

# BOALIN PRACTICE

**NEW  
DATES!**

**25/09  
- 03/10**

**SUPRAŚL  
/POLAND**

**FILL IN THE  
APPLICATION  
FORM**

PROJECT FOR TRAINERS, TEACHERS, EDUCATORS, GROUP  
LEADERS, AND FACILITATORS WHO:

**WANT TO LEARN NEW METHODS TO ACTIVATE THE GROUPS THEY  
WORK WITH**

**ARE BEGINNERS IN USING DRAMA AND THEATRE IN GROUP WORK AND  
FIND IT  
IMPORTANT TO DEVELOP FURTHER THEIR COMPETENCE**

**HAVEN'T PRACTISED DRAMA ACTIVITIES YET BUT ALREADY  
ACKNOWLEDGE THE VALUE THEY COULD BRING TO THEIR WORK**

**WANT TO LEARN GAMES DEVELOPED BY AUGUSTO BOAL, HOW TO  
INTRODUCE THEM TO A GROUP, WHEN, IN WHICH CONTEXT, AND HOW  
TO FOLLOW IT WITH REFLECTION PROCESS AFTERWARDS.**

## **PROGRAM**

THE TRAINING COURSE PRESENTS DRAMA TOOLS,  
SPECIFICALLY GAMES AND ROLE PLAYING ACTIVITIES  
DESCRIBED IN THE BOOK: "GAMES FOR ACTORS AND NON-  
ACTORS", WHICH IS CONSIDERED A MANUAL FOR DRAMA  
TRAINERS. WE WILL TAKE IT AS A RESOURCE TO SHARE AND  
PRACTICE WITH OUR PARTICIPANTS.

THE CHOSEN GAMES WHICH PARTICIPANTS WILL LEARN  
DURING THE COURSE CAN SERVE AS TOOLS FOR YOUTH  
WORKERS TO ADDRESS TOPICS SUCH AS:  
COMMUNICATION, COMMUNITY, VALUES, CONFLICTS,  
VIOLENCE, STATUS, AND OPPRESSION.

APPLIED DRAMA ENHANCES CREATING INTERCULTURAL  
UNDERSTANDING AND HELPS WORKING WITH INTERNALLY  
DIVERSE GROUPS. BY CREATING STORIES, METAPHORS,  
SYMBOLS AND ROLE PLAYING A WORKSHOP BECOMES "A LIVE  
EXPERIENCE" AND AN UNUSUAL INSPIRATION FOR  
PARTICIPANTS. HENCE, THE WORKSHOP CONTENT IS  
REMEMBERED BETTER AND PARTICIPANTS HAVE DEEPER  
REFLECTION THAN IN THE CASE OF TRADITIONAL  
EDUCATIONAL METHODS.

# **THE PROGRAM OF OUR COURSE IS BUILT AROUND THEMATIC BLOCKS:**

## **DAY 1**

**GETTING TO KNOW EACH OTHER, TEAM BUILDING,  
ESTABLISHING CO-LIVING AND CO-WORKING PRINCIPLES,  
INTRODUCING THE PROGRAM**

## **DAY 2-4**

**DRAMA GAMES**

**PRESENTING AROUND 20 GAMES AND ACTIVITIES FOCUSING  
ON THE TOPICS SUCH AS: INTEGRATION, STATUS, INNER  
STRENGTH, HIERARCHY, STRUCTURE AND ORGANISATION.  
AFTER EACH SEQUENCE OF GAMES WILL FOLLOW A  
REFLECTION OF THEIR AIMS, EFFECT AND POSSIBILITIES/  
RECOMMENDATIONS TO USE IN WORK WITH SPECIFIC TARGET  
GROUPS.**

## **DAY 5-6**

**TRAINERS' SKILLS**

**WITH THE HELP AND SUPERVISION OF TRAINERS  
PARTICIPANTS WILL PRACTISE SELECTED GAMES WITH THE  
REST OF THE GROUP, TOGETHER WITH A DEEPEMED  
DEBRIEFING AND FEEDBACK ON THEIR FACILITATION STYLE.**

## **DAY 7**

**DISSEMINATION ACTIVITIES AND EVALUATION**

# TRAINERS



## ALDONA ŻEJMO - KUDELSKA

DRAMA TRAINER, FOUNDER AND PRESIDENT FOR THE DRAMA WAY FOUNDATION OF EDUCATION AND CULTURE, AUTHOR OF MANY ARTICLES ON THE TOPIC OF APPLIED THEATRE. GRADUATE OF WARSAW UNIVERSITY IN THE FIELD OF SOCIAL PREVENTION AND REHABILITATION, AS WELL AS OF THE BUSINESS TRAINERS SCHOOL TROP, AND A DRAMA COURSE IN THE ASSITEJ ASSOCIATION. HAS TRAINED DRAMA WITH BRITISH PRACTITIONERS: JOHN SOMERS, MADALINE ANDERSON-WARREN, ANN SEYMOUR, ADRIAN JACKSON. SINCE 2000 INTRODUCING DRAMA IN POLAND. SINCE 2002 LEADING DRAMA TRAINING COURSES AND WORKSHOPS CONNECTING HER PRACTICE IN PSYCHOLOGICAL SUPPORT AND WORKING WITH GROUPS WITH THE THEORY OF APPLIED THEATRE AND DRAMA. CREATOR AND TRAINER OF A DRAMA TRAINERS' SCHOOL. SINCE 2001 IMPLEMENTING EDUCATIONAL PROJECTS DIRECTED TO YOUTH AND LOCAL COMMUNITIES USING DRAMA AND APPLIED THEATRE. IN THE PROCESS OF TRAINING AS A DRAMATHERAPIST.

ACTOR IN SEVERAL THEATRE COMPANIES, ALSO INVOLVED IN APPLIED THEATRE PROJECTS AS A PROJECT AUTHOR, SCRIPT WRITER, DIRECTOR, WORKSHOP AND TRAINING FACILITATOR.

APART FROM ARTISTIC BACKGROUND HE HAS ALSO GRADUATED FROM PSYCHOLOGY STUDIES, DRAMA TRAINERS SCHOOL, AND MANY APPLIED THEATRE COURSES. BOARD MEMBER IN THE DRAMA WAY FOUNDATION. HE HAS DEVELOPED AND IMPLEMENTED OVER 20 PROJECTS OF APPLIED THEATRE IN WARSAW AND OTHER SMALL TOWNS IN POLAND. AUTHOR OF A FEW ARTICLES ON THE TOPIC OF APPLIED THEATRE. IN 2006 - 2014 ACADEMIC TEACHER AT THE WARSAW UNIVERSITY AND THE SPECIAL PEDAGOGY ACADEMY IN WARSAW.

## ADAM GAŚECKI



# VENUE

WE ARE INVITING YOU THIS TIME TO A BEAUTIFUL TOWN **SUPRAŚL** ON THE EAST SIDE OF POLAND, WHERE A MIX OF CULTURES AND RELIGIONS HAD AN IMPACT ON THE HISTORY OF THE PLACE AND THE PEOPLE.

FOR EXAMPLE, OUR VENUE WILL BE LOCATED IN A FORMER ORTHODOX MONASTERY, WITH THE BELLS FROM A CHURCH WAKING US UP EVERY MORNING! [CHECK THE VENUE HERE](#) WE ARE PLANNING TO WALK IN THE WILD FOREST THERE AND TRY THE TATAR-LATVIAN-POLISH QUISINE.

WE OFFER SHARED ROOMS WITH PRIVATE BATHROOMS AND FREE WIFI CONNECTION. TOWELS AND BED LINEN PROVIDED. ALL MEALS (BREAKFAST, LUNCH, DINNER AND BREAKS) WILL BE SERVED IN THE SAME BUILDING. THE WORKING ROOM IS LOCATED ON THE LAST FLOOR. YOU CAN CHOOSE STAIRS OF LIFT TO REACH IT.



## TRAVEL

THE NEAREST AIRPORT IS IN **WARSAW**. FROM THERE YOU NEED TO TAKE A TRAIN TO **BIAŁYSTOK** WHERE A RENTED BUS WILL TAKE ALL THE GROUP TO THE VENUE.

TRAVEL TICKETS AND POSSIBLE COVID TESTS WILL BE REIMBURSED UP TO:

360 EUR- PORTUGAL/ SPAIN

275 EUR- CZECH REP/ NORTH MACEDONIA/ SLOVENIA/  
BULGARIA/ FRANCE/ ITALY/ ESTONIA/ GERMANY

180 EUR- LITHUANIA.

FOOD AND ACCOMMODATION  
WILL BE COVERED  
BY THE ORGANISERS.

TRAVEL COSTS WILL BE REIMBURSED AFTER PARTICIPATING  
IN THE FULL TRAINING PROGRAMME  
AND SENDING REPORT FROM THE FOLLOW-UP ACTIVITIES  
AS WELL AS SENDING THE EVALUATION QUESTIONNAIRE  
FROM THE PROJECT.

## ORGANISERS

THIS ACTIVITY IS ORGANISED BY [DRAMA WAY](#) FOUNDATION  
FROM WARSAW, POLAND, WITH THE FINANCIAL SUPPORT FROM  
THE ERASMUS+ YOUTH PROGRAMME.

WE ARE THE MOST WIDELY KNOWN AND APPRECIATED NON-  
GOVERNMENTAL ORGANIZATION IN POLAND AMONG THOSE  
RUNNING PROJECTS AND TRAININGS BASED ON AUGUSTO  
BOAL'S THEATRE OF THE OPPRESSED METHODOLOGY.

PARTNERS IN THE PROJECT:

[EUROPEAN YOUTH CENTRE BŘECLAV](#)

[ASOCIACIJA AKTYVISTAI](#)

[LOESJE BITOLA](#)

[YOUTH CENTRE ZAGORJE OB SAVI](#)

[KNOWLEDGE ASSOCIATION LOVECH](#)

[PARAGRAF INTERNATIONAL](#)

[JUGENDKULTURARBEIT](#)

[ENVTL](#)

[ASSOCIACIÓ MOVE](#)

[ASSOCIAÇÃO SPIN](#)

[GIOSEF TORINO](#)