

## ATOQ TRAINING COURSE 2012-2013 POLAND- 9/14 October 2012

|  | WHAT IS 'ATOQ'   | ATOQ is a training course which has been developed to increase quality within youth exchanges.  |
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|  |                  | During 5 days, an international group of youth workers will look<br>back to their past experience(s), focus on quality aspects and<br>improve their management competences in order to improve<br>quality for their future youth exchanges                  |
|  |                  | The quality aspects which will form the pillars of this course are<br>off course the same as the very well know features of the youth<br>in action program.   |
|  |                  | ATOQ is a training course which has been run since 2004.  |
|  | Аім              | To support experienced youth workers/leaders in increasing the quality of the European youth exchanges they set up within the Youth in Action Programme.  |
|  | OBJECTIVES       | The ATOQ training course will provide the participants with opportunities to:   |
|  |                  | 1. Critically reflect upon their previous international youth exchange experience(s) and the impact on young people;  |
|  |                  | 2. Increase the understanding of different quality aspects of<br>youth exchanges such as: active participation of young people<br>, involvement of promoters and stakeholders, diversity and<br>intercultural learning, European dimension and citizenship; |
|  |                  | 3. Experience a non-formal learning process and understand its importance in youth exchanges;   |
|  |                  | 4. Improve their project management competences (knowledge, skills and attitudes) in order to better organize the different phases of a youth exchange.   |
|  |                  | Groups work, discussions, statement exercise, lectures, simulation<br>exercise, individual and groups reflections, self-assessment<br>model, interactive workshops and participative presentations,<br>consultations, exercises, etc.                       |
|  | WORKING LANGUAGE | The training course will be conducted in <b>English</b> . Participants should be able <b>to understand and to communicate</b> in this language.   |
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| PROFILE PARTICIPANTS              | This training course is open for voluntary and professional youth<br>workers, working directly with young people, that organised<br>and/or participated as a team-member in at least one<br>international youth exchange (which is completed) and plan to<br>organise another within the frame of the Youth in Action<br>programme.<br>Participants should be at least 18 years old.                                      |
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| Good to Know                      | During the training, several methods are used which involve<br>participants in an active way. Participants will be challenged to<br>criticaly reflect on their past organised Youth exchange(s) and<br>how to improve future exchanges. <b>An open attitude of the</b><br><b>participants is expected.</b>  |
| ΤΕΑΜ                              | ATOQ Poland 2012 will be hosted by the Polish National Agency<br>and co-financed by the British National Agency;<br>The NA representative on the spot will be Wiesia Krasuska and<br>the training will be facilitated by three trainers:<br>• Elizabeth Kasa, free lance trainer<br>• Anita Da Silva, free lance trainer<br>• Jo Claeys, free lance trainer<br>Profiles can be consulted on TOY (www.salto-youth.net/toy) |
| WHEN AND WHERE                    | The training course starts on October the 9 <sup>th</sup> in the afternoon<br>and ends on October the 14 <sup>th</sup> after breakfast.<br>The ATOQ Poland training course will take place in Konstancin,<br>near Warsaw (28 km from city centre) in Poland.  |
| Costs                             | Board, lodging and programme costs will be provided and paid<br>for by the Polish Youth in Action National Agency.<br>The travel costs will be paid by the National Youth in Action<br>Agency that will send you (in case you will be selected).<br>In most cases National Agencies ask for a participant<br>contribution. Check with your National Agency.   |
| How to apply for<br>This training | Application on line through <u>www.salto-youth.net</u> . Deadline for application is September the 3 <sup>rd</sup> 2012. NA's are kindly requested to prioritise the candidates from their country September the 11 <sup>th</sup> at latest. Final selection of participants will be done by the September 13 <sup>th</sup> .   |
| FOR MORE<br>INFORMATION           | Contact your National Agency or contact the Polish NA, Wiesia<br>Krasuska: <u>wieslawa.krasuska@frse.org.pl</u>   |