



APPETISER

An introduction to international youth work

Training Course

**All you need to know before
applying...**

In brief...

"**Appetiser**" is a training course which aims to bring together **youth workers/leaders** experienced at local level youth work from all *Programme Countries*, and introduce them with the possibility to expand their activity level to, and benefit from, the *international youth work* field. It promotes the use of **Erasmus+: Youth in Action Programme**. It follows the principles of non-formal learning and works for its promotion and **recognition** (among others, by providing participants with a Youthpass certificate).

*Do you **have experience** as a youth work/leader at local level and yet **did not organise** international youth activities within Erasmus+: Youth in Action programme (and previous programmes)?*

*Do you **want to know about Erasmus+ opportunities** for international youth exchanges, European Voluntary Service or/and training projects for youth workers?*

*Are you in **contact with young people** or other people who would benefit from being involved in international activities?*

*Are you part of an organisation or informal group that is **new to Erasmus+** or wants to get to know about new opportunities for international activities within this programme?*

Should you have answered positively to the most of the questions above, when this course is for you!

Some history

"**Appetiser**" started as a pilot project in **2004**. It was firstly realized in Malta and since then, several Appetisers took place in **almost all Programme Countries**. Appetiser became a **Network Training**, under the umbrella of **SALTO Training & Cooperation Resource Centre**, in **2007** thus validating its usefulness. If you are interested in seeing some quality and quantity information, Appetiser general reports from recent years are available at www.salto-youth.net/appetiser.



*I appreciated your effort to provide us **best working conditions**, food, accommodation and working environment was perfect (maybe too perfect☺). It was nice to know your country's hospitality and culture! Thank you!*

What's on the menu?

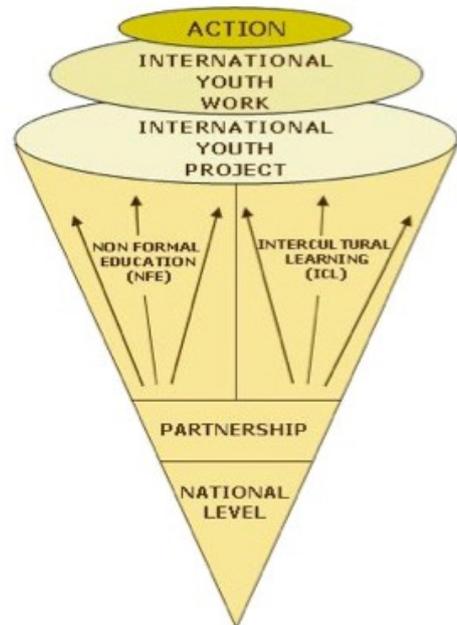
Surprisingly, when ordering an "**Appetiser**", you get a very delicious *ice cream*! The "ice cream" model helps us to visualize its main "ingredients". The core of the programme (middle of the "ice cream") is comprised by the concepts of

- **non-formal education/learning** and
- **intercultural learning.**

Participants' **active involvement and participation** in the learning process is promoted, encouraged and supported.

A full **3-days programme** of activities makes sure everyone is *appetised to go international!!!* A special focus is given to the presentation of **good practices**; projects of high quality that have been realized with the support of the **Erasmus +: Youth in Action Programme and its previous editions.**

Although it is not a *contact-making seminar*, a **natural space** for the development of cooperation is offered and participants are encouraged to make use of it; and so far, they have greatly done so!



*"I have learned a lot about the **YOUTH programme**. I didn't know much about it and has been great to go deep in it. Now I know how many opportunities I have to do something related to international youth work."*

As of **2007**, and after the introduction of **Youthpass**, the trainers have taken the necessary measures so that the learning outcomes of the Appetiser participants are recognised and they can use on their learning process during the training course itself. During the 3 days' programme, the participants have a chance to reflect on their learning every day and create their own *Youthpass* because of this learning journey.

Day by day...

A well-structured daily programme of activities has been developed after analysis of feedback and use of the experience collected so far. A good deal of informal learning time is provided so that the participants get to know each other, their local realities and their role in international youth work. The *logic* goes from participants' local experience, to accessing new tools and means to go *international*

*"There was a **good balance** between theory and practice and self-involvement of the participants in the learning process."*

and finally discovering the added value that international youth work would offer to their activities.

PROVISIONAL PROGRAMME OF “APPETISER” COURSE

1 day	2 day	3 day	4 day	5 day	
Arrival of the participants	Official welcome & Group Building	Intercultural Learning 'Theory & Practice'	“Erasmus+: Youth in Action Programme”	Departure of the participants	
	Introduction to -Appetiser -Erasmus+: Youth in Action		Good practices		
	Lunch				
	Organisations' Bazaar	Non-formal education/learning	The value of international youth work		
	Sharing of experiences		Youthpass		
	Dessert time	Dessert time until 17:30	Dessert time		
			Evaluation of the seminar		
Dinner					
Getting to know each other	Intercultural Evening	Dinner out	Farewell party		

Why “Appetiser”?

- Because **88%** of the participants had the chance for **the first time** in their lives to *experience an international youth project!*
- Because **92%** of the participants liked the taste of *intercultural learning...*
- Because **81%** of the participants profoundly *understood the possibilities offered by the Youth in Action programme!*
- Because **67%** of the participants believe that they have adequately *seen examples of quality youth projects supported by the Youth/Youth in Action programme!*
- Because **89%** of the participants managed, in the short time given, to soundly *imagine how their own youth work practice can benefit from the international context.*

...and because of many other reasons, well justified in **Annual Reports** (www.salto-youth.net/appetiser).

Cooked by...

Eylem Certel from *Turkey*

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Nerijus Kriauciunas from *Lithuania*.

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They all maintain a **SALTO TOY** profile, so you are invited to go through. They have been running this training seminar **together** for a long time; this experience sets the basis for the deliverance of high quality programmes. The team's **diverse background** makes "**Appetiser**" very... *tasty!*

Hungry for more?

Apply for Appetiser course, if you are actively working with young people at the local level and would like to explore the benefits of youth work at European level...



*"I think when I return to my home I am going to **start to organize activities** to make a first contact with the youth of my local community. It's going to be a small but very significant step in order to proceed."*