



Service Civil International is the oldest voluntary peace movement in the world, with over 100 years of experience. Our mission is to promote a culture of peace by organising international volunteering projects with local and global impact. We are present in 41 countries on 5 continents, and we cooperate with partners in almost all countries of the world. Read more at sci.ngo or contact us at info@sci.ngo.

During 100 years of operation, SCI has accumulated lots of expertise in peacebuilding and community work, which has been recognised by many institutions, including UNESCO and the Council of Europe. We have also been nominated numerous times for the Nobel Peace Prize.

From Dreams to Actions project

With the project *"From Dreams to Actions - together for a peaceful future"* Service Civil International promotes the values of peace and nonviolence, and supports the growth of a new generation of changemakers to create a more peaceful world.

The project took place between 2020 and 2021 and consisted of:

- creating the SCI Peace Cards
- an international online training course on peacebuilding and activism for volunteers, educators, and youth workers
- local follow-up actions for peace

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CONSEIL DE L'EUROPE

What are SCI Peace Cards?

Peace Cards are a tool to spark discussion on the topics of peace, non-violence, and activism.

This set contains 56 cards, each having a quote connected to the above topics.

The Cards were created in a collaborative process, with contributors from all across the world proposing their favourite quotes, and global voting which helped us to make the hard choice and determine the 56 quotes that were eventually printed!

The quote authors are persons from all walks of life, and we ensured a diverse configuration of backgrounds.

Peace Cards creators and project team:

Gośka Tur, Hasna El Hiyani and Natalie Jivkova

Design: Artwork & Graphic design by Natalia Bystrianyk
For more artwork please visit Natalia's website at **talby.art**

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Materials: The Peace Cards were created respecting the environment, using 100% recycled cotton and 100% recycled Nautilus paper (FSC Recycled and EU Ecolabel certificates)

An electronic version of the Peace Cards is available at [scingo](https://scingo.org)



Who are the Cards intended for?

The Peace Cards are for everyone - both those who are interested in peace and those who are not (yet)!

In particular, this set can support trainers, facilitators, youth workers, workcamp coordinators, psychologists, and educators who look for a creative tool to discuss the issues of peace, war, nonviolence, and activism with diverse groups.

The Cards are also a great tool to introduce the above topics to families, groups of friends and other informal circles!



Notes on the quotes

You will soon notice that some quotes you can easily agree with, others might contradict your opinion or even clash with your values and beliefs. There is no right and wrong opinion!

We aim to provoke a dialogue on peace and nonviolence that will bring a better understanding of each other's point of view.

We believe that once we are more open to speaking about peace, this will make us more reflective and confident in bringing peace out on all levels in our lives and the world.

How to use the Peace Cards?

There are numerous ways to benefit from the Peace Cards. Below you will find a few examples to help you kick off their usage.

Individually

Think of a recent situation in life and pick up a card that resonates with this situation. What can you learn from it?

In a pair

Let's put peace into practice! Each of you picks a quote that encourages you to do one little thing for peace today. What is it? Share and inspire!

The Peace Cards are also ideal to use with groups! Two examples are on reverse:

In a small group

Pick a random card and discuss it in the group. Do you agree with the quote - or not? Why?

In a big group

Display all the cards on the table/floor and ask participants to choose a card that they find the closest to their understanding of what peace is. Share!

And of course, be creative! Find your own way that is the most appropriate for you, your group, the needs and the settings!

Good luck!

Thousands of candles can be lighted from a
single candle, and the life of the candle
will not be shortened.

- Buddha



We work on ourselves in order to help others,
but also we help
in order to work on ourselves.

- Pema Chödrön



Peace comes from being able to contribute the best that we have, and all that we are, toward creating a world that supports everyone. But it is also securing the space for others to contribute the best that they have and all that they are.

- Hafsat Abiola



I am only one; but still I am one. I cannot do
everything, but still I can do something.
- Edward Everett Hale



There never was a good war or a bad peace.
- Benjamin Franklin



A civilization flourishes when people plant
trees under whose shade they will never sit.
- Greek proverb



Unless we teach children peace, someone else
will teach them violence.

- Colman McCarthy



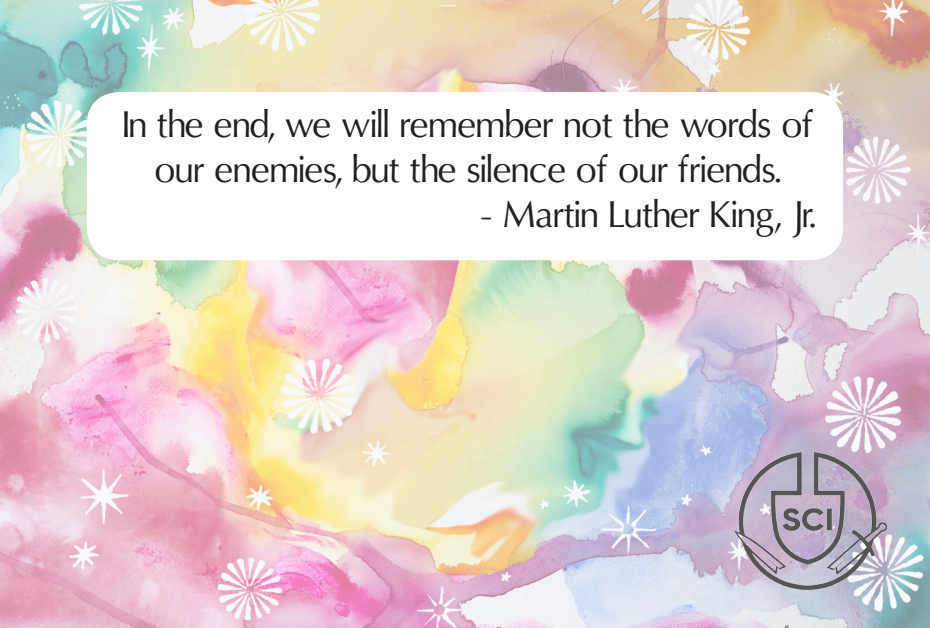
When spider webs unite, they can tie up a lion.
- Ethiopian proverb



Peace is not something you wish for; it's
something you make, something you do,
something you are,
and something you give away.

- John Lennon





In the end, we will remember not the words of
our enemies, but the silence of our friends.

- Martin Luther King, Jr.



War cannot be humanized;
war can only be abolished.

- Albert Einstein



We are at a unique stage in our history. Never before have we had such an awareness of what we are doing to the planet, and never before have we had the power to do something about that.

- David Attenborough



One hand alone does not clap.
- Arabic proverb





It is far better to light a candle than to curse
the darkness.

- Author uncertain



Never doubt that a small group of thoughtful,
committed citizens can change the world;
indeed, it's the only thing that ever has.

- Margaret Mead



How wonderful it is that nobody need wait a
single moment before starting to
improve the world.

- Anne Frank



It isn't enough to talk about peace.

One must believe in it.

And it isn't enough to believe in it.

One must work at it.

- Eleanor Roosevelt



I went into the Army believing that if you want
peace you must prepare for war.
I now believe that if you prepare
thoroughly for war you will get it.
- John Frederick Maurice



Great opportunities to help others seldom
come, but small ones surround us every day.
- Sally Koch



Be the change you want to see in the world.
- Mahatma Gandhi



Peace is a human right, as well as a science,
a technique and an art. To build it efficiently it
shall be studied and practiced.

- Author unknown



Peace is not merely a distant goal that we
seek, but a means by which
we arrive at that goal.

- Martin Luther King, Jr.



If we want to reap the harvest of peace and
justice in the future, we will have to
sow the seeds of nonviolence,
here and now, in the present.
- Mairead Corrigan Maguire



Peace has to be created, in order to be maintained. It is the product of Faith, Strength, Energy, Will, Sympathy, Justice, Imagination, and the triumph of principle. It will never be achieved by passivity and quietism.

- Dorothy Thompson



Peace is not the absence of conflict but
the presence of creative alternatives for
responding to conflict -
alternatives to passive or aggressive
responses, alternatives to violence.

- Dorothy Thompson



Being a pacifist between wars is as easy as
being a vegetarian between meals.
- Ammon Hennacy



Peace is not the product of a victory or command. It has no finishing line, no final deadline, no fixed definition of achievement.

Peace is a never-ending process,
the work of many decisions by
many people in many countries.

- Oscar Arias Sánchez



It is reasonable that everyone who asks
justice should do justice.
- Thomas Jefferson



If you want peace, work for justice.
- Pope Paul VI



I wish for the peace and happiness which can only be mine if they at the same time belong to all people, and which I otherwise consciously abstain from. National satisfaction and safety for one's own country, while need and misery prevail in others
- that is abominable.

- Pierre Cérésole



Violence often brings about momentary results. But in spite of temporary victories, violence never brings permanent peace.

It solves no social problem; it merely creates new and more complicated ones.

- Martin Luther King, Jr.



We must be prepared to make heroic sacrifices for the cause of peace that we make ungrudgingly for the cause of war. There is no task that is more important or closer to my heart.

- Albert Einstein



Those who do not move
do not notice their chains.

- Rosa Luxemburg



If you want to end war, then instead of sending guns, send books. Instead of sending tanks, send pens. Instead of sending soldiers, send teachers.

- Malala Yousafzai



I'm a biologist, and war is not genetically fixed.
War is a cultural invention.
It's time to end this abomination.

- Judith Hand



War is a barbaric tool of the war profiteers and Empires who employ them. War pits young people from the working class against other similarly poor, or disadvantaged humans, for nothing but the greed of the few.

- Cindy Sheenan



You cannot find peace by avoiding life.
- Virginia Woolf



Like life, peace begins with women. They
are the first to forge lines of alliance and
collaboration across the conflict divides.

- Zainab Salbi



There is no such thing as a 'humanitarian' war.
In cases of conflict or bitter oppression, the
very best way to mend broken relationships is
to use all nonviolent means possible to
de-escalate tensions and work for a better life
going forward on the basis of the equality
and equal worth of all human persons.

- Helena Cobban



It takes more than one person to bring about
peace - it takes all of us.

- Rosa Parks



The drops of rain make a hole in the stone not
by violence but by oft falling.

- Lucretius



Peace cannot be kept by force; it can only be
achieved by understanding.

- Albert Einstein



If you think you are too small to make a difference, try sleeping in a closed room with a mosquito.

- African proverb



Do the best you can until you know better,
then when you know better, do better.
- Maya Angelou



Respect everyone - including yourself.
Then you will find peace in your heart.
- Sadhisan Thirumohan



Always practice the Art of Peace in a
vibrant and joyful manner.

- Morihei Ueshiba



To keep a lamp burning we have to
keep putting oil in it.
- Mother Teresa



Peace equals ability to handle conflict, with
empathy, nonviolence and creativity.
- Johan Galtung



I learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who conquers that fear.

- Nelson Mandela



No one is born hating another person because of the colour of his skin, or his background, or his religion. People must learn to hate, and if they can learn to hate, they can be taught to love, for love comes more naturally to the human heart than its opposite.

- Nelson Mandela



You cannot expect peace and you go on
killing animals. That is not possible.
- A.C. Bhaktivedanta Srila Prabhupada



To accomplish great things we must not only
act, but also dream; not only plan,
but also believe.

- Anatole France



To think is easy. To act is hard. But the hardest
thing in the world is to act in accordance
with your thinking.

- Johann Wolfgang von Goethe



Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in.

- Syed Muhammad Zeeshan
Hussain Almashhadi



I was once asked why I don't participate in anti-war demonstrations. I said that I will never do that, but as soon as you have a pro-peace rally, I'll be there.

- Mother Teresa



Peace starts within each one of us.
When we have inner peace, we can be
at peace with those around us.

- Dalai Lama XIV

