YOCOMO

an ETS online course on competence-based development for youth workers

(with special attention to attitudes and behaviours)

This is a Massive Open Online Course for youth workers to:

- explore and learn about competences
 for international youth work
- meet peer youth workers and discuss questions around self-assessment, the content of competences and ways you can develop them further on
- explore and become aware of their own attitudes and behaviours as a youth worker and where they would like to develop further, in their professional practice.

The course contains:

- animated videos
- pre-recorded video interviews
- 😾 discussion forums
- a number of educational texts and interactive tasks aimed at integrating learning into learners' specific context
- * Asynchronous modules are enriched by live webinars with relevant and engaging guest speakers, which are recorded and made available on the platform afterwards.

7 weeks

9 modules 2 to 4 hours per week

completing a
single module
an open
digital badge

completing at least the **first two** modules

a Youthpass certificate

Thematic modules of the course:

- Introduction to the course
- A competence-based approach in international youth work
- The ETS Competence Model for Youth Workers to Work Internationally
- Tools for competence self-assessment
- Attitudes in youth work

- The process of change
- Ways to develop attitudes and behaviours
- Using the competence model for professional development
- Learning and evaluation

















What is international youth work?



The entire course is not accessible for non-enrolled learners, but all videos are accessible on the YouTube channel. They can be shared, embedded as

well as translated to numerous languages. Here is a list and links of the

17 educational videos produced specifically for this course:

What is a competence and competence-based approach?



What is the ETS Competence Model for Youth Workers?



How to Use ETS Competence Model? Practice example Molecula by Sergio Urso



How to Use ETS **Competence Model?** Practice example Boards and Maps by Ilaria Marocco



Why ETS Model for Youth Workers? by Rita Bergstein and Gisèle Evrard Markovic



How to Use ETS Competence Model? Practice example Replay training by Patricia Amaro



How to Conduct Self-assessment of Competences?



Practical tips for competence self-assessment by Gabi Steinprinz



Values a driving force and its relation with attitudes, behaviours and youth work



The ABC concept of attitudes and its use in youth work



Challenges and opportunities of competence-based development by Monika Kėžaitė Jakniūnienė



The Process of Change in youth work



Why change might be difficult?



The Power of Reflection in youth work



Development in motion



The Power of Feedback in youth work













Very satisfied participants:



of the participants said that they would most likely practice competence self-assessment in the future

of the participants said that they would most likely apply their learning from the course to their competence development

of the respondents felt that they were quite familiar with the ETS Competence Model and $\frac{1}{3}$ of them said that they had detailed understanding

This is what participants said about this MOOC*

"This is one of the best online courses I have completed recently.

Though I don't have much experience working with youth,
still the course helped me so much to figure out what can be
the best approach regarding relations and working with youngsters.
Besides, it is the great possibility to assess your strengths and
weaknesses personally, that I find very beneficial..
BIG thank you for this course <3 xo"

"I liked the model itself, the flow of the course, how the content was delivered. I loved the extra materials that were shared - very useful for further reading and for my work."

"A great course! The information is very clear and well structured, which allows learners to orient well enough and get the most of the course!"

"It was very pleasant to be a part of the course,
I felt I learned new thingsor got a different
look over stuff I already knew about. I feel
more ready and steady in my role as a youth worker."

"Thank you for the valuable tools recommended and for this course. I find it quite useful because it tries to put in the spotlight the importance of assessment and feedback."

 * source: course evaluation survey

Drawing and video editing done by: StepDraw and Visualmind.lt The team behind the courses and video contents: Laimonas Ragauskas, Monika Kėžaitė-Jakniūnienė, Nerijus Kriaučiūnas, Salvi Greco and Snežana Bačlija Knoch











