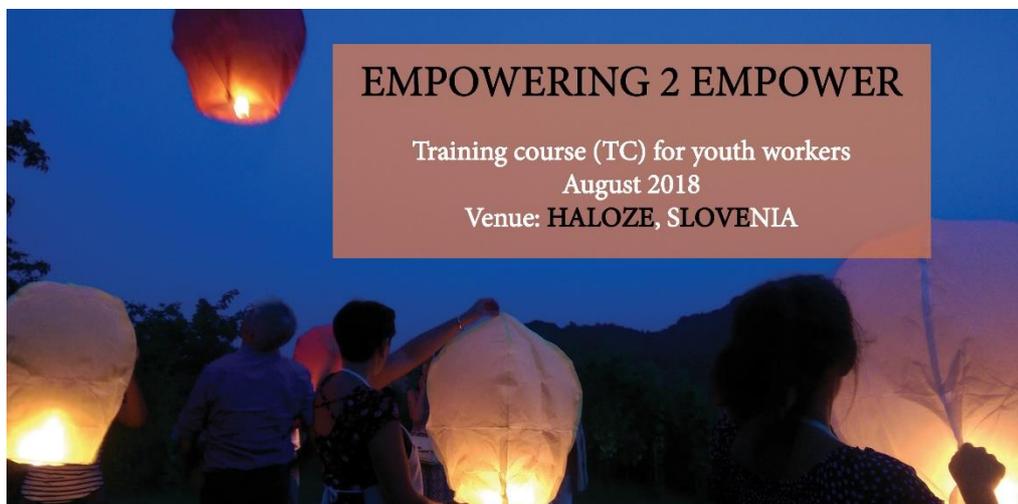


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**PRACTICAL INFOPACK FOR PROJECT PARTNERS & PARTICIPANTS OF THE  
INTERNATIONAL TRAINING COURSE  
EMPOWERING 2 EMPOWER**



**(23. 8. - arrivals) 24.-28. 8. (29. 8. - departures) 2018**

**Gorišnica (Ptuj - Haloze)**

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*Dear project partner and participant,*

*We are excited to collaborate with your organisation and to greet your youth workers/leaders as participants of the Erasmus + KA1 project – Mobility for youth workers (further: training course or TC). In the time of conducting the training course in Slovenia, we will work together to share our thoughts, and learning experiences, listen and learn from each other, reflect on the additional value an international dimension of cross sectorial inclusion projects and explore how to extend our practice to the international level within and beyond Erasmus + Programme. We hope that you are looking forward to it as much as we are!*

*In this information pack you will find basic informations about the project, activity schedule, venue, travelling informations, contact details and other useful things.*

*We are looking forward to hear from you soon!*

*Your Empowering 2 empower team*

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## About the project

<b>Name of the project:</b>	<b>EMPOWERING to EMPOWER - EMPOWERING</b> youth workers/leaders to EMPOWER unemployed youth and youth from disadvantaged areas	<b>Contact person:</b>	Mateja Pesek: <a href="mailto:mateja@epeka.si">mateja@epeka.si</a>  Nika Bratović <a href="mailto:nika@epeka.si">nika@epeka.si</a>  Web-page: <a href="http://epeka.si/en/">http://epeka.si/en/</a>
<b>Duration:</b>	<b>(23. 8. - arrivals) 24.-28. 8. (29. 8. - departures) 2018</b>		
<b>Venue:</b>	<b>@ area of LAS Haloze</b> <b>(near the oldest town of sLOVEnia: Ptuj)</b> <b>Exact location: Hotel Botra, Gorišnica 28, 2272 Gorišnica, Slovenia</b>		
<b>Summary of project:</b>	<p>International project "EMPOWERING to EMPOWER" is dedicated to the empowerment of youth workers / leaders to work with unemployed young people and young people from disadvantaged areas. By the planning and preparing the project are 10 partner organizations involved, which are active in 8 different countries (Slovenia, Bulgaria, Italy, Greece, Lithuania, Romania, Turkey and Poland). The project will take place @ area of LAS (Local action group) Haloze, near city Ptuj. Haloze are less developed area with lack of opportunities for young people and deficit of workplaces and cultural activities for young people living here. Location of training will enable higher understanding of identified problems that young people are facing by living in such areas.</p> <p>Through the implementation of the project we will be interested in specific issues and facts about the reasons for unemployment among</p>		

<b>Main aims:</b>	<p>young people, what is the state (statistics) of youth unemployment in the case of the participants' countries where they come from and How they are trying to solve this problem there. By sharing experiences of good practices we want to reduce this problem in future. Through workshops and variety of different methods we will encourage participants to be creative by making additional proposals for the possibility of effective problem solving of unemployment and lack of opportunities among youth coming from problem areas with fewer opportunities. After all, we want, that experiences, proposals and gained competences are transferred to active and effective work within the organizations and beyond in terms of further project cooperations between organizations at the national and international levels. Strengthening the necessary competences for youth workers we will achieve through interactive workshops, which will be prepared and carried out with the help of experienced trainers or experts.</p>
<b>Main aims:</b>	<p>Aim of the project is to prepare youth workers / leaders to gain needed competences to work with unemployed youth and youth from disadvantaged areas, so that they could help and direct them on their life's journey by reaching their career goals. Youth workers / leaders needs to have skills for mentoring, providing security, support them by setting and achieving their desires / goals, encourage them to participate in the programs for personal and social development, support them by the acquisition of competences, help them by promoting their self-esteem through personal development, encourage them to be active and responsible citizen and ultimately prepare them to be responsible to enter on the labor market.</p>

**Intellectual outputs (if any) and links to them**

In the framework of activities/workshops of the project EMPOWERING to EMPOWER, participants will gain:

- Competences in the field of public speaking, based on the purpose of communication / teaching / to train, and on the differences in individual or group performances, where participants will learn about the need for cooperation and coordination between co-trainers;
- skills of self-confident and effective / convincing verbal and non-verbal communication;
- methods of preparation of workshops or other activities that participant will prepare to work with young people in general;
- using of tools in conducting workshops and learning about different methods of performing them;
- knowledge of the facts concerning the unemployment of young people and young people from deprived areas in relation to different (participating) countries;
- getting to know the challenges / opportunities faced by youth workers, due to youth work with unemployed youth;
- the skills about preparing, guiding and completing the "round table"
- discussion among experts;
- knowledge of the professions of the future - the professions that are and will be sought in the future;
- skills (working methodology) on the promotion of innovative and creative forms of self-promotion of unemployed youth or young people from disadvantaged areas;
- a motivation to cooperate and exchange opinions / bindings / proposals for better work with youth;
- getting some knowledge, ideas and inspirations in the field of entrepreneurship in terms of potential job creation (self-employment, opening of (social) enterprises) for unemployed young people;
- knowledge of methods for individual support (for activation of individuals);

- enhanced motivation and satisfaction in day-to-day work with deprived youth;
- a wider understanding of practices, policies and systems in the field of employment and support for the unemployed in participating countries;
- Empowering proposals / introductions for changes to update programs / approaches of employment services and programs / approaches of educational institutions;
- a better understanding of the interconnection between formal and non-formal education or educational training and the labour market;
- skills for better quality of work and activities for the benefit of unemployed young people and young people from deprived areas;
- opportunities to meet the needs of people with fewer opportunities;
- better understanding of social, linguistic and cultural diversity and responding on it;
- improved knowledge of foreign languages;
- strengthened managerial skills and internationalization strategies;
- targeting of target groups in innovative and better way, better methods and practices for youth work for empowering active participation of young people and / or involvement of groups with fewer opportunities, etc.

## Project partners

	Country	Organisation	Contact person	E-mail
1	Slovenia	PODJETNIŠKO IZOBRAŽEVALNA MLADINSKA ZADRUGA EPEKA, z. b. o., so. p. (ENTREPRENEURIAL EDUCATIONAL YOUTH COOPERATIVE SOCIETY EPEKA, ULTD, Social Enterprise), Maribor	Mateja Pesek Nika Bratović	<a href="mailto:mateja@epeka.si">mateja@epeka.si</a> <a href="mailto:nika@epeka.si">nika@epeka.si</a>
2	Slovenia	Fundacija studentski tolar (Foundation Studentski tolar), Ljubljana	Ana Pipan	<a href="mailto:bananca1@gmail.com">bananca1@gmail.com</a>
3	Turkey	Pi Gençlik Derneği (PYA - Pi Youth Association), Izmir	Muhsin Sen	<a href="mailto:muhsin.sen@pigenclikdernegi.org">muhsin.sen@pigenclikdernegi.org</a>
4	Romania	Curba de cultura, Izvoarele	Kristina Pişkur	<a href="mailto:kristina@curbadecultura.ro">kristina@curbadecultura.ro</a>
5	Lithuania	Asociacija "Aktyvus Jaunimas" (AJ, Association Active Youth), Kaunas	Tomas	<a href="mailto:exchange@activeyouth.lt">exchange@activeyouth.lt</a>
6	Lithuania	VšĮ "Tarpautinis bendradarbiavimo centras" (TBC), Kaunas	Mindaugas	<a href="mailto:we.go.projects@gmail.com">we.go.projects@gmail.com</a>
7	Italy	EURO SUD (EURO SUD, Strategy, Policy and Review Department), Triggiano/Bari	Kristina Vidović Adriano Difronzo	<a href="mailto:kristina.eurosudngo@gmail.com">kristina.eurosudngo@gmail.com</a> <a href="mailto:eurosudngo@gmail.com">eurosudngo@gmail.com</a>
8	Poland	Fundacja Dobra wola (DW, Good Will), Lublin	Vadzim Skarabahaty, Sergiy Melyanets	<a href="mailto:prygne4any@gmail.com">prygne4any@gmail.com</a> <a href="mailto:mel.sergiy@gmail.com">mel.sergiy@gmail.com</a>
9	Greece	Alternative Innovative Development (AID), Larissa	Dimitrios Ladopoulos Alexandros	<a href="mailto:dimlado@hotmail.com">dimlado@hotmail.com</a>
10	Bulgaria	"The Change is in You" Association (CYA), Tryavna	Adrien Kermarrec Stanimir Chukov	<a href="mailto:cya.tryavna@gmail.com">cya.tryavna@gmail.com</a> <a href="mailto:stanimir.chukov@gmail.com">stanimir.chukov@gmail.com</a>

## Participants

Each partner organisation can send 2 participants: if possible 1 male and 1 female - gender balance in this project is especially important! Participants should register for applying on this training course through our online application until 22<sup>nd</sup> of April:

<https://goo.gl/forms/8uzCrT0fCy7pFKEI3>

The EMPOWERING to EMPOWER project is aimed for youth workers/leaders who are (or would like to be) active in the field of work with unemployed young people or with students who may be facing unemployability after a study or who are working in general with young people from deprived areas.

The same number of male and female participants must be achieved and must be taken into account by each individual organization in the process of selecting participants.

This training course is for:

- **youth workers/leaders**, who are actively working with young people from disadvantaged areas as a professional or on the voluntary basis and should have an active attitude!
- In order to participate in this training for youth workers / leaders, it is desirable that participants are 18+ years old<sup>1</sup>. We did not set the above limitations in the years, but the participants must be fit to be able to participate actively in the preparation and implementation of the project, and that they can regularly attend workshops.
- By selecting and preparing the participants for the TC, have in mind, that we will conduct some workshops outside (summer days in Slovenia are usually sunny and hot) and at different places to which we will walk by foot or drive with vans.

**Because the TC will take in the summer season, flight tickets can get very expensive – that is why, we need u to select the participants and to buy flight tickets until 22<sup>nd</sup> of April.** We will help u by searching for flight tickets and also for participants if needed.

<sup>1</sup> We decided to give opportunity also to slightly younger participants (from the age of 16), if they are truly experienced in the field of Erasmus + programme and motivated for attending the TC.

## Programme

Through training for youth workers / leaders - EMPOWERING to EMPOWER - we want to better prepare and train youth workers / leaders to work with unemployed young people and young people from deprived areas so that they could provide support to them and guide them on their life path and their career.

The training will be aimed at acquiring competences for self-confident, effective and creative work for unemployed young people and young people from deprived areas. Therefore, we will include activities in the training which are listed below:

- activities from public speaking (individually and in the group) and self-promotion;
- workshops on the topic of youth unemployment in terms of exchange / review / presentation of facts in the field of youth unemployment and exchanges / reviews / presentation of solving this type of problem;
- identifying, identifying and familiarizing participants with the profession of the future;
- activities to get to know and learn about the methods of preparing and conducting workshops and methods of working with unemployed young people and young people from deprived areas. It will be followed by the actual preparation and implementation of a workshop, where participants will be unemployed young people from deprived areas.

Within the framework of the project, one day will also be dedicated to professional excursions through the viewing of examples of good practice regarding the creation of additional jobs for young people.

The time of reflection on identifying and defining learning outcomes from individual workshops / activities will be an important "learning to learn" activity, where participants will get to know different methods of conducting a reflection on learning outcomes



**Your suggestions which could improve the project are very welcome.** Your organisation and selected participants are welcome to make suggestions about the Activity Schedule and Programme to make a bigger input with the project. If you think participant, who will attend the TC, could help by conducting which of the workshops, please let us know - detailed Activity Programme we will send to you soon. We are always open for good changes.

**For more information about the Project, Activity Programme or Schedule please contact:**

**Mateja Pesek:** [mateja@epeka.si](mailto:mateja@epeka.si)

Below you can find the activity schedule of the TC, which can also change due to planning of the workshops.

**Activity Schedule**

Day/ hour	DAY 0 (Thursday)	DAY 1 (Friday)		DAY 2 (Saturday)		DAY 3 (Sunday)		DAY 4 (Monday)		DAY 5 (Tuesday)		DAY 6 (Wednesday)	
07.00-08.45	<b>Arrivals (August 23th)</b>	Rise & Shine	Breakfast	Rise & Shine	Breakfast	Rise & Shine	Breakfast	Rise & Shine	Breakfast	Rise & Shine	Breakfast	Breakfast	
8.45-9.00		Official Greeting and Introduction		Reflection and evaluation		Reflection and evaluation		Reflection and evaluation		Reflection and evaluation		<b>Departures (August 29th)</b>	
9.00-10.30		Individual Public Speaking (presentation of the NGO-s)		Tour - Good Practice Example 1		Preparation of the Workshop for an Actual Implementation		Workshop Implementation		Preparations on round table			
10.30-10.50		Break		Break		Break		Break		Break			
10.50-12.00		Youth Unemployment - Facts and Good Practices		Tour - Good Practice Example 2		"I (Don't) Know, You Know"		Feedback on conducted workshops		Youth Unemployment - Challenges/Opportunities for Youth Workers? (round table)			
12.00-13.30		Lunch		Lunch		Lunch		Lunch		Lunch			
13.30-15.00		Group Public Speaking		Tour - Good Practice Example 3		Workshop Simulation		Self-promotion		Future Professions			
15.00-15.30		Break		Break		Break		Break		Break			
15.30-17.00		Workshops - how to prepare and conduct		Walk'n'talk in the city (Maribor)		Walk'n'talk in the village (Haloze)		Individual Support		Evaluation and Completion of the Project			
17.00-18.00		Welcome & Local guiding	"create a job" (presenting example of good practice)		"create a job" (presenting example of good practice)		"create a job" (presenting example of good practice)		Preparations on Intercultural evening		Youthpass & Arrangements for travel reimburse and departure		
18.00-20.00		Dinner	Dinner		Dinner out in Romani kafenava		Picnic		Dinner		Dinner		
20.00-22.00		Welcome & get2know	Free Evening in the City of Ptuj		Participants evening		Active in the village		Intercultural evening		Farewell evening		

## Training place / Accommodation

The training course will take in the area of LAS Haloze near the oldest town in Slovenia – Ptuj. **Exact location** of the venue is Hotel Botra in the village Gorišnica (**Address:** Gorišnica 28, 2272 Gorišnica, Slovenia): <https://www.google.si/maps/place/Gori%C5%A1nica+28,+2272+Gori%C5%A1nica/@46.4138235,16.0075454,17z/data=!3m1!4b1!4m5!3m4!1s0x476f5c344e2a5767:0xa78f8105f4e3aa7b!8m2!3d46.4138235!4d16.0097341?hl=sl>

Participants will be accommodated in rooms with 2 beds and their own bathroom. Only so-called »French beds« are available in the rooms, but the mattresses are separate. More information about Hotel Botra and fotos of the rooms u can find Bellow:

[http://en.directrooms.com/hotels/info/2-118-2427-195126/?aw\\_campaignid=147586839&aw\\_adgroupid=9510754719&aw\\_matchtype=b&aw\\_device=c&aw\\_network=g&aw\\_placement=&aw\\_target=&aw\\_adposition=2t4&aw\\_targetid=kwd-36658382553&aw\\_loc\\_physical\\_ms=9062556&aw\\_creative=28884820119&gclid=Cj0KQCQjwnqzWBRC\\_ARIsABSMVTPts1o3fwcHSVSeowa6snVDgkpJme2PSIBwUJTRLC2KC3Bglj6\\_F-waAtjWEALw\\_wcB](http://en.directrooms.com/hotels/info/2-118-2427-195126/?aw_campaignid=147586839&aw_adgroupid=9510754719&aw_matchtype=b&aw_device=c&aw_network=g&aw_placement=&aw_target=&aw_adposition=2t4&aw_targetid=kwd-36658382553&aw_loc_physical_ms=9062556&aw_creative=28884820119&gclid=Cj0KQCQjwnqzWBRC_ARIsABSMVTPts1o3fwcHSVSeowa6snVDgkpJme2PSIBwUJTRLC2KC3Bglj6_F-waAtjWEALw_wcB)



Bellow you can find some more information on Slovenia, Ptuj and Haloze.

**More info on Slovenia:** [www.slovenia.info](http://www.slovenia.info)

**More info on Ptuj:** <https://www.slovenia.info/en/places-to-go/cities/ptuj>



PODJETNIŠKO IZOBRAŽEVALNA MLADINSKA ZADRUGA EPEKA, z.b.o., so.p. (ENTREPRENEURIAL EDUCATIONAL YOUTH COOPERATIVE SOCIETY EPEKA, ULTD, SOCIAL ENTERPRISE)

Pekrska cesta 13, 2000 Maribor, Slovenia, E-mail: [mateja@epeka.si](mailto:mateja@epeka.si), Phone: +386(0)40 282 026, Web-page: <http://epeka.si/en/>



More info on Haloze: <https://en.wikipedia.org/wiki/Haloze>



## Travel arrangements & informations

(please address questions behalf traveling on: Nika Bratović:  
[nika@epeka.si](mailto:nika@epeka.si))

Participants must arrive to the venue on 23/08/2018 before 18h00. For that day, the activities will start at 17h00, so only dinner will be provided.

Check out from the hotel must be done at 29/08/2018 – check out is until 11:00. Breakfast will be provided to the participants that day.

Each organisation/participant is responsible to choose their own transport and will have to pay for it in advance. EPEKA can help u by searching for flight tickets. **To avoid problems for travel reimburse,**

organisation/participants should send us the itinerary of the flight before buying the flight tickets.

We suggest you to buy flight tickets to one of this Airports:

- Zagreb (Croatia) – nearest Airport to the Venue,
- Ljubljana (Slovenia) – up to 1,5 hours (driving by car) away from the Venue (can be very expensive),
- Graz (Austria) – up to 1,5 hours away (driving by car) from the Venue,
- Vienna (Austria) – for flying from Riga and Athens this airport may be the cheapest,
- Trieste (Italy) – for flying from Bari this airport may be the cheapest,
- Venice (Italy) – for flying from Sofia and Bari this airport may be the cheapest,
- Budapest (Hungary).

**We will arrange the transfer for each individual participant or group of more participants from those Airports to the Venue and cover the costs of the transfer.**

To avoid problems for travel reimbursement, organisation/participants have to send us the itinerary of the flight before buying the tickets.

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Pekrska cesta 13, 2000 Maribor, Slovenia, E-mail: [mateja@epeka.si](mailto:mateja@epeka.si), Phone: +386(0)40 282 026, Web-page: <http://epeka.si/en/>



Due to an issue regarding travel costs, EPEKA will devide the reimbursements costs to the partner organizations in the amount of:

Country of departure	Budget for travel reimburse on each participant*
Turkey	240 EUR
Lithuania	240 EUR
Greece	240 EUR
Romania	200 EUR
Bulgaria	200 EUR
Poland	150 EUR
Italy	150 EUR

\* The amounts are per participant and include the travel expenses to one of the airports, we suggested to you in this infopack. In case u will find some cheaper option to another airport or if the participant would rather travel with another way, let us know and we will individually arrange everything with you. Transfer from the selected Airport to the Venue will provide and cover EPEKA. If some participants want use the whole amount of the budget for traveling to the Airport and back home, we will reimburse the difference to other participants.

**In case some participant would like to (up to 3 days) arrive earlier or departure after (up to 3 days) the training course he/she must ask for permission before (Nika Bratovič: [nika@epeka.si](mailto:nika@epeka.si)).** In case arriving earlier or departure later is approved, the participants must be aware that they are responsible for the accommodation and meals during that period.

In case the departure place of the participant is different from the town of the partner organization, a justification must be given, and a new calculation must be done using the distance calculator from European

Commission, available at [http://ec.europa.eu/programmes/erasmus-plus/tools/distance\\_en.htm](http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm). The amount of the travel costs that can be reimbursed can be different, according to the real distance. It can decrease, but it can't increase.

Participants must keep all transport tickets, invoices, receipts and boarding pass used to come from their residence to the place of the training and to return home.

The reimbursement of the travel costs will be made taking in consideration the documents given to EPEKA and will be made to the organization assap when all original documents for transports are received.

**The transport documents used in the return must be given to EPEKA staff member or sent by post to:**

PODJETNIŠKO IZOBRAŽEVALNA MLADINSKA ZADRUGA EPEKA, z.b.o., so.p.  
Koroška 8  
2000 Maribor  
Slovenia

**Because the TC will take in the summer season, flight tickets can get very expensive – that is why, we need u to select the participants and to buy tickets until 22. of April.** We will help you by searching for flight tickets and also for participants if needed.

**For more information about travelling please contact:**

**Nika Bratovič:** [nika@epeka.si](mailto:nika@epeka.si)

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