European Training Strategy
The competence model for trainers and its criteria and indicators

Being civically engaged

Competence

The term ‘competences’ refers to a system of values, attitudes and beliefs, and (self-)knowledge that can be applied in practice to manage various complex situations and tasks successfully. Confident, motivated and well-being are important prerequisites for someone wanting to apply existing competences.

Criteria

see the principles or standards according to which the effectiveness and potential success of the competences in question may be assessed. Each criterion is described related to knowledge, skills and attitudes.

Indicators

are obvious elements that demonstrate that the criteria have been met. They describe actions and reactions expressed in terms of:

- ways of thinking and approaching (applying knowledge);
- ways of doing (practicing skills);
- ways of expressing emotions or attitudes.