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What have you learnt today?

Using feet and steps to record learning



Aims

- To reflect on individual and group learning within a training course or youth exchange
- To gain personal experience of summarising the 'learning' of a training course
- To apply and explain the use of Youthpass to the participants



Group

- Max 25 people



Needs

- Coloured A4 paper
- Pens
- Pictures of feet
- Music for reflection time



Time

- 15-25 mins/day
- 40 mins last day



Step by step

At the end of the first training day, explain the need to reflect on one's own personal learning by showing a picture of feet. The feet symbolise that we learn in steps: formally, non-formally and informally.

Then give examples of learning (including amusing ones, e.g. I learnt that there is always hot soup for lunch in Hungary), and ask people to answer the question: "What have you learnt today?"

Participants are asked to answer the question in writing (in the working language of the activity) or by drawing on paper cut into the shape of a foot. Number the feet according to the training days (1 for the first day and so on).

Explain that on each training day, they will get their previous 'feet' back and continue with a similar question. You can give the question a different focus like: "What have you learnt from the others? Or what have you learnt about yourself?"

At the end of the training course, give participants time to go through their learning steps (feet) from previous days and ask them to summarise what they think are the most important learning outcomes for them. The result of this reflection can be used by participants to describe their learning outcomes in their Youthpass.

Identifying & documenting

Describing outcomes

Introducing Youthpass

Role of facilitator



Debriefing

The principal question remains the same every day:

- What have you learnt today?

The facilitator can add a slightly different focus every day to complement the exercise:

- What have you learnt from the group of participants?
- What have you learnt about yourself?



Adaption

- Participants can use different kinds of media to answer the questions (e.g. modelling clay, collage, crayons, etc.).

- You can also use a different symbol, depending on your location, participants and topic of the training course or youth exchange. Instead of feet, for example, you could draw a tree for each participant and add new branches for each day, where they can hang objects representing their learning.



Tips

This exercise has been devised as a daily activity, so it is important to keep participants motivated and not let it become a boring routine. Slight variations and adaptations (different questions, different colours for the feet, changing rooms...) are recommended to prevent this.

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