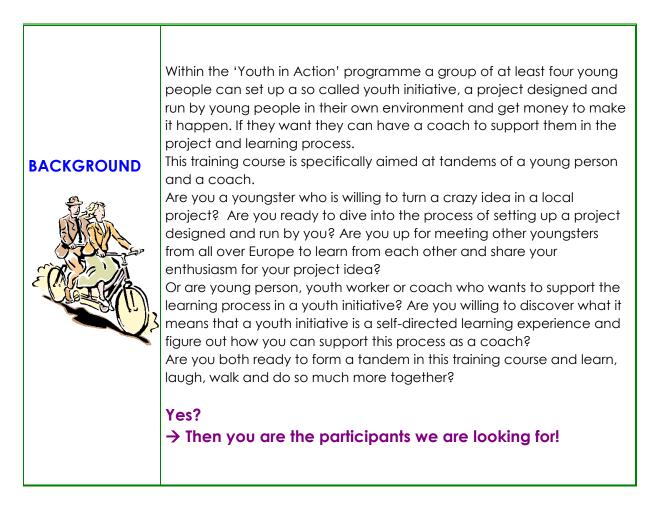
## TAKE INITIATIVE! for tandems of young people and coaches!

European training course aiming at empowering young people with fewer opportunities and their coaches to set up youth initiatives 25 – 30 March 2013 in De Glind, the Netherlands



www.take-initiative.eu



|              | The aims of this training are:  |
|--------------|---|
| AIMS OF      | 1. Inclusion of young people with fewer opportunities in society in   |
| THE TRAINING | general and in this training course in particular;  |
| COURSE       | 2. Introduction to a youth initiative as a self-directed learning   |
| COURSE       | experience;   |
|              | 3. Empowerment of youngsters (with fewer opportunities) to take initiative and stimulate their active participation in the local  |
|              | community;  |
|              | <ol> <li>Create a safe non formal learning environment;</li> </ol>  |
|              | 5. Enable the ability of participants to set up youth initiatives,  |
|              | projects in their local community by using the Youth in Action  |
|              | Programme;  |
|              | 6. Build trust in the tandems of coach and youngster,   |
|              | 7. Prepare the coaches for their supporting role;   |
|              | 8. Provide basics of project management to enable the tandems   |
|              | to set up and apply for a youth initiative  |
|              | Structured self-directed learning approach:   |
|              | This means that the trainers set up the safe learning environment and   |
| APPROACH     | the flow of the training, but that the actual content will be highly  |
| ArritoAch    | determined by the learning needs of the participants. These needs will  |
|              | be collected and made visual before the training so they can be   |
|              | incorporated.   |
|              |   |
|              | Open Space:   |
|              | We will have one day for the participants to fill with their needs and  |
| H            | offers. The trainers will support the agenda setting process but then it is<br>up to the participants to fill their open space and pursue their learning  |
|              | needs. All information will follow after you are selected.  |
|              |   |
|              | Separate sessions for young people and coaches:   |
|              | To make sure that both the youngsters and the coaches will be able to   |
|              | get the most out of this training we will have parallel sessions. We will   |
|              | reconnect and update in between so the tandems are for sure in this   |
|              | together but also following their own learning path.  |
|              | Peer learning:  |
|              | We will put great emphasis on creating connections and learning from  |
|              | each other – we are all full of resources!  |
|              | Online prongrations:  |
|              |   |
|              |   |
|              |   |
|              |   |
|              | training so we can put in as much as possible.  |
|              |   |
|              |   |
|              |   |
|              | having fun, going for a walk, etc. We will together with you create a   |
|              | <b>Multi-faceted learning environment:</b><br>Fun and effective learning not just needs sessions and sharing but also<br>relaxing, playing, physical exercising, chatting, eating and drinking, |

having fun, going for a walk, etc. We will together with you create a learning environment where all this will be possible!

| WORKING<br>LANGUAGE         | English   |
|-----------------------------|---|
| PARTICIPANTS                | 12 tandems of young person and coach (= person who is willing to<br>support the project and learning process. This person does not have to<br>be a professional coach or a youth worker, but can also be a peer) of<br>Youth in Action programme countries  |
| PROFILE OF<br>PARTICIPANTS  | <ul> <li>The participants:</li> <li>Are willing and able to communicate in basic English</li> <li>Are tandems of a young person who wants to set up a youth initiative (local project in own environment) and youngsters, youth workers or coaches who want to be a coach for a youth initiative</li> <li>For the young person: has a first idea for a local project or is willing to develop one at the training</li> <li>For the coach: is curious about what a youth initiative as a self-directed learning process and coaching as the support for that process means</li> <li>Are willing to learn, experiment and go for it!</li> </ul> |
| TRAINERS TEAM               | <ul> <li>Julia Kastler, Austria</li> <li>Ann Daniels, Belgium (Flanders)</li> </ul>   |
| APPLICATION<br>PROCEDURE    | Interested?<br>YES, then apply <u>here</u> , now or at the latest on the 28 <sup>th</sup> of January 2013!<br>The selection will be done by the Netherlands Youth Insitute, the Dutch<br>National Agency (NA) for the Youth in Action programme (and main<br>funder of this training!), together with the other NAs sending<br>participants.  |
| MONEY<br>Youth<br>in Action | Thanks to the funding through the Youth in Action programme all the<br>hosting costs (board and lodging) will be covered. When you are<br>selected you have to check with your sending NA if 100% or less of the<br>travel costs will be paid for.  |