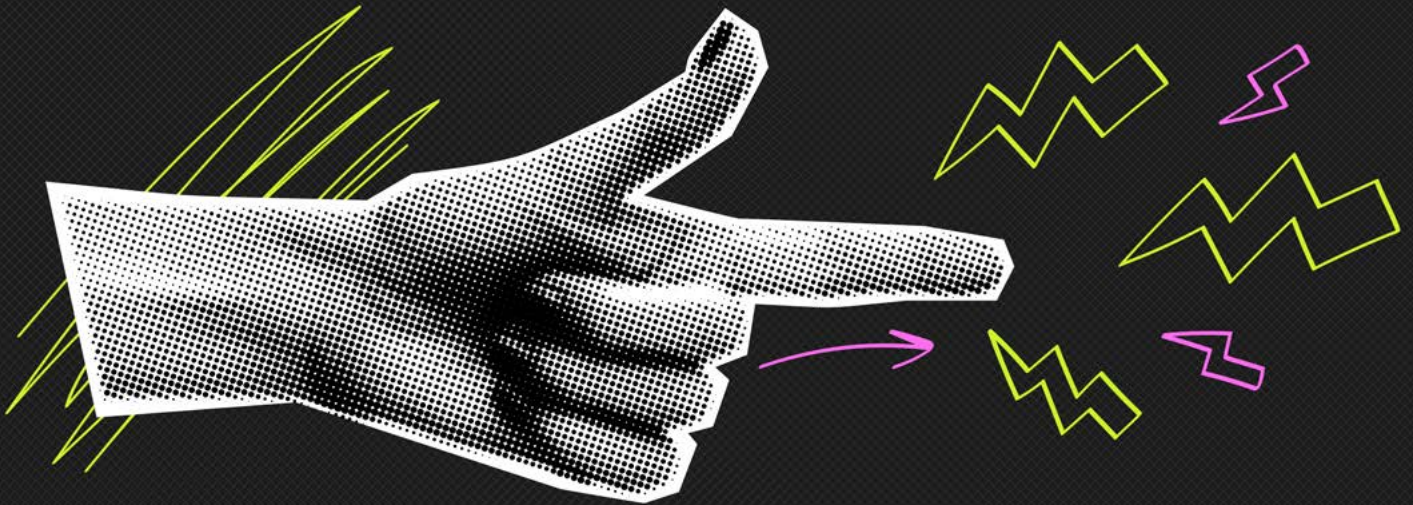
**EUROPEAN
SOLIDARITY
CORPS**



DEAR PARTICIPANT!

There are many good trainers working in national contexts, who could benefit from more competences to have the courage or be able to work in an international setting. Activities conducted by national agencies and SALTO Resource Centres and funded by the Erasmus+ and European Solidarity Corps programmes are usually international. In addition, they require an understanding of the institutional and policy contexts of the European youth policy, the Programmes and the national agency framework. With this course, we wish to support further development of trainers kickstarting their international careers.

The activity is open to experienced trainers on the national level who work in the youth sector or who have limited experience working internationally within their organisations or networks. Applications are only open to trainers from Slovenia, Croatia and Western Balkans countries.



AIM

Supporting the professional development of trainers within Erasmus+ and the European Solidarity Corps, and beyond.

OBJECTIVES

- **Supporting participants** in the development of their trainer competences **using the ETS Competence Model** as a reference
- **Exploring the role of trainers** in the European youth work field
- **Giving participants** the opportunity to **practice training in an international setting**
- **Embarking on a journey as learners**
- **Supporting learning processes** and co-creating **stimulating learning environments**
- **Raising awareness** and inspiring **confidence** in participants' potential as trainers
- **Supporting participants** to (re-)familiarise themselves with the **Erasmus+** and the **European Solidarity Corps** programmes.

APPROACH

This Training of Trainers has been developed with learning at its core. Since we learn better with others, a big focus has been put on collaboration, cooperation, mutual support, as well as reflection and feedback.

As explained in the programme section, the idea of this course is to make it as collaborative as possible. This means that while the organising team will oversee some sessions and provide overall support, a number of sessions (topical) and processes will be developed and run by participants.

With this approach, supported by mentoring periods, the organisers wish to encourage self-confidence, promote a wider and broader view and understanding of learning, and give space to practice, which naturally includes trial and error.

A lot of attention at this course will be placed on a holistic approach: we do not learn only with our head, but with our whole body. In the same vein, we will also make sure to keep in mind the bigger systems around us: our role as trainers, our group, organisation, community, country, region, youth work supported by the European Youth programmes, etc.

The competence model used for the course will be the **Competence Model for Trainers Working at International Level** developed by SALTO Training and Cooperation as part of the **European Training Strategy**. While several other frameworks exist, this is the one developed for trainers active in European Youth programmes.

Last but not least: the course is open to people with diverse abilities. We strive for diversity and will accommodate everyone.



PROGRAMME

When preparing the programme, the team had one thing clearly in mind (and at heart): what helps us evolve as trainers is practice. Being able to practise with colleagues and receive constructive feedback is beneficial to our growth.

The objective was crystal clear: **let's learn through practice together!**

What does that actually mean?



THE FIRST STAGE of the course will **take place online between 11 September and 20 November 2023**, enabling participants **to learn and connect with others.**

This period will include:

- **An onboarding session** that will take place on **11 September 2023** where each participant will choose their learning preferences and prepare for the residential course. This session is not optional.
- **Mentoring sessions:** each team, formed during the onboarding session, will be supported by a mentor, with whom they will meet **3 times between 12 Sept. and 20 Nov.** Applicants will be asked their availability in the application form and the final schedule is to be decided during the onboarding.
- **Self-paced learning** based on written guidelines. Although it can vary, we estimate that the process will take around 6 hours, including time for your own reflection.



In **THE SECOND STAGE**, we will gather for residential courses between **21 and 24 November 2023 in Slovenia**.

You are expected to arrive on 20 November and stay until 25 November.

Some parts of the programme will be run entirely by the organising team and others by participants based on the agreements made in the first stage.

The exact flow of the programme will therefore be finalised during September and November.

After the first two stages, we may hold a separate short online session for evaluating the overall learning process if agreed upon by the participants.



DRAFT PROGRAMME

21. – 24. 11. 2023

Note: this is a draft programme with spaces for sessions to be run by participants. Following the onboarding, a reshuffling of the structure is entirely possible. Therefore, this is merely indicative. Sessions with titles will mostly be prepared by the organising team.



Arrival day	Day 1 – 21/11	Day 2 – 22/11	Day 3 – 23/11	Day 4 – 24/11	Departure day
	Welcome to the course Getting to know each other	Course elements and sessions led by participants	Course elements and sessions led by participants	Course elements and sessions led by participants	Departure
	Lunch	Lunch	Lunch	Lunch	
	The framework of the course: principles, framework, group image and vision of the course	Course elements and sessions led by participants	Course elements and sessions led by participants	Course elements and sessions led by participants	
	Me as a trainer: where are we? Our shared vision and understanding of learning – Part 1 Coaching/mentoring time	Course elements and sessions led by participants Coaching/mentoring time	Course elements and sessions led by participants Coaching/mentoring time	Harvesting time Planning the follow-up phase and next steps Evaluation Closure	
Dinner	Dinner	Dinner	Dinner	Dinner	
Welcome evening	Impact monitoring and evaluation				

PRINCIPLES INFORMING OUR ACTIVITIES

Start of the journey

We start from where participants are in space and time, wherever that is.

Acknowledge the frame

We abide by youth work principles and the values of the European youth programmes.

Walk the Talk

We want to be transparent and explicit about our choices and reasons behind them. In other words: we do what we say, and we say what we do.

Owners of learning, but together

We believe in shared responsibility and ownership for learning. We focus on cooperation and co-creation as a basis for learning with and from each other.

Being part of the whole

We believe in a systemic approach and connection to 'the whole'. We will create space for the individual within the collective.

Holistic approach

We work with the mind, body, heart and soul, creating an encouraging group climate in which we can give and ask for support. From there, we grow together.

Space for exploration

We intend to create a safe space where we all can take risks. We start from genuine curiosity and courage, and allow space for not knowing, as well as ambiguity and vulnerability.

One way or another

All of us are good at training in different ways. We do not believe in one truth or one single method, and therefore we will lean on the group as a resource.



APPLICATION **DEADLINE**



Apply at **this link** by **25 August 2023**.

Selection results will be published by 29 August 2023.

Your active engagement, if selected, is expected soon after.