



Youth for Exchange and Understanding



Education and Culture DG

'Youth in Action' Programme

Long-Term Training Course

“Small actions can change the world – Long Term Training Course for Local Youth Initiatives”

1st phase:
5-13 October
(Including travel days)
Portugal

2nd phase:
October- February local needs analysis

3rd phase:
22 February- 2 March 2009 (Including travel days)
Spain

4th phase:
March- July local actions implementation

5th phase:
12-20 July 2009
Poland

**Profile and aims
of the course
Application form**

PLEASE NOTE: Deadline for applications must strictly be:
Monday, the 28th of July, 10 CET 2008

Dear Friends,

It is a big pleasure to invite you to participate in a pilot project of Youth for Exchange and Understanding (YEU): **“Small actions can change the world – Long Term Training Course for local youth initiatives”**.

This is the first long term project in YEU history consisting of three international residencial events plus local actions in between. We encourage you to become part of this challenge!!! It creates unique opportunity for youth organizations to strengthen their impact on local communities they are living in. Let's make a change starting from our surroundings.

Organizers: Youth for Exchange and Understanding

Youth for Exchange and Understanding (YEU) is an International Non-Governmental Youth Organisation established in 1986 and member of the European Youth Forum in Brussels as an INGYO.

YEU looks forward to increase tolerance and awareness between different countries, cultures and traditions, and to promote a greater level of comprehension through the development of various youth activities. The main aim of YEU is to promote peace, understanding and co-operation between the young people of the world, in a spirit of respect for human rights.

YEU is a non-profit making, interdenominational youth organisation independent of all political affiliation, run by young people for young people by means of a democratic structure.

Visit our website for more details about YEU www.yeu-international.org

Aims and Objectives of LTTC:

LTTC is aimed to empower and train young people, active within YEU MOs and partner organizations, to develop local actions and associative strategies based on participation, intercultural education and human rights from an European perspective.

Concrete objectives of the overall long-term training course:

- To **reflect** on the expression and relevance of issues such as democracy, youth participation, youth policy development, **Non formal education, Human rights, Intercultural learning** to youth work;
- To **promote** the principles of **democratic youth participation at local, regional and national level;**
- To **reflect** upon **the role and function of each civil society actor** (young people, NGOs, public authorities- on local, regional and national levels) and to **foster their cooperation;**
- **To initiate innovative local youth actions** based on local needs analysis;
- To **develop** participants' **skills attitudes and knowledge (SKAs) in the areas of team work, project management and partnership building;**
- To **motivate and enable** participants to act as **multipliers**, sharing their acquired competencies and experiences

- To **create** a space for **sharing good practices of local youth work** from all over Europe
- To **promote non formal education, peer education and life long learning process**
- **To cooperate in a network** with other participants strengthening the local organizations to contribute in building the civil society.

Methodology and Calendar

The Long Term Training Course (LTTC) consists of 5 different phases:

1st Phase:

We will start with **an introductory seminar “Youth participation and local impact”** to investigate issues concerned with youth participation and plan local needs analyses;

2nd Phase:

After the seminar comes LTTC second phase: analyses of the local needs in their communities. After getting back home, participants will find out what are the needs of target group they want to work with.

3rd Phase:

During LTTC third phase, that is the training course, participants will develop their skills, knowledge and attitudes in regards to youth participation, non formal education, team work, intercultural learning and project management. Concrete projects ideas will be worked out on the basis of analyses of local needs prepared by participants during 2nd phase.

4th Phase:

The fourth phase is the implementation of local youth actions. After the training course participants will put in action their designed local actions.

5th Phase:

The fifth and last stage of LTTC is the evaluation seminar named “What’s after?”

During this event participants will reflect on their learning, the relevance of their local actions to the increase of youth participation and the development of youth policies on the local level; the contextualization of their initiatives in the wider European perspective; follow up to the LTTC and finally to evaluate the entire LTTC.

Phase	Dates	Place
Phase 1: Seminar “Youth participation and local impact”	5-13 October 2008 (7 working days)	Alentejo, Portugal
Phase 2: Local needs analyses	4 months	Local communities
Phase 3: Training course “Small actions matter- let’s start changing the world”	22 February- 2 March 2009 (7 working days)	Spain
Phase 4: Local actions development	5 months	Local communities
Phase 5: Evaluation seminar “What’s after?”	12-20 July 2009 (7 working days)	Poland

During and between all LTTC Phases the learning process will be followed and developed using e-learning tools. Internet space will give unique opportunity to discuss on going process, share the ideas, ask questions, and consult each other and trainers.

The course is designed as an open learning process based on experience and exchange. The group of participants is in itself a forum for intercultural learning and a framework for peer education and personal development. The experiences and realities of participants, as young people and young leaders, will therefore be the starting point of the programme and the core of the learning process.

The course programme and contents are organized so as to allow for the maximum involvement of the group while valuing every single participant using active participatory, co-operative and experiential learning methods. **The learning process heavily relies on the practical experience provided by the local action development.** The participant's local action is seen as both a tool for learning and also as a concrete initiative that is expected to contribute to improving the participation opportunities and the quality and outreach of youth work at local and regional levels.

Profile of participants in LTTC

The group will be composed of 33 participants from Cyprus, Estonia, Germany, Greece, Italy, Lithuania, Malta, Poland, Portugal, Romania and Spain.

The Organizers are looking for participants:

- Willing to undergo training and to run a local action during the course;
- Motivated to develop their competences in the field of youth participation, non formal education and to share their experiences with other participants;
- Willing and committed to act as multipliers;
- Able and committed to attend the full duration of the entire LTTC and be supported by a structure;
- Be aged between 18 and 30 years;
- Be able to work competently in English

All participants will be young people active in one or more of the following structures:

- local associations,
- community organisations
- youth groups
- member or contact organizations of YEU network
- local authorities;

Language of the LTTC

The course will be held in **English thus all the** all participants will be requested to have good understanding of both written and spoken language English.

How will the selection be carried out?

Once all the application forms have been received, a selection will be made within YEU based on the profile and received application forms. The selected participants will be informed about **selection results shortly after the deadline**. YEU Head Office then follows up on all the technical arrangements.

Non-presential participation in the Course

All applicants will be granted access to the e-learning platform to follow the course

on-line, be involved in the entire process except in the residential activities and participate in some virtual sessions.

Accommodation, travel and finances

YEU will cover all costs related to accommodation, 70% of travel costs (cheapest way) and visa.

An enrolment fee for all LTTC is payable by each participant according to the category of a country. Half of enrolment fee must be paid during the first seminar and another half during the training course. These amounts will be deducted from the amount to be reimbursed for travel costs (of the 70% of actual travel costs).

Germany, Italy: 200 euros

Cyprus, Greece, Malta, Portugal, Spain: 175 euros

Estonia, Lithuania, Poland: 150 euros

Romania: 125 euros

How to apply?

Before applying it is highly important to read carefully the information related to the training. **Only applicants' ready to participate in all stages of LTTC will be taken in consideration in selection process.**

If you are ready for the challenge, there is nothing else to wait: please fill in the application form and return it to YEUE Head Office together with the support letter from your structure until **the 28th of July, 10 CET, 2008** to the emails of the Project Coordinator (pc@yeu-international.org) and Course director (silvamago@hotmail.com).

Note that applications after the deadline will not be accepted.

Finally, if you have any questions please do not hesitate to get in contact with the Head Office (Marta Cubajevaite): pc@yeu-international.org; tel +351 289813061

**Deadline for applications must strictly be:
Monday, the 28th of July, 10 CET 2008**